Class of 2024
MS3 Class Meeting
Jim Woodruff, MD
Dean of Students

February 12, 2024
Shout Outs!

Hey Mario, thanks for your presence and help this entire block!

Dawson, your humor has helped me get through this rotation.

Zhong, I'm so grateful when we run into each other.

Anna, you're a trauma boss!

Mahesh, thank you for "carpooling" with me for 5 weeks straight.

I hope you had a great birthday Caitlin! Love you.

I appreciate Divya for her diligence, humility, and compassion for her patients on her rotations!
November 13, 2023 (Winter Class Meeting)

- Focus on third year
- Don’t ask for LORs yet
- Meet with your advisor/noteworthy characteristics
- You will hear all this information again
- There is a team of people here to help
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Office of Health Equity, Diversity, and Inclusion (HEDI)

Dr. Sonia Oyola
Assistant Dean for Health Equity, Diversity, and Inclusion
Upcoming Bowman Society Lecture:
Thursday February 22, 2024 5pm-6pm
Room 115 BSLC

“Centering Social Determinants of Health to Impact the Chicagoland Life Expectancy Gap through Innovative Healthcare Delivery Models and Strategic Partnerships”
by Dr. Garth Walker, Chief Medical Officer for Rush Health and Digital Health Solutions.
Significant Holy/Spiritual Days and cultural/awareness months - Spring Quarter

✓ **February 2024**
- Black History Month
- Ash Wednesday, *Christian* (February 14)

✓ **March 2024**
- Women’s History Month
- Ramadan, *Muslim*, (March 10 – April 9)
- Purim, *Jewish* (March 23-24)
- Holi, *Hindu* (March 25)
- Palm Sunday, *Christian* (March 24)
- Good Friday, *Christian* (March 29)
- Easter, *Christian* (March 31)
We are here for support. Please feel free to meet with us.

Suite 104

Melissa: In office days - Tuesday, Wednesday, Thursday (virtual meetings on Fridays)
Melissa.harrellrobinson@bsd.uchicago.edu

Dr. Davenport: Email to set up an appointment

Dr. Oyola: In office Fridays (email or drop in)
Financial Aid Update
Financial Aid Disbursement Dates

• Spring – 2/2/24

• Summer – 6/3/24

*Refunds processed 1-2 business days after disbursement
Loan Repayment Strategy Meeting

- Estimate Monthly Payment During and After Residency
- Estimate length of repayment term
- Consider the impact of PSLF.
Schedule a Meeting

calendly.com/rtwilson

General Financial Aid Questions
30 mins, One-on-One
View booking page

Personal Budget Meeting
30 mins, One-on-One
View booking page

Loan Repayment Options Meeting
30 mins, One-on-One
View booking page
Contact Information

- Richard Wilson
  Email: rtwilson@bsd.uchicago.edu

- Bethany Davenport
  Email: bshephard1@bsd.uchicago.edu
Questions?
Dr. Volchenboum
Agenda

Welcome
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MS4 Scholarship & Discovery

February 12, 2024
Orientation to MS4
Pritzker School of Medicine
Individualized Approach

- Everyone is in a different place with their scholarly project → Everyone will have different goals for MS4 S&D

- YOU will create and report your personal goals for MS4 S&D
  - Guidance from your track leader is encouraged
Questions to consider in developing goals

• Main question: What is the status of your S&D project?

• Are you at a ‘natural’ stopping point?
  – Publication NOT required but
  – Do you have something to submit an abstract in Spring?

• Have your scholarly interests evolved?
  – Need to do specialty-specific research?
Typical Mechanism

- Many options on how to satisfy MS4 S&D
- Must take 100 Units MINIMUM (1 month)

- **Recommended:** Work on scholarly project
  - From 100 units (min) to max of 300 units (3 months) (BWF Fellows 400 units)
  - Linear path (same mentor/project) -> Work on your S&D project from the Block
  - BUT there are reasons for nonlinear paths too
    - Start a new project (same mentor or a new one)
    - Specialty-related research (try to relate to track)

Do I change my track??
ALTERNATE OPTION: Take an Elective

• Enhance understanding of focused area related to scholarly interests or project
  – IF your scholarly project has reached a natural stopping point

• Because everyone’s interests vary,
  – ANY nonclinical elective could apply (need to explain how it enhances your S&D goals)
  – CANNOT use clinical rotation or same elective used to meet “basic science” requirement
More Time

• Can decide which months you would like to dedicate to MS4 S&D

• Can decide how much time (1 to 3 months) to devote

• Consider your goals
  – New projects started in S&D Block will probably need more time
  – Seek guidance from mentors OR track leaders
REPORTING: Learning Plan

• What are your goals for MS4 S&D?
• What will you do to satisfy MS4 S&D?
• Why?

• Reviewed by Track Leaders and S&D Team
  – Review plan with track leaders if you need guidance

• Submitted via RedCap
  – Open from May 20, 2024 to July 8, 2024
  – Includes intent to participate in Senior Scientific (May 14, 2025)
Senior Scientific Session

• OPTIONAL but encouraged
• 100 units additional towards graduation
• May 14, 2025
• In learning plan, you will indicate your participation
Final Submission

• **Required** regardless of whether you participate in Senior Scientific

• Includes a structured abstract, e-poster, and reflection survey

• Due early Spring quarter (March 24, 2025)
  – Reviewed by Track Leaders and S&D Team to decide whether requirements of MS4 S&D are met
<table>
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<tr>
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<th>MS2/MS4 data?</th>
<th>SSS required?</th>
<th>Notes</th>
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<tbody>
<tr>
<td>100 units– coursework</td>
<td>Either</td>
<td>No</td>
<td>- MS2 project must be complete, with data</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Can submit MS2 poster, with edits per the comments from Track Leaders</td>
</tr>
<tr>
<td>100 units– research</td>
<td>Either</td>
<td>No</td>
<td>- Can choose to submit MS2 work (per above)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- If submitting MS2 work, will need to complete Progress Report describing MS4 work</td>
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<tr>
<td>150-250– research</td>
<td>Either</td>
<td>No</td>
<td>- Can submit MS2 work if there is new data or a new work product</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>(ie manuscript written in MS4)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- If no new work product for MS2, must submit MS4 work with data</td>
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<tr>
<td></td>
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<td>- Must submit Progress Report</td>
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<tr>
<td>300– research</td>
<td>MS4</td>
<td>No</td>
<td>- Must submit MS4 work with data</td>
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<td></td>
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<td>- Must submit Progress Report</td>
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<tr>
<td>Fentress/Arnold</td>
<td>MS4</td>
<td>Yes/MS4 work</td>
<td>- Must submit MS4 work with data</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
Lifelines

• Track Leaders are your main point of contact for guidance on the process

• S&D Team for inquiries on logistics or anything your track leader can’t answer

• Your mentor is a valuable source of information and guidance
  - Check in with them about the status of any projects and discuss your thoughts with them
The Scholarship & Discovery Team

Rachel Wolfson, MD
Associate Professor of Pediatrics
Assistant Dean, Medical School Research

Arshiya Baig, MD
Associate Professor of Medicine
Co-Director for Scholarship & Discovery

Keith Williams
Research Training Programs Manager

Ashley Burton
Assistant Director of Curriculum Management and Evaluation

scholarshipanddiscovery@bsd.uchicago.edu
Emergency Medicine Clerkship
Emergency Medicine Clerkship

Co-Clerkship Director
• Keme Carter, MD

Co-Clerkship Director
• Alejandro Palma, MD

Clerkship Administrator
• Latiffany Connelly

NorthShore Site Director
• Joanna Davidson, MD

NorthShore Administrator
• Tabitha Rosca
Why Emergency Medicine?

