THE UNIVERSITY OF CHICAGO
UChicago Medicine
Pritzker School of Medicine

ERAS Overview

The Electronic Residency Application Service

MS4 Class Meeting #2

June 27, 2023

ERAS Overview

Agenda

- Review of MS4 Class Meeting #1
- Navigating ERAS
- Identifying and Applying to Programs within ERAS

Review

Timeline Review: July - August

July – August

Take Step 2 by 7/15

Organize CV (follow template)

Meet with Dr. Fromme, if you have not already done so

+ Second meeting to review MSPE

Ask for Letters of Recommendation

Write your Personal Statement

+ Send a draft to your career and specialty advisors for review

Edit your ERAS application to near completion

This timeline is designed for students applying through the regular match.

Timeline Review: August – Early September

August – early September	MSPE Review
	Continue to edit your ERAS application and Personal Statement
	LORs uploaded (aim for Sept. 15)

Timeline Review: September 6-27

September 6 Beginning of the three-week period where you can certify and submit your ERAS application

(Programs will NOT receive apps before 9/27)

September 15 NRMP registration opens

(You must register for both ERAS *and* the NRMP)

September 27 Programs begin receiving applications & MSPEs

Timeline: October - January

Oct – Jan	Residency Interviews
January 9	Urology rank list deadline
January 30	Ophthalmology rank list deadline
January 31	NRMP standard registration deadline

LORs: How many letters do I need?

Categorical Programs: 3-4 total letters

- 3 clinical letters
- 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

Advanced Programs: 6-7 total letters

- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters

1 research letter (if appropriate)

Note: Letter writers can use the same letter for both applications, as long as they are generic in their specialty recommendation.

(i.e. "I recommend John Doe for your residency program" instead of "I recommend John Doe for your Pediatric residency program")

LORs: Do I need a Chair's Letter?

- Medicine*
- Medicine-Pediatrics*
- Preliminary Medicine*
- Neurosurgery
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)*
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

**Another faculty member writes the letter in conjunction with the Chair.*

Emergency Medicine, Neurosurgery, and **OB/GYN** utilize a "Standardized Letter of Evaluation" (SLOE), and Plastic Surgery is starting to do the same. Check with the section for details, and refer to your Residency Process Booklet.

If you are applying in **both Preliminary Medicine and transitional programs**, you could use the same set of letters for both if the letters are generic in their specialty designation.

Important Staff

Strategy/LoRs	Career Advisor Specialty Advisor Dr. Woodruff
Personal Statement	Career Advisor Specialty Advisor
MSPE/Grade Concerns	Dr. Fromme
Couples' Matching	Career Advisor Dr. Woodruff
CV/ERAS Logistics	Tyler Lockman

Navigating ERAS:

The Electronic Residency Application Service

Definitions

ERAS — The Electronic Residency Application Service

ERAS is the web-based program students and staff use to compile and distribute residency application components.

NRMP — The National Resident Matching Program

The NRMP is a nationwide non-profit organization that standardizes the residency matching process. Students submit rank lists to NRMP, *not* through ERAS.

You must register for both ERAS and the NRMP!

Register

Dear Dr. Tyler Lockman,

Welcome to MyERAS! Your AAMC ID is 14340378 and your User Name is TYLERLOCKMAN.
You will use this User Name to access all AAMC applications.

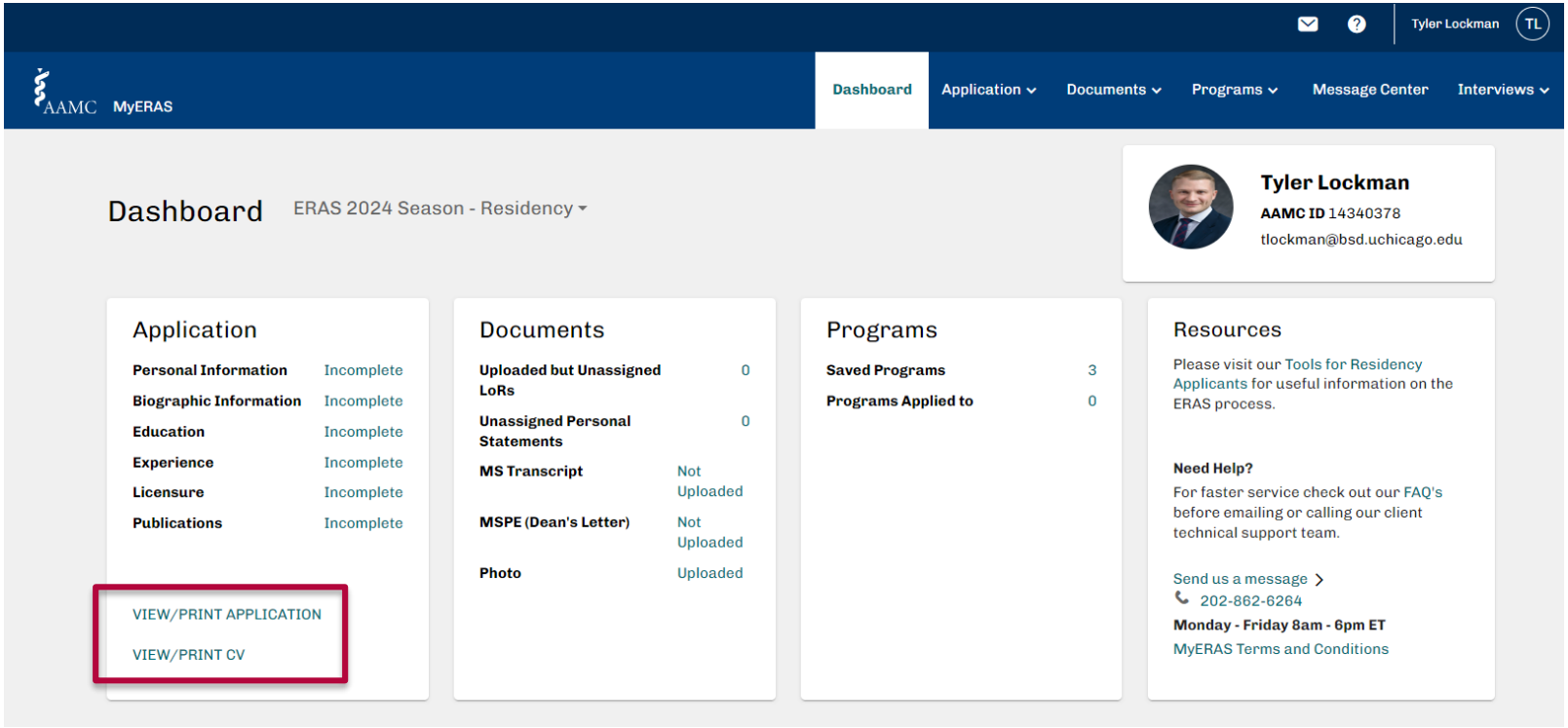
To return to MyERAS, or if you need additional information on ERAS, please visit
https://urldefense.com/v3/__https://students-residents.aamc.org/applying-residency/applying-residencies-eras/__;!!MvNZe7V6M35iZPhbgng-hfU!woD8FJP8YaWe6lUaW5LBwZJUdrorkmOUj3IBD5aDtvBSQqD2OpW5U7QcWEqAd6HlsLmB6q4KoheyDEdhfJFJ$.

Things to remember:
1. All passwords are case-sensitive. The password 'DOCTOR' is not the same as the password 'doctor'.
2. You will not be able to certify your application until September 7th at 9:00 AM ET.
3. Being registered with ERAS does not mean that you are registered with the NRMP or any other Match. To register with the NRMP, visit their Web site:
https://urldefense.com/v3/__http://www.nrmp.org__;!!MvNZe7V6M35iZPhbgng-hfU!woD8FJP8YaWe6lUaW5LBwZJUdrorkmOUj3IBD5aDtvBSQqD2OpW5U7QcWEqAd6HlsLmB6q4KoheyDCkhijp4$

Sincerely,

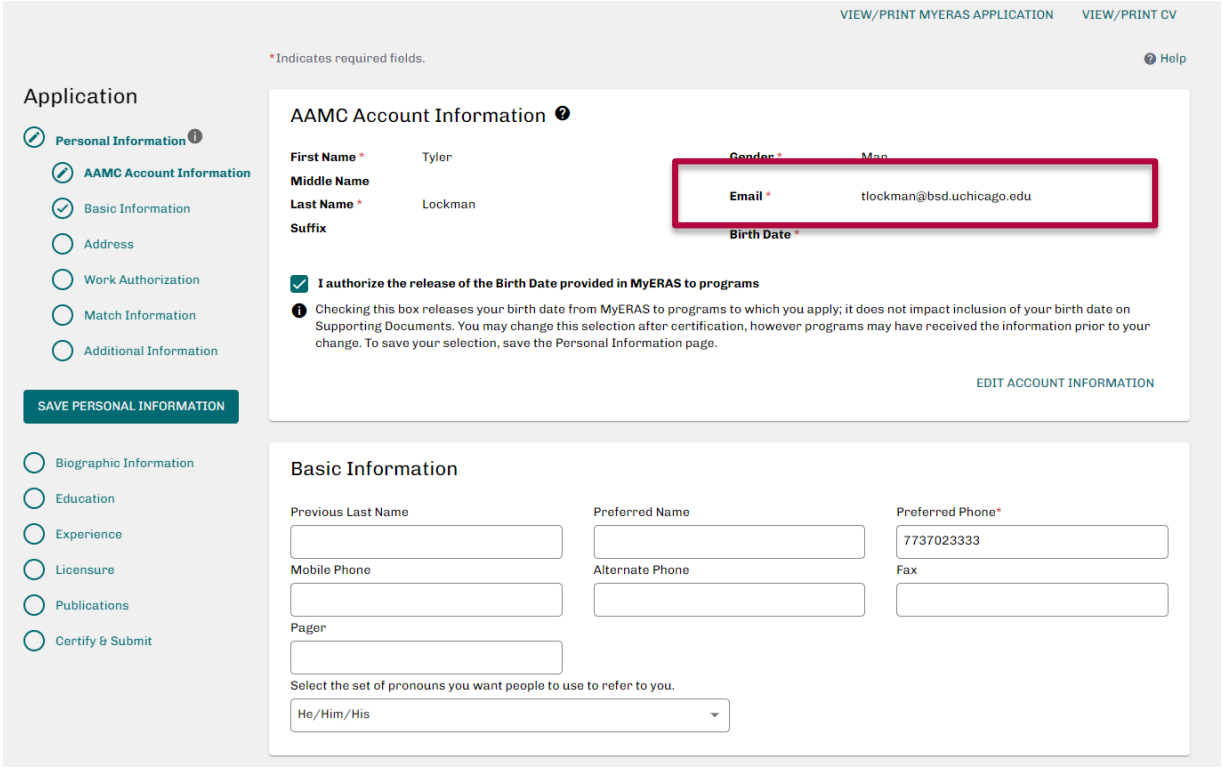
MyERAS Support
myeras@aamc.org

MyERAS Dashboard



Application

ERAS Personal Information



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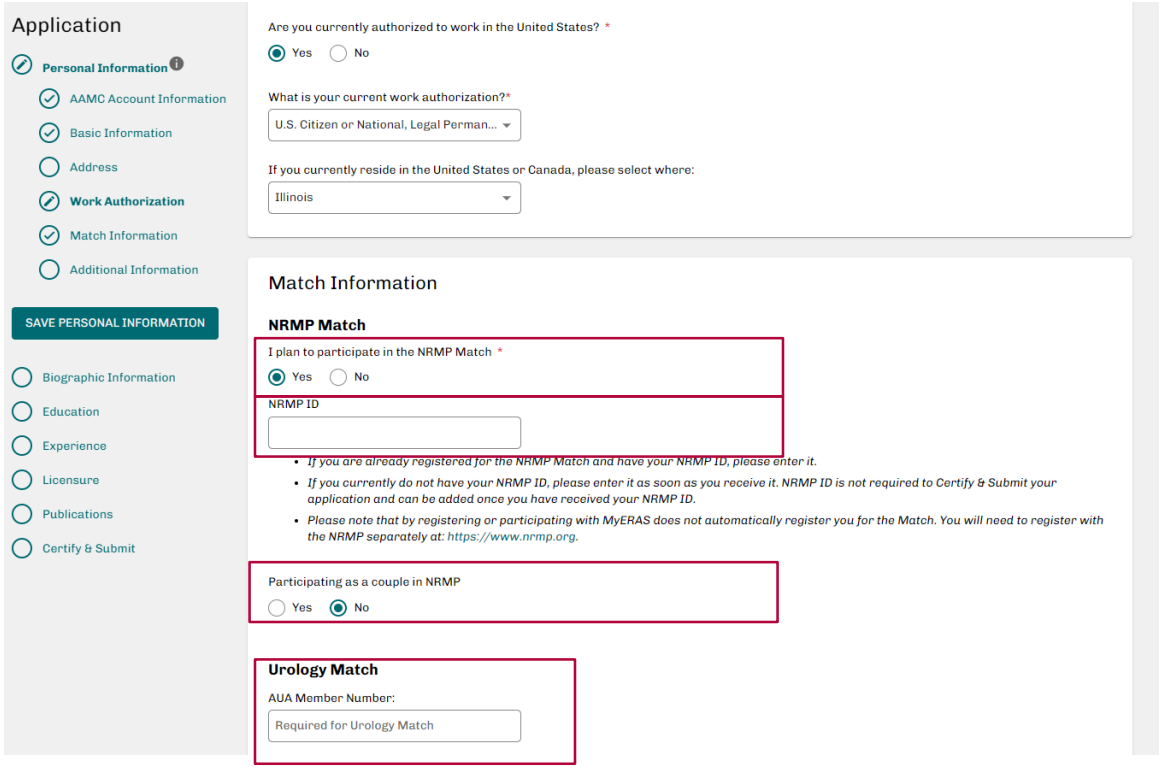

