

Pritzker School of Medicine

Class of 2024 MS3 Class Meeting Jim Woodruff, MD Dean of Students

February 12, 2024

Photos



 THE UNIVERSITY OF
 Pritzker School

 CHICAGO
 of Medicine

 UChicago Medicine
 of Medicine

S3 Class Meeting

Shout Outs!

Hey Mario, thanks for your presence and help this entire block!

Dawson, your humor has helped me get through this rotation.

Zhong, I'm so grateful when we run into each other.

Anna, you're a trauma boss!

Mahesh, thank you for "carpooling" with me for 5 weeks straight.

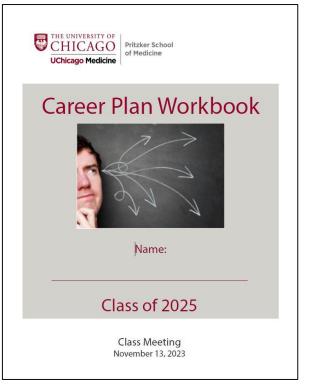
I hope you had a great birthday Caitlin! Love you.

I appreciate Divya for her diligence, humility, and compassion for her patients on her rotations!



November 13, 2023 (Winter Class Meeting)

- Focus on third year
- Don't ask for LORs yet
- Meet with your advisor/noteworthy characteristics
- You will hear all this information again
- There is a team of people here to help







Welcome HEDI/Financial Aid

Curriculum Updates

Break

Student Affairs & Wellness/Rep Updates 4th Year Leadership Opportunities Residency Application Process Specialty Session with Residency Program Directors





Pritzker School of Medicine

UChicago Medicine

Office of Health Equity, Diversity, and Inclusion (HEDI)

Dr. Sonia Oyola Assistant Dean for Health Equity, Diversity, and Inclusion <u>Upcoming Bowman Society Lecture</u>: **Thursday February 22, 2024 5pm-6pm Room 115 BSLC**

"Centering Social Determinants of Health to Impact the Chicagoland Life Expectancy Gap through Innovative Healthcare Delivery Models and Strategic Partnerships" by Dr. Garth Walker, Chief Medical Officer for Rush Health and Digital Health Solutions.



Significant Holy/Spiritual Days and cultural/awareness months -Spring Quarter

✓ February 2024

*Black History Month

*Ash Wednesday, Christian (February 14)

✓ March 2024

*Women's History Month

*Ramadan, *Muslim*, (March 10 – April 9)

*Purim, *Jewish* (March 23-24)

*Holi, *Hindu* (March 25)

*Palm Sunday, Christian (March 24)

*Good Friday, Christian (March 29)

*Easter, Christian (March 31)





Pritzker School of Medicine

UChicago Medicine

We are here for support. Please feel free to meet with us.

Suite 104

Melissa: In office days - Tuesday, Wednesday, Thursday (virtual meetings on Fridays) <u>Melissa.harrellrobinson@bsd.uchicago.edu</u>

Dr. Davenport: Email to set up an appointment Dr. Oyola: In office Fridays (email or drop in)



UChicago Medicine

Pritzker School of Medicine

Financial Aid Update



Financial Aid Disbursement Dates

- Spring 2/2/24
- Summer 6/3/24
- *Refunds processed 1-2 business days after disbursement





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Loan Repayment Strategy Meeting

- Estimate Monthly Payment During and After Residency
- Estimate length of repayment term
- Consider the impact of PSLF.

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SAVE	(includes relationsp) Automatiqu 22	Res.: \$252 - \$291 Post-Res.: \$1,225 - \$2,069 Res.: \$346 - \$393	NA	\$356,427	Paid. \$129,187 Forgiver: \$178,127 Paid: \$142,887	Ø NA



Schedule a Meeting

calendly.com/rtwilson

	□	□
General Financial Aid Questions 30 mins, One-on-One View booking page	Personal Budget Meeting 30 mins, One-on-One View booking page	Loan Repayment Options Meeting 30 mins, One-on-One View booking page
Copy link Share	Copy link Share	Copy link Share



Contact Information

Richard Wilson

Email: rtwilson@bsd.uchicago.edu

Bethany Davenport

Email: <u>bshephard1@bsd.uchicago.edu</u>



Pritzker School of Medicine Planning for Fourth Year | 14

Questions?



Pritzker School of Medicine Planning for Fourth Year | 15

Dr. Volchenboum



Pritzker School



Welcome HEDI/Financial Aid Curriculum Updates

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MS4 Scholarship & Discovery February 12, 2024 Orientation to MS4 Pritzker School of Medicine

Individualized Approach

- Everyone is in a different place with their scholarly project → Everyone will have different goals for MS4 S&D
- YOU will create and report your personal goals for MS4 S&D
 - Guidance from your track leader is encouraged



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Questions to consider in developing goals

- Main question: What is the status of your S&D project?
- Are you at a 'natural' stopping point?
 - Publication NOT required but
 - Do you have something to submit an abstract in Spring?
- Have your scholarly interests evolved?
 - Need to do specialty-specific research?



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Typical Mechanism

- Many options on how to satisfy MS4 S&D
- Must take 100 Units MINIMUM (1 month)
- Recommended: Work on scholarly project
 - From 100 units (min) to max of 300 units (3 months) (BWF Fellows 400 units)
 - <u>Linear</u> path (same mentor/project) -> Work on your S&D project from the Block
 - BUT there are reasons for <u>nonlinear</u> paths too
 - Start a new project (same mentor or a new one)
 - Specialty-related research (try to relate to track)

Do I change my track??



ALTERNATE OPTION: Take an Elective

- Enhance understanding of focused area <u>related to scholarly</u> interests or project
 - IF your scholarly project has reached a natural stopping point
- Because everyone's interests vary,
 - ANY nonclinical elective could apply (need to explain how it enhances your S&D goals)
 - CANNOT use clinical rotation or same elective used to meet "basic science" requirement



More Time

- Can decide which months you would like to dedicate to MS4 S&D
- Can decide how much time (1 to 3 months) to devote
- Consider your goals
 - New projects started in S&D Block will probably need more time
 - Seek guidance from mentors OR track leaders



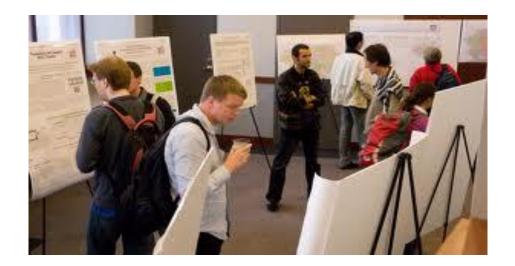
REPORTING: Learning Plan

- What are your goals for MS4 S&D?
- What will you do to satisfy MS4 S&D?
- Why?
- Reviewed by Track Leaders and S&D Team
 - Review plan with track leaders if you need guidance
- Submitted via RedCap
 - Open from May 20, 2024 to July 8, 2024
 - Includes intent to participate in Senior Scientific (May 14, 2025)



Senior Scientific Session

- OPTIONAL but encouraged
- 100 units additional towards graduation
- May 14, 2025
- In learning plan, you will indicate your participation





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Final Submission

- Required regardless of whether you participate in Senior Scientific
- Includes a structured abstract, e-poster, and reflection survey
- Due early Spring quarter (March 24, 2025)
 - Reviewed by Track Leaders and S&D Team to decide whether requirements of MS4 S&D are met



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What do I need to submit?

	MS2/MS4 data?	SSS required ?	Notes
100 units– coursework	Either	No	-MS2 project must be complete, with data -Can submit MS2 poster, with edits per the comments from Track Leaders
100 units– research	Either	No	-Can choose to submit MS2 work (per above) -If submitting MS2 work, will need to complete Progress Report describing MS4 work
150-250– research	Either	No	 -Can submit MS2 work <i>if there is new data or a new work product</i> (ie manuscript written in MS4) - If no new work product for MS2, must submit MS4 work with data - Must submit Progress Report
300 research	MS4	No	 Must submit MS4 work with data Must submit Progress Report
Fentress/Arnold	MS4	Yes/MS4 work	 Must submit MS4 work with data Must submit Progress Report

Lifelines

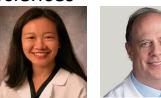
- Track Leaders are your main point of contact for guidance on the process
- S&D Team for inquiries on logistics or anything your track leader can't answer
- Your mentor is a valuable source of information and guidance
 - Check in with them about
 the status of any projects and
 discuss your thoughts with them



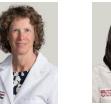
Pritzker School of Medicine



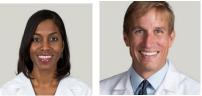
Basic/Translational Sciences



Community Health*



Health Services & Data Science



Global Health*

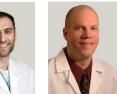


Healthcare Delivery Improvement Sciences

S&D Track Leaders



Clinical Research



Medical Education



The Scholarship & Discovery Team



Rachel Wolfson, MD Associate Professor of Pediatrics Assistant Dean, Medical School Research



Arshiya Baig, MD Associate Professor of Medicine Co-Director for Scholarship & Discovery



Keith Williams Research Training Programs Manager



Ashley Burton Assistant Director of Curriculum Management and Evaluation

scholarshipanddiscovery@bsd.uchicago.edu

Emergency Medicine Clerkship



Emergency Medicine Clerkship

Co-Clerkship Director

Keme Carter, MD

Co-Clerkship Director

• Alejandro Palma, MD

Clerkship Administrator

• Latiffany Connelly

NorthShore Site Director

• Joanna Davidson, MD

NorthShore Administrator

Tabitha Rosca



Emergency Medicine |

Why Emergency Medicine?