- Understand how to evaluate the acutely ill, undifferentiated patient
- Ability to exercise acute care decision making
- Unique opportunity to practice many fundamental skills you have learned in the last year
- Ability to practice and master technical/procedural skills
Clerkship Requirements

• Orientation Day attendance

• Completion of 16 shifts

• Attendance at all simulation/didactic sessions

• Case presentation

• Passing grade on final exam
Orientation Day

- Attendance prior to starting your first shift is mandatory **No exceptions!**

- Orientation is on the first working day each month from 8:00am -3:00pm

- Conflict with the date of Orientation?
  - Option 1- Attend the orientation of another month prior to the start of your clerkship
  - Option 2- Switch your clerkship to another month
Shift Requirements

- Each student will complete 16 shifts.
- Schedules will be chosen from a template sent out 1 month in advance.
- No clinical shifts the night before didactic day.
- Must comply with duty work hours.
- No schedule changes unless approved by clerkship director or site director.
- Excessive requests for days off will not be granted.
Didactics and Simulation

- Must attend all simulation and didactic sessions
  **No exceptions!**

- Takes place on Wednesdays in the NorthShore simulation lab- 7:30am
Planning your Fourth Year

Jason Poston, MD
Assistant Dean for Medical School Education
Goals of Fourth Year

- Enhance skills of clinical practice
- Round out clinical education
- Continue scholarly work
- Consolidate medical and scientific knowledge
- Prepare for internship and residency
- Explore, decide medical specialty choice
- Match successfully with training program
How is Fourth Year Different?

Transition from student to physician

Focused
Prescribed
Knowledge-based
Standardized

Expansive
Self-directed
Competency-based
Individualized

Focused
Prescribed
Knowledge-based
Standardized
Fourth-year Requirements

1350 units required for graduation

- Sub-internship: 150 units
- Emergency Medicine clerkship: 150 units
- Add’l sub-I or clinical elective: 150 units
- Scientific Basis of Medical Practice: 150 units
- Scholarship & Discovery: 100 units
- USMLE Examination (Step 2CK): 700 units
How to earn 650 remaining credits?

- Clinical electives
- Non-clinical electives
- PE experiences
- Research
- Completion of dual-degree programs
Sub-Internship

• Assume primary responsibility and ownership for patient care at the level of an intern in that specialty

• Organize and prioritize the work inherent to managing an inpatient service

• Participate in cross-cover duties and transitions of care

• Full month in length with full-time, rigorous schedule
Emergency Medicine Clerkship

- 4 week clerkship
- Either UChicago or NorthShore
- Everyone does simulation lab at NorthShore
Scientific Basis of Medical Practice

- Explore scientific underpinnings through clinical lens
- “Mix and match” in areas of interest
- Designated courses
- Half (75 units) of requirement may be satisfied with PE role in basic science courses
- In rare cases, may create independent study
- Research does not fulfill requirement
Scholarship & Discovery

• Minimum of 100 units during senior year
• Maximum of 300 units (3 months)
• Work on scholarly project
• Non-clinical elective related to scholarly goals

• Presentation at Senior Scientific Session encouraged
  – May 2025, worth 100 units
Electives

• Clinical or non-clinical

• Balance specialty and general knowledge
  – Necessary to prepare you
  – Seize opportunities outside your chosen specialty!

• Home or away
  – Up to 2 away rotations can be completed for credit
  – Additional rotations may be completed with PSOM approval, but not for credit
  – Not necessary/advised for all students
Other Experiences

• Peer educator
• Leadership roles at Pritzker
• Interviewing for residency
• Preparing (logistically) for what’s next
How Individualized?

- Twenty-three different specialties
- Sub-specialties (17 for medicine, 13 for peds, …)
- Clinical v. Research v. Education v. Other
- Life events
- Life priorities
- Luck of the draw (The Lottery)
Fourth-Year Interface (FYI)
Instructions for Senior Lottery

Michael McGinty
Registrar
Link for the Lottery will be sent – Login with CNET ID

Pritzker School of Medicine

Login Instructions:

1. Enter your University of Chicago CNet ID and password.
2. Click "Login" to log into the Lottery application.
3. You may return to this Lottery site and change your selections until this phase of the lottery closes. The opening and closing dates are noted on the main screen after you login.

Note: The Lottery System will be closed for maintenance each day from 10:00am - 11:00am CDT. Please do not log into the lottery system during this maintenance period.

Please enter your CNetID: 

Please enter your CNet password:

Log in
# Phase I – Basic Science, Emergency Medicine and Sub-Internships

## Pritzker School of Medicine

### MS4 Lottery

**Welcome**
Welcome, Michael McGinty to the 2024 Senior Class Lottery. If your name or class designation is incorrect, please stop.
1. You have now successfully logged into the system.
2. The list at the bottom of the page indicates the areas to be addressed in the current phase.
3. Please review your eligibility for your requirements. If you notice an error, notify Michael McGinty immediately.
   **Note:** Your session will be terminated if it is idle for more than 20 minutes. You will have to re-login to return to this screen. Any changes you have not applied will not be saved.
4. Please logout when you are finished by clicking the **Logout** button at the top of the page.

**Current phase:** Phase I  
**Current phase dates:** February 12, 2023 thru February 14, 2023

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<th>Requirement</th>
<th>Eligible?</th>
<th># Ranked</th>
<th>Action</th>
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<tbody>
<tr>
<td>Basic Science</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Emergency Medicine</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Family Medicine</td>
<td>No</td>
<td>NA</td>
<td>N/A</td>
</tr>
<tr>
<td>Inpatient</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Neurology</td>
<td>No</td>
<td>NA</td>
<td>N/A</td>
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</table>

[53]
Basic Science

Instructions:

1. A total of 15 credits of selective in the Scientific Basis of Medical Practice is a senior requirement.
2. Choose the areas of Basic Science in which you would like to take courses, then click the "Select Courses" button at the bottom of the page.
3. The next page will allow you to rank the courses in the areas you have selected.
4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
5. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will have a chance to change your rankings.

Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.

6. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
7. For help, click on the "Help" button at the top of the page.

DEPARTMENT: (ANCC) Anesthesia/Crit. Care
- ☐ Neuroscience of Pain and Analgesia
- ☐ Evidence of Inference: How do we read the medical literature to change our understanding?

DEPARTMENT: (HGEN) Human Genetics
- ☐ Application of Scientific Advancements to Disease Detection and Management

DEPARTMENT: (MEDC) Medicine
- ☑ Topics in data analysis in biomedical research: Big data
- ☐ The ASAP (Ask-Search-Appraise-Perform) Library Service Curriculum
- ☐ Mechanism and Management of Cardiac Disorders
- ☑ Diabetes Mellitus: Scientific Basis of Medical Practice
- ☐ Critical Appraisal of Landmark Medical Literature
- ☐ Overview of Medical Informatics
- ☐ Topics in Human Immunodeficiency Virus Infection
- ☐ Vignettes in Physiology
- ☐ Sleep Physiology and Clinical Considerations
- ☐ Advanced Clinical Pharmacology and Therapeutics

DEPARTMENT: (PSCH) Psychiatry
- ☐ What Is Psychiatry? Advanced Topics

[Select Courses] [Cancel]
Basic Science Rank

Instructions:
1. Listed below are the courses you have selected.
2. Rank the section(s) you are interested in.
3. If you would prefer not to rank a course you have selected, give it a rank of "0" (zero).
4. You may use each rank number only once. That is, if you have given one course a rank of "1", you may not give a "1" ranking to any other course on this page.
5. After you have ranked your courses, select the "Confirm Rankings" button at the bottom of the screen where you will have a chance to change your rankings.
   Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.
6. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
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Critical Appraisal of Landmark Medical Literature

<table>
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<tr>
<th>Ranking</th>
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<th>End Date</th>
<th>Units</th>
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<tr>
<td>1</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
<td>75</td>
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Diabetes Mellitus: Scientific Basis of Medical Practice

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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<tbody>
<tr>
<td>2</td>
<td>May 1, 2021</td>
<td>Feb 28, 2022</td>
<td>75</td>
</tr>
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</table>

Mechanism and Management of Cardiac Disorders

<table>
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<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
<td>75</td>
</tr>
</tbody>
</table>

Neuroscience of Pain and Opto\'s

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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<tr>
<td>3</td>
<td>Jan 1, 2022</td>
<td>Jan 31, 2022</td>
<td>50</td>
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Review
Basic Science Review

Instructions:

1. Listed below are the courses you have ranked.

2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a lower ranking, click "Move Down".

3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.
   
   **Note: your choices will not be logged in the database unless you click "Accept".**

4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.

5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.

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<td>2</td>
<td>MEDC-55500-42</td>
<td>Diabetes Mellitus: Scientific Basis of Medical Practice</td>
<td>May 1, 2021</td>
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<td>Move Up Move Down</td>
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<td>3</td>
<td>ANCC-43001-30</td>
<td>Neuroscience of Pain and Opioids</td>
<td>Jan 1, 2022</td>
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<td>Move Up Move Down</td>
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<tr>
<td>4</td>
<td>MEDC-52400-32</td>
<td>Mechanism and Management of Cardiac Disorders</td>
<td>Feb 1, 2022</td>
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<td>Move Up</td>
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Emergency Medicine

Rank all 23 options

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<th>End Date</th>
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<tr>
<td>1</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
</tr>
<tr>
<td>2</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
</tr>
<tr>
<td>3</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Jun 1, 2021</td>
<td>Jun 30, 2021</td>
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<tr>
<td>4</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Jun 1, 2021</td>
<td>Jun 30, 2021</td>
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<tr>
<td>5</td>
<td>Emergency Medicine Clerkship - UCMC</td>
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<td>7</td>
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<td>Aug 31, 2021</td>
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<tr>
<td>8</td>
<td>Emergency Medicine Clerkship - North Shore</td>
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<td>Emergency Medicine Clerkship - North Shore</td>
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<tr>
<td>16</td>
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<td>18</td>
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<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
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<tr>
<td>19</td>
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<td>Feb 28, 2022</td>
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<tr>
<td>20</td>
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<td>Mar 1, 2022</td>
<td>Mar 31, 2022</td>
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<tr>
<td>21</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Mar 1, 2022</td>
<td>Mar 31, 2022</td>
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Review
Emergency Medicine Review

Instructions:
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<td>EMED-31200-42</td>
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<tr>
<td>2</td>
<td>EMED-84700-42</td>
<td>Emergency Medicine Clerkship - NorthShore</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
<td>Move Up Move Down</td>
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<tr>
<td>6</td>
<td>EMED-31200-10</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Jul 1, 2021</td>
<td>Jul 31, 2021</td>
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<td>9</td>
<td>EMED-84700-14</td>
<td>Emergency Medicine Clerkship - NorthShore</td>
<td>Sep 1, 2021</td>
<td>Sep 30, 2021</td>
<td>Move Up Move Down</td>
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</tbody>
</table>
### Sub-Internship

**Rank those in your area of interest**

Inpatient/Sub-I

**Instructions:**

1. A total of 150 credits of Inpatient/Sub-I is a senior requirement.
2. Choose the areas of Inpatient/Sub-I in which you would like to take courses, then click the "Select Courses" button.
3. The next page will allow you to rank the courses in the areas you have selected.
4. Do not use your browser’s "Back" button. Clicking the "Cancel" button will discard your selections and return you to the list.
5. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you can edit your choices.

**DEPARTMENT: (ANCC) Anesthesiology/Critical Care**
- [ ] Sub-Internship in Cardiac/Thoracic Intensive Care
- [ ] Sub-Internship in Surgical and Burn Intensive Care

**DEPARTMENT: (FMED) Family Medicine**
- [ ] Sub-Internship in Family Medicine NorthShore

**DEPARTMENT: (MEDC) Medicine**
- [ ] Sub-Internship in Clinical Cardiology
- [ ] Sub-Internship in Medicine Clinical Rotation - NorthShore
- [ ] Sub-Internship in General Internal Medicine
- [ ] Hospital Medicine SubInternship
- [ ] Sub-Internship in Medical Intensive Care
- [ ] Sub-Internship in Critical Care: Northshore

**DEPARTMENT: (NURL) Neurology**
- [ ] Neurology Sub-Internship
- [ ] Sub-Internship in Neurosciences Intensive Care

**DEPARTMENT: (OBGY) Obstetrics/Gynecology**
- [ ] Sub-Internship in Maternal-Fetal Medicine/Gynecology
- [ ] Sub-Internship in Maternal-Fetal Medicine - NorthShore
- [ ] Sub-Internship in Gynecology Oncology Service
- [ ] Urogynecology and MIGS Sub-Internship
- [ ] Sub-Internship in Urogynecology and Benign Gynecologic Surgery

**DEPARTMENT: (PEDS) Pediatrics**
- [ ] Pediatric Critical Care Medicine Sub-Internship
- [ ] Pediatric Critical Care Elective
- [ ] Sub-Internship in Neonatology
- [ ] Sub-Internship in Neonatology - NorthShore
Only rank the months you want for the Sub-Internships.

