



# Residency Application Overview

MS4 Class Meeting #1 May 28, 2025

### Financial Aid Updates

- First loan disbursement for the summer: June 23
- If you have not completed your FAFSA yet, please do so ASAP so disbursements can occur in June without delays.
- Financial Aid will reach out in the Fall to schedule a loan repayment strategy session to discuss how to approach loan repayment beginning in residency. You can also schedule with Richard Wilson any time via his Calendly link: <a href="https://calendly.com/rtwilson/">https://calendly.com/rtwilson/</a>.
- If you have already received your loan package for 2025-2026, go into the student portal and accept the loan amount.



# Financial Aid – Residency Travel Expenses

- In-person interviews have increased for some specialties (mainly surgical subspecialties)
- In a survey of last year's applicants (n=23), respondents had an average of 14 interviews, with just over **half** of those in-person
  - On average, these students spent ~\$2,700 on travel for interviews
    - Range: \$50 \$6,950
    - Some programs may cover some costs or provide discounts

• If these costs present barriers to you, additional support is available. We don't want you to have to turn down interviews due to cost.



## **Pritzker Chiefs Updates**

- New Pritzker Chiefs!
  - Alia Abiad
  - Ceylon Auguste-Nelson
  - Audrey Litvak



## **Leadership as Fourth-Year Students**

Shifting roles with introduction of Phoenix curriculum

Opportunities for M4s to lead in student organizations and service



## **Opening Thoughts**

- Welcome to M4s rejoining the class
- There are MANY people here to support you in this process.
- Your success is our success!



# **Career Advising Panel Discussion**

- Victoria Barbosa, MD Lewis Society
- Wei Wei Lee, MD Rowley Society
- Tipu Puri, MD Lewis Society



# **Career Advising Panel Discussion**

- How is your role and/or perspective different as a Career Advisor, vs. a Specialty Advisor or other faculty in a specific specialty?
- In your experience, what are some of the big reasons students may struggle during the residency application process or even fail to match?

### Reasons Students Fail to Match

- Lack of organization
- Lack of engagement with career advising
- Inadequate transparency with specialty advisor
- Reluctance to hear feedback
- Inadequate diversification (program list and/or signals)
- Interview challenges (practice!)



# **Applying to Residency: Summer into Fall**

## <u>Agenda</u>

- Timeline
- Deciding where to apply
- Components of your application
- Words of Wisdom



# **Timelines and Deadlines**



### **Important Dates & Deadlines**

- 6/4/2025: ERAS and ResidencyCAS (OB-GYN + EM) open for 2026 season
- 9/3/2025: ERAS opening to certify and submit applications to residency programs
- 9/3/2025: San Francisco Match (ophthalmology) application target deadline
- 9/15/2025: NRMP registration opens
- 9/12/2025: LORs submitted
- 9/24/2025: Residency Programs may begin application and MSPE review
- Jan 2026: AUA (urology) rank list deadline (TBD date)
- 1/27/2026: San Francisco Match (ophthalmology) rank list deadline
- 1/30/2026: NRMP applicant regular registration deadline\*
- Feb.2026: AUA (urology) match results released (date tbd; usually early in month)
- 2/3/2026: Ophthalmology match results released
- 3/4/2026: NRMP rank order list certification deadline
- 3/20/2026: MATCH DAY



### **Timeline: June - August**

**June** Register for ERAS (tokens emailed to you tomorrow)

Finalize CV (follow template) & send updates to Tyler

Ask for Letters of Recommendation

Have your ERAS/Graduation Photo taken

**July – August** Write your Personal Statement

Send a draft to your career and specialty advisors for review

Edit your residency application to near completion

MSPE review

This timeline is designed for students applying through the regular match.



## **Timeline: September**

September Continue to edit your residency application

LORs uploaded (9/12)