- Understand how to evaluate the acutely ill, undifferentiated patient
- Ability to exercise acute care decision making
- Unique opportunity to practice many fundamental skills you have learned in the last year
- Ability to practice and master technical/ procedural skills



Clerkship Requirements

- Orientation Day attendance
- Completion of 16 shifts
- Attendance at all simulation/didactic sessions
- Case presentation
- Passing grade on final exam



Orientation Day

- Attendance prior to starting your first shift is mandatory
 No exceptions!
- Orientation is on the first working day each month from 8:00am -3:00pm
- Conflict with the date of Orientation?
 - Option 1- Attend the orientation of another month prior to the start of your clerkship
 - Option 2- Switch your clerkship to another month



Shift Requirements

- Each student will complete 16 shifts
- Schedules will be chosen from a template sent out 1 month in advance
- · No clinical shifts the night before didactic day
- Must comply with duty work hours
- No schedule changes unless approved by clerkship director or site director
- Excessive requests for days off will not be granted



Didactics and Simulation



- Must attend all simulation and didactic sessions No exceptions!
- Takes place on Wednesdays in the NorthShore simulation lab- 7:30am





UChicago Medicine

Pritzker School of Medicine

Planning your Fourth Year

Jason Poston, MD

Assistant Dean for Medical School Education

2/12/2024

Goals of Fourth Year

- Enhance skills of clinical practice ٠
- Round out clinical education •
- Continue scholarly work •
- Consolidate medical and scientific knowledge .
- Prepare for internship and residency •
- Explore, decide medical specialty choice •
- Match successfully with training program •



How is Fourth Year Different?

Transition from student to physician







Fourth-year Requirements

1350 units required for graduation

Sub-internship	150 units
Emergency Medicine clerkship	150 units
Add'l sub-l or clinical elective	150 units
Scientific Basis of Medical Practice	150 units
Scholarship & Discovery	100 units
USMLE Examination (Step 2CK)	
	700 units



How to earn 650 remaining credits?

- Clinical electives
- Non-clinical electives
- PE experiences
- Research
- Completion of dual-degree programs



Sub-Internship

- Assume primary responsibility and ownership for patient care at the level of an intern in that specialty
- Organize and prioritize the work inherent to managing an inpatient service
- Participate in cross-cover duties and transitions of care
- Full month in length with full-time, rigorous schedule



Emergency Medicine Clerkship

- 4 week clerkship
- Either UChicago or NorthShore
- Everyone does simulation lab at NorthShore



Scientific Basis of Medical Practice

- Explore scientific underpinnings through clinical lens
- "Mix and match" in areas of interest
- Designated courses
- Half (75 units) of requirement may be satisfied with PE role in basic science courses
- In rare cases, may create independent study
- Research does not fulfill requirement



Scholarship & Discovery

- Minimum of 100 units during senior year
- Maximum of 300 units (3 months)
- Work on scholarly project
- Non-clinical elective related to scholarly goals

- Presentation at Senior Scientific Session encouraged
 - May 2025, worth 100 units



Electives

- Clinical or non-clinical
- Balance specialty and general knowledge
 - Necessary to prepare you
 - Seize opportunities outside your chosen specialty!
- Home or away
 - Up to 2 away rotations can be completed **for credit**
 - Additional rotations may be completed with PSOM approval, but not for credit
 - Not necessary/advised for all students



Other Experiences

- Peer educator
- Leadership roles at Pritzker
- Interviewing for residency
- Preparing (logistically) for what's next



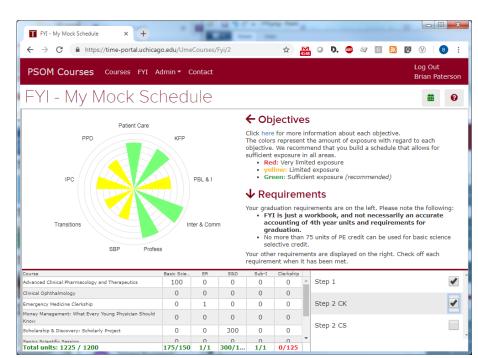
How Individualized?

- Twenty-three different specialties
- Sub-specialties (17 for medicine, 13 for peds, ...)
- Clinical v. Research v. Education v. Other
- Life events
- Life priorities
- Luck of the draw (The Lottery)



Fourth-Year Interface (FYI)

FYI - My Mock Schedule × +												×
← → C	meCourse	s/Fyi/2			☆ <mark>414</mark>	00	. ABP	<i>S</i> 7 G	<u>N</u> 9	\heartsuit	B	:
PSOM Courses Courses FYI Admin *	Contact	:								Log Ou Brian F	ıt Patersoi	n
FYI - My Mock Sched	lule									T	0	
Edit Selected Courses (2019-2020) ↑	Month(s)	'Units	Patient C	KFP	PBL & I	Inter &	Profess	SBP	Transitions	IPC	PPD	Τ
Clinical Ophthalmology	July	150	3	2	1	3	3	1	×	2	1	ŀ
Study Away: Opthalmology	August	150	3	2	1	3	3	1	×	2	1	l
Money Management: What Every Young Physician Should Know	October	50	0	0	1	1	2	0	~	0	2	
Scholarship & Discovery: Scholarly Project	October	300	1		2	2	1	1	×	0	1	l
Emergency Medicine Clerkship	January	150	3	2	1	3	3	1	×	3	2	
Advanced Clinical Pharmacology and Therapeutics	February	100	1	2	1	0	0	1	×	2	1	
🕜 Topics in data analysis in biomedical research: Big data	February	75	0	0	2	0	0	2	×	0	0	
Sub-Internship: Medicine Clinical Rotation - NorthShore	March	150	3	3	1	3	3	2	~	3	2	
Senior Scientific Session	May	100	1	2	2	2	1	1	×	0	1	
Add Available Courses (2019-2020) 🕇		Units	Patient C	KFP	PBL & I	Inter &	Profess	SBP	Transitions	IPC	PPD	T
A Mentored Introduction to Islamic Bioethics		25	2	1	0	2	3	1	×	2	1	Ē.
Adult Inpatient Psychiatry Elective		75-150	3	2	1	3	3	1	×	2	1	ł.
Advanced Cardiovascular Life Support (ACLS)		25	1	2	1	2	1	1	×	1	1	1
Advanced Clinical Radiation Therapy		75-150	3	2	1	3	3	1	×	2	1	1
O Advanced Gynecological Pathology		75-150	2	2	3	2	2	3	×	1	1	1
Advanced Heart Failure/Heart Transplant Service		75	3	2	1	3	3	1	×	2	1	i.
Advanced Medical Ethics		50	1	2	2	2	2	0	~	0	2	i.
Advanced Research in Obstetrics and Gynecology		25-300	1	2	2	2	1	1	×	0	1	1
Ambulatory Medicine: Geriatric Medicine		75-150	3	2	1	3	3	1	×	0	1	1
												-







Pritzker School of Medicine

Instructions for Senior Lottery

Michael McGinty Registrar

Link for the Lottery will be sent – Login with CNET ID

THE UNIVERSITY OF CHICAGO

Pritzker School of Medicine

Help Logout

Home

Login Page

Instruction

MS3 2023\24 Lottery Introduction

MS4 2023\24 Lottery Introduction

Advancing MS4 Students

View the MS4 Course Offering

Login Instructions:

- 1 Enter your University of Chicago CNet ID and password.
- 2 Click "Login" to log into the Lottery application.
- 3 You may return to this Lottery site and change your selections until this phase of the lottery closes. The opening and closing dates are noted on the main screen after you login.

Note: The Lottery System will be closed for maintenance each day from 10:00am - 11:00am CDT. Please do not log into the lottery system during this maintenance period.

Please enter your CNetID:	
Please enter your CNet password:	
	Log in

Phase I – Basic Science, Emergency Medicine and Sub-Internships

THE UNIVERSITY OF CHICAGO

MS4

Pritzker School of Medicine

					ricip	Logou
MS4 Lottery	Welcome					
Home	Welcome, Michael McGinty to the 2024 Senior Clas If your name or class designation is incorrect, pleas	,				
View the MS4 Lottery Results	1. You have now successfully logged into the sys	stem.				
view the Mo4 Lottery hesuits	2. The list at the bottom of the page indicates the	e areas to be addressed	in the current phase.			
	 Please review your eligibility for your requirement Note: Your session will be terminated if it is you have not applied will not be saved. Please logout when you are finished by clicking Current phase: Phase I Current phase dates: February 12, 2023 thru February 	idle for more than 20 r g the Logout button at t	ninutes. You will have to re-log			
	Requirement	Eligible?	# Ranked	Action		
	Basic Science	Yes	0 ranked	View Ranked Courses		
	Emergency Medicine	Yes	0 ranked	View Ranked Courses		
	Family Medicine No NA N/A					
	Inpatient	Yes	0 ranked	View Ranked Courses		
	Neurology	No	NA	N/A		

Help Logout

Basic Science

Instructions:

- 1 A total of 150 credits of selectives in the Scientific Basis of Medical Practice is a senior requirement.
- 2 Choose the areas of Basic Science in which you would like to take courses, then click the "Select Courses" button at the bottom of the page.
- 3 The next page will allow you to rank the courses in the areas you have selected.
- 4 Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
- 5 After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will have a chance to change your rankings.

Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.

- 6 You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
- 7 For help, click on the "Help" button at the top of the page.

DEPARTMENT: (ANCC) Anesthesia/Crit.Care

Neuroscience of Pain and Opioids

Evidence or Inference: How do we read the medical literature to change our understanding?

DEPARTMENT: (HGEN) Human Genetics

Application of Scientific Advancements to Disease Detection and Management
 DEPARTMENT: (MEDC) Medicine

🗹 Topics in data analysis in biomedical research: Big data

The ASAP (Ask-Search-Appraise-Perform) Library Service Curriculum

Mechanism and Management of Cardiac Disorders

☑ Diabetes Mellitus: Scientific Basis of Medical Practice

Critical Appraisal of Landmark Medical Literature

Overview of Medical Informatics

Topics in Human Immunodeficiency Virus Infection

✓ Vignettes in Physiology

Sleep Physiology and Clinical Considerations

Advanced Clinical Pharmacology and Therapeutics
 DEPARTMENT: (PSCR) Psychiatry

What Is Psychiatry? Advanced Topics

Select Courses Cancel

Basic Science Rank

Instructions:

1. Listed below are the courses you have selected.

- n n
- 2. Rank the section(s) you are interested in.
- 3. If you would prefer not to rank a course you have selected, give it a rank of "0" (zero).
- 4. You may use each rank number only once. That is, if you have given one course a rank of "," you may not give a "" ranking to any other course on this page.
- After you have ranked your courses, select the "Confirm Rankings" button at the bottom of the screen where you will have a chance to change your rankings. Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.
- 6. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
- 7. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
- 8. For help, click on the **"Help"** button at the top of the page.