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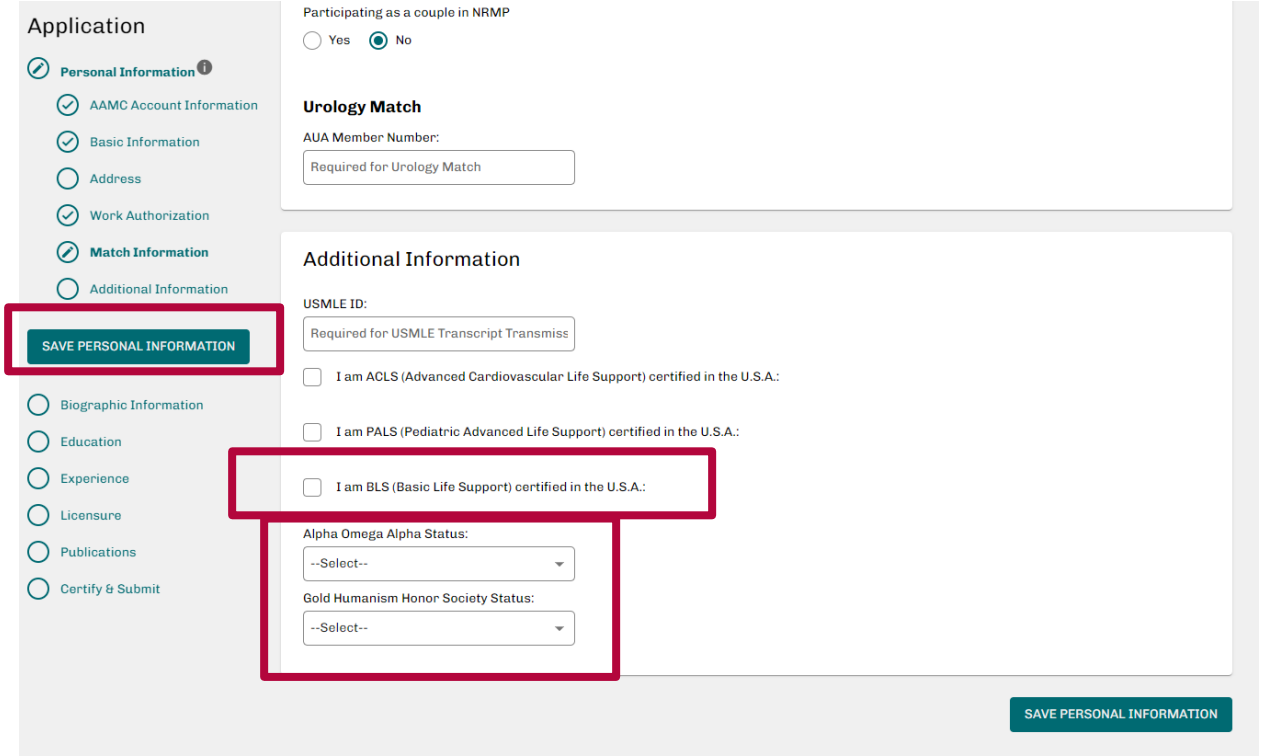
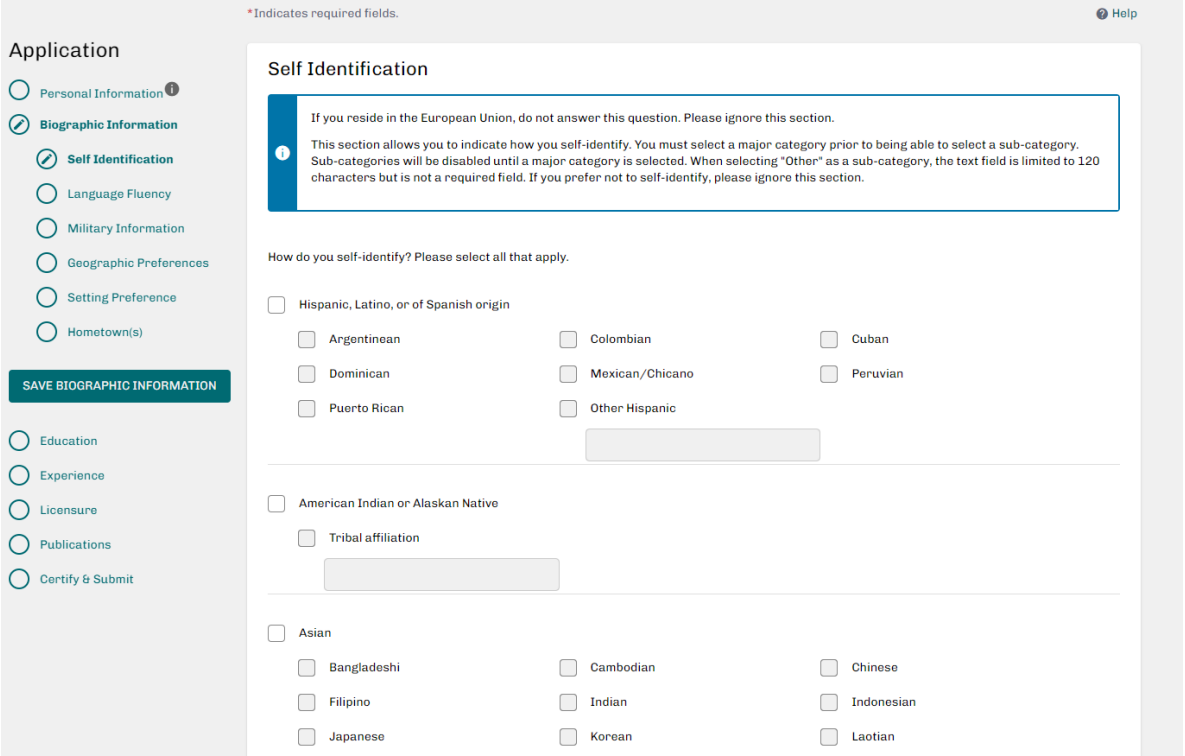
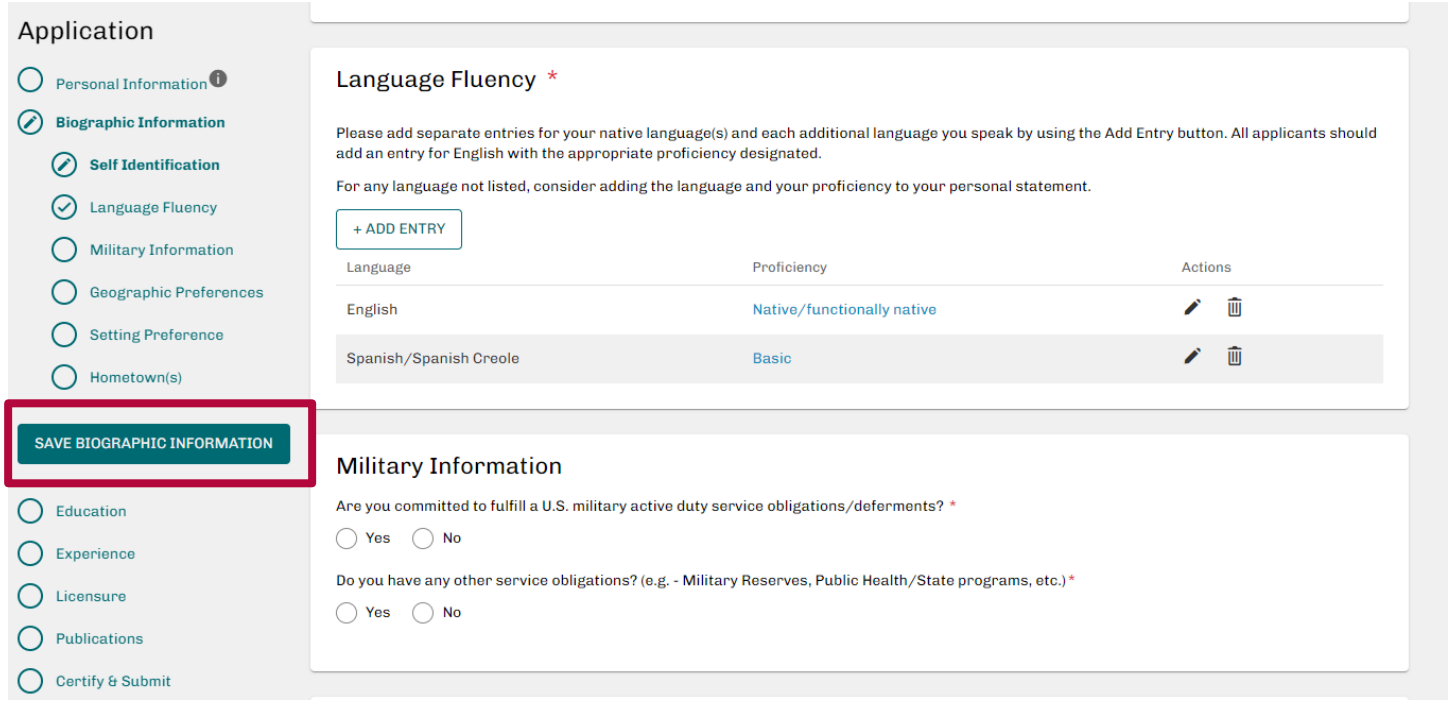


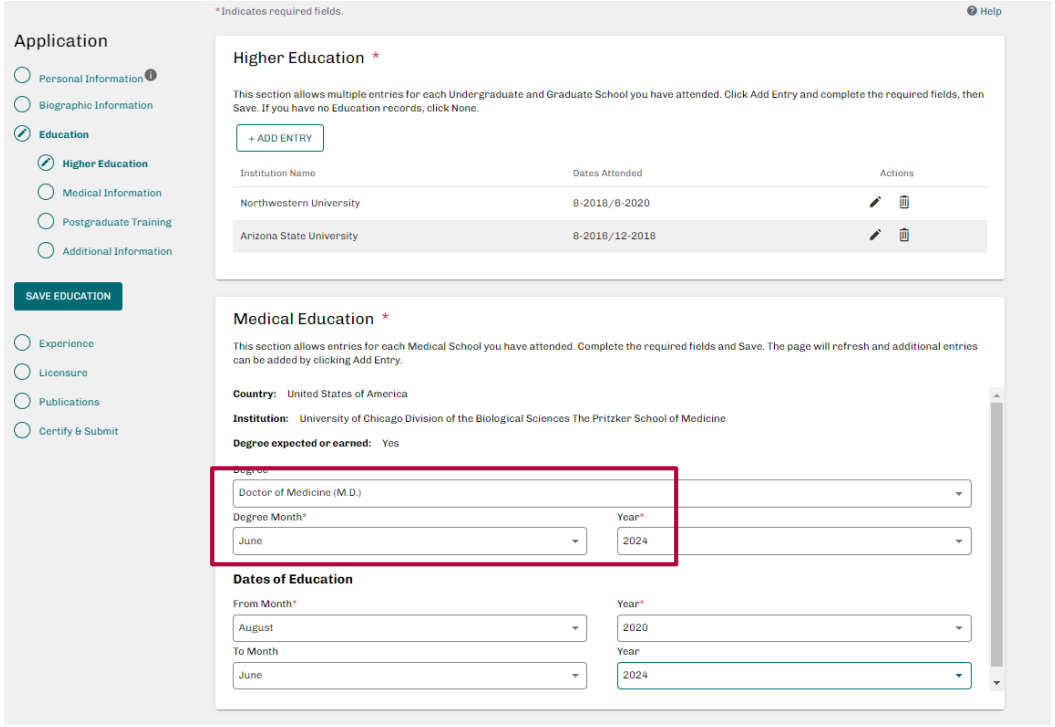
Biographic Information—Optional



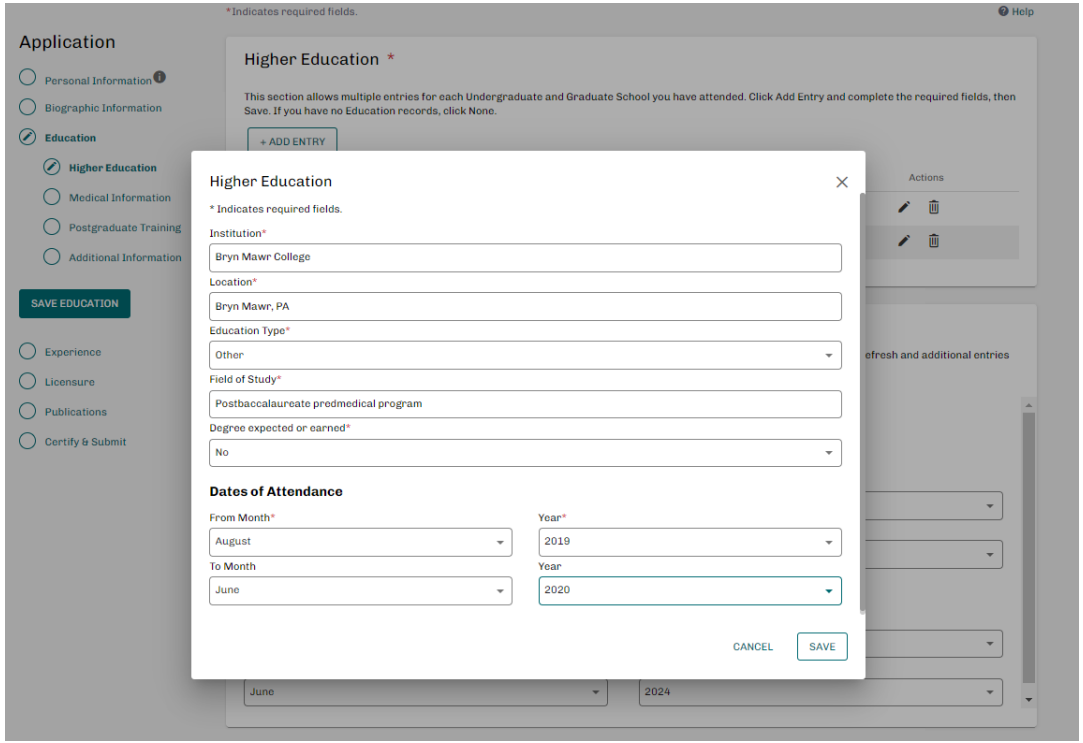
Biographic Information (continued)