September 3 Applicants may begin submitting applications to programs

September 15 Pritzker Internal Deadline for completing applications

September 15 NRMP Registration opens

(You must register for both ERAS/ResidencyCAS/SF Match and the

**NRMP** 

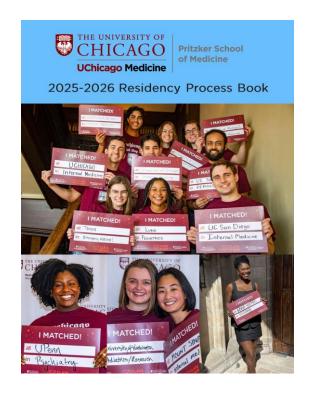
\*\*Register for NRMP by December 1\*\*

September 25 ERAS Applications and MSPEs released to programs



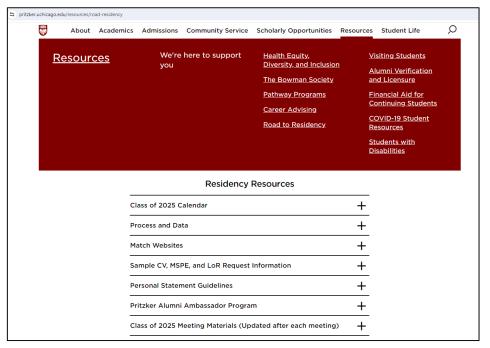
# **Residency Process Book**

- Advising calendar and deadlines
  - Please check the website for up to date timelines
- Career Advisor contact info
- Checklists
- Guidance on Signaling, Couples Match, etc.
- Sample CV
- Sample ERAS application
- Sample MSPE and MSPE appendices
- Sample personal statements
- Specialty-specific guidance





# **Residency Resources**



https://pritzker.uchicago.edu/resources/road-residency



# Where to Apply



## **Resources for Researching Residencies**

- Pritzker Faculty
- Current Residents
- Pritzker Alumni + Alumni Ambassador Program
- FREIDA Online
- AAMC Residency Explorer Tool
  - This resource has a TON of information and data on programs (interview rates, USMLE data, etc.) from verified sources; updated info coming sometime in June
- OB/GYN: Alignment Check Index (ACI) tool from AMA

### How to Sign-Up/Login

- 1. Visit uchicago.wisr.io/signup
- 2. Select "Pritzker School of Medicine Student" as your membership type
- 3. Request to join the **Pritzker Alumni Ambassador program** community (The UChicago MBSAA will grant you access within one business day)
- 4. Watch this short video tutorial to help get you started



# **Choosing a Program**

#### Considerations:

- Family
- Geography
- Your own qualifications and abilities
- Quality of the program
- Preliminary program requirements
- Breadth and depth of list

Your Specialty and Career Advisors can be instrumental in helping you create a list.

# Do I need to apply for a prelim year?

#### Categorical

 Begins in PGY-1 and offers full residency training required for board certification in that specialty

#### **Advanced**

 Begins in PGY-2 and are in specialty programs that require completion of 1 year of preliminary training

#### **Preliminary**

Begins in PGY-1 and offers 1 year of training prior to entry into advanced specialty

#### **Transitional**

PGY-1 year that is similar to a "rotating" internship



# Specialties that <u>may</u> require a preliminary year

- Anesthesiology
- Dermatology
- Neurology
- Ophthalmology (offered jointly)
- PM&R
- Radiation-Oncology
- Radiology

## **Selecting Programs and Maximizing Your Odds**

#### Think like an investor:

Create a diverse application portfolio to mitigate risk and maximize your ROL!

### **Goal Programs**

Your dream program!

### **Realistic Programs**

You are relatively sure you will get an interview at this program.

### **Low-Risk Programs or Specialties**

Maximize your odds of matching by applying to back-up programs.



# Components of the Application



### **Application Components**

### Your responsibilities

- 1. ERAS, ResidencyCAS, or SF Match application
- 2. Personal Statement
- 3. Letters of Recommendation (LoRs)
- 4. ERAS Photo
- 5. USMLE transmission (via application platform)

### Our responsibilities

- 6. MSPE Letter
- 7. Pritzker transcript



### Changes to ERAS for 2025-2026

- Specialty-specific questions (anesthesiology, neurological surgery, plastic surgery)
- Interruptions/Extensions section amended only need to disclose gaps/interruptions during medical school for academic (i.e. repeat or remediation) or professional reasons
- Geographic Preferences: Otolaryngology & orthopaedic surgery NOT participating
- Program signals: "Why" statement in anesthesiology and plastic surgery



### **Guidelines for Your Personal Statement**

#### **Purpose**

- Introduce yourself and your voice
- Express interest in a specialty

#### Length

- One page (on ERAS; varies from Word; ~600-650 words)
- 12-point font, Arial
- 1-inch margins
- Single-spaced

#### **Things to Avoid**

- Humor
- Obscure references
- Quotations
- Personal things you would not want to discuss in an interview

#### **Review**

Review your Personal Statement with your Career and Specialty Advisors



Next PS Workshop: Wednesday, June 11 (Zoom)

### Letters of Recommendation: How many letters do I need?

#### **Categorical Programs: 3-4 total letters**

- 3 clinical letters
- 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

#### **Advanced Programs: 6-7 total letters**

- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters

1 research letter (if appropriate)

Note: Letter writers *could* use the same letter for both applications, as long as they are generic in specialty; or they can submit two separate, specific letters, using unique letter request forms.