Critical Appraisal of Landmark Medical Literature

Ranking	Start Date	End Date	Units
1	Feb 1, 2022	Feb 2 8, 2022	75

Diabetes Mellitus: Scientific Basis of Medical Practice

Ranking	Start Date	End Date	Units
2	May 1, 2021	Feb 28, 2022	75

Mechanism and Management of Cardiac Disorders

Ranking	Start Date	End Date	Units
4	Feb 1, 2022	Feb 28, 2022	75

Neuroscience of Pain and Opioids

Ranking	Start Date	End Date	Units
3	Jan 1, 2022	Jan 31, 2022	50

Confirm Rankings	Cancel

Revlew

Basic Science Review Instructions:

- 1. Listed below are the courses you have ranked.
- If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a click "Move Down".
- If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.
 Note: your choices will not be logged in the database unless you click "Accept".
- 4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
- 5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome scree
- 6. For help, click on the **"Help"** button at the top of the page.

Rank	Course Number	Course Name	Start Date	End Date	Action
1	MEDC-60302-32	Critical Appraisal of Landmark Medical Literature	Feb 1, 2022	Feb 2 8, 2022	Move Down
2	MEDC-55500-42	Diabetes Mellitus: Scientific Basis of Medical Practice	May 1, 2021	Feb 2 8, 2022	Move Up Move Down
3	ANCC-43001-30	Neuroscience of Pain and Opiolds	Jan 1, 2022	Jan 31, 2022	Move Up Move Down
4	MEDC-52400-32	Mechanism and Management of Cardiac Disorders	Feb 1, 2022	Feb 2 8, 2022	Move Up



Emergency Medicine

Instructions:

- 1. Emergency Medicine Clerkship is a 150 credit senior requirement.
- 2. You must rank all 20 sections in Emergency Medicine.

3. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to

4. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will Note: Your course selections are not logged into the database until you have clicked "Accept" on the next scre

Ranking	CourseName	Start Date	End Date
1	Emergency Medicine Clerkship - UCMC	May 1, 2021	May 31, 2021
2	Emergency Medicine Clerkship - NorthShore	May 1, 2021	May 31, 2021
3	Emergency Medicine Clerkship - NorthShore	Jun 1, 2021	Jun 30, 2021
4	Emergency Medicine Clerkship - UCMC	Jun 1, 2021	Jun 30, 2021
5	Emergency Medicine Clerkship - NorthShore	Jul 1, 2021	Jul 31, 2021
6	Emergency Medicine Clerkship - UCMC	Jul 1, 2021	Jul 31, 2021
7	Emergency Medicine Clerkship - UCMC	Aug 1, 2021	Aug 31, 2021
8	Emergency Medicine Clerkship - NorthShore	Aug 1, 2021	Aug 31, 2021
9	Emergency Medicine Clerkship - NorthShore	Sep 1, 2021	Sep 30, 2021
10	Emergency Medicine Clerkship - UCMC	Sep 1, 2021	Sep 30, 2021
11	Emergency Medicine Clerkship - UCMC	Oct 1, 2021	Oct 31, 2021
12	Emergency Medicine Clerkship - NorthShore	Oct 1, 2021	Oct 31, 2021
13	Emergency Medicine Clerkship - NorthShore	Nov 1, 2021	Nov 30, 2021
14	Emergency Medicine Clerkship - UCMC	Nov 1, 2021	Nov 30, 2021
15	Emergency Medicine Clerkship - UCMC	Dec 1, 2021	Dec 31, 2021
16	Emergency Medicine Clerkship - UCMC	Jan 1, 2022	Jan 31, 2022
17	Emergency Medicine Clerkship - NorthShore	Jan 1, 2022	Jan 31, 2022
18	Emergency Medicine Clerkship - NorthShore	Feb 1, 2022	Feb 28, 2022
19	Emergency Medicine Clerkship - UCMC	Feb 1, 2022	Feb 28, 2022
20	Emergency Medicine Clerkship - UCMC	Mar 1, 2022	Mar 31, 2022
21	Emergency Medicine Clerkship - NorthShore	Mar 1, 2022	Mar 31, 2022

Emergency Medicine

Rank all 23 options

Review

Emergency Medicine Review Instructions:

1. Listed below are the courses you have ranked.

2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your click "Move Down".

3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.

Note: your choices will not be logged in the database unless you click "Accept".

4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.

5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welco

6. For help, click on the **"Help"** button at the top of the page.

Rank	Course Number	Course Name	Start Date	End Date	Action
1	EMED-31200-42	Emergency Medicine Clerkship - UCMC	May 1, 2021	May 31, 2021	Move Down
2	EMED-84700-42	Emergency Medicine Clerkship - NorthShore	May 1, 2021	May 31, 2021	Move Up Move Down
3	EMED-84700-44	Emergency Medicine Clerkship - NorthShore	Jun 1, 2021	Jun 30, 2021	Move Up Move Down
4	EMED-31200-44	Emergency Medicine Clerkship - UCMC	Jun 1, 2021	Jun 30, 2021	Move Up Move Down
5	EMED-84700-10	Emergency Medicine Clerkship - NorthShore	Jul 1, 2021	Jul 31, 2021	Move Up Move Down
6	EMED-31200-10	Emergency Medicine Clerkship - UCMC	Jul 1, 2021	Jul 31, 2021	Move Up Move Down
7	EMED-31200-12	Emergency Medicine Clerkship - UCMC	Aug 1, 2021	Aug 31, 2021	Move Up Move Down
8	EMED-84700-12	Emergency Medicine Clerkship - NorthShore	Aug 1, 2021	Aug 31, 2021	Move Up Move Down
9	EMED-84700-14	Emergency Medicine Clerkship - NorthShore	Sep 1, 2021	Sep 30, 2021	Move Up Move Down

Inpatlent/Sub-I

Instructions:

Sub-Internship

Rank those in

your area of

interest

- 1. A total of 150 credits of Inpatient/Sub-I is a senior requirement.
- 2. Choose the areas of Inpatient/Sub-I in which you would like to take courses, then click the "Select Courses" bi
- 3. The next page will allow you to rank the courses in the areas you have selected.
- 4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return
- 5. After you have ranked your choices, select the **"Review Rankings"** button at the bottom of the screen where y DEPARTMENT: (ANCC) Anesthesia/Crit.Care

Sub-Internship in Cardiothoracic Intensive Care

DEPARTMENT: (FMED) Family Medicine

□ Sub-Internship in Family Medicine NorthShore DEPARTMENT: (MEDC) Medicine

🗹 Sub-Internship in Clinical Cardiology 🚽

Sub-Internship: Medicine Clinical Rotation - NorthShore

Sub-Internship in General Internal Medicine

Hospital Medicine Subinternship

✓ Sub-Internship in Medical Intensive Care

Sub-Internship Critical Care: Northshore

DEPARTMENT: (NURL) Neurology

Neurology Sub-Internship
Sub-Internship in Neurosciences Intensive Care

DEPARTMENT: (OBGY) Obstetr1c/Gynecology

Sub-Internship Maternal Fetal Medicine/Birthrooms

Sub-Internship in Maternal-Fetal Medicine - NorthShore

Sub-Internship in Gynecologic Oncology Service

Urogynecology and MIGS Sub-Internship

 \Box Sub-Intership in Urogynecology and Benign Gynecologic Surgery

DEPARTMENT: (PEDS) Pedilatrics

Pediatric Critical Care Medicine Sub-Internship

Pedilatric Critical Care Elective

Sub-Internship: Externship in Neonatology

Sub-Internship: Neonatology - NorthShore

Only rank the months you want for the Sub-Internships

If it's a popular
dept (Medicine),
rank several

If you don't rank enough, you may not get a Sub-I

0	Jul 1, 2021	Jul 31, 2021	150
0	Aug 1, 2021	Aug 31, 2021	150
0	Sep 1, 2021	Sep 30, 2021	150
0	Oct 1, 2021	Oct 31, 2021	150
0	Nov 1, 2021	Nov 30, 2021	150
0	Dec 1, 2021	Dec 31, 2021	150
0	Jan 1, 2022	Jan 31, 2022	150
0	Feb 1, 2022	Feb 2 8, 2022	150
0	Mar 1, 2022	Mar 31, 2022	150
0	Apr 1, 2022	Apr 30, 2022	150

Sub-Internship: Medicine Clinical Rotation - NorthShore

Ranking	Start Date	End Date	Units
3	May 1, 2021	May 31, 2021	150
0	Jul 1, 2021	Jul 31, 2021	150
0	Aug 1, 2021	Aug 31, 2021	150
0	Sep 1, 2021	Sep 30, 2021	150
0	Oct 1, 2021	Oct 31, 2021	150
0	Nov 1, 2021	Nov 30, 2021	150
0	Feb 1, 2022	Feb 28, 2022	150
0	Mar 1, 2022	Mar 31, 2022	150
0	Apr 1, 2022	Apr 30, 2022	150

Sub-Internship in General Internal Medicine

Ranking	Start Date	End Date	Units
1	May 1, 2021	May 31, 2021	150
2	Jun 1, 2021	Jun 30, 2021	150
0	Jul 1, 2021	Jul 31, 2021	150
0	Aug 1, 2021	Aug 31, 2021	150

Revlew

Inpatient/Sub-I Review Instructions:

- 1. Listed below are the courses you have ranked.
- 2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a low click "Move Down".
- 3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.
 - Note: your choices will not be logged in the database unless you click "Accept".
- 4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
- 5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
- 6. For help, click on the **"Help"** button at the top of the page.