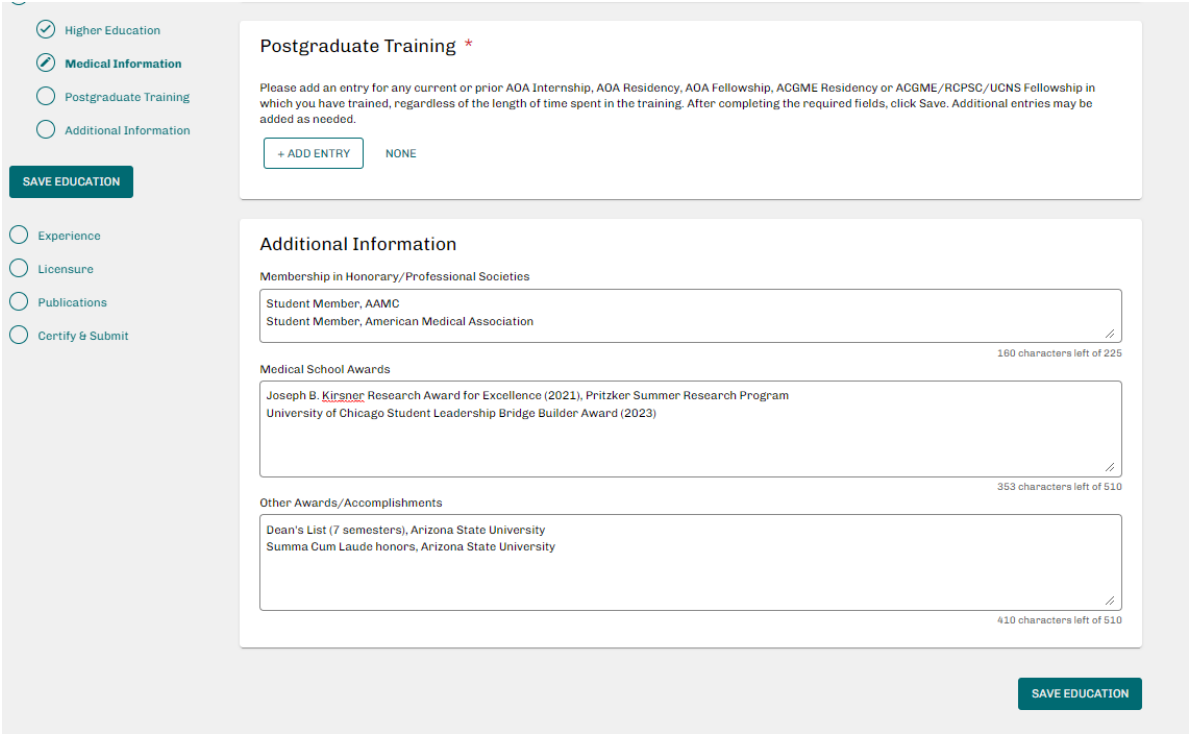
Education


*Indicates required fields.
Help
Application
Personal Information
Biographic Information
Education
Higher Education
Medical Information
Postgraduate Training
Additional Information
SAVE EDUCATION
Experience
Licensure
Publications
Certify & Submit
Higher Education *
This section allows multiple entries for each Undergraduate and Graduate School you have attended. Click Add Entry and complete the required fields, then Save. If you have no Education records, click None.
+ ADD ENTRY
Institution Name
Dates Attended
Actions
Northwestern University
8-2018/6-2020
Arizona State University
8-2016/12-2018
Medical Education *
This section allows entries for each Medical School you have attended. Complete the required fields and Save. The page will refresh and additional entries can be added by clicking Add Entry.
Country: United States of America
Institution: University of Chicago Division of the Biological Sciences The Pritzker School of Medicine
Degree expected or earned: Yes
Doctor of Medicine (M.D.)
Degree Month*
June
Year*
2024
Dates of Education
From Month*
August
Year*
2020
To Month
June
Year
2024

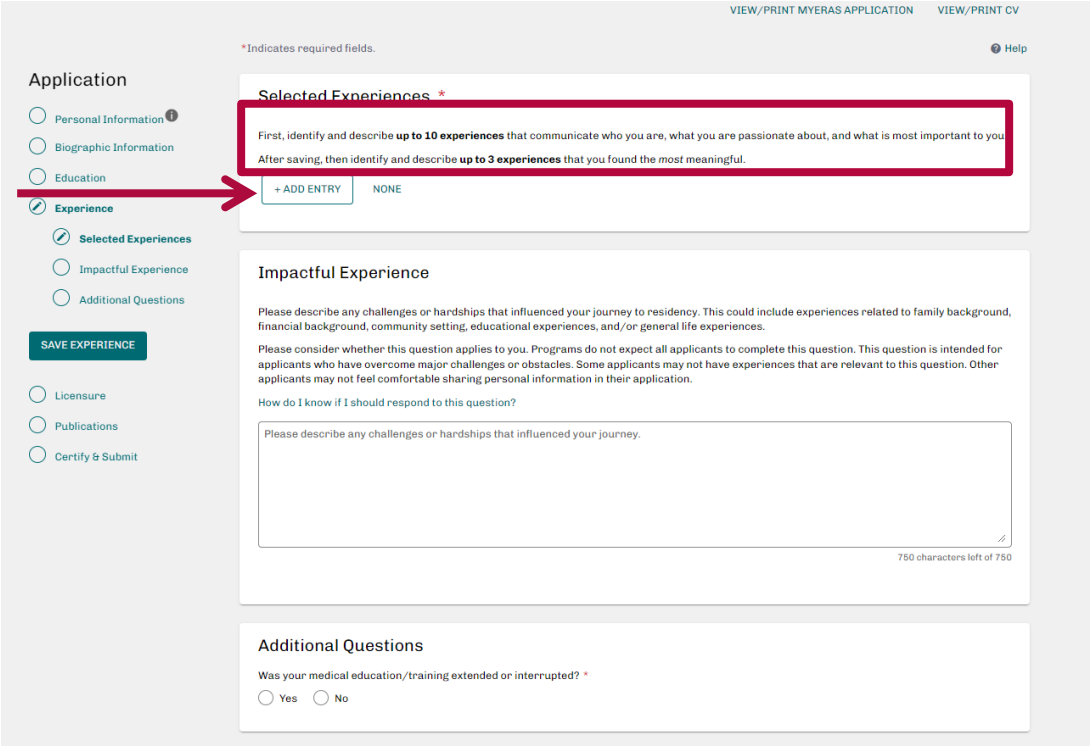
Adding a Post-Baccalaureate



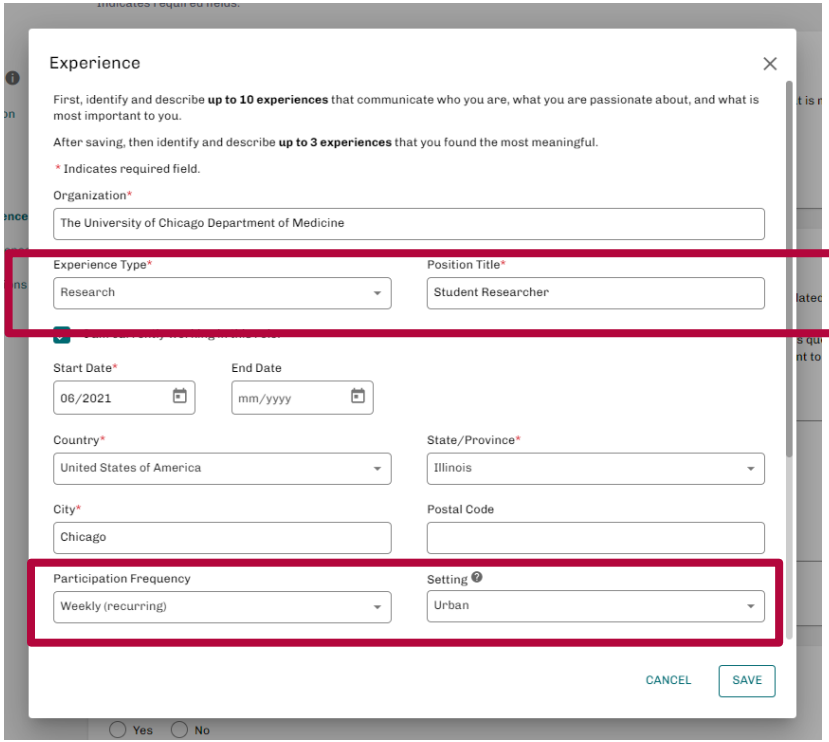
Education (continued)

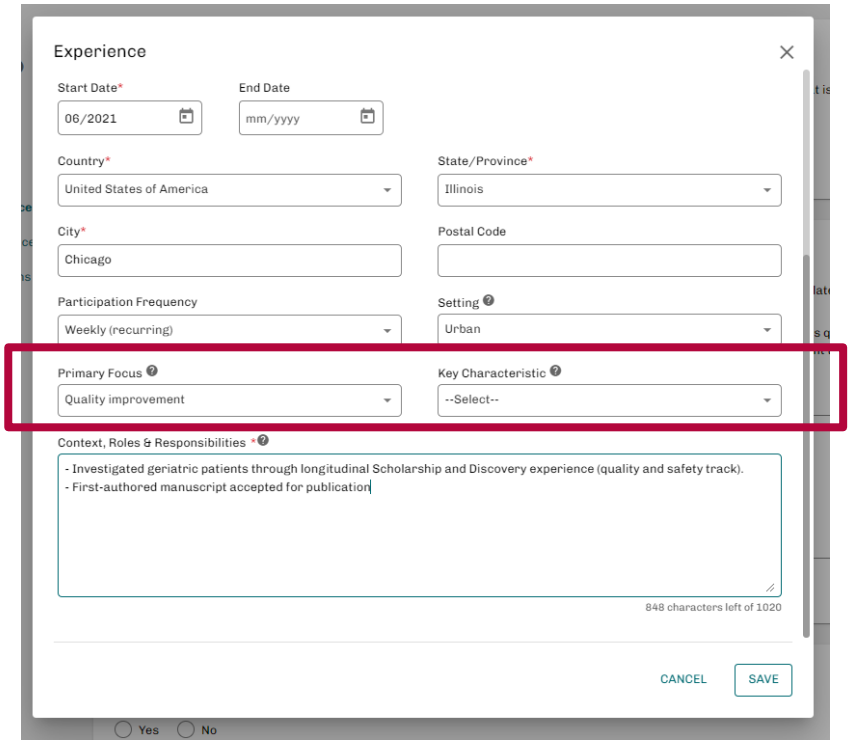


Experience

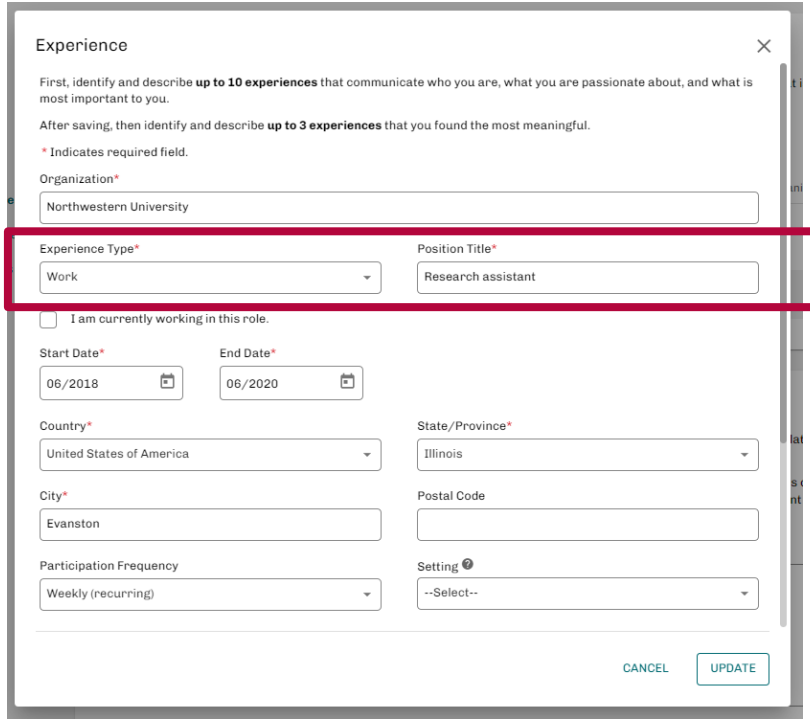

VIEW/PRINT MYERAS APPLICATION
VIEW/PRINT CV
*Indicates required fields.
Help
Application
Personal Information
Biographic Information
Education
Experience
Selected Experiences
Impactful Experience
Additional Questions
SAVE EXPERIENCE
Licensure
Publications
Certify & Submit
Selected Experiences *
First, identify and describe up to 10 experiences that communicate who you are, what you are passionate about, and what is most important to you.
After saving, then identify and describe up to 3 experiences that you found the most meaningful.
+ ADD ENTRY
NONE
Impactful Experience
Please describe any challenges or hardships that influenced your journey to residency. This could include experiences related to family background, financial background, community setting, educational experiences, and/or general life experiences.
Please consider whether this question applies to you. Programs do not expect all applicants to complete this question. This question is intended for applicants who have overcome major challenges or obstacles. Some applicants may not have experiences that are relevant to this question. Other applicants may not feel comfortable sharing personal information in their application.
How do I know if I should respond to this question?
Please describe any challenges or hardships that influenced your journey.
750 characters left of 750
Additional Questions
Was your medical education/training extended or interrupted? *
Yes
No

