Residency Application Overview

MS4 Class Meeting #1
June 5, 2024
Financial Aid Updates

• First loan disbursement for the summer: June 21

• If you have not completed your FAFSA yet, please do so ASAP so disbursements can occur in June without delays.

• Financial Aid will reach out in the Fall to schedule a loan repayment strategy session to discuss how to approach loan repayment beginning in residency. You can also schedule with Richard Wilson any time via his Calendly link: https://calendly.com/rtwilson/.

• If you have already received your loan package for 2024-2025, go into the student portal and accept the loan amount.
Pritzker Chiefs Updates

• New Pritzker Chiefs!
  
  — Jillian Bowman
  — Anna Thorndike
  — Simi Ogunnowo
Opening Thoughts

• Welcome to M4s rejoining the class

• There are MANY people here to support you in this process.

• Your success is our success!
Career Advising Panel Discussion

- Victoria Barbosa, MD – Lewis Society
- Brian Callender, MD – Coggeshall Society
- Brady Still, MD – Rowley Society
Career Advising Panel Discussion

• How is your role and/or perspective different as a Career Advisor, vs. a Specialty Advisor or other faculty in a specific specialty?

• In your experience, what are some of the big reasons students may struggle during the residency application process or even fail to match?
Applying to Residency: Summer into Fall

Agenda

• Timeline

• Deciding where to apply

• Components of your application

• Words of Wisdom
Timelines and Deadlines
Important Dates & Deadlines

- **6/5/2024:** ERAS and ResidencyCAS (OB-GYN) open for 2025 season
- **9/4/2024:** ERAS opening to certify and submit applications to residency programs
- **9/3/2024:** San Francisco Match (ophthalmology) application target deadline
- **9/16/2024:** NRMP registration opens
- **9/13/2024:** LORs submitted
- **9/25/2024:** Residency Programs may begin application and MSPE review
- **Jan 2025:** AUA (urology) rank list deadline (TBD date)
- **1/31/2025:** NRMP applicant regular registration deadline
- **1/28/2025:** San Francisco Match (ophthalmology) rank list deadline
- **Feb. 2025:** AUA (urology) match results released (date tbd; usually early in month)
- **2/4/2025:** Ophthalmology match results released
- **3/5/2025:** NRMP rank order list certification deadline
- **3/21/2025:** MATCH DAY
# Timeline: June - August

## June
- Register for ERAS (tokens emailed to you tomorrow)
- Finalize CV (follow template) & send updates to Tyler
- Ask for Letters of Recommendation
- Have your ERAS/Graduation Photo taken

## July – August
- Write your Personal Statement
- Send a draft to your career and specialty advisors for review
- Edit your residency application to near completion
- MSPE review

*This timeline is designed for students applying through the regular match.*
# Timeline: September

<table>
<thead>
<tr>
<th>September</th>
<th>Continue to edit your residency application</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>LORs uploaded (9/13)</td>
</tr>
<tr>
<td>September 4</td>
<td>Applicants may begin submitting applications to programs</td>
</tr>
<tr>
<td>September 16</td>
<td>Pritzker Internal Deadline for completing applications</td>
</tr>
<tr>
<td>September 16</td>
<td>NRMP Registration opens</td>
</tr>
<tr>
<td></td>
<td>(You must register for both ERAS/ResidencyCAS/SF Match and the</td>
</tr>
<tr>
<td></td>
<td>NRMP)</td>
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<tr>
<td>September 25</td>
<td>ERAS Applications and MSPEs released to programs</td>
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</table>
Residency Process Book

- Advising calendar and deadlines
  - Please check the website for up to date timelines
- Career Advisor contact info
- Checklists
- Guidance on Signaling, Couples Match, etc.
- Sample CV
- Sample ERAS application
- Sample MSPE and MSPE appendices
- Sample personal statement
- Specialty-specific guidance
Residency Resources

https://pritzker.uchicago.edu/resources/road-residency
Where to Apply
Resources for Researching Residencies

• Pritzker Faculty
• Current Residents
• Pritzker Alumni + Alumni Ambassador Program
• FREIDA Online
How to Sign-Up/Login

1. Visit uchicago.wisr.io/signup

2. Select “Pritzker School of Medicine Student” as your membership type

3. Request to join the Pritzker Alumni Ambassador program community  
(The UChicago MBSAA will grant you access within one business day)

4. Watch this short video tutorial to help get you started
Choosing a Program

Considerations:

• Family
• Geography
• Your own qualifications and abilities
• Quality of the program
• Preliminary program requirements
• Breadth and depth of list

Your **Specialty** and **Career Advisors** can be instrumental in helping you create a list.
Do I need to apply for a prelim year?