Rank	Course Number	Course Name	Start Date	End Date	Action
1	MEDC-59000-42	Sub-Internship in General Internal Medicine	May 1, 2021	May 31, 2021	Move Down
2	MEDC-59000-44	Sub-Internship in General Internal Medicine	Jun 1, 2021	Jun 30, 2021	Move Up Move Down
3	MEDC-58901-42	Sub-Internship: Medicine Clinical Rotation - NorthShore	May 1, 2021	May 31, 2021	Move Up Move Down
4	MEDC-50000-42	Sub-Internship in Clinical Cardiology	May 1, 2021	May 31, 2021	Move Up Move Down
5	MEDC-68501-42	Sub-Internship Critical Care: Northshore	May 1, 2021	May 31, 2021	Move Up Move Down
6	MEDC-68300-42	Sub-Internship in Medical Intensive Care	May 1, 2021	May 31, 2021	Move Up

Accept	Cancel

Requirements for Graduation

- Completion of Step 2 CK
- 150 Units of Basic Science selectives (may be reduced to 75)
- 150 Units of Sub-Internship (1 month)
- 150 Units of Clinical Electives (1 month total)
- 150 Units of Emergency Medicine (1 month)
- 100 Units of Research (1 month, 2-3 months recommended)
- 650 Units of General Elective courses (may be increased to 725)
 - Non-clinical electives, extra clinical time, extra sub-ls, away rotations, senior scientific



Welcome HEDI/Financial Aid Curriculum Updates Break

Student Affairs & Wellness/Rep Updates 4th Year Leadership Opportunities Residency Application Process Specialty Session with Residency Program Directors





Welcome HEDI/Financial Aid Curriculum Updates Break Student Affairs & Wellness/Rep Updates **Residency Application Process** Specialty Session with Residency Program Directors



Student Committee Reps - Updates

- Clinical Curriculum Review Committee (CCRC)
- Identity & Inclusion Steering Committee (i2i)
- Wellness Committee
- Dean's Council



Taking Care of Business

- What kind of doctor do I want to be?
- What will it take for me to get there?
- How do I use the available resources to advance my progress?

Growth Mindset

Mindset Matters...

Growth Mindset

- I like to challenge
 myself
- When I fail, I learn
- My effort and attitude determine everything
- My growth is the most important thing

Performance Mindset

- Challenges make me anxious
- Avoid failure at all costs
- My abilities determine everything
- My performance is the most important thing

MS3 Class Meeting

Health



Pritzker School of Medicine

Your Health on the Clinical Clerkships

- Effectively addressing your health is one aspect of finding work life balance
- Communication is essential
- Emergencies: Notify your team and get attention
- Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled
- Needlestick/Exposure
 - Clean the area
 - Call Hotline 188-9900
 - Communicate with supervisor

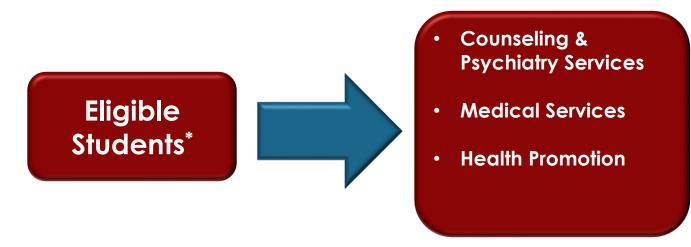




Pritzker School of Medicine

Access to Campus Services UChicago Student Wellness

Most students* have access to a robust array of student support services at the University, including healthcare.



* College students and most registered graduate students



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MS3 Class Meeting

Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service "Medical Services"
- Student Counseling Service "Mental Health Services"
- USHIP

For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care

• Immunization Records

Log into my.WellnessPortal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231



Working in the Health Care Environment

Needlesticks/Exposure at <u>UCM</u>

- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Pritzker is responsible for these expenses. Send bills to Candi Gard in BSLC 104.

Needlesticks/Exposure Offsite

- NorthShore: Go to NS Occupational Medicine
- Other Location: Follow protocol at that location



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MS3 Class Meeting

Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:

Help you work through steps to take if you are experiencing a health care emergency or challenge.

Dr. Woodruff:	773-251-5231
Dr. Lee:	646-483-9327

help.uchicago.edu

If there is only one website you can easily remember to get guidance, please use help.uchicago.edu. This will bring you easily to information on "Health & Medical Resources".

Safety, Parking & Transportation



Parking & Transportation

Monthly Parking Program



- Daily Parking Validation Program
- Early Morning Transportation Program (Uber/Lyft)
- Clerkship Travel Reimbursement

Check your email!

Reminders emailed at the start of each month & quarter.



Pritzker School of Medicine

Clerkship Reimbursement

Step 1: Download and complete the Clerkship Travel Reimbursement Form (excel doc - Tab 1 Personal Car + CTA Transportation, Tab 2 – Early Morning Transportation) form UChicago BOX.

Step 2: Complete the Clerkship Travel Reimbursement Request google form. This form will require the excel doc from Step 1 is uploaded. (Early Moring will also require the receipts from Uber/Lyft).

Thank you to the students that tested out the new process!

Reimbursement Timeline

Pritzker Form DUE @11:59pm on:	To make Payroll's biweekly Payday of:	
1/1/2024	1/12/2024	
1/15/2024	1/26/2024	*Allow for 1-2 days after the Payday
1/29/2024	2/09/2024	for Direct Deposit via Workday.
2/12/2024	2/23/2024	the tronkasy.
2/26/2024	3/08/2024	
3/11/2024	3/22/2024	
3/25/2024	4/05/2024	
4/8/2024	4/19/2024	*If the Pritzker form
4/22/2024	5/03/2024	is missing required information, it will
5/6/2024	5/17/2024	delay the processing time
5/20/2024	5/31/2024	AND payday.
6/3/2024	6/14/2024	

https://pritzker.uchicago.edu/student-life/student-reimbursement-process



Pritzker School of Medicine

Lyft Ride Smart



- Students can take up to 7 free standard Lyft rides per month (up to \$10 off per ride)
- 5pm-4am Seven nights a week
- The rides must begin and end within the campus service area
- <u>https://safety-security.uchicago.edu/transportation/lyft-</u> <u>ride-smart-program</u>

Metra 10-Ride Metra

- Students can sign up by January 31 on <u>my.uchicago.edu</u> to receive a free 10-ride <u>Metra Electric</u> pass
- *Beginning February* 1, Metra will offer a Day Pass 5 Pack. The Day Pass 5 Pack is good for all Metra lines including, but not limited to, Metra Electric. Students can sign up for either a free 10-ride pass by January 31 or a free Day Pass 5 Pack beginning on February 1.
- Students must sign up for a <u>Ventra</u> account before claiming a pass.
- Students who already claimed a free 10-ride ticket during Autumn Quarter are not eligible for the free 5 pack this academic year.
- <u>https://safety-security.uchicago.edu/news-alerts/2023-09-20-</u> <u>transportation-options-for-students</u>



Pritzker School of Medicine

Safety Reminders

- Don't walk alone in the dark
- Wait for shuttle (*bring something to read*)
- Be aware of your surroundings Do not be distracted by your phone when walking
- Don't cut through alleys
- Use call boxes
- Always lock your doors, close your windows when you leave home. *(laptops, etc. out of view)*
- Do not leave items visible in your locked car
- If you see or hear something concerning, call UC Police for questions about personal safety (*If you are concerned, you don't need to wait for an alert*)



UChicago Safe App

The app is easy to download and free. Some of the provided services are:

- Direct calling capabilities for the UCPD and CPD with the tap of an icon
- Mobile blue light sends your location and calls UCPD simultaneously
- Links to safety resources
- The ability to report a crime or speak to our dispatch center
- UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.





Pritzker School of Medicine

Discrimination, Harassment & Sexual Misconduct



THE UNIVERSITY OF Campus & CHICAGO

About Us

Resources

Diversity & Inclusion

Discrimination, Harassment & Sexual Misconduct

Get Involved

Student Support Overview
Safety & Security Resources

Academic Resources

Area Dean of Students

Bias Education & Support Team (BEST)

Dean-on-Call Program

Dean-on-Call Program Applications for University Staff

Discrimination, Harassment & Sexual Misconduct

Sexual Assault Dean-on-Call Program Disciplinary & Legal Options Resources & Confidentiality

Resources for Sexual Violence Prevention

Health & Medical Resources Medical Resources

Mental Health & Counseling

Insurance

Title IX

umatter.uchicago.edu

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person's family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person's wishes.

Sexual Assault

The University's definition of sexual assault includes the State of Illinois Criminal Code's current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State's very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:



Important Phone Numbers

University Police

From a campus phone:	123
From any phone:	773.702.8181

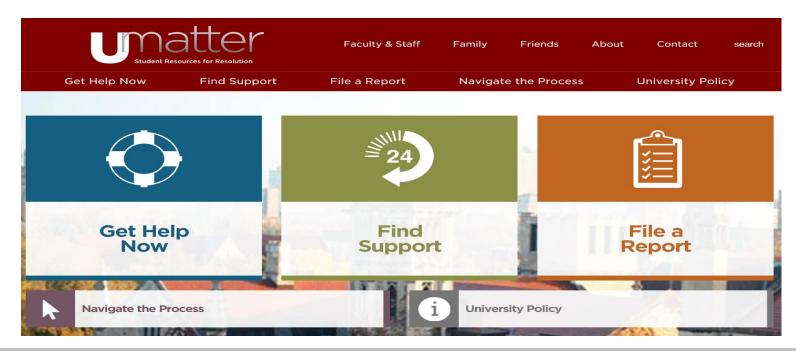
Safety and Emergency Resources

Dean-on-Call:	773.834.HELP
Sexual Assault Dean-on-Call:	773.834.HELP
Bias Education & Support Team:	773.834.HELP

Medical Resources

Student Health Service (SHS):	773.702.4156
Nurse Advice Line	
(after SHS business hours):	773.702.4156
Mitchell Hospital ER:	773.702.6250

UC Policy on Unlawful Discrimination & Sexual Misconduct





Pritzker School of Medicine



- No Statute of Limitations
- Confidential resources are available
- Other support (Dean of Students, Faculty)