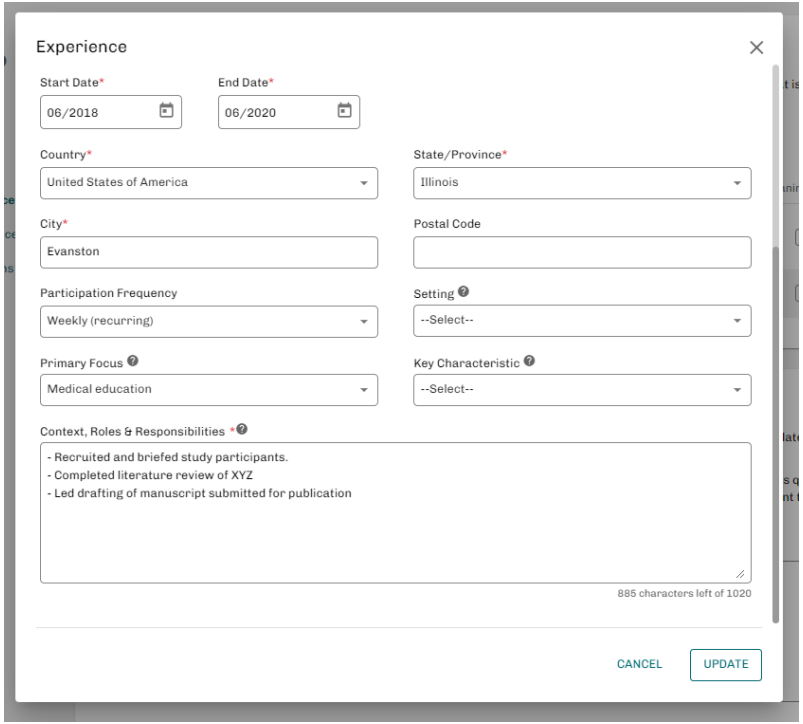
Experience: Adding an Entry (Research Experience)



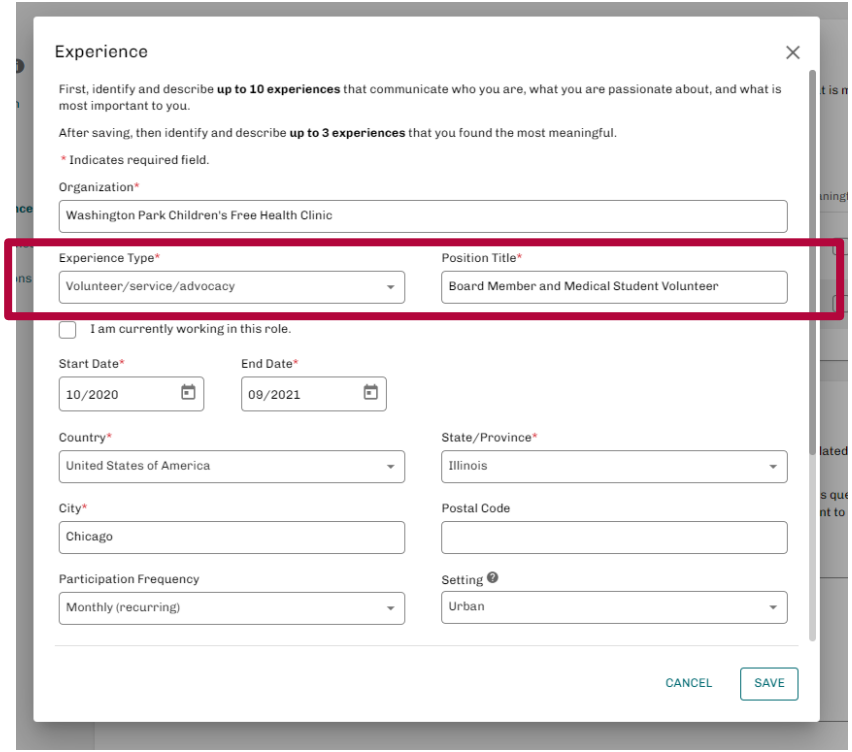


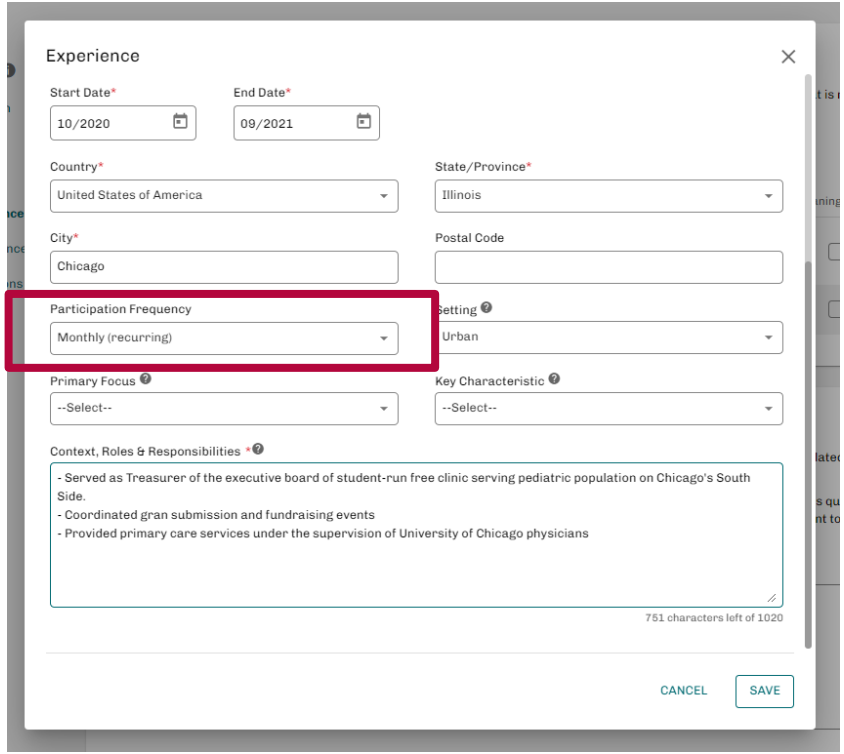
Experience: Adding an Entry (Work Experience)



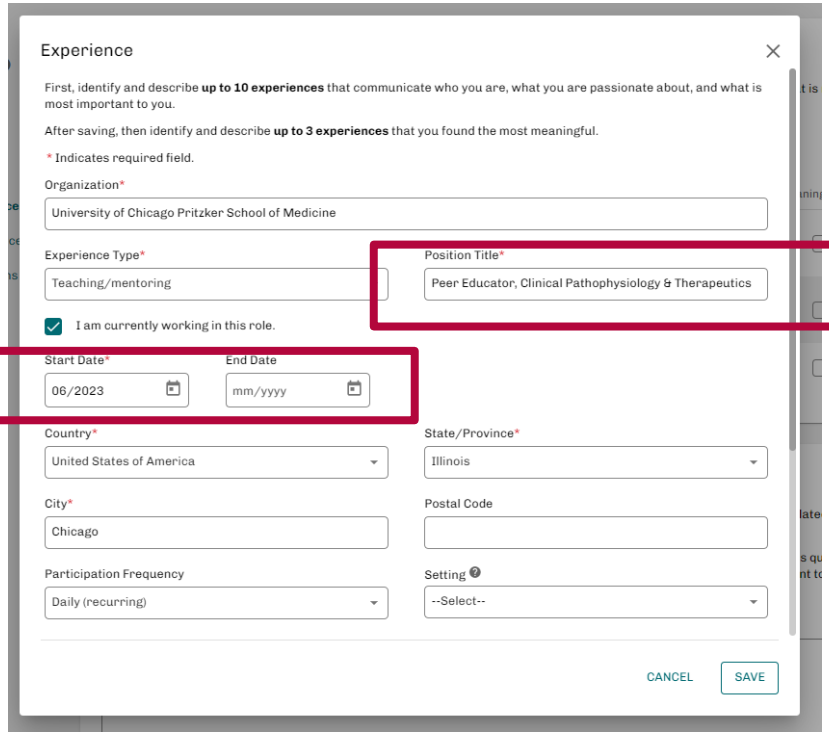


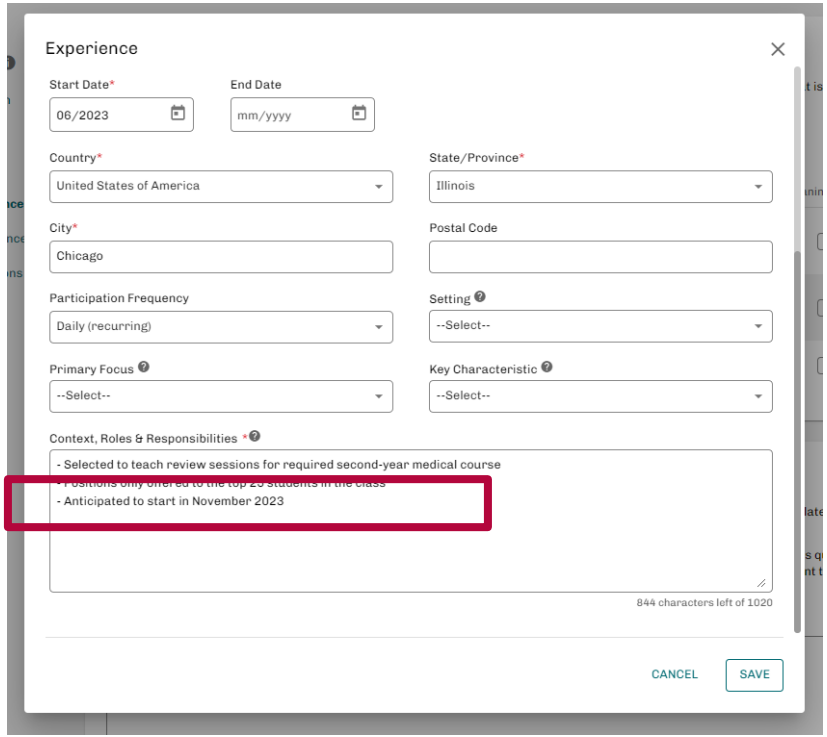
Experience: Adding an Entry (Volunteer Experience)



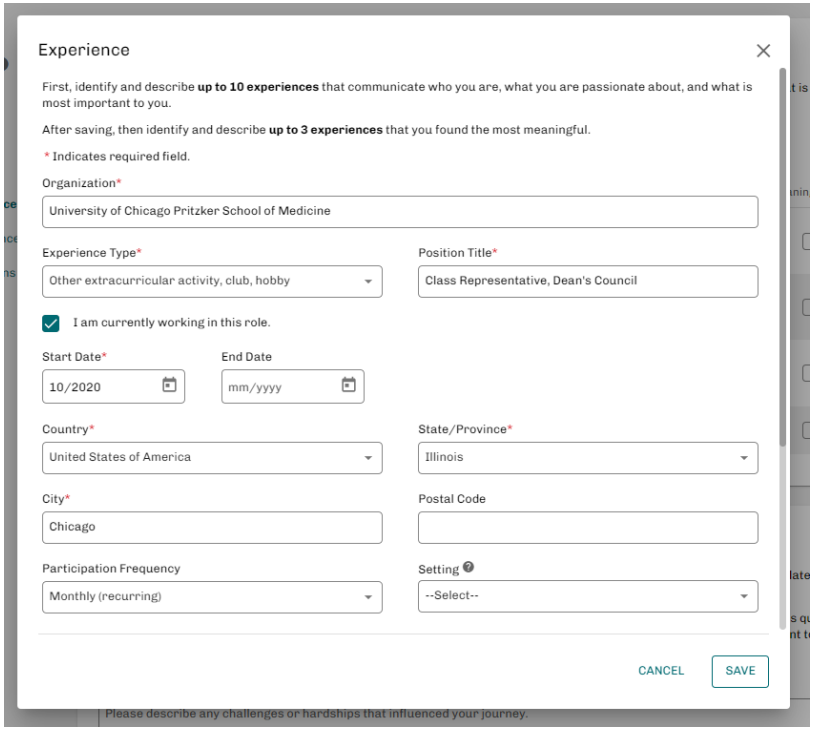


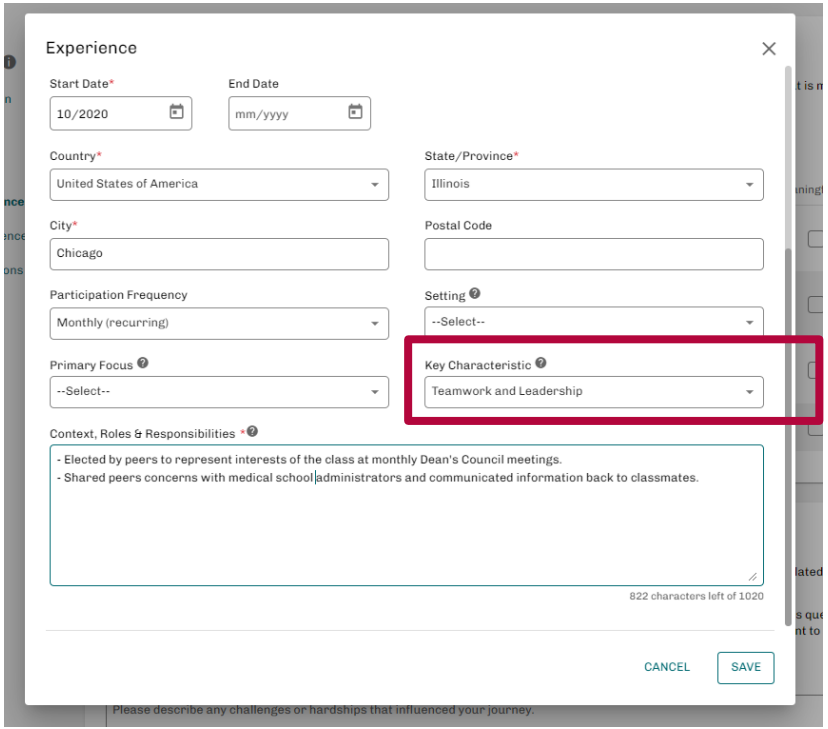
Experience: Adding an Entry (Teaching Experience)