If it’s a popular dept (Medicine), rank several.

If you don’t rank enough, you may not get a Sub-I.
Review
Inpatient/Sub-I Review

Instructions:

1. Listed below are the courses you have ranked.

2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a lower ranking, click "Move Down".

3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen. **Note: your choices will not be logged in the database unless you click "Accept".**

4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.

5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.

6. For help, click on the "Help" button at the top of the page.

<table>
<thead>
<tr>
<th>Rank</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Start Date</th>
<th>End Date</th>
<th>Action</th>
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<tr>
<td>3</td>
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<td>Sub-Internship: Medicine Clinical Rotation - NorthShore</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
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<td>4</td>
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<td>5</td>
<td>MEDC-68501-42</td>
<td>Sub-Internship Critical Care: Northshore</td>
<td>May 1, 2021</td>
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<td>6</td>
<td>MEDC-68300-42</td>
<td>Sub-Internship in Medical Intensive Care</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
<td>Move Up</td>
</tr>
</tbody>
</table>
Requirements for Graduation

• Completion of Step 2 CK
• 150 Units of Basic Science selectives (may be reduced to 75)
• 150 Units of Sub-Internship (1 month)
• 150 Units of Clinical Electives (1 month total)
• 150 Units of Emergency Medicine (1 month)
• 100 Units of Research (1 month, 2-3 months recommended)
• 650 Units of General Elective courses (may be increased to 725)
  – Non-clinical electives, extra clinical time, extra sub-I's, away rotations, senior scientific
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
Residency Application Process
Specialty Session with Residency Program Directors
Student Committee Reps - Updates

- Clinical Curriculum Review Committee (CCRC)
- Identity & Inclusion Steering Committee (i2i)
- Wellness Committee
- Dean’s Council
Taking Care of Business

• What kind of doctor do I want to be?
• What will it take for me to get there?
• How do I use the available resources to advance my progress?

Growth Mindset
Mindset Matters...

**Growth Mindset**
- I like to challenge myself
- When I fail, I learn
- My effort and attitude determine everything
- My growth is the most important thing

**Performance Mindset**
- Challenges make me anxious
- Avoid failure at all costs
- My abilities determine everything
- My performance is the most important thing

MS3 Class Meeting
Health
Your Health on the Clinical Clerkships

• Effectively addressing your health is one aspect of finding work life balance

• Communication is essential

• Emergencies: Notify your team and get attention

• Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled

• Needlestick/Exposure
  ➢ Clean the area
  ➢ Call Hotline – 188-9900
  ➢ Communicate with supervisor
Access to Campus Services
UChicago Student Wellness

Most students* have access to a robust array of student support services at the University, including healthcare.

- Counseling & Psychiatry Services
- Medical Services
- Health Promotion

* College students and most registered graduate students
Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service – “Medical Services”
- Student Counseling Service – “Mental Health Services”
- USHIP
  For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care
- Immunization Records
  Log into my.WellnessPortal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231
Working in the Health Care Environment

Needlesticks/Exposure at UCM
- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Needlesticks/Exposure Offsite
- NorthShore: Go to NS Occupational Medicine
- Other Location: Follow protocol at that location

Pritzker is responsible for these expenses. Send bills to Candi Gard in BSLC 104.
Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:
Help you work through steps to take if you are experiencing a health care emergency or challenge.

  Dr. Woodruff:    773-251-5231
  Dr. Lee:         646-483-9327

help.uchicago.edu
If there is only one website you can easily remember to get guidance, please use help.uchicago.edu.
This will bring you easily to information on “Health & Medical Resources”.

MS3 Class Meeting
Safety, Parking & Transportation
Parking & Transportation

- Monthly Parking Program
- Daily Parking Validation Program
- Early Morning Transportation Program (Uber/Lyft)
- Clerkship Travel Reimbursement

Check your email!
Reminders emailed at the start of each month & quarter.
Clerkship Reimbursement

**Step 1:** Download and complete the [Clerkship Travel Reimbursement Form](#) (excel doc - Tab 1 Personal Car + CTA Transportation, Tab 2 – Early Morning Transportation) form UChicago BOX.

**Step 2:** Complete the [Clerkship Travel Reimbursement Request google form](#). This form will require the excel doc from Step 1 is uploaded. (Early Moring will also require the receipts from Uber/Lyft).

Thank you to the students that tested out the new process!

https://pritzker.uchicago.edu/student-life/student-reimbursement-process
Lyft Ride Smart

• Students can take up to 7 free standard Lyft rides per month (up to $10 off per ride)
• 5pm-4am - Seven nights a week
• The rides must begin and end within the campus service area
• https://safety-security.uchicago.edu/transportation/lyft-ride-smart-program

Metra 10-Ride

• Students can sign up by January 31 on my.uchicago.edu to receive a free 10-ride Metra Electric pass
• Beginning February 1, Metra will offer a Day Pass 5 Pack. The Day Pass 5 Pack is good for all Metra lines including, but not limited to, Metra Electric. Students can sign up for either a free 10-ride pass by January 31 or a free Day Pass 5 Pack beginning on February 1.
• Students must sign up for a Ventra account before claiming a pass.
• Students who already claimed a free 10-ride ticket during Autumn Quarter are not eligible for the free 5 pack this academic year.
• https://safety-security.uchicago.edu/news-alerts/2023-09-20-transportation-options-for-students
Safety Reminders

• Don’t walk alone in the dark
• Wait for shuttle (*bring something to read*)
• Be aware of your surroundings – Do not be distracted by your phone when walking
• Don’t cut through alleys
• Use call boxes
• Always lock your doors, close your windows when you leave home. (*laptops, etc. out of view*)
• Do not leave items visible in your locked car
• If you see or hear something concerning, call UC Police for questions about personal safety  (*If you are concerned, you don’t need to wait for an alert*)
UChicago Safe App

The app is easy to download and free. Some of the provided services are:

- Direct calling capabilities for the UCPD and CPD with the tap of an icon
- Mobile blue light sends your location and calls UCPD simultaneously
- Links to safety resources
- The ability to report a crime or speak to our dispatch center
- UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.
Discrimination, Harassment & Sexual Misconduct
Discrimination, Harassment & Sexual Misconduct

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person's family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person's wishes.