Learning Climate/ Mistreatment



AAMC Mistreatment "Behaviors"

- Publicly Humiliated
- Threatened with Physical Harm/Physically Harmed
- Required to Perform Personal Services
- Sexism
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks
 - Subjected to unwanted sexual advances
- Race/Ethnicity
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks
- Sexual Orientation
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks



Mistreatment Reporting (Summer-Winter 2024) reports submitted thru 02/09/24

Experienced Mistreatment by Clerkship								
(Summer – Winter Quarter 2022-23 - Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public humiliation								
Subjected to unwanted sexual advances				1				
Subjected to racially or ethnically offensive remarks/names								
Subjected to negative or offensive behavior not otherwise described					1		1	
Total	0	0	0	1	1	0	1	0
Witnessed Mistreatment by Clerkship								
(Summer – Winter Quarter 2022-23 - Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public embarrassment								
Subjected to offensive sexist remarks								
Subjected to negative or offensive behavior not otherwise described				1				
subjected to negative of onensive senarior not other wise described								



Pritzker School of Medicine

MS3 Class Meeting ³⁸

Mistreatment Reporting (Summer-Winter 2024)

reports submitted thru 02/09/24

Experienced Mistreatment by Clerkship								
(Summer-Winter- Preliminary)	-	-					-	
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public humiliation	0	0	0	0	0	0	0	0
Subjected to offensive sexist remarks	0	0	0	0	0	0	0	0
Subjected to racially or ethnically offensive remarks/names	0	0	0	0	0	0	0	0
Subjected to negative or offensive behavior not otherwise described	0	0	0	0	0	0	0	0
Total	0	0	0	0	0	0	0	0

Witnessed Mistreatment by Clerkship								
(Summer-Winter- Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public embarrassment	0	0	0	0	0	0	0	0
Subjected to offensive sexist remarks	0	0	0	0	0	0	0	0
Subjected to negative or offensive behavior not otherwise described	0	0	1	0	0	0	0	0
Total	0	0	1	0	0	0	0	0



Bias Reporting (Autumn-Winter 2024) reports submitted thru 02/09/24

Bias by Clerkship									
(Autumn Quarter 2023 - Preliminary)									
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG	Ex. Curr
RACE	0	0	0	1	1	0	0	0	0
RELIGION	0	0	0	0	0	2	0	0	1
Total	0	0	0	1	1	2	0	0	1



Experienced Mistreatment? Please seek help:

Talk to someone about the situation (one, some or any of these people):

- Faculty Ombudspersons (Drs. Shellie Williams & Steve Zangan)
- Peer Ombudspersons (Pritzker Chiefs)
- Clerkship director
- Student leaders
- Faculty
- Any of us in the deans office

WE WANT TO KNOW!



Error, Bias and Mistreatment Reporting in the Learning Organization



Examples of Misreatment	+
Reporting Mistreatment	÷
University Grievance Procedures	11 2 3

In extraordinary circumstances, students may request that a grievance case be handled by the Office of the Provost. If a student wishes to submit a grievance case to be handled by the Provost's Office, they must provide supporting rationale for why their case cannot be fairly heard within the Pritzker School of Medicine. Using reasoned judgment, requests will be reviewed by the Office of the Provost to determine if the case is appropriate for University review. Decisions by the Office of the Provost are final and unreviewable.



Student Treatment

- M Malicious Intent
- I Intimidation on Purpose
- S Sexual Harassment
- T Threatening Verbal or Physical Behavior
- R Racism or Excessive Discrimination
- E Excessive or Unrealistic Expectations
- A Abusive Favors T Trading Grades
- Trading Grades

For more information about student treatment and how you can report mistreatment, scan here

MEDICAL Student



Error, Bias and Mistreatment Reporting in the Learning Organization Bad Performance Mistreatment

Poor Teaching / Unprofessional Behavior / Microagressions

- <u>Bias</u> reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

EDUCATION / FEEDBACK / MONITORING

Abuse & Bias with Malicious Intent

- <u>Mistreatment</u> reporting system
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT



Pritzker School of Medicine

NorthShore



NorthShore: Hotel Reservations

Remember!

- > Review your housing dates in advance of your clerkships at NorthShore.
- Let Berna Jacobson know as soon as possible if dates need to be adjusted.

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.
- Remember to check out before 11:00am
- Lack of communication may result in <u>you</u> being charged for the reservation



NorthShore: Uber for Business

- In general, NorthShore Uber is only to be used as **the last resort** when no other transportation option is available
- NorthShore's current guidelines are included in the "Uber Statement of Accountability" form that you signed during the Clinical Biennium.
- Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.
- If you aren't sure if your circumstance is reimbursable, check with NorthShore IN ADVANCE.



Preparing for your MS4 Year

- Schedule USMLE Step 2 CK
 - Deadline to take Step 2 is July 15, 2024
- OSHA Requirements for MS4

Schedule an appointment at SHS for mask fit

ERAS Photo

Watch your email for dates in April & May

• MS4 Class Meetings

There are 4 class meetings to help you navigate the residency application process. Meeting #1: Residency Application Overview (May 29, 2024 - 5:00pm)



Odds & Ends

I need help with.....

- Hospital or BSLC Access
- ≻ Lost ID
- Locker Access
- Scrub Access
- EPIC Access

Email the Student Affairs team! pritzkerstudentaffairs@bsd.uchicago.edu

How do I request.....

- Transcripts
 my.uchicago.edu (no charge)
- Letter of Good Standing
 Email Mike McGinty to request a letter
- Copies of my Immunization Records my.WellnessPortal (or wellness.uchicago.edu)





Welcome HEDI/Financial Aid Curriculum Updates Break Student Affairs & Wellness/Rep Updates 4th Year Leadership Opportunities **Residency Application Process** Specialty Session with Residency Program Directors



Fourth Year Leadership Opportunities

- Pritzker Chiefs
- PMAP (Peer Mentoring at Pritzker)
- Society Leaders
- Senior Skit
- Social Rounds
- Clinical Biennium Planning
- Admissions Committee



MS4 Leadership Opportunities

- Pritzker Chiefs
 - Candidates interviewing in April
 - Announcement of 2023-2024 Chiefs in April!
- PMAP
 - Responsibilities:
 - Host mentoring activities throughout the year, including group and individual mentorship
 - Organizing mentorship resources
 - Assisting with MS2 and MS3 transitions/career planning process
 - New initiatives you want to pursue!
 - Application information will come in early May after Chiefs are announced!
- Current leaders contact info: Julia Chael, Ashley Diaz, Maria Ruiz, Jason Zhang



MS4 Leadership Opportunities

- Senior Skit
 - Responsibilities
 - Managing production, advertisement, and showing of the Senior Skit
 - Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
 - The new Chiefs will reach out for interest after they are selected
- Social Rounds
 - Watch for an email from this year's Social Rounds leadership on the application process for next year.



Pritzker School of Medicine

Clinical Biennium Planning Committee

- Student Planning Committee
 - Guide to 3rd Year
 - Panels
 - Tours
- Clinical Biennium Dates: Week of June 5th
- Planning Committee Meeting Watch inbox for details





Pritzker School of Medicine



Wellness

MS3 Class Meeting Wei Wei Lee, MD MPH Associate Dean of Students February 12, 2024







PRITZKER WELLNESS





Important decisions ahead







Pritzker Career Planning

- When do students make the final decision about which specialty to apply in?
 - 50% Winter MS3
 - Additional 25%: Spring MS3
 - Additional 25%: Start of MS4

Critical Event Coaching

Critical Event

- CART or patient death
- Tension with team
- Family meetings
- Conflict with support staff



Important to reflect and debrief immediately

Email or Text Drs. Lee or Woodruff to meet with you within 24-48 hours





Re-framing Receiving Feedback

- Recognizing the Goal of Feedback
- Acknowledgement that it's not a perfect system
- Reality of being in a new environment where you are not an expert
- Positive impact from any type of feedback you are PRACTICING medicine!
- Includes many forms & perspectives
 - Attendings
 - Residents
 - Pritzker Chiefs
 - Advisors Dr. Lee and Dr. Woodruff
- Student agency in seeking feedback



Support Resources

- PMAP Process Groups
- Pritzker Chiefs
- Wellness Reps
- Research Mentor
- Course Directors
- PCRC Reps
- Deans Council Reps
- I2I Reps
- Pritzker Sibs









UChicago Student Wellness: Mental Health Services

- 24/7 Mental Health Support: call (773) 702-3625
- Make an Appointment:
 - Call (773) 834-9355 to schedule
- Drop-in Counseling: Let's Talk



Pritzker School of Medicine

Let's Talk About Therapy - Resources

Options outside of UChicago UChicago Resources Psychology Today Student Wellness Initial appointment: 773-834-9355 Search engine for providers with filters for specialties, accepted insurances, languages, and more Therapist on Call: 773-702-3625 https://www.psychologytoday.com Let's Talk - drop-in counseling; Peer Provider Recommendations Mondays, 1-2 pm + Fridays, 3-4 pm Included in each week's TWAP. wellness.uchicago.edu/mentalhealth/lets-talk TimelvCare Access via uchicago.edu email Therapists: counselors Students get 12 or psychologists that On-demand and scheduled appointments free sessions per provide talk therapy. academic year Non-UChicago therapists and psychiatrists Psychiatrists: medical timelycare.com/uchicago doctors who can App/Google Store: TimelyCare prescribe medications. **Top Tips**

- 1. Come to your initial appointment with questions for the therapist. For example:
 - What should I expect from a typical session?
 - Do you provide online and in-person appointments?
 - Can I contact you for support outside of our scheduled appointments?
- 2. Finding a therapist is like dating chemistry is important. Are the vibes off? Move on to the next person!
- 3. It is valid to look for a therapist who shares identities with you.
- If you are looking for long-term therapy, a community provider is the best option because the UChicago options (including TimelyCare) have a yearly cap on therapy appointments.
- Watch M3 Wellness Rep Meera's interviews with mental health providers at Student Wellness. Find them on Instagram at pritzker_wellness.