(ie. "I recommend John Doe for your residency program" instead of "I recommend John Doe for your Pediatric residency program")



### Letters of Recommendation: Do I need a Chair's Letter?

- Anesthesiology (for prelims)
- Medicine\*
- Medicine-Pediatrics\*
- Preliminary Medicine\*
- Obstetrics and Gynecology
- Orthopaedic Surgery (some programs)
- Otolaryngology (Section Chief)
- Pediatrics (some programs)
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

**Emergency Medicine, Ob/Gyn,** and **Neurosurgery** utilize a "Standardized Letter of Evaluation" (SLOE), and **Orthopaedic Surgery** and **Plastic Surgery** have an optional (but encouraged) standard letter. Check with your program for their requirements + the department here for procedures.

If you are applying in **both Preliminary Medicine and Transitional Programs**, you could use the letters for both if they are generic in specialty.



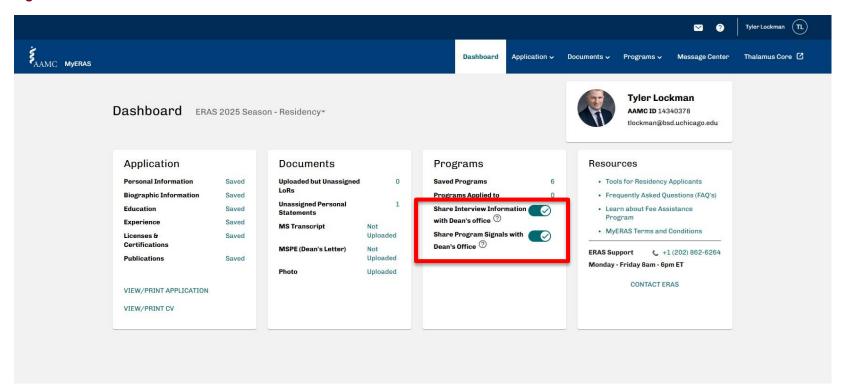
<sup>\*</sup>Another faculty member writes the letter in conjunction with the Chair.

### **Letters of Recommendation: Timeline**

- Give letter-writers <u>at least</u> 4-6 weeks' notice
- Letters in by September 12 (i.e., ask <u>before</u> July 31!)
- Track which letters have arrived by using ERAS (or other app system)
  - Gently remind letter writers on Sept. 1 if a letter is not in
  - Assign letters to programs once they are submitted
- You do not have to wait for your letters to submit your ERAS application
- Send a friendly reminder email if it has been 6 weeks and your letter has not been uploaded