Sexual Assault

The University's definition of sexual assault includes the State of Illinois Criminal Code's current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State's very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

- Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:
UC Policy on Unlawful Discrimination & Sexual Misconduct
Summary

- No Statute of Limitations
- Confidential resources are available
- **Other support** (Dean of Students, Faculty)
Learning Climate/ Mistreatment
AAMC Mistreatment “Behaviors”

- Publicly Humiliated
- Threatened with Physical Harm/Physically Harmed
- Required to Perform Personal Services
- Sexism
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
  - Subjected to unwanted sexual advances
- Race/Ethnicity
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
- Sexual Orientation
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
## Experienced Mistreatment by Clerkship (Summer – Winter Quarter 2022-23 - Preliminary)

<table>
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<tr>
<th>Category</th>
<th>EMED</th>
<th>FMED</th>
<th>MEDC</th>
<th>NURC</th>
<th>OBGY</th>
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<tr>
<td>Public humiliation</td>
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Total: 0 0 0 1 1 0 1 0

## Witnessed Mistreatment by Clerkship (Summer – Winter Quarter 2022-23 - Preliminary)

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Total: 0 0 0 1 0 0 0 0
# Mistreatment Reporting (Summer-Winter 2024)

reports submitted thru 02/09/24

## Experienced Mistreatment by Clerkship

### (Summer-Winter- Preliminary)

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<th>Category</th>
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## Witnessed Mistreatment by Clerkship

### (Summer-Winter- Preliminary)

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## Bias Reporting (Autumn-Winter 2024)

reports submitted thru 02/09/24

### Bias by Clerkship

(Autumn Quarter 2023 - Preliminary)

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</tbody>
</table>
Experienced Mistreatment?
Please seek help:

Talk to someone about the situation (one, some or any of these people):

• Faculty Ombudspersons (Drs. Shellie Williams & Steve Zagan)
• Peer Ombudspersons (Pritzker Chiefs)
• Clerkship director
• Student leaders
• Faculty
• Any of us in the deans office

WE WANT TO KNOW!
Error, Bias and Mistreatment Reporting in the Learning Organization

Bias & Mistreatment Reporting Instrument 2022-23

The Pritzker School of Medicine is committed to ongoing improvement in teaching, clinical care, and the training environment. Concerns reported through this website will be used in efforts to improve student education and patient care.

A submission of this form constitutes an initial report to the Pritzker School of Medicine. Please use this form to report individual incidents. If you have multiple concerns, please select “Make Another Report” at the end of the survey. You can submit this report anonymously. Required fields are labeled.

While we hope to use this information to provide real time feedback to members of our learning community, students submitting the information can control how this information will be used (timeliness, anonymity, for feedback or simply leadership review).

Examples of Mis-treatment

In extraordinary circumstances, students may request that a grievance case be handled by the Office of the Provost. If a student wishes to submit a grievance case to be handled by the Provost’s Office, they must provide supporting rationale for why their case cannot be fairly heard within the Pritzker School of Medicine. Using reasoned judgment, requests will be reviewed by the Office of the Provost to determine if the case is appropriate for University review. Decisions by the Office of the Provost are final and unreviewable.
Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

**Poor Teaching / Unprofessional Behavior / Microaggressions**
- Bias reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

**EDUCATION / FEEDBACK / MONITORING**

Mistreatment

**Abuse & Bias with Malicious Intent**
- Mistreatment reporting system
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

**CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT**

MS3 Class Meeting
NorthShore: Hotel Reservations

Remember!

- Review your housing dates in advance of your clerkships at NorthShore.
- Let Berna Jacobson know as soon as possible if dates need to be adjusted.

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.

- Remember to check out before 11:00am

- Lack of communication may result in you being charged for the reservation
**NorthShore: Uber for Business**

- In general, NorthShore Uber is only to be used as **the last resort** when no other transportation option is available.

- NorthShore’s current guidelines are included in the “Uber Statement of Accountability” form that you signed during the Clinical Biennium.

- Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.

- If you aren’t sure if your circumstance is reimbursable, check with NorthShore IN ADVANCE.
Preparing for your MS4 Year

• **Schedule USMLE Step 2 CK**
  – Deadline to take Step 2 is **July 15, 2024**

• **OSHA Requirements for MS4**
  Schedule an appointment at SHS for mask fit

• **ERAS Photo**
  Watch your email for dates in April & May

• **MS4 Class Meetings**
  There are 4 class meetings to help you navigate the residency application process.
  Meeting #1: Residency Application Overview (**May 29, 2024 - 5:00pm**)

Odds & Ends

I need help with.....

- Hospital or BSLC Access
- Lost ID
- Locker Access
- Scrub Access
- EPIC Access

Email the Student Affairs team!
pritzkerstudentaffairs@bsd.uchicago.edu

How do I request.....

- **Transcripts**
  my.uchicago.edu (no charge)

- **Letter of Good Standing**
  Email Mike McGinty to request a letter

- **Copies of my Immunization Records**
  my.WellnessPortal (or wellness.uchicago.edu)
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Fourth Year Leadership Opportunities

- Pritzker Chiefs
- PMAP (Peer Mentoring at Pritzker)
- Society Leaders
- Senior Skit
- Social Rounds
- Clinical Biennium Planning
- Admissions Committee
MS4 Leadership Opportunities

- **Pritzker Chiefs**
  - Candidates interviewing in April
  - Announcement of 2023-2024 Chiefs in April!

- **PMAP**
  - Responsibilities:
    - Host mentoring activities throughout the year, including group and individual mentorship
    - Organizing mentorship resources
    - Assisting with MS2 and MS3 transitions/career planning process
    - New initiatives you want to pursue!
  - Application information will come in early May after Chiefs are announced!