Wellness Committee

- Wellness representatives
 - 4-5 reps per class
 - Student Leadership Position
 - Nomination and Election Process

MS24 Reps

- Monthly meetings
- Lead Programing







Mental Health Sub-Committee (through the Student Wellness Committee)

2023-2024 Goals

- Reducing Stigma
- Increase the connection of student's to UChicago
 Wellness Resources and other mental health providers
- Examine longitudinal care and URM students to improve access to mental health resources
 - Includes developing partnerships with Affinity Groups

Initiatives & Events:

- Peer Mental Health Resource Sheet (Check the TWAP!)
- Pritzker, I Screwed Up (Coming up 2/29/24)
- Humans of Pritzker Series
- Narrative Medicine Event& Process Groups (M3s)
- FAQ videos on accessing Mental Health Care
- And more stay tuned!



Funding Support for Wellness Initiatives



Apply for a Wellness Grant!

• Up to \$50 for a wellness event

Past Grants	Upcoming Grants
 Midnights Listening Party Northshore Halloween Party Fall-ing In Love with Art Gingerbread House Latin Dance Night Mario Kart Tournament 	 Valentines Day Goodie Bag Making (2/14/23) Self-Care Movie Night (2/23/23)

- Pritzker Sibs Voucher Program
- Up to \$25/person









And more!





https://pritzker.uchicago.edu/student-life/wellness-initiative-grant



Apply HERE



https://pritzker.uchicago.edu/student-life/pritzker-sibs



Hi friends,

Welcome to the carefully curated Winter Wellness Newsletter! Flip through for flavorful recipes, classmate spotlights, the much anticipated 'Dear Wellness' column, and more!

<3 Juliana & Luke

Table of contents

02 Pets of Pritzker 03 Comfort Food Corner: Recipes 05 Games 06 The Reading Nook: Student Poetry 07 Humans of Pritzker Spotlight 08 Dear Wellness: Advice Column 12 Happiness and Hobbies 14 Mental Health Resources 15 Games Answers

Check out this Quarters Edition!

Humans of Pritzker Instagram Series





@pritzker_wellness

Tomorrow: Student VS Faculty Dodgeball!

RSVP |



X Take a LEAP and join us on February 29 from 5-6:30pm in BSLC 115 for the annual story telling event:

PRITZKER, I SCREWED UP

This bonus day to leap forward with a growth mindset is brought to you by the Pritzker Wellness Committee!



Dr. Lee's Office Hours

Wednesdays 12:00 – 1:00pm

Email to set up an appointment or stop by!

✓ Academic Issues
 ✓ Health & Wellness
 ✓ Personal Issues
 ✓ Career Planning
 ✓ Other Concerns
 ✓ Or Just Stop by to Chat!





Welcome HEDI/Financial Aid **Curriculum Updates** Break Student Affairs & Wellness/Rep Updates 4th Year Leadership Opportunities **Residency Application Process** Specialty Session with Residency Program Directors



Pritzker School of Medicine



Pritzker School of Medicine

Applying to Residency: The Year Ahead

MS3 Spring Class Meeting February 12, 2024

Jim Woodruff, MD Dean of Students

MATCH DAY!







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MS3 Class Meeting

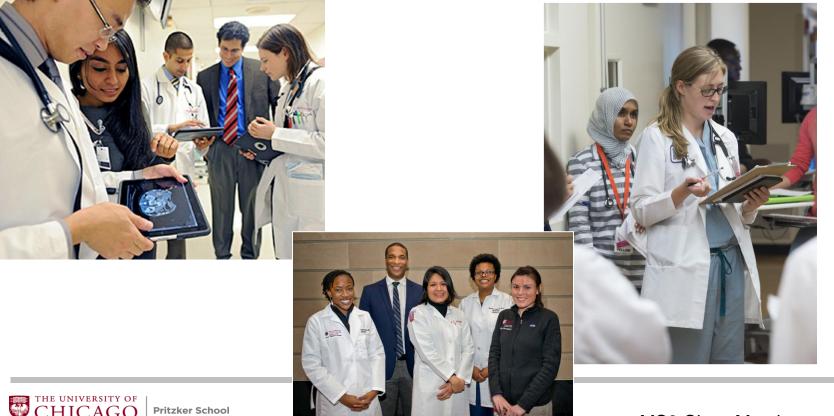
I MATCHED Cleveland Clinic n Ophthalmology

I MATCHED!

UCLA

Neurology

Our Goal for You: A Fulfilling, Satisfying Career



THE UNIVERSITY OF CHICAGO Pritzker School of Medicine UChicago Medicine

MS3 Class Meeting

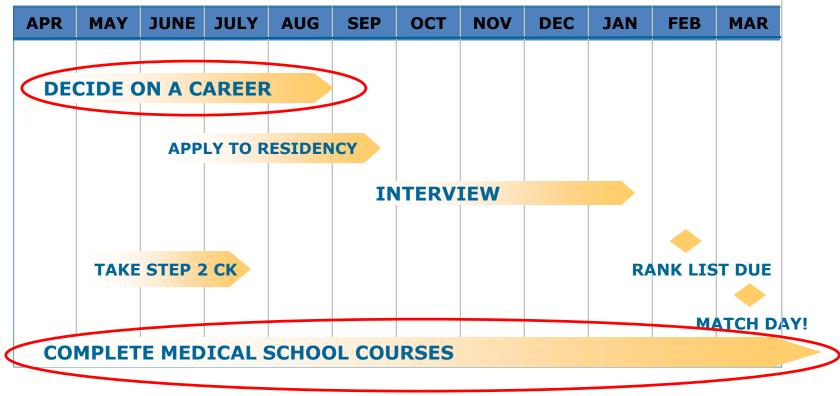
Applying to Residency Strategy and Scheduling for the Year Ahead



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The Year Ahead





Career Selection Factors to Consider

- Is the specialty a good fit?
- Do your skills, interests, and values match the specialty?
- Long term career goals
- Long term personal goals
- Are you a good fit?
- Consider your entire record and review with your Career and Specialty Advisors



Be Realistic

- When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.
- Look at your entire portfolio
 - Clerkship designators reported on the MSPE
 - Awards
 - USMLE scores
 - Research & publications
 - Joint degree
 - Extracurricular activities
- Consider subjective personal wishes and specialty features



Career Selection Resources

- Career Advisors
- AAMC Careers in Medicine website
 - Medical Specialty Preference Inventory (150 questions, 30 minutes)
 - Physician Values in Practice Scale (60 questions, 10 minutes)
 - Specialty Pages
- FREIDA: AMA online database of residency programs
- Your MS4 peers! (ex. PMAP)



Fourth Year Schedule

• Regular Match:

October – January flexible for interviews

• **Early Match (**Military, Ophthalmology, Urology):

September – December flexible for interviews

• Smaller Specialties / Surgical Subspecialties:

November– February flexible for interviews

Dermatology Neurosurgery Orthopaedic Surgery Otolaryngology Plastic Surgery Radiation-Oncology

See the Residency Process Book for sample schedules



Fourth Year Schedule

- Build flexibility for residency interviews into your fourth year schedule
- Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation





Away Rotations

- Refer to the Residency Process Book for specialty-specific information
- The Away Rotation page on our website has a full list of resources





The Year Ahead





USMLE Step 2

- Must take Step 1 and Step 2 CK in order to graduate
- May register up to 6 months before the date of the exam
- Early sign-up is recommended to get the date/location you prefer
- For optimal use of Step 2 during the interview offer process, take it by mid-July to ensure you have a Step 2 score when you apply to residency programs in September
 - Increase in PDs using Step 2 scores during interview offer process (Oct-Nov)
 - Increase in Step 2 failures across the country
- PSOM deadline: July 15, 2024



Why do I have to take Step 2 by July 15?

- Increasingly, residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK
- Increasing number of program directors in some specialties say they use Step 2 CK to select students for interview
- Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by July ensures you will be able to graduate!
- Students tend to do better on Step 2 when they complete the tests immediately following their clerkships



The Year Ahead





Applying to Residency

Key Vocabulary



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MS3 Class Meeting

- Electronic Residency Application Service (ERAS)
 - A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
 - <u>https://www.aamc.org/students/medstudents/eras/</u>



- National Resident Matching Program (NRMP)
 - Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
 - The NRMP is an applicant-favoring process
 - <u>http://www.nrmp.org/</u>



- Main Match: offers PGY-1 and PGY-2 level residency training positions in most specialties.
- Early Match: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)
- **Couples' Match**: couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.
- Military Match: match held by the US Armed Services.



- **Military Match**: Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS
- **OB/GYN:** Apply through ResidencyCAS and match through NRMP
- **Plastic Surgery:** Apply through Plastic Surgery Common Application (PSCA) and/or ERAS (you may need to use both), match through NRMP
- SF Match: Apply through SF Match and match through SF Match for Ophthalmology (<u>http://www.sfmatch.org/</u>)
- Urology: Apply through ERAS & match through the AUA (<u>http://www.auanet.org/education/residency.cfm</u>)



- Medical Student Performance Evaluation (MSPE)
 - A letter of evaluation that describes a student's performance in medical school
 - Not a letter of recommendation
 - Released to programs on September 25, simultaneously with your ERAS application



Couples' Match

- Anyone interested in couple matching **must**:
 - Notify your Career Advisor & Tyler Lockman
 - Schedule a meeting with Dr. Woodruff no later than early Spring



Applying to Residency

Putting together your application...

and the people who will help you do it



MS3 Class Meeting

Steps in Applying to Residency

- Get to know the career advising team ٠
- Select a Specialty Advisor ٠
- Understand the components of an application ٠



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The Career Advising Team

Dean of Students: Jim Woodruff, MD

Coggeshall Career Advisors

- Brian Callender, MD'04, AM'98
- Maureen Beederman, MD'14

Lewis Career Advisors

- Victoria Barbosa, MD, MPH
- Tipu Puri, MD, PhD

MSPE Director

• Barrett Fromme, MD, MHPE

Huggins Career Advisors

- Arlene Roman, MD
- Brandon Baird, MD

Rowley Career Advisors

- Wei Wei Lee, MD, MPH
- Brady Still, MD'17

Support Staff

- Kate Blythe
- Tyler Lockman



Career and Specialty Advisors

- A Career Advisor provides primary care:
- Counseling & navigation of the entire match process
- Honest assessment of your overall competitiveness, strengths and weakness
- Assigned to you