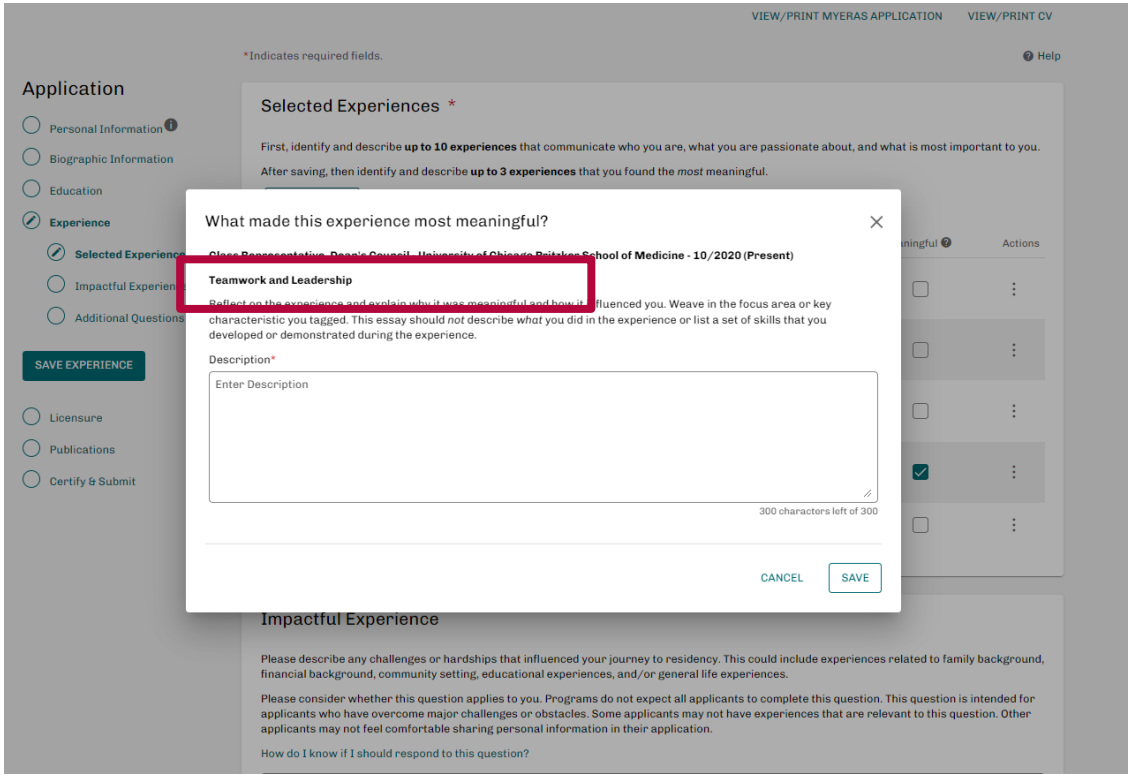


Experience: Adding an Entry (Extracurriculars)