- Current leaders contact info: Julia Chael, Ashley Diaz, Maria Ruiz, Jason Zhang
MS4 Leadership Opportunities

• **Senior Skit**
  - Responsibilities
    - Managing production, advertisement, and showing of the Senior Skit
    - Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
  - The new Chiefs will reach out for interest after they are selected

• **Social Rounds**
  - Watch for an email from this year’s Social Rounds leadership on the application process for next year.
Clinical Biennium Planning Committee

• Student Planning Committee  
  - Guide to 3rd Year  
  - Panels  
  - Tours

• Clinical Biennium Dates: Week of June 5th

• Planning Committee Meeting – Watch inbox for details
Wellness
MS3 Class Meeting
Wei Wei Lee, MD MPH
Associate Dean of Students
February 12, 2024
Important decisions ahead
Pritzker Career Planning

• When do students make the final decision about which specialty to apply in?
  • 50% Winter MS3
  • Additional 25%: Spring MS3
  • Additional 25%: Start of MS4
Critical Event Coaching

• **Critical Event**
  • CART or patient death
  • Tension with team
  • Family meetings
  • Conflict with support staff

• **Important to reflect and debrief immediately**

Email or Text Drs. Lee or Woodruff to meet with you within 24-48 hours
Re-framing Receiving Feedback

- Recognizing the Goal of Feedback
- Acknowledgement that it’s not a perfect system
- Reality of being in a new environment where you are not an expert
- Positive impact from any type of feedback – you are PRACTICING medicine!
- Includes many forms & perspectives
  - Attendings
  - Residents
  - Pritzker Chiefs
  - Advisors – Dr. Lee and Dr. Woodruff
- Student agency in seeking feedback
Support Resources

- PMAP – Process Groups
- Pritzker Chiefs
- Wellness Reps
- Research Mentor
- Course Directors
- PCRC Reps
- Deans Council Reps
- I2I Reps
- Pritzker Sibs
UChicago Student Wellness: Mental Health Services

- 24/7 Mental Health Support: call (773) 702-3625
- Make an Appointment:
  - Call (773) 834-9355 to schedule
- Drop-in Counseling: Let’s Talk
Wellness Committee

• Wellness representatives
  ○ 4-5 reps per class
  ○ Student Leadership Position
  ○ Nomination and Election Process
• Monthly meetings
• Lead Programming
Mental Health Sub-Committee
(through the Student Wellness Committee)

2023-2024 Goals

• Reducing Stigma

• Increase the connection of student’s to UChicago Wellness Resources and other mental health providers

• Examine longitudinal care and URM students to improve access to mental health resources
  • Includes developing partnerships with Affinity Groups

Initiatives & Events:

• Peer Mental Health Resource Sheet (Check the TWAP!)
• **Pritzker, I Screwed Up (Coming up 2/29/24)**
• Humans of Pritzker Series
• Narrative Medicine Event & Process Groups (M3s)
• FAQ videos on accessing Mental Health Care
• And more – stay tuned!
Funding Support for Wellness Initiatives

Apply for a Wellness Grant!
• Up to $50 for a wellness event

<table>
<thead>
<tr>
<th>Past Grants</th>
<th>Upcoming Grants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midnights Listening Party</td>
<td>Valentines Day Goodie Bag Making (2/14/23)</td>
</tr>
<tr>
<td>Northshore Halloween Party</td>
<td>Self-Care Movie Night (2/23/23)</td>
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<tr>
<td>Fall-ing In Love with Art</td>
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<td>Gingerbread House</td>
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<td>Latin Dance Night</td>
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<tr>
<td>Mario Kart Tournament</td>
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<tr>
<td>And more!</td>
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</table>

Pritzker Sibs Voucher Program
• Up to $25/person

Past Grants
• Midnights Listening Party
• Northshore Halloween Party
• Fall-ing In Love with Art
• Gingerbread House
• Latin Dance Night
• Mario Kart Tournament
• And more!

Apply for a Wellness Grant!
https://pritzker.uchicago.edu/student-life/wellness-initiative-grant

Pritzker Sibs Voucher Program
https://pritzker.uchicago.edu/student-life/ pritzker-sibs

Apply HERE

QR Code for Wellness Initiative Grant Application

QR Code for Sibs Voucher Program Application
Welcome to the carefully curated Winter Wellness Newsletter! Flip through for flavorful recipes, classmate spotlights, the much anticipated ‘Dear Wellness’ column, and more!

<3 Juliana & Luke

**Table of contents**

02 Pets of Pritzker
03 Comfort Food Corner: Recipes
05 Games
06 The Reading Nook: Student Poetry
07 Humans of Pritzker Spotlight
08 Dear Wellness: Advice Column
12 Happiness and Hobbies
14 Mental Health Resources
15 Games Answers

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Check out this Quarters Edition!

**Humans of Pritzker Instagram Series**

@pritzker_wellness
Tomorrow:
Student VS Faculty Dodgeball!
Take a LEAP and join us on February 29 from 5-6:30pm in BSLC 115 for the annual story-telling event:

PRITZKER, I SCREWED UP

This bonus day to leap forward with a growth mindset is brought to you by the Pritzker Wellness Committee!
Dr. Lee’s Office Hours

Wednesdays
12:00 – 1:00pm

Email to set up an appointment or stop by!

✓ Academic Issues
✓ Health & Wellness
✓ Personal Issues
✓ Career Planning
✓ Other Concerns
✓ Or Just Stop by to Chat!
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Applying to Residency: The Year Ahead

MS3 Spring Class Meeting
February 12, 2024

Jim Woodruff, MD
Dean of Students
Our Goal for You: A Fulfilling, Satisfying Career

MS3 Class Meeting
Applying to Residency

Strategy and Scheduling for the Year Ahead
### The Year Ahead

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<tr>
<th>APR</th>
<th>MAY</th>
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**MS3 Class Meeting**
Career Selection Factors to Consider

• Is the specialty a good fit?
• Do your skills, interests, and values match the specialty?
• Long term career goals
• Long term personal goals
• Are you a good fit?
• Consider your entire record and review with your Career and Specialty Advisors
Be Realistic

• When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.

• Look at your entire portfolio
  – Clerkship designators reported on the MSPE
  – Awards
  – USMLE scores
  – Research & publications
  – Joint degree
  – Extracurricular activities

• Consider subjective personal wishes and specialty features
Career Selection Resources

• Career Advisors

• AAMC Careers in Medicine website
  – Medical Specialty Preference Inventory (150 questions, 30 minutes)
  – Physician Values in Practice Scale (60 questions, 10 minutes)
  – Specialty Pages

• FREIDA: AMA online database of residency programs

• Your MS4 peers! (ex. PMAP)
Fourth Year Schedule

• **Regular Match:**
  October – January flexible for interviews

• **Early Match (Military, Ophthalmology, Urology):**
  September – December flexible for interviews

• **Smaller Specialties / Surgical Subspecialties:**
  November– February flexible for interviews
  - Dermatology
  - Neurosurgery
  - Orthopaedic Surgery
  - Otolaryngology
  - Plastic Surgery
  - Radiation-Oncology

*See the Residency Process Book for sample schedules*
Fourth Year Schedule

• Build flexibility for residency interviews into your fourth year schedule

• Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation

“I have a residency interview so I have to miss a day on my Sub-I”
Away Rotations

• Refer to the Residency Process Book for specialty-specific information
• The Away Rotation page on our website has a full list of resources
The Year Ahead

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MS3 Class Meeting
USMLE Step 2

• Must take Step 1 and Step 2 CK in order to graduate

• May register up to 6 months before the date of the exam

• Early sign-up is recommended to get the date/location you prefer

• For optimal use of Step 2 during the interview offer process, take it by mid-July to ensure you have a Step 2 score when you apply to residency programs in September
  – Increase in PDs using Step 2 scores during interview offer process (Oct-Nov)
  – Increase in Step 2 failures across the country

• PSOM deadline: July 15, 2024
Why do I have to take Step 2 by July 15?