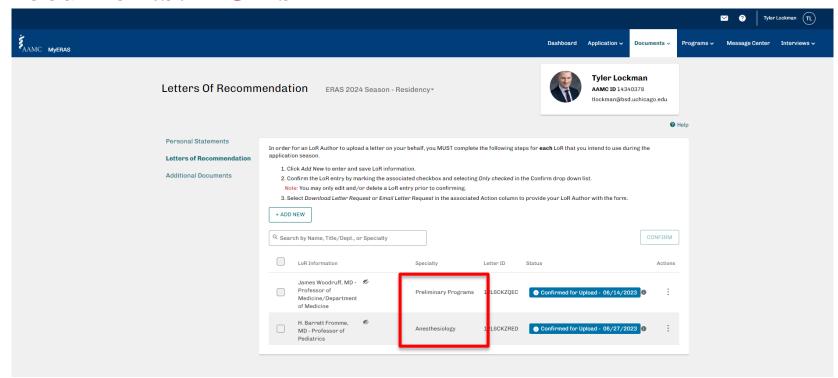


### **MyERAS Dashboard**



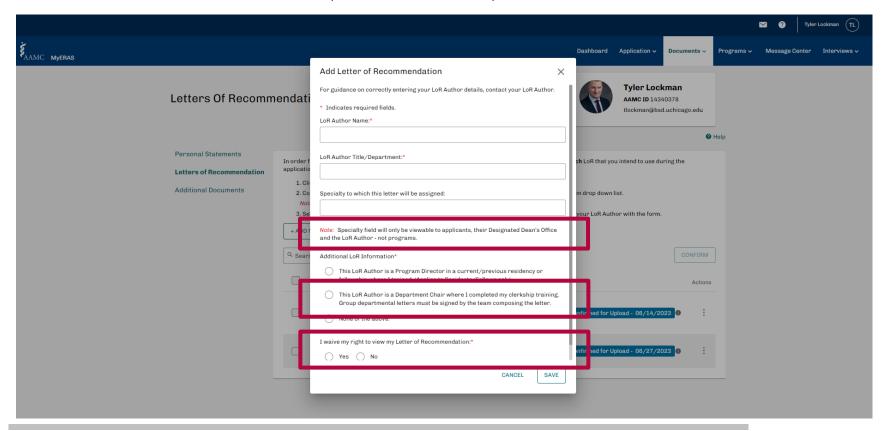


### **Documents: LORs**

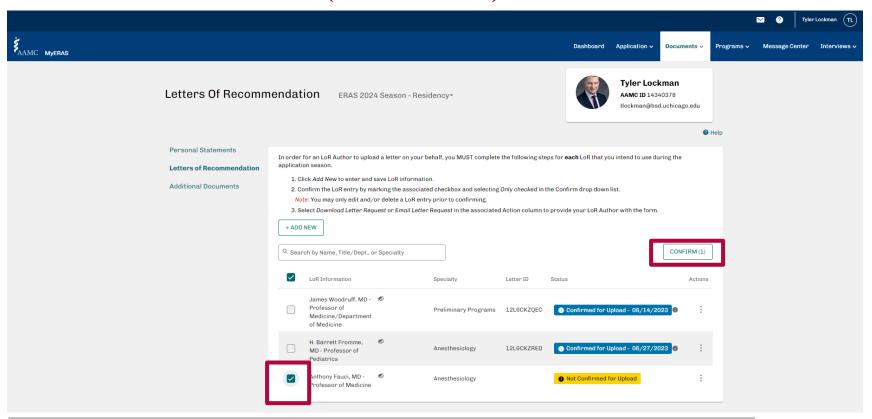




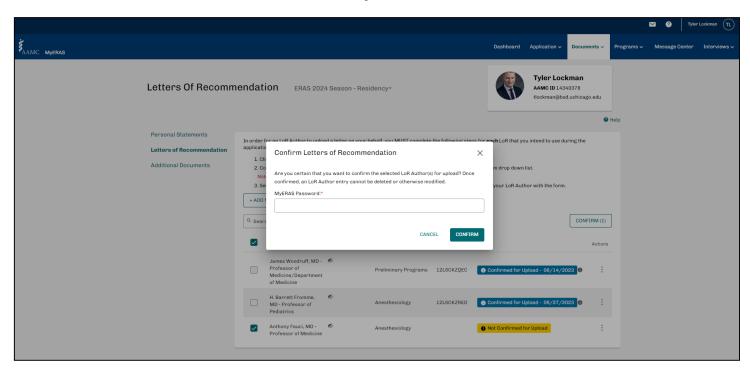
### **Documents: LORs (continued)**



### **Documents: LORs (continued)**

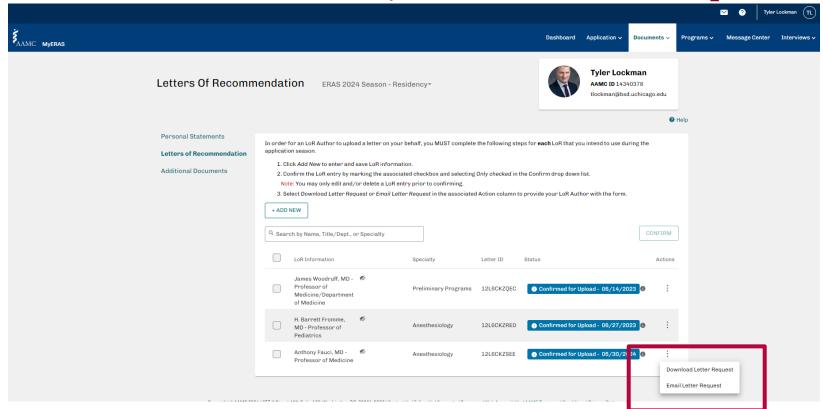


### **Documents: LORs (continued) | CONFIRM YOUR LOR**





**Documents: LORs (continued) | Email/Print Letter Request Form** 





## **Documents: LORs (continued) | Letter Request Form**



#### ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2025 ERAS Letter ID: 13PB4 AW5F2

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

#### ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/282520/lor\_portal.html

- Review the information below. If any information is inaccurate, contact the applicant directly so they can
  make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