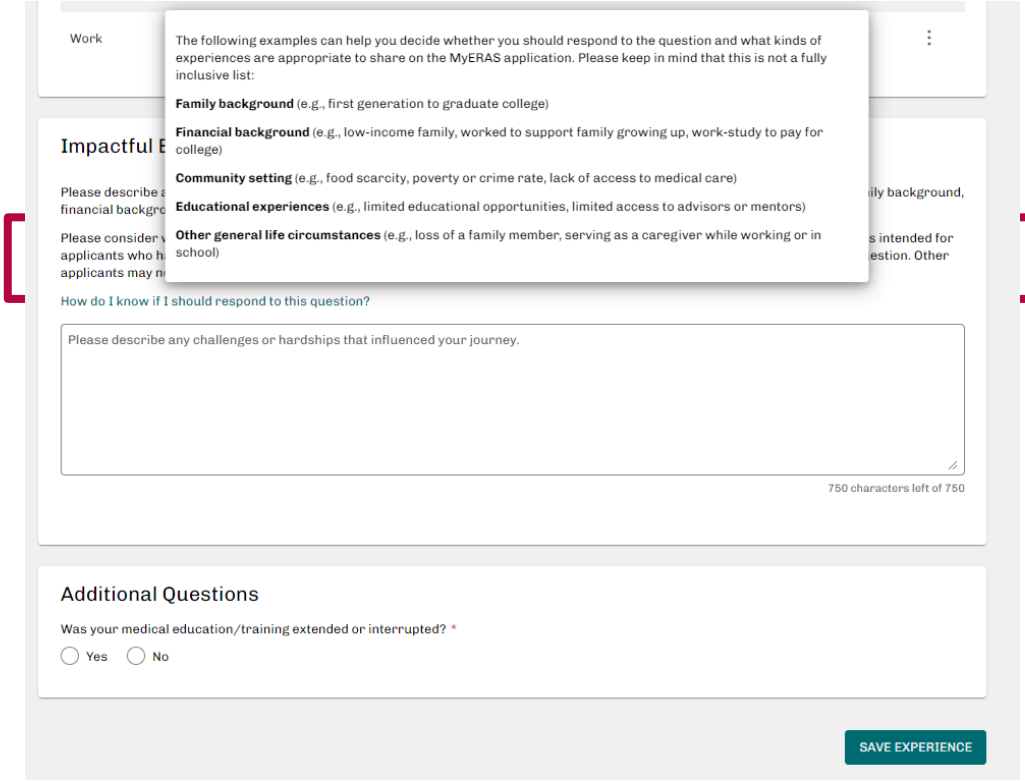




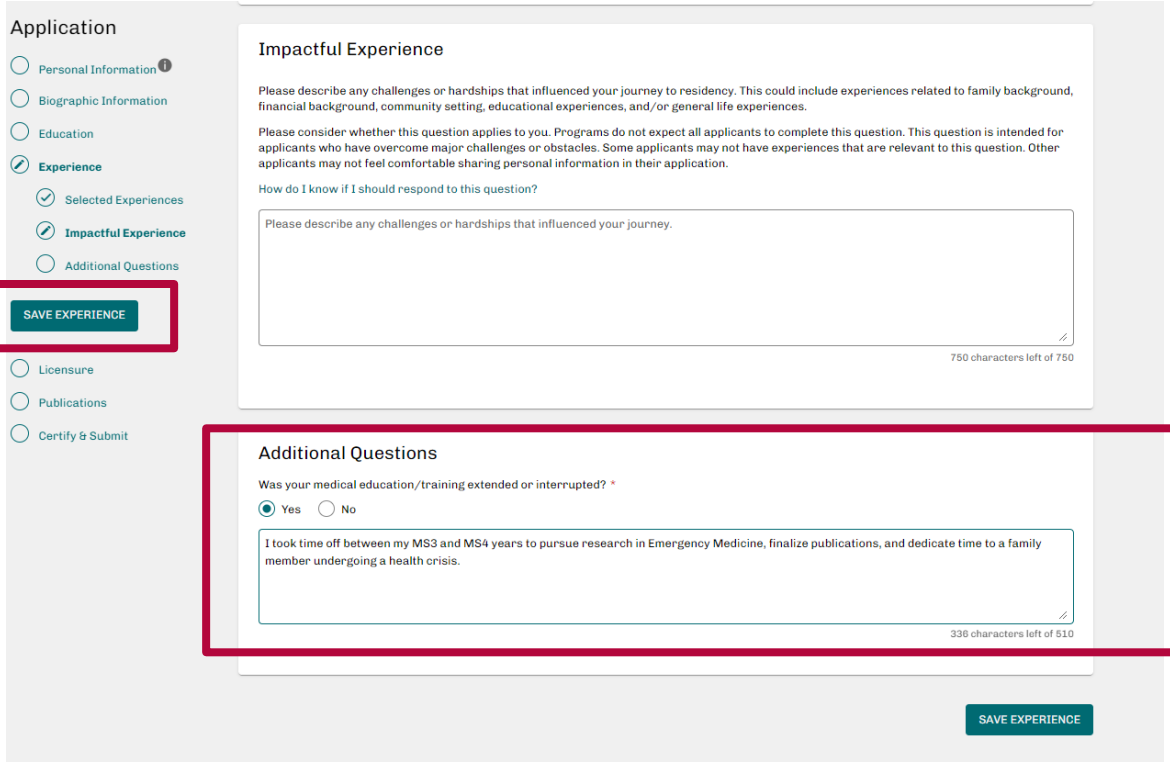
Experiences: Most Meaningful



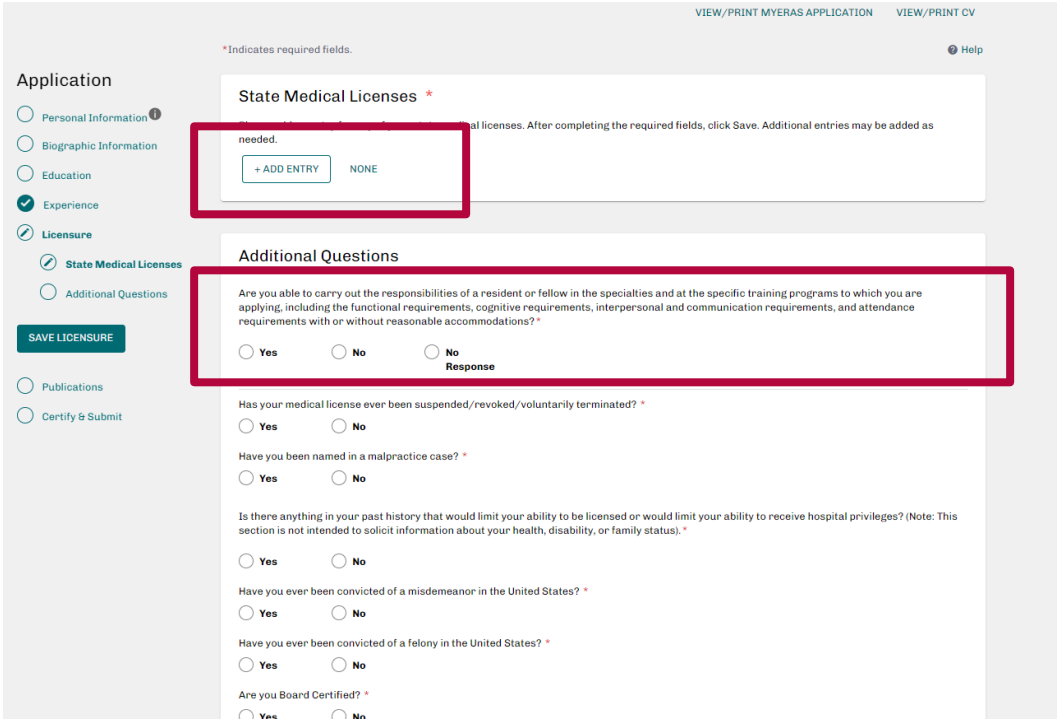
Experiences: Impactful Experience



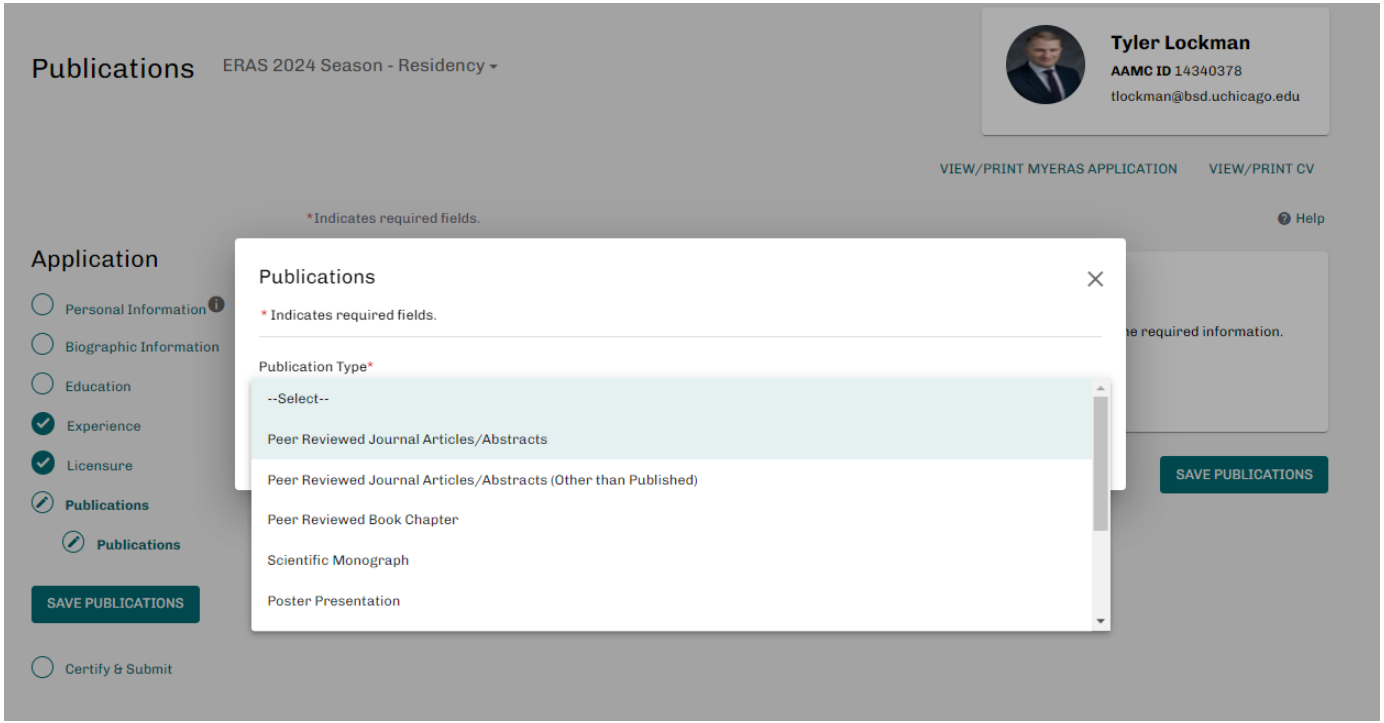
Experience: Final Screen



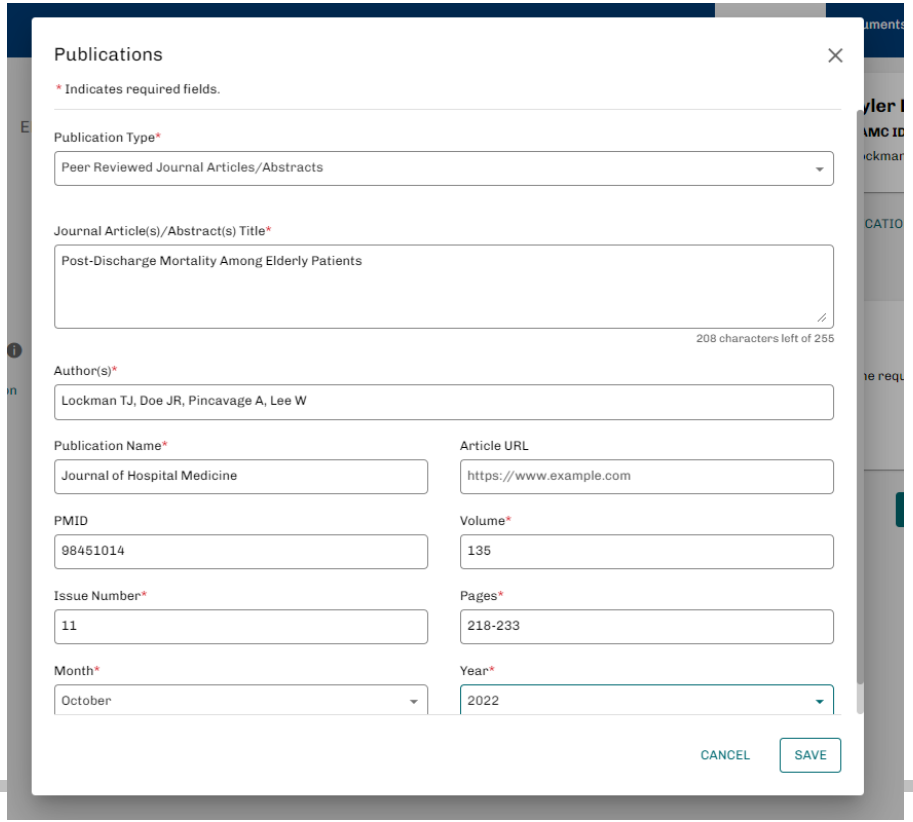
Licensure: Not Necessary



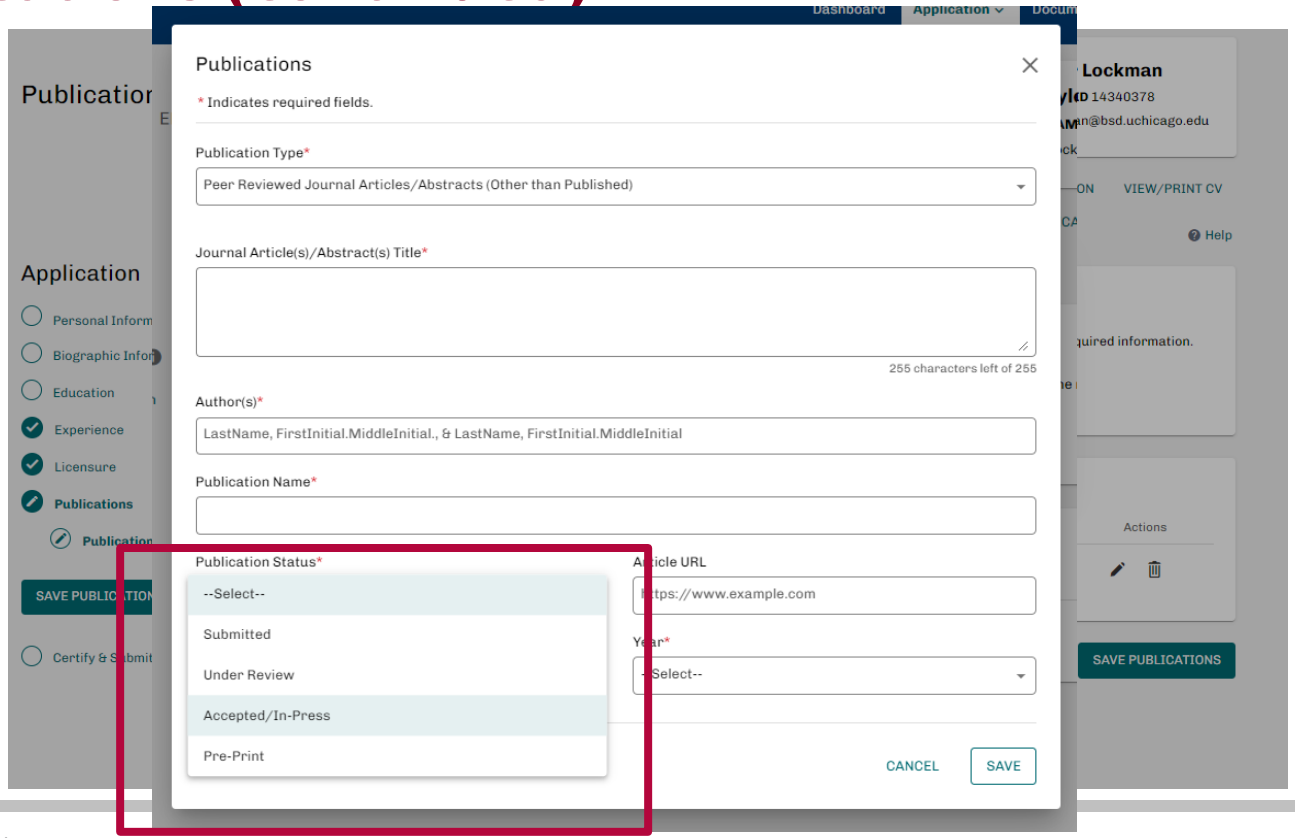
Publications



Publications (continued)



Publications (continued)



Guiding Principles for Listing Publications

- Be honest in representing all of your myriad accomplishments—but do not try to pad your application
  - Certain situations *will* require that you list things twice under two separate categories
  - Use your best judgement, and then…
  - Consult your Career Advisor!
- When it is not reasonable to list multiple similar or identical publications/presentations, list them once under their "highest value". In order, that is:

  1. Manuscript
  2. Published abstract
  3. Oral presentation
  4. Poster presentation
- National > Regional > Local

FAQs: How to List Publications

Q: For poster presentations, should we list internal conferences like Medical Education Day or SRP?

A: Yes. Include poster presentations given at any formal, organized event, even if they are internal.

Q: If I was listed as an author on a poster or oral presentation but did not present it, should I list it?

A: Yes, you may include it as a poster; annotate who the presenting author was with an asterisk or "[presenting author]" in the author line. Make sure you list the authors in the correct order.

Q: If I am going to do an oral presentation in a month, do I put "anticipated" oral presentations?

A: Yes, you may do that.

FAQs: How to List Publications (continued)

Q: Does my thesis defense count as an oral presentation?

A: No, it does not count as a separate oral presentation. It will be implied by your PhD.

Q: Do presentations in front of my departments or during rounds count?

A: No.

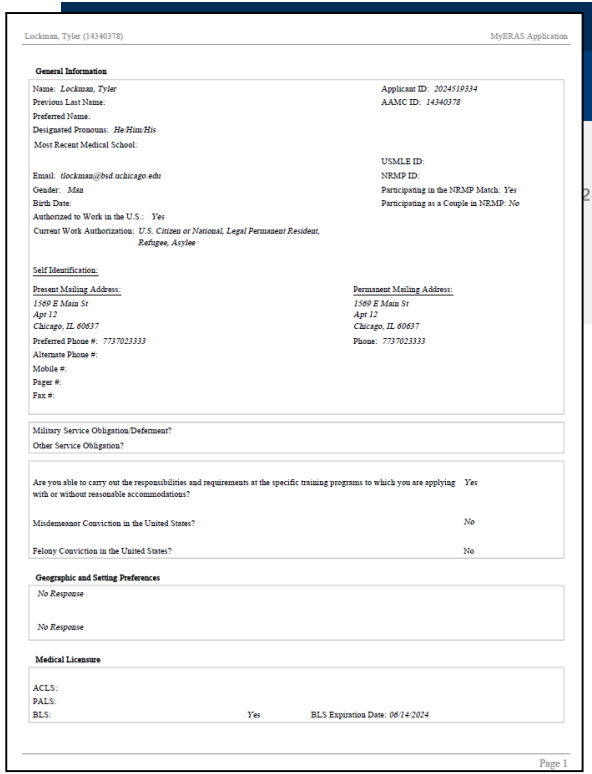
Q: Are abstracts considered published if they are published in a conference booklet only?

A: No, abstracts are not considered published if they are not disseminated beyond the conference. If they were a poster, though, you may put it in the poster section. Do not list things twice (i.e. once in a poster section and once in an abstract section—just list the abstract, if published).

Q: Can I list manuscripts currently in preparation?

A: No. However, if they have been submitted, you can choose submitted *from the drop-down in ERAS. Be prepared to answer any questions about the status of the manuscripts.*

View/Print ERAS Application or CV for Proofreading



Lockman, Tyler (14340378) MyERAS Application

General Information

Name: *Lockman, Tyler*
Previous Last Name:
Preferred Name:
Designated Pronouns: *He/Him/His*
Most Recent Medical School:

Applicant ID: *2024519334*
AAMC ID: *14340378*

USMLE ID:
NRMP ID:
Participating in the NRMP Match: *Yes*
Participating as a Couple in NRMP: *No*

Email: *tlockman@bsd.uchicago.edu*
Gender: *Man*
Birth Date:
Authorized to Work in the U.S.: *Yes*
Current Work Authorization: *U.S. Citizen or National, Legal Permanent Resident, Refugee, Asylee*

Self Identification:

Present Mailing Address:
1560 E Main St
Apt 12
Chicago, IL 60637
Preferred Phone #: *7737023333*
Alternate Phone #:
Mobile #:
Pager #:
Fax #:

Permanent Mailing Address:
1569 E Main St
Apt 12
Chicago, IL 60637
Phone: *7737023333*

Military Service Obligation/Deferment?
Other Service Obligation?

Are you able to carry out the responsibilities and requirements at the specific training programs to which you are applying with or without reasonable accommodations? *Yes*

Misdemeanor Conviction in the United States? *No*

Felony Conviction in the United States? *No*

Geographic and Setting Preferences

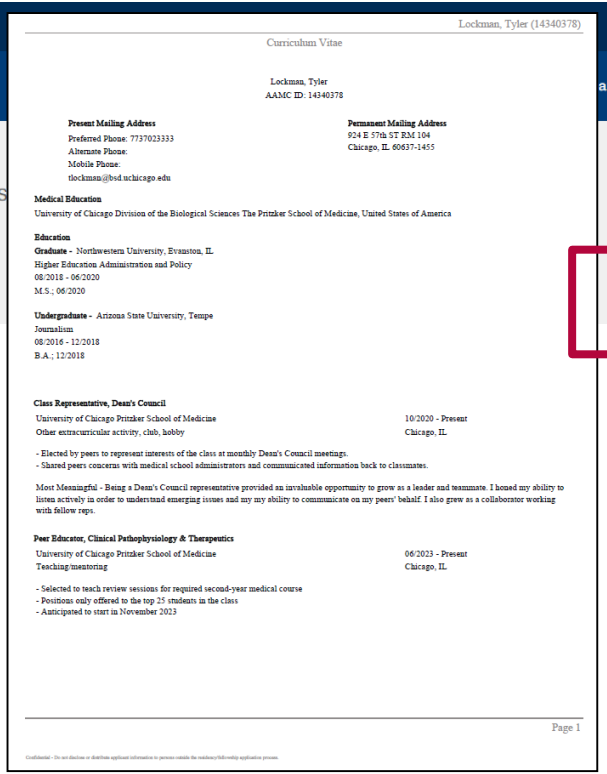
No Response

No Response

Medical Licensure

ACLS:
PALS:
BLS: *Yes* BLS Expiration Date: *06/14/2024*

Page 1



Lockman, Tyler (14340378)

Curriculum Vitae

Lockman, Tyler
AAMC ID: 14340378

Present Mailing Address
Preferred Phone: 7737023333
Alternate Phone:
Mobile Phone:
tlockman@bsd.uchicago.edu

Permanent Mailing Address
924 E 57th ST RM 104
Chicago, IL 60637-1455

Medical Education
University of Chicago Division of the Biological Sciences The Pritzker School of Medicine, United States of America

Education
Graduate - Northwestern University, Evanston, IL
Higher Education Administration and Policy
08/2018 - 06/2020
M.S.; 06/2020

Undergraduate - Arizona State University, Tempe
Journalism
08/2016 - 12/2018
B.A.; 12/2018

Class Representative, Dean's Council
University of Chicago Pritzker School of Medicine — 10/2020 - Present
Other extracurricular activity, club, hobby — Chicago, IL

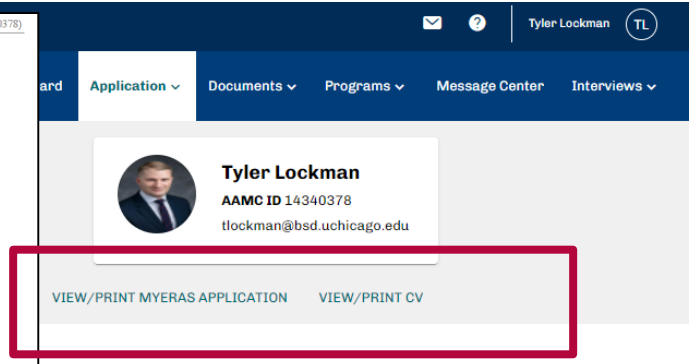
- Elected by peers to represent interests of the class at monthly Dean's Council meetings.
- Shared peers concerns with medical school administrators and communicated information back to classmates.