• Increasingly, residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK

• Increasing number of program directors in some specialties say they use Step 2 CK to select students for interview

• Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by July ensures you will be able to graduate!

• Students tend to do better on Step 2 when they complete the tests immediately following their clerkships
The Year Ahead

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</table>

- **DECEMBER**
  - Complete Medical School Courses
  - Decide on a Career
  - Apply to Residency
  - Interview
  - Take Step 2 CK

**MATCH DAY!**

**RANK LIST DUE**

MS3 Class Meeting
Applying to Residency

Key Vocabulary
Applying to Residency: Key Vocabulary

• **Electronic Residency Application Service (ERAS)**
  
  – A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
  
  – [https://www.aamc.org/students/medstudents/eras/](https://www.aamc.org/students/medstudents/eras/)
Applying to Residency: Key Vocabulary

• **National Resident Matching Program (NRMP)**
  – Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
  – The NRMP is an applicant-favoring process
Applying to Residency: Key Vocabulary

- **Main Match**: offers PGY-1 and PGY-2 level residency training positions in most specialties.
- **Early Match**: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)
- **Couples’ Match**: couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.
- **Military Match**: match held by the US Armed Services.
Applying to Residency: Key Vocabulary

- **Military Match**: Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS

- **OB/GYN**: Apply through ResidencyCAS and match through NRMP

- **Plastic Surgery**: Apply through Plastic Surgery Common Application (PSCA) and/or ERAS (you may need to use both), match through NRMP

- **SF Match**: Apply through SF Match and match through SF Match for Ophthalmology ([http://www.sfmatch.org/](http://www.sfmatch.org/))

- **Urology**: Apply through ERAS & match through the AUA ([http://www.auanet.org/education/residency.cfm](http://www.auanet.org/education/residency.cfm))
Applying to Residency: Key Vocabulary

- **Medical Student Performance Evaluation (MSPE)**
  - A letter of evaluation that describes a student’s performance in medical school
  - Not a letter of recommendation
  - Released to programs on September 25, simultaneously with your ERAS application
Couples’ Match

- Anyone interested in couple matching must:
  - Notify your Career Advisor & Tyler Lockman
  - Schedule a meeting with Dr. Woodruff no later than early Spring
Applying to Residency

Putting together your application...

and the people who will help you do it
Steps in Applying to Residency

• Get to know the career advising team
• Select a Specialty Advisor
• Understand the components of an application
The Career Advising Team

**Dean of Students:** Jim Woodruff, MD

**Coggeshall Career Advisors**
- Brian Callender, MD’04, AM’98
- Maureen Beederman, MD’14

**Lewis Career Advisors**
- Victoria Barbosa, MD, MPH
- Tipu Puri, MD, PhD

**MSPE Director**
- Barrett Fromme, MD, MHPE

**Huggins Career Advisors**
- Arlene Roman, MD
- Brandon Baird, MD

**Rowley Career Advisors**
- Wei Wei Lee, MD, MPH
- Brady Still, MD’17

**Support Staff**
- Kate Blythe
- Tyler Lockman

MS3 Class Meeting
Career and Specialty Advisors

A Career Advisor provides primary care:
• Counseling & navigation of the entire match process
• Honest assessment of your overall competitiveness, strengths and weakness
• Assigned to you

A Specialty Advisor provides specialty care:
• Advice on individual programs & potential letter writers
• Understands nuances of specialty application process
• Chosen by you
Career Advisor Limitations

• Never worked in specialty
  – May have excellent observations about specialty, but no direct experience

• May miss application nuances
  – Each specialty has their own style
Specialty Advisor Limitations

• Specialty Loyalty
  – May not be able to assess your relative competitiveness
  – May not understand nuances of today’s application requirements

• Recruiter Mentality
  – Promote their favorite programs
## Assembling your Team

<table>
<thead>
<tr>
<th>Period</th>
<th>Event</th>
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<tbody>
<tr>
<td>Jan. – June</td>
<td><strong># 1 Career Advisor Check-in: Career Selection</strong></td>
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<tr>
<td>April – June</td>
<td>Complete Online Residency Application Survey</td>
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<tr>
<td>May – June</td>
<td>Specialty Advisor Appt.</td>
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<td>Bring to the meeting:</td>
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<td></td>
<td>• A draft of your personal statement</td>
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<tr>
<td></td>
<td>• A draft of your CV</td>
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<tr>
<td>April – July</td>
<td>MSPE Appt.</td>
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<td>Prior to the meeting:</td>
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<td>• Send CV draft to Tyler for review/revision</td>
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<td>• Noteworthy Characteristics finalized (by April 1)</td>
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<td>• MSPE Survey <strong>MUST</strong> be completed</td>
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<tr>
<td>June – Aug.</td>
<td><strong># 2 Career Advisor Check-in: Application</strong></td>
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<tr>
<td>July – Aug.</td>
<td>MSPE Review</td>
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<tr>
<td>Aug. – Sept.</td>
<td><strong># 3 Career Advisor Check-in: Interview</strong></td>
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<tr>
<td>Jan. – Early Feb. 2024</td>
<td><strong># 4 Career Advisor Check-in: Rank list</strong></td>
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</table>
Components of an Application

• Application (ERAS, SF Match, etc.)
• USMLE Scores
• Letters of Recommendation
• Personal Statement
• Medical Student Performance Evaluation (MSPE)
• Pritzker Transcript
• ERAS Photo
• Program Signals
Letters of Recommendation

• 4 letters allowed per program
  – 3 clinical letters (1 may need to be a Chair’s letter)
  – 1 research letter (only if appropriate)

• Provide letter writers with the following:
  – ERAS Letter Request Form
  – Draft of CV

• Give faculty at least 6 weeks notice
  – September 13 deadline

See The Residency Process Book for specialty-specific information
Personal Statement

Thinking about and drafting your Personal Statement early in the process…

• Helps you:
  – Figure out your career/specialty choice
  – Articulate what you like about the specialty, which will be beneficial during interviews!

• Helps your letter writers:
  – Have a more meaningful conversation with you when you ask for a LOR
  – Understand what points about you to highlight in the LOR

• The personal statement is probably the hardest piece of your application – start early for the best results!