#### Applicant Details

 Name
 Lockman, Tyler

 AAMC ID
 14340378

 Preferred Phone Number
 +1 (555) 369-5474

 Preferred Email
 dockman@bsduchicago.edu

### LoR Details

LoR Author Name James Woodruff, MD

LoR Author Title/Department Professor of Medicine/Department of Medicine

Specialty to which this letter will Internal Medicine

be assigned

Waive rights to view this letter

This applicant has indicated that they WAIVE their right to view this letter now and in the future under the Family Educational Rights and Privacy Act (FERPA). The applicant has acknowledged that this letter is for the specific purpose of supporting my application for residency.

This document is for instructional purposes only and should not be included when uploading a letter.

### Letters of Recommendation: FAQ

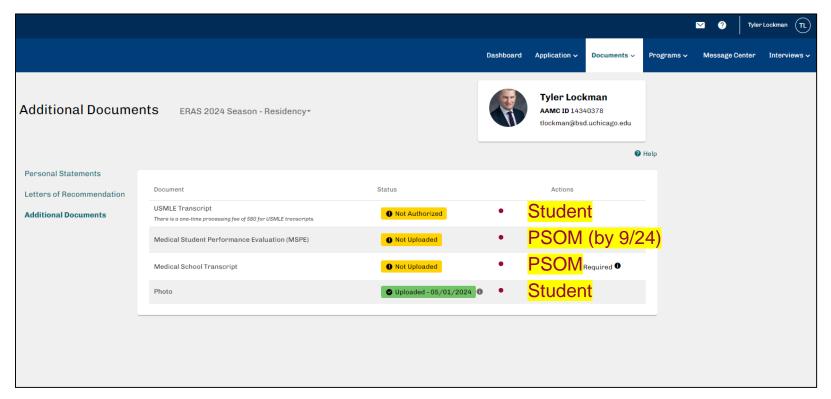
- 1. Who reads my Letters of Recommendation?
- 2. Do you have tips for making sure my faculty members deliver their letters on time?
- 3. If my letter has not been received, and it is after the 4-6 week period, what do I do?

## **USMLE Transcript**

- Requested by you through ERAS, SF Match, or ResidencyCAS
- Typically transmitted within a day or so of your request, but do not put this off



### **Additional Documents**



## **USMLE Transcripts**

### Two steps to releasing your scores:

- 1. Authorize release through ERAS or ResidencyCAS to sync current scores
- 2. Assign the USMLE score to a specific program (under the Programs section)

You should all have a Step 2 score at the time of submission. Do not delay Step 2 to the point of not having a score when programs receive your application.

### **Away Rotations**

If you are still having difficulty securing an away rotation, reach out to your career advisor or Dr. Woodruff.



## **Important Staff**

**Strategy** Career Advisor

**Specialty Advisor** 

Dr. Woodruff

Personal Statement Career Advisor

**Specialty Advisor** 

MSPE/Grade Concerns Dr. Fromme

Couples' Matching Career Advisor

Dr. Woodruff

**CV/Application Logistics** Tyler Lockman

LOR Status ERAS, SF Match, PSCA, ResidencyCAS



# Words of Wisdom



### Be a Smart Applicant!

- Apply broadly to give yourself the best possible odds
  - You can always narrow your list during interview season
- Listen to Career Advisor feedback about your strategy
- Realize that there is more than one program where you can be happy

Don't put all of your eggs in one basket...

**Diversify your application portfolio** to maximize your odds!



### Make a Plan and Focus

- Focus on what you can do something about: your Personal Statement, letters, and interview preparation
- Get the pieces together and assemble them Stay organized
- Refer to your Residency Process Book and stay engaged with your Career Advisor
- Know what job you are applying for
  - Program Directors want smart, dependable, functional team players who will take excellent care of their patients
- Take it one step at a time

### You will get through it!



### **MS4 Class Meetings**

June 23, 2025 #2: ERAS & Residency Applications in Focus

September 15, 2025 #3: Interviewing for Residency (PD Panel)

January 20, 2026 #4: Constructing your Rank List



## **Match Day: March 20, 2026!**