- A Specialty Advisor provides specialty care:
- Advice on individual programs & potential letter writers
- Understands nuances of specialty
 application process
- Chosen by you



Career Advisor Limitations

- Never worked in specialty ٠
 - May have excellent observations about specialty, but no direct experience

- May miss application nuances •
 - Each specialty has their own style



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Specialty Advisor Limitations

- Specialty Loyalty
 - May not be able to assess your relative competitiveness
 - May not understand nuances of today's application requirements
- Recruiter Mentality
 - Promote their favorite programs



Assembling your Team

Jan. – June	# 1 Career Advisor Check-in: Career Selection			
April – June	Complete Online Residency Application Survey			
May – June	Specialty Advisor Appt.			
	Bring to the meeting:			
	A draft of your personal statement			
	A draft of your CV			
April – July	MSPE Appt.			
	Prior to the meeting:			
	Send CV draft to Tyler for review/revision			
	 Noteworthy Characteristics finalized (by April 1) 			
	MSPE Survey MUST be completed			
June – Aug.	# 2 Career Advisor Check-in: Application			
July – Aug.	MSPE Review			
Aug. – Sept.	# 3 Career Advisor Check-in: Interview			
Jan. – Early Feb. 2024	# 4 Career Advisor Check-in: Rank list			



Components of an Application

- Application (ERAS, SF Match, etc.)
- USMLE Scores
- Letters of Recommendation
- Personal Statement
- Medical Student Performance Evaluation (MSPE)
- Pritzker Transcript
- ERAS Photo
- Program Signals



Letters of Recommendation

- 4 letters allowed per program
 - 3 clinical letters (1 may need to be a Chair's letter)
 - 1 research letter (only if appropriate)
- Provide letter writers with the following:
 - ERAS Letter Request Form
 - Draft of CV
- Give faculty at least 6 weeks notice
 - September 13 deadline

See The Residency Process Book for specialty-specific information



Personal Statement

Thinking about and drafting your Personal Statement early in the process...

- Helps you:
 - Figure out your career/specialty choice
 - Articulate what you like about the specialty, which will be beneficial during interviews!
- Helps your letter writers:
 - Have a more meaningful conversation with you when you ask for a LOR
 - Understand what points about you to highlight in the LOR
- The personal statement is probably the hardest piece of your application start early for the best results!

See The Residency Process book for strong examples



Personal Statement Workshop

May 20, 2024

&

June 13, 2024



MS3 Class Meeting ¹⁵⁰

Program Signals

- Now used by more than 20 specialties to help determine interview offers; integrated in . the applications (ERAS, SF Match, etc)
- Number of signals varies by specialty .

More information and advice to come on this in the spring!

- Some specialties and programs advise to signal home program + away rotation site; others advise *not* to. Be sure you know what to do!
- Be honest and diversify your signal distribution .

Anesthesiology	General Surgery	OB/GYN	Pediatrics
Dermatology	Internal Medicine	Ophthalmology	Physical Medicine &
Radiology (Diag & Int)	Internal Medicine/Psychiatry	Orthopaedic Surgery	Rehabilitation
Emergency Medicine	Neurological Surgery	Otolaryngology (ENT)	Psychiatry
Family Medicine	Neurology (Adult & Child)	Pathology	Public Health and Preventive
-			Medicine

more specialties may decide to participate by the spring



Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process



What is the MSPE?

Medical Student Performance Evaluation

- Review of student's medical school experiences and noteworthy characteristics
- Academic history
 - Pritzker Honors and Awards
 - Summary evaluation from Clinical Skills
 - Summary evaluations from all required clerkships
- Overall summary
- Appendices



What is the role of the MSPE director?

- Meets with each student to discuss the residency application process and • gather information for the Medical Student Performance Evaluation (MSPE)
- Works with staff on MSPE construction ٠
- **Reviews MSPE with student** ۰

Sign up instructions to come in March



What is in the MSPE?

- Clerkship summaries are the bulk of the MSPE
- Professionalism comments are highlighted
- Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See The Residency Process book for an example of an MSPE



What we need to complete your MSPE

- Complete biographical data on **MSPE Survey** (link on website)
- A scheduled MSPE meeting with Dr. Fromme in spring/summer
 MSPE written in order of survey completion/MSPE meeting
- A draft CV (template online, or generate from SMS)
- Your Noteworthy Characteristics (submitted in MSPE survey)
- Clinical Clerkship Grades
- A second MSPE review with Dr. Fromme in late summer

Let us know immediately if you are doing an away rotation; second meetings MUST be conducted in person.



Residency Application Survey—Used to Construct MSPE

Student Information - Google Chrome	A 5.4 -					
https://aaa-elrond04.cri.uchicago.edu/StudentN	lanagementSystem/Residency	ApplicationSurvey/SurveyPage.a	ispx?OpenSurveyFromMSPE=			
SMS Student Management System			0 02 1200 1200 1200	100 06500 00 Au 01720 06500 00 Au 0120 012 570 12004 08720 550		
Survey Status O No Action Reviewed / Partial Complete	Complete Survey Not Submit Surve	w Submitted				
	rformance Education Pre	aduate School & Medical School Acade -Medical Experience perience	mic History PSOM Experience Sum On File	nary & Submit		
Residency Application Survey (Required Field 1) (Survey Instru	<u>ion)</u>					
Basic Information Career Advising	Personal Statement Worksho	eet Academic Performance	Pre-Medical Education			
Graduate & Work Experience Medical School Expe	ience Academic History	PSOM Experience On File Summa	ary & Submit CV Creation			
Career Advising				Go to next page 🔰		
Please tell us about the personal information that you	hope to emphasize during your resid	ency interviews and personal statement	t. You should expand upon these que	stions as you see fit.		
Career Advisor: Tipu Puri (If this is not your career ad	isor nlease email System administrator)					
Career Aurisor. Thu Part (Irans is not your career au	iso, prease email <u>system Administrator</u> y					
Specialty Choice						
	Enter all of the specialties you are considering apply to by clicking on the "New" field. Please enter all specialties you are considering. It is okay if you have not made a final career decision yet. The career advising team understands that you may change your mind and you can log back in at any time to change your specialty choice throughout the residency season.					
	No records available					
Specialty advisor and recommendation letters will be	Specialty advisor and recommendation letters will be available for entering data after <u>Specialty Choice</u> is entered first.					
Specialty Advisor 2						
Recommendation Letters						
Please type the names of the faculty members that letters commenting on your clinical abilities. If you departments/specialties require that Chair letters to encode the	ire a PhD student or took a year off to	do research, you also need a fourth lett	er from you research mentor. Note:	Some specific		
specialty.						

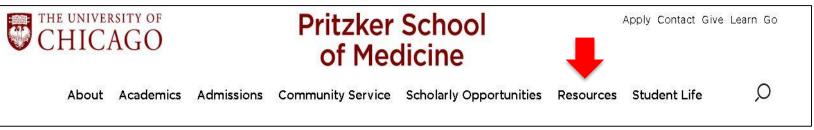


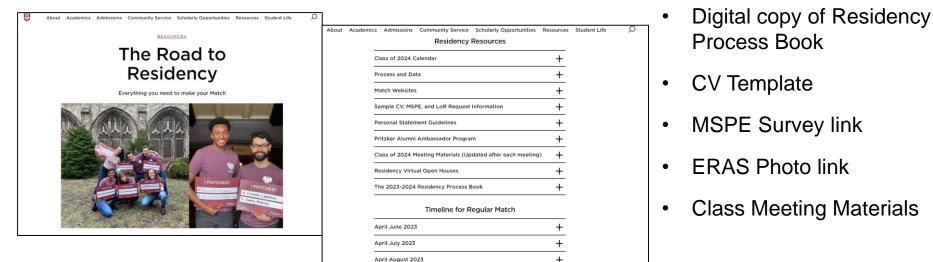
ERAS/Graduation Photos

- You **must** submit a photo with your ERAS application
- 3-5 dates will be available in April-June when you can get your photo taken on campus for free
- Even if you already have a professional photo, you still **need** to get one taken because we use them for the graduation composite
- Students taking a year off should NOT sign up for a photo unless there are extra slots remaining (Tyler will communicate)



Residency Resources Webpage







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159 MS3 Class Meeting

Complete your Application

May-July	Ask for letters of recommendation Organize your CV (use the template)			
	Complete your personal statement			
June	Receive your token & register for ERAS			
June-September	Complete the MyERAS application			
September 4-25	Review MyERAS application carefully and submit			
Mid September	Register with the NRMP			



Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application



Choosing Programs to Send Applications

- Considerations:
 - Your list should have breadth and depth give yourself plenty of options from the start!
 - Is there a preliminary program requirement?
 - Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
 - Competitiveness
 - Quality of the program
 - Your own qualifications
 - Geography
 - Family