See The Residency Process book for strong examples
Personal Statement Workshop

May 20, 2024

&

June 13, 2024
Program Signals

- Now used by more than 20 specialties to help determine interview offers; integrated in the applications (ERAS, SF Match, etc)
- Number of signals varies by specialty
- Some specialties and programs advise to signal home program + away rotation site; others advise *not* to. Be sure you know what to do!
- Be honest and **diversify** your signal distribution

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<th>Specialty</th>
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<td>OB/GYN</td>
<td>Pediatrics</td>
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<td>Dermatology</td>
<td>Internal Medicine</td>
<td>Ophthalmology</td>
<td>Physical Medicine &amp;</td>
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<td>Radiology (Diag &amp; Int)</td>
<td>Internal Medicine/Psychiatry</td>
<td>Orthopaedic Surgery</td>
<td>Rehabilitation</td>
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<td>Emergency Medicine</td>
<td>Neurological Surgery</td>
<td>Otolaryngology (ENT)</td>
<td>Psychiatry</td>
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<td>Family Medicine</td>
<td>Neurology (Adult &amp; Child)</td>
<td>Pathology</td>
<td>Public Health and Preventive</td>
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<td>Medicine</td>
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*more specialties may decide to participate by the spring*

More information and advice to come on this in the spring!
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
What is the MSPE?

Medical Student Performance Evaluation

- Review of student’s medical school experiences and noteworthy characteristics
- Academic history
  - Pritzker Honors and Awards
  - Summary evaluation from Clinical Skills
  - Summary evaluations from all required clerkships
- Overall summary
- Appendices
What is the role of the MSPE director?

• Meets with each student to discuss the residency application process and gather information for the Medical Student Performance Evaluation (MSPE)

• Works with staff on MSPE construction

• Reviews MSPE with student

*Sign up instructions to come in March*
What is in the MSPE?

- Clerkship summaries are the bulk of the MSPE
- Professionalism comments are highlighted
- Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See The Residency Process book for an example of an MSPE
What we need to complete your MSPE

• Complete biographical data on MSPE Survey (link on website)

• A scheduled MSPE meeting with Dr. Fromme in spring/summer
  – MSPE written in order of survey completion/MSPE meeting

• A draft CV (template online, or generate from SMS)

• Your Noteworthy Characteristics (submitted in MSPE survey)

• Clinical Clerkship Grades

• A second MSPE review with Dr. Fromme in late summer

Let us know immediately if you are doing an away rotation; second meetings MUST be conducted in person.
Residency Application Survey—Used to Construct MSPE
ERAS/Graduation Photos

• You **must** submit a photo with your ERAS application

• 3-5 dates will be available in April-June when you can get your photo taken on campus for free

• Even if you already have a professional photo, you still **need** to get one taken because we use them for the graduation composite

• Students taking a year off should NOT sign up for a photo unless there are extra slots remaining (Tyler will communicate)
Residency Resources Webpage

- Digital copy of Residency Process Book
- CV Template
- MSPE Survey link
- ERAS Photo link
- Class Meeting Materials

MS3 Class Meeting
## Complete your Application

<table>
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<th>Date Range</th>
<th>Task Description</th>
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<tr>
<td>May-July</td>
<td>Ask for letters of recommendation</td>
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<td>Organize your CV (use the template)</td>
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<td>Complete your personal statement</td>
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<td>June</td>
<td>Receive your token &amp; register for ERAS</td>
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<tr>
<td>June-September</td>
<td>Complete the MyERAS application</td>
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<tr>
<td>September 4-25</td>
<td>Review MyERAS application carefully and submit</td>
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<tr>
<td>Mid September</td>
<td>Register with the NRMP</td>
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**MS3 Class Meeting**
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
Choosing Programs to Send Applications

• Considerations:
  – Your list should have breadth and depth – give yourself plenty of options from the start!
  – Is there a preliminary program requirement?
  – Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
  – Competitiveness
  – Quality of the program
  – Your own qualifications
  – Geography
  – Family

Your specialty advisor is instrumental in creating this list
Pritzker Alumni Ambassador Program

MS3 Class Meeting
How to Sign Up/ Login

1. Visit uchicago.wisr.io/signup

2. Select “Pritzker School of Medicine Student” as your membership type

3. Request to join the Pritzker Alumni Ambassador Program community
   (The UChicago MBSAA will grant you access within one business day)

4. Watch a short video tutorial to help you get started (linked on our Road to Residency page under “Residency Resources”)
Uncertainty and the Match

ESTIMATED Program Competitiveness

Y = X

ESTIMATED Student Competitiveness

High
Low

Low
High

MS3 Class Meeting
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

Y ≈ X

MS3 Class Meeting
Uncertainty and the Match

ESTIMATED Program Competitiveness

Y \approx X

Probability

ESTIMATED Student Competitiveness
Uncertainty and Patient Care

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Uncertainty and the Match

- Working with Uncertainty:
  - Do your homework (minimize uncertainty)
  - Account for less than total control (manage uncertainty)
Doing your Homework (Minimizing Uncertainty)

- Timely completion of application
- Careful attention to your personal statement
- Careful selection and management of your letters of recommendation
- Research target programs
- Access advice from advisors to refine all documents and the program list
Account for Uncertainty

Estimated Candidate Competitiveness $\cong$ Estimated Program Competitiveness

High

Candidate

Low

Program
Account for Uncertainty

Estimated Candidate Competitiveness $\approx$ Estimated Program Competitiveness

High

Low

Candidate

Program
Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application
- Apply!
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
• Interview
• Rank your programs
• Graduate
The Career Advising Team…

Is available to help at any point in the process

Has your best interest at heart

Believes in you and will be your advocate
Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- Review the Residency Process Book
- Fill out the MSPE survey (April-June)
- Sign up for ERAS/Graduation photo
- Start putting together your CV
- Start drafting your personal statement
- Meet with Dr. Fromme for MSPE Meeting (April-July)
- Mark your calendar: May 29, MS4 Class Meeting #1!
MS4 Class Meetings

**Wednesday, May 29 at 5:00pm**
MS4 Class Meeting #1: Residency Application Overview

**Monday, June 24th at 5:00pm**
MS4 Class Meeting #2: ERAS Overview

**Monday, September 16th at 5:00pm**
MS4 Class Meeting #3: Interviewing for Residency

**Tuesday, January 21st at 5:00pm**
MS4 Class Meeting #4: Preparing Your Rank List
Match Day: March 21, 2025!

MS3 Class Meeting
Question and Answer
Agenda

Welcome
HEDI/Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness/Rep Updates
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Specialty Sessions with Residency Program Directors

Zoom

Purpose:
Meet with UCM program directors and learn the “nuts and bolts” of applying to residency programs.

➢ 5:15-6:15pm Session