Categorical
• Begins in PGY-1 and offers full residency training required for board certification in that specialty

Advanced
• Begins in PGY-2 and are in specialty programs that require completion of 1 year of preliminary training

Preliminary
• Begins in PGY-1 and offers 1 year of training prior to entry into advanced specialty

Transitional
• PGY-1 year that is similar to a “rotating” internship
Specialties that **may** require a preliminary year

- Anesthesiology
- Dermatology
- Neurology
- Ophthalmology
- PM&R
- Radiation-Oncology
- Radiology
Selecting Programs and Maximizing Your Odds

Think like an investor:
Create a **diverse** application portfolio to mitigate risk and maximize your ROL!

**Goal Programs**
- Your dream program!

**Realistic Programs**
- You are relatively sure you will get an interview at this program.

**Low-Risk Programs or Specialties**
- Maximize your odds of matching by applying to back-up programs.
Components of the Application
Application Components

Your responsibilities
1. ERAS application
2. Personal Statement
3. Letters of Recommendation (LORs)
4. ERAS Photo
5. USMLE transmission (via ERAS)

Our responsibilities
6. MSPE Letter
7. Pritzker transcript
Changes to ERAS for 2024-2025

• New fee structure
  – 1-30 programs = $11 each; 31+ programs = $30 each (beyond 30)

• Fee Assistance Program - 60% discount if you qualified for FAP on AMCAS
Guidelines for Your Personal Statement

Purpose
• Introduce yourself and your voice
• Express interest in a specialty

Length
• One page (on ERAS; varies from Word)
• 12-point font, Arial
• 1-inch margins
• Single-spaced

Things to Avoid
• Humor
• Obscure references
• Quotations
• Personal things you would not want to discuss in an interview

Review
• Review your Personal Statement with your Career and Specialty Advisors

Next PS Workshop:
Thursday, June 13 (Zoom)
Letters of Recommendation: How many letters do I need?

Categorical Programs: 3-4 total letters

• 3 clinical letters
• 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

Advanced Programs: 6-7 total letters

• Prelim/Transitional Year: 3 clinical letters
• Advanced Program: 3 clinical letters

1 research letter (if appropriate)

Note: Letter writers could use the same letter for both applications, as long as they are generic in specialty; or they can submit two separate, specific letters, using unique letter request forms.

(i.e. “I recommend John Doe for your residency program” instead of “I recommend John Doe for your Pediatric residency program”)
Letters of Recommendation: Do I need a Chair’s Letter?

- Anesthesiology
- Medicine*
- Medicine-Pediatrics*
- Preliminary Medicine*
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

*Another faculty member writes the letter in conjunction with the Chair.

Emergency Medicine, Ob/Gyn, and Neurosurgery utilize a “Standardized Letter of Evaluation”, and Plastic Surgery is starting to do the same. Check with your program for their requirements + the department here for procedures.

If you are applying in both Preliminary Medicine and Transitional Programs, you could use the letters for both if they are generic in specialty.
Letters of Recommendation: Timeline

• Give letter-writers at least 4-6 weeks’ notice

• Letters in by September 13 (i.e., ask before July 31!)

• Track which letters have arrived by using ERAS (or other app system)
  – Gently remind letter writers on Sept. 1 if a letter is not in
  – Assign letters to programs once they are submitted

• Do not wait for your letters to submit your ERAS application

• Send a friendly reminder email if it has been 6 weeks and your letter has not been uploaded
MyERAS Dashboard

Dashboard  
ERAS 2026 Season - Residency

Application
- Personal Information: Incomplete
- Biographic Information: Incomplete
- Education: Incomplete
- Experience: Incomplete
- Licenses & Certifications: Incomplete
- Publications: Incomplete

Documents
- Uploaded but Unassigned: 0
- Unassigned Personal Statements: 0
- MS Transcript: Not Uploaded
- MSPE (Dean's Letter): Not Uploaded
- Photo: Not Uploaded

Programs
- Saved Programs: 0
- Programs Applied to: 0
- Share Interview Information with Dean's Office: ☑
- Share Program Signals with Dean's Office: ☑

Resources
- Tools for Residency Applicants
- Frequently Asked Questions (FAQ's)
- Learn about Fee Assistance Program
- MyERAS Terms and Conditions

Tyler Lockman
AAMC ID 14340378
thlockman@bsd.uchicago.edu

ERAS Support  
+1 (302) 892-9294
Monday through Friday 8AM - 6PM ET

CONTACT ERAS
Documents: LORs

<table>
<thead>
<tr>
<th>LOR Information</th>
<th>Specialty</th>
<th>Letter ID</th>
<th>Status</th>
<th>Actions</th>
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<tr>
<td>James Woodruff, MD</td>
<td>Preliminary Programs</td>
<td>1l9ek296G6</td>
<td>Confirmed for Upload: 06/27/2023</td>
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<tr>
<td>H. Barrett Frankel, MD</td>
<td>Anesthesiology</td>
<td>1l9ek296R6</td>
<td>Confirmed for Upload: 06/27/2023</td>
<td>[ ]</td>
</tr>
</tbody>
</table>
Documents: LORs (continued)
Documents: LORs (continued) | CONFIRM YOUR LOR
Letters Of Recommendation  
ERAS 2024 Season - Residency