Most Meaningful - Being a Dean's Council representative provided an invaluable opportunity to grow as a leader and teammate. I honed my ability to listen actively in order to understand emerging issues and my my ability to communicate on my peers' behalf. I also grew as a collaborator working with fellow reps.

Peer Educator, Clinical Pathophysiology & Therapeutics
University of Chicago Pritzker School of Medicine — 06/2023 - Present
Teaching/mentoring — Chicago, IL

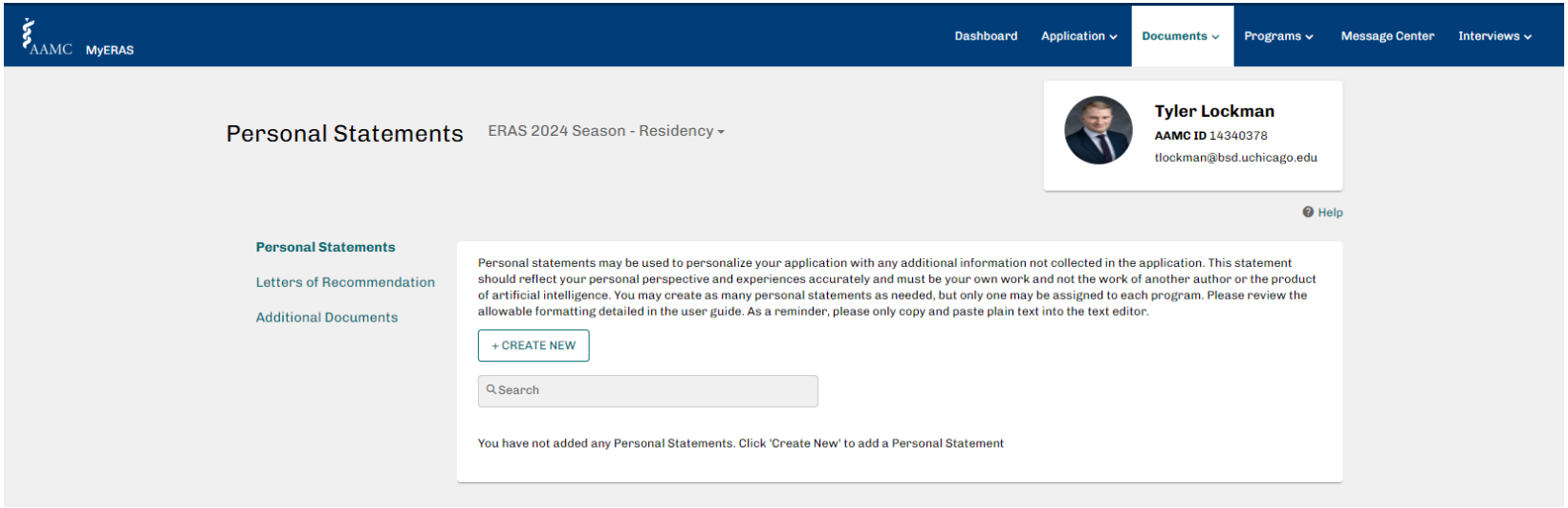
- Selected to teach review sessions for required second-year medical course
- Positions only offered to the top 25 students in the class
- Anticipated to start in November 2023

Page 1

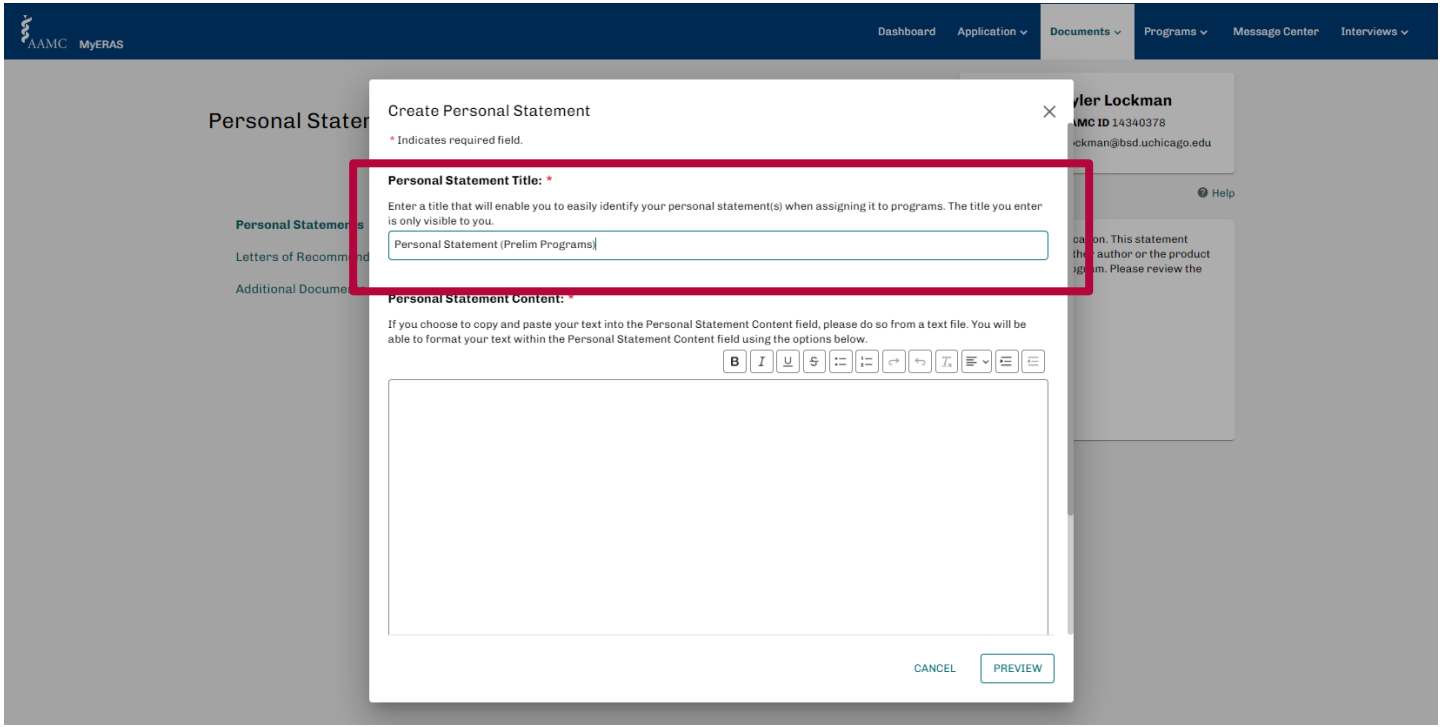


Documents

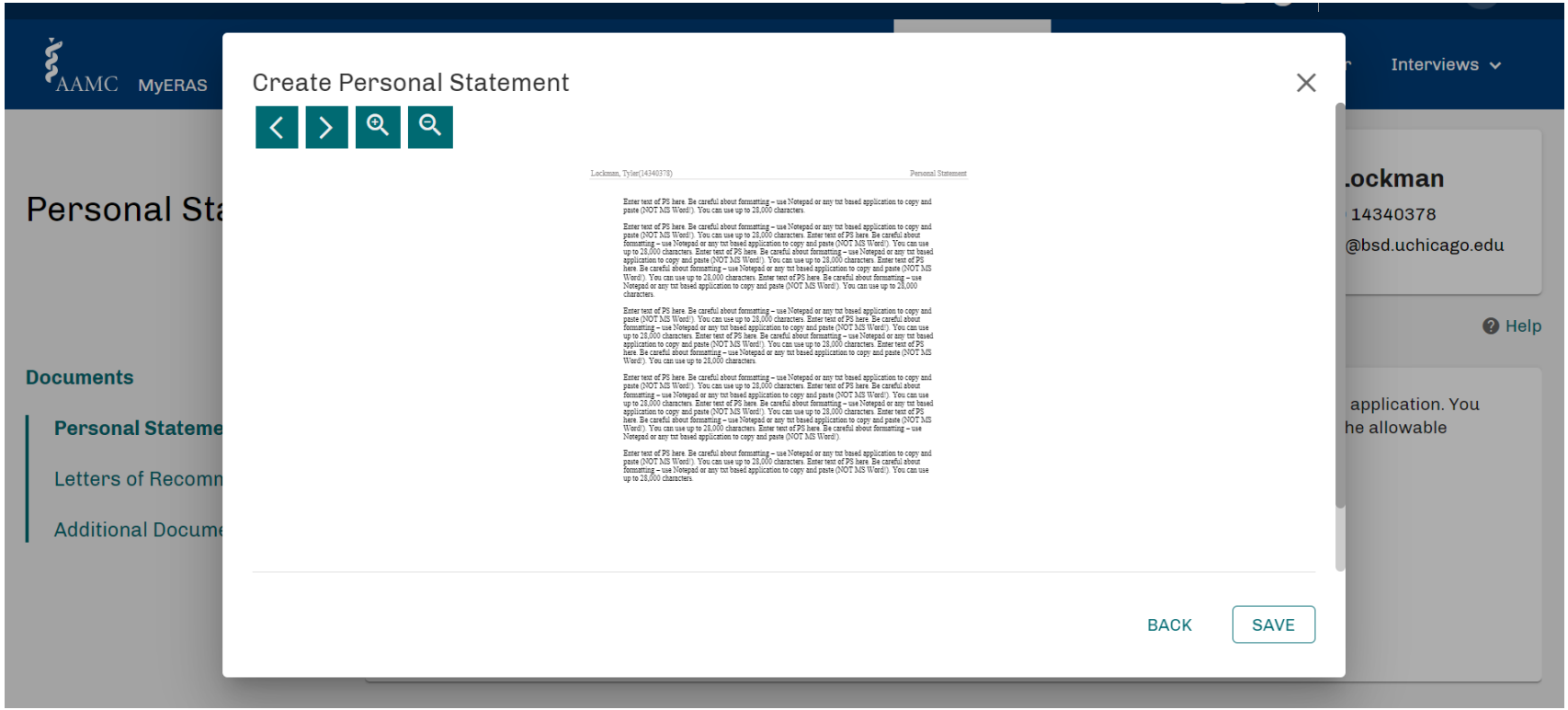
Documents: Personal Statements



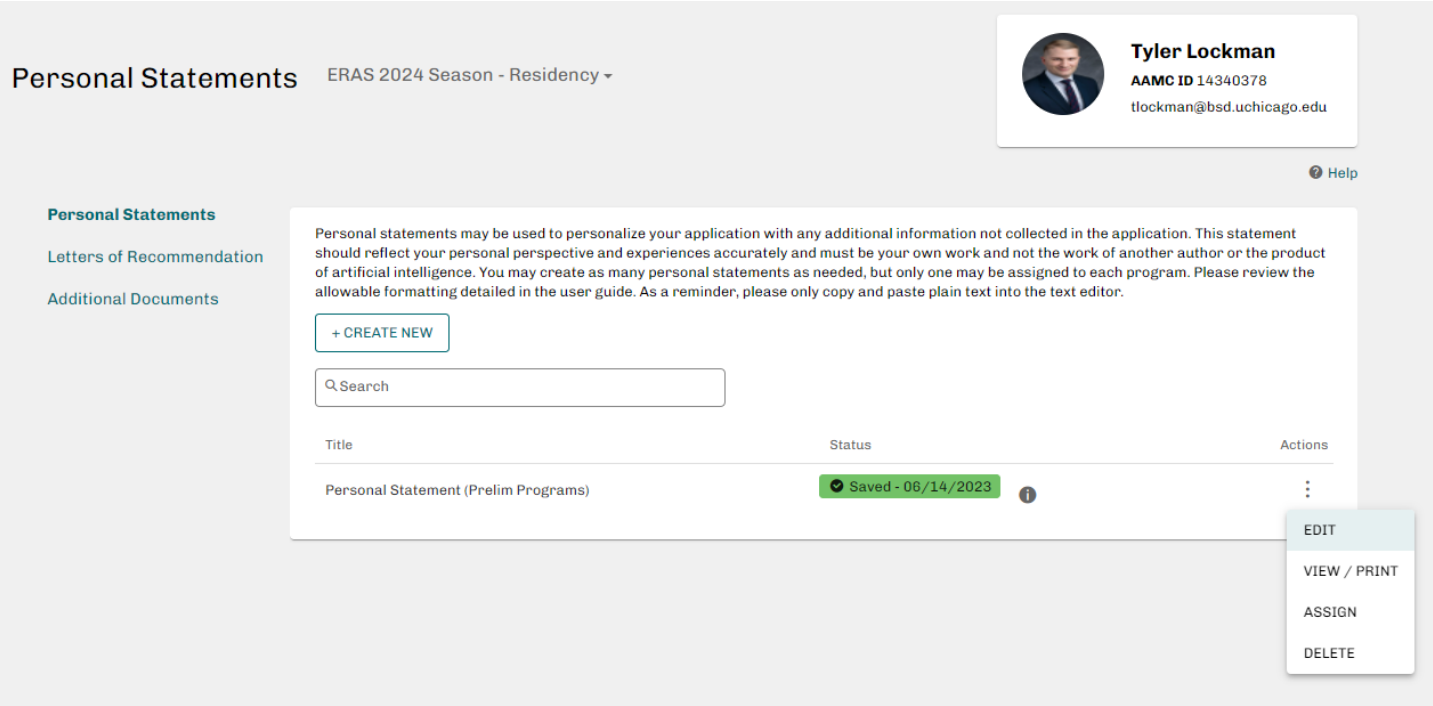
Documents: Personal Statements (Continued)