Your specialty advisor is instrumental in creating this list



Pritzker Alumni Ambassador Program

Members			Jen Dwyer Medical Director at Silicon Volley neuro-focused med-tech start up 0. Richter Schmidt Michael Aleman 2011 Restaud Med	Co Send a message	Jen Dwyer	
Member name	-		 Petaker School of Medicine Alarmi - 2012 Doctor of Med 1999 Eacheler of Art: - BA in ERGL from Brown University Sen Francisco, CA 		Medical Director at Silicon Vall start up Potper School of Medicine Alumni. San Franc	ey neuro-focused med-tech
Member type Student Num	Q.	A	Alan Ira Newman Pritzer Scheol of Medicine Alumnus 8. Pritzer Scheol of Medicine Alumni - 1982 Doctor of Med 9. CHICAGO, IL	Ge Send a message	About Me	Willing to Help With
Parent Supporter Pritzker School of Medicine Student Pritzker School of Medicine Alumni		0	Ben Bowman EM Resident intersted in Aerospace Medicine <u>A.</u> Pintker School of Medicine Alumni - 2026 MD in Medicine © Hyde Park II.	© Send a message © Schedule a call	Email an alcosettur-yetiggnal.com Peliowstrp – Years 307 73/98 MD Class War 2012 Primary Speciaty	Funding non-indificult career Founding statements Founding statements/blowning advice and direct tradient across Founding additional graduest degrees grids/hdd, edc; Chucking a clinical kunchemic profession (in the statement) graduest degrees grids/hdd, edc; Susing rife places, my place of volk and instanding stateMick balance
MD Class Year Primary Specialty	a	AS	Anthony Shum Physician scientist specializing in autoimmunity: Lung disorders Mendelian diverses & Petaker School of Medicine Alumni - 2006 Doctor of Med © San Francisco, CA	Se Send a message	Neuroling: Recidency - Methation University of Cattornia San Francisco Recidency - Speciality Neuroling: Fellowchip - Institution Santwark Enversity	Specify advice Communities Ansare School of Medicine Advice Ansare
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Fellowship – Institution	Q		Lana Zarlenga Femily physicial and advocate for social/ustice & Pitaker School of Medicine Alumni - 1995 Doctor of Med	🗣 Send a message 💊 Schedule a call	Academic Career The University of Chicago Chicago, J.	
Fellowship – Specialty	a		🗑 Saugetuck, Michigan		Degrees 2012 Option of Medicine - MD in MO(PhD	

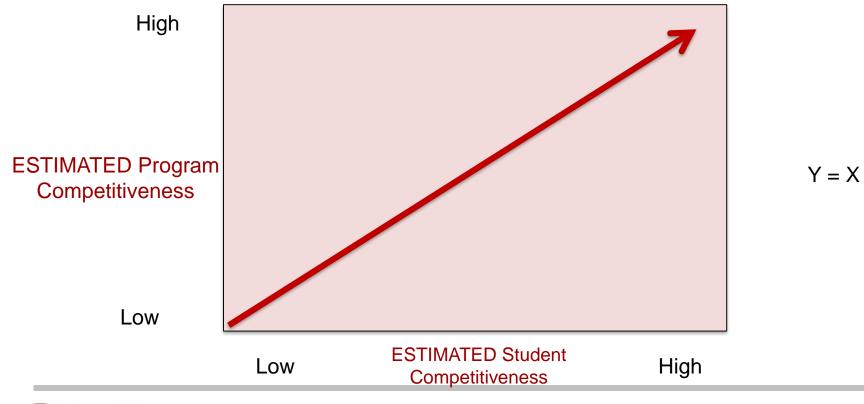


How to Sign Up/ Login

- 1. Visit <u>uchicago.wisr.io/signup</u>
- 2. Select "Pritzker School of Medicine Student" as your membership type
- 3. Request to join the **Pritzker Alumni Ambassador Program** community (*The UChicago MBSAA will grant you access within one business day*)
- 4. Watch a short video tutorial to help you get started (linked on our Road to Residency page under "Residency Resources")

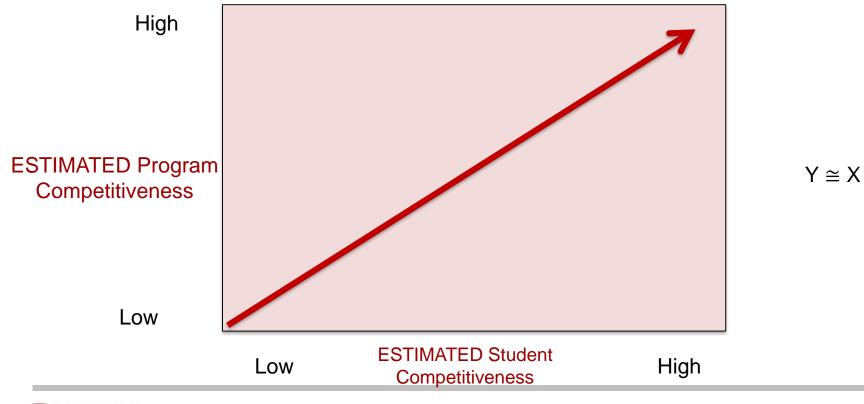


Uncertainty and the Match



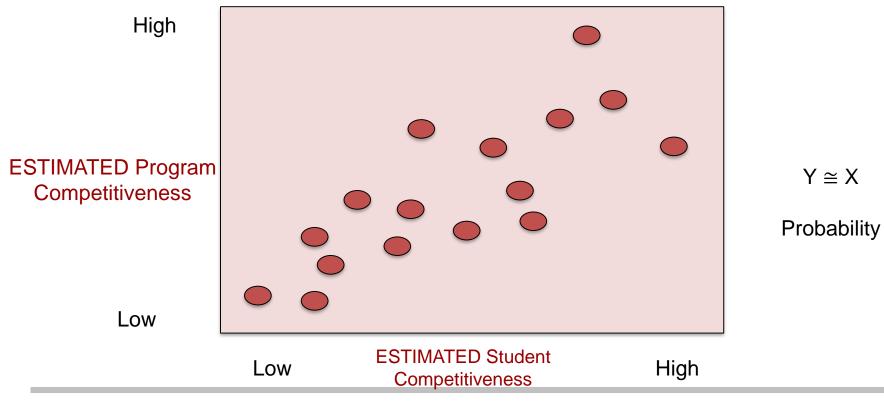


Uncertainty and the Match





Uncertainty and the Match





Uncertainty and Patient Care

- Working with Uncertainty:
 - Do your homework (minimize uncertainty)
 - Account for less than total control (manage uncertainty)



Uncertainty and <u>the Match</u>

- Working with Uncertainty:
 - Do your homework (minimize uncertainty)
 - Account for less than total control (manage uncertainty)

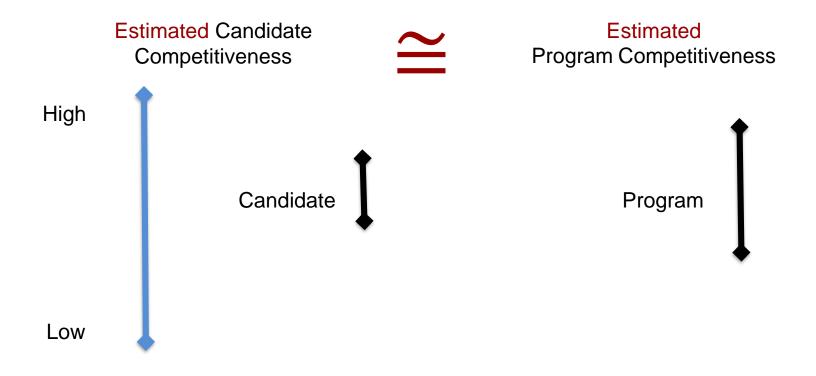


Doing your Homework (Minimizing Uncertainty)

- Timely completion of application
- Careful attention to your personal statement
- Careful selection and management of your letters of recommendation
- Research target programs
- Access advice from advisors to refine all documents and the program list

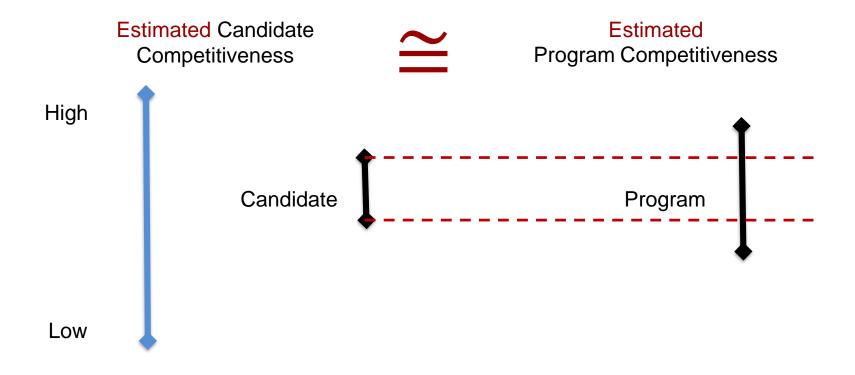














Steps in Applying to Residency

- Get to know the career advising team ٠
- Select a specialty advisor ٠
- Understand the components of an application ٠
- Begin MSPE process ٠
- Select programs for application ٠
- Apply! ۲



Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application
- Apply!
- Interview
- Rank your programs
- Graduate



The Career Advising Team...



Is available to help at any point in the process

Has your best interest at heart

Believes in you and will be your advocate





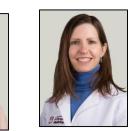


UChicago Medicine

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MS3 Class Meeting

Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- □ Review the Residency Process Book
- □ Fill out the MSPE survey (April-June)
- □ Sign up for ERAS/Graduation photo
- Start putting together your CV
- □ Start drafting your personal statement
- □ Meet with Dr. Fromme for MSPE Meeting (April-July)
- □ Mark your calendar: May 29, MS4 Class Meeting #1!



MS4 Class Meetings

Wednesday, May 29 at 5:00pm MS4 Class Meeting #1: Residency Application Overview

Monday, June 24th at 5:00pm MS4 Class Meeting #2: ERAS Overview

Monday, September 16th at 5:00pm MS4 Class Meeting #3: Interviewing for Residency

Tuesday, January 21st at 5:00pm MS4 Class Meeting #4: Preparing Your Rank List



MS3 Class Meeting ¹⁷⁷

Match Day: March 21, 2025!







Pritzker School of Medicine

MS3 Class Meeting

Question and Answer



Pritzker School of Medicine

MS3 Class Meeting



Welcome HEDI/Financial Aid Curriculum Updates Break Student Affairs & Wellness/Rep Updates 4th Year Leadership Opportunities **Residency Application Process** Specialty Session with Residency Program Directors



Specialty Sessions with Residency Program Directors

Zoom

Purpose:

Meet with UCM program directors and learn the "nuts and bolts" of applying to residency programs.

➤ 5:15-6:15pm Session



MS3 Class Meeting