Personal Statements
Letters of Recommendation
Additional Documents

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for each LoR that you intend to use during the application season:

1. Click Add New to enter and save LoR Information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.

$ADD
ew$

Search by Name, Title/Dept., or Specialty

LoR Information  
Specialty  
Letter ID  
Status  
Actions

- James Woodruff, MD -  
  Professor of Medicine/Department of Medicine
  Preliminary Programs  
  1L6KQ2QED  
  Confirmed for Upload - 06/14/2023

- H. Barnett Fromme, MD -  
  Professor of Pediatrics
  Anesthesiology  
  1L60K2WHE  
  Confirmed for Upload - 06/27/2023

- Anthony Fruzi, MD -  
  Professor of Medicine
  Anesthesiology  
  1L60K2QVE  
  Confirmed for Upload - 06/20/2023

Download Letter Request
Email Letter Request
ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2024
ERAS Letter ID: 12L6C6ZSEE

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoRs to the residency programs to which I am applying.

ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/25520/lor_portal.html

- Review the information below. If any information is inaccurate, contact the applicant directly so they can make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

Applicant Details

Name: Lockman, Tyler
AAMC ID: 142400378
Preferred Phone Number: 773-702-3333
Preferred Email: jlockman@bsd.uchicago.edu

LoR Details

LoR Author Name: Anthony Fasel, MD
LoR Author Title/Department: Professor of Medicine
Specialty to which this letter will be assigned: Anesthesiology

Waive rights to view this letter

This applicant has indicated that they WAIVE their right to view this letter now and in the future under the Family Educational Rights and Privacy Act (FERPA). The applicant has acknowledged that this letter is for the specific purpose of supporting my application for residency.
Letters of Recommendation: FAQ

1. Who reads my Letters of Recommendation?
2. Do you have tips for making sure my faculty members deliver their letters on time?
3. If my letter has not been received, and it is after the 4-6 week period, what do I do?
USMLE Transcript

- Requested by you through ERAS, SF Match, or ResidencyCAS
- Transmitted 3-5 days following your request
### Additional Documents

**ERAS 2024 Season - Residency**

#### Personal Statements

- **USMLE Transcript**
  - Status: Not Authorized
  - Actions: Student

- **Medical Student Performance Evaluation (MSPE)**
  - Status: Not Uploaded
  - Actions: PSOM (by 9/25)

- **Medical School Transcript**
  - Status: Not Uploaded
  - Actions: PSOM

- **Photo**
  - Status: Uploaded - 05/31/2024
  - Actions: Student
USMLE Transcripts

Two steps to releasing your scores:

1. Authorize release through ERAS or ResidencyCAS to sync current scores
2. Assign the USMLE score to a specific program (under the Programs section)

You should all have a Step 2 score at the time of submission. Do not delay Step 2 to the point of not having a score when programs receive your application.
Away Rotations

If you are still having difficulty securing an away rotation, reach out to your career advisor or Dr. Woodruff.
## Important Staff

<table>
<thead>
<tr>
<th>Service</th>
<th>Career Advisor</th>
<th>Specialty Advisor</th>
</tr>
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<tbody>
<tr>
<td>Strategy</td>
<td>Career Advisor</td>
<td>Dr. Woodruff</td>
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<tr>
<td>Personal Statement</td>
<td>Career Advisor</td>
<td>Specialty Advisor</td>
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<td>MSPE/Grade Concerns</td>
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<td>Couples’ Matching</td>
<td>Career Advisor</td>
<td>Dr. Woodruff</td>
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<tr>
<td>CV/ERAS Logistics</td>
<td>Tyler Lockman</td>
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</tr>
<tr>
<td>LOR Status</td>
<td>ERAS, SF Match, PSCA, ResidencyCAS</td>
<td></td>
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Words of Wisdom
Be a Smart Applicant!

• Apply broadly to give yourself the best possible odds
  • You can always narrow your list during interview season

• Listen to Career Advisor feedback about your strategy

• Realize that there is more than one program where you can be happy

Don’t put all of your eggs in one basket…

Diversify your application portfolio to maximize your odds!
Make a Plan and Focus

• Focus on what you can do something about: your Personal Statement, letters, and interview preparation

• Get the pieces together and assemble them – Stay organized

• Refer to your Residency Process Booklet and stay engaged with your Career Advisor

• Know what job you are applying for
  • Program Directors want smart, dependable, functional team players who will take excellent care of their patients

• Take it one step at a time

You will get through it!
<table>
<thead>
<tr>
<th>Date</th>
<th>Meeting Title</th>
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</thead>
<tbody>
<tr>
<td>June 24, 2024</td>
<td>#2: ERAS Overview &amp; Walkthrough</td>
</tr>
<tr>
<td>September 16, 2024</td>
<td>MS4 Class Meeting: Interviewing for Residency</td>
</tr>
<tr>
<td>January 21, 2025</td>
<td>MS4 Class Meeting: Constructing your Rank List</td>
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</table>
Match Day: March 21, 2025!