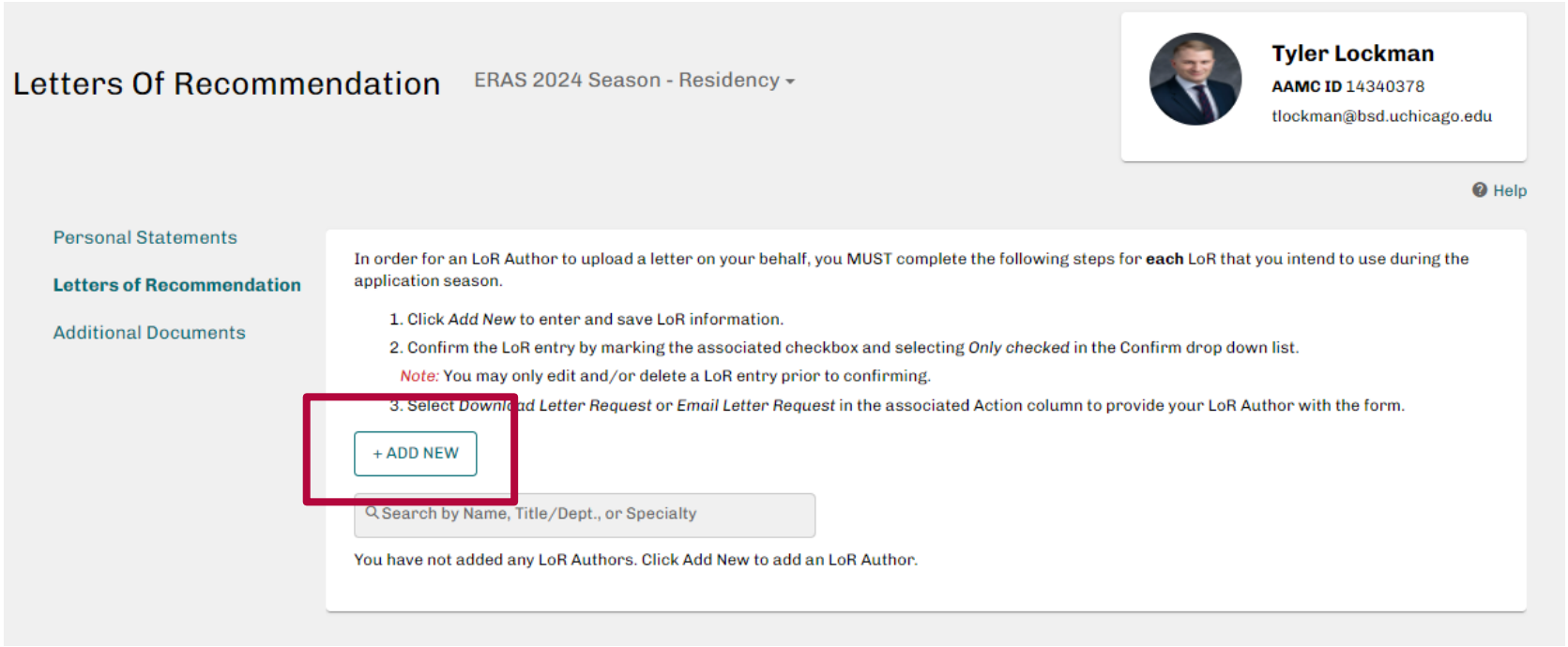
Personal Statement Preview



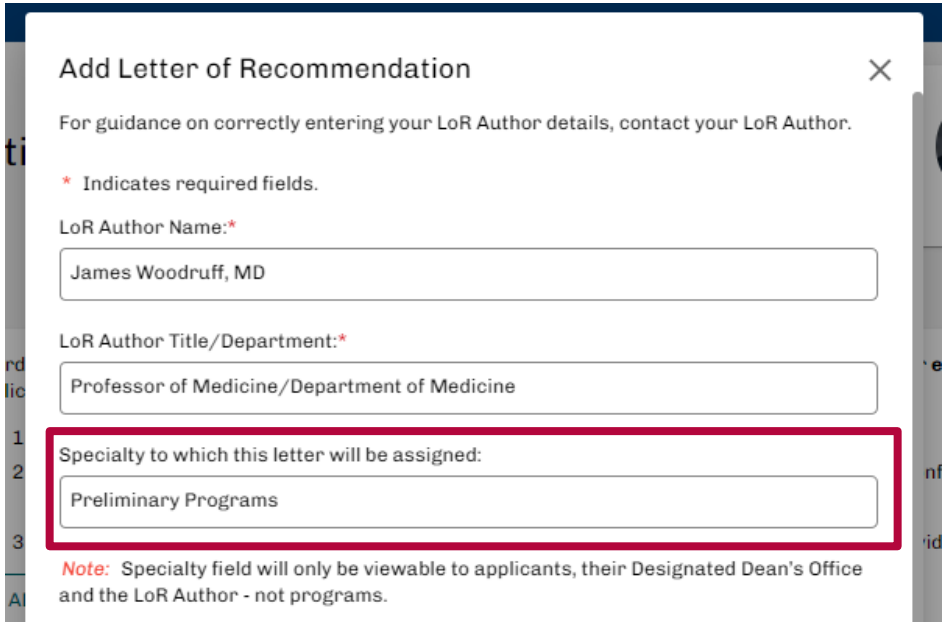
Documents: Personal Statements (Continued)

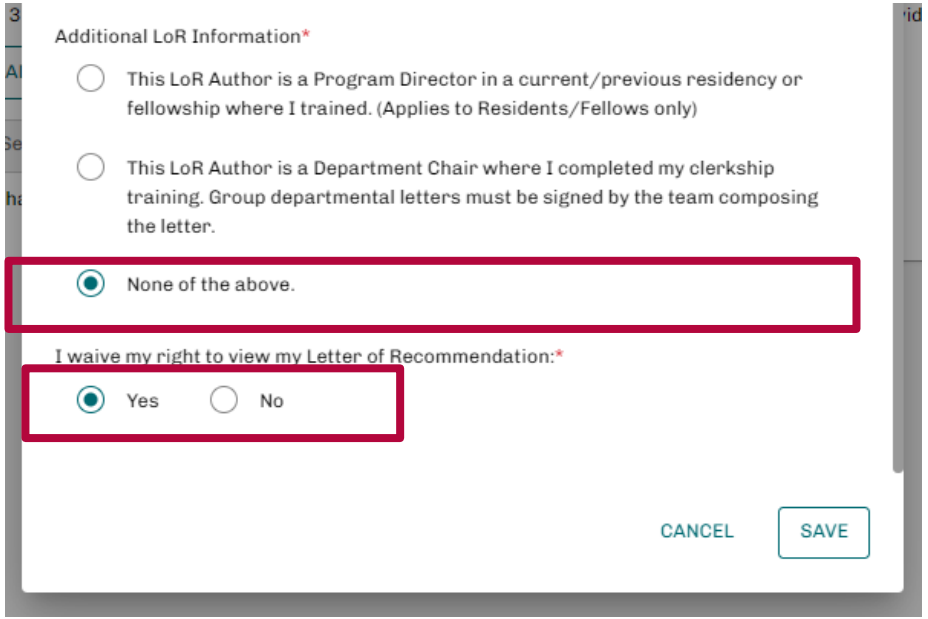


Documents: LORs



Documents: LORs (continued)





Documents: LORs (continued)

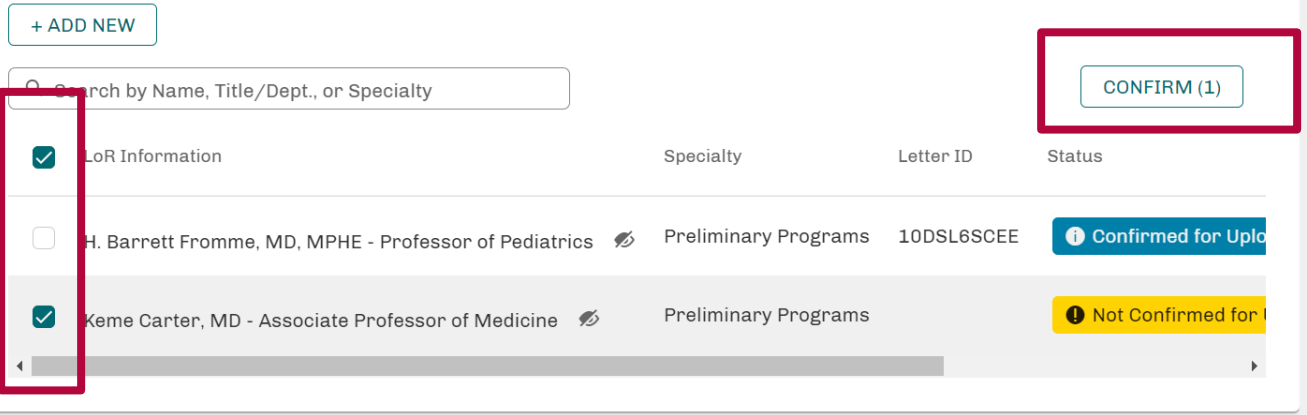
Documents

- Personal Statements
- **Letters of Recommendation**
- Additional Documents

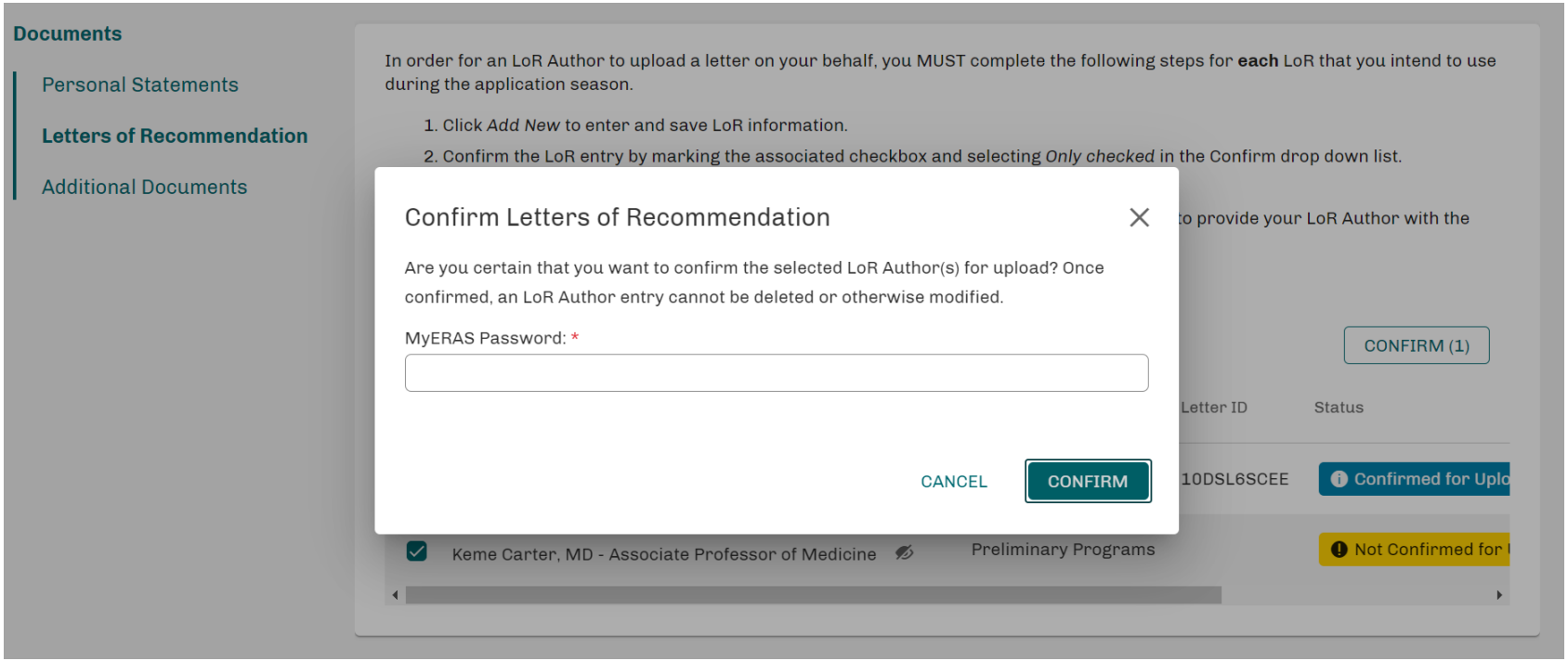
In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for **each** LoR that you intend to use during the application season.

1. Click *Add New* to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting *Only checked* in the Confirm drop down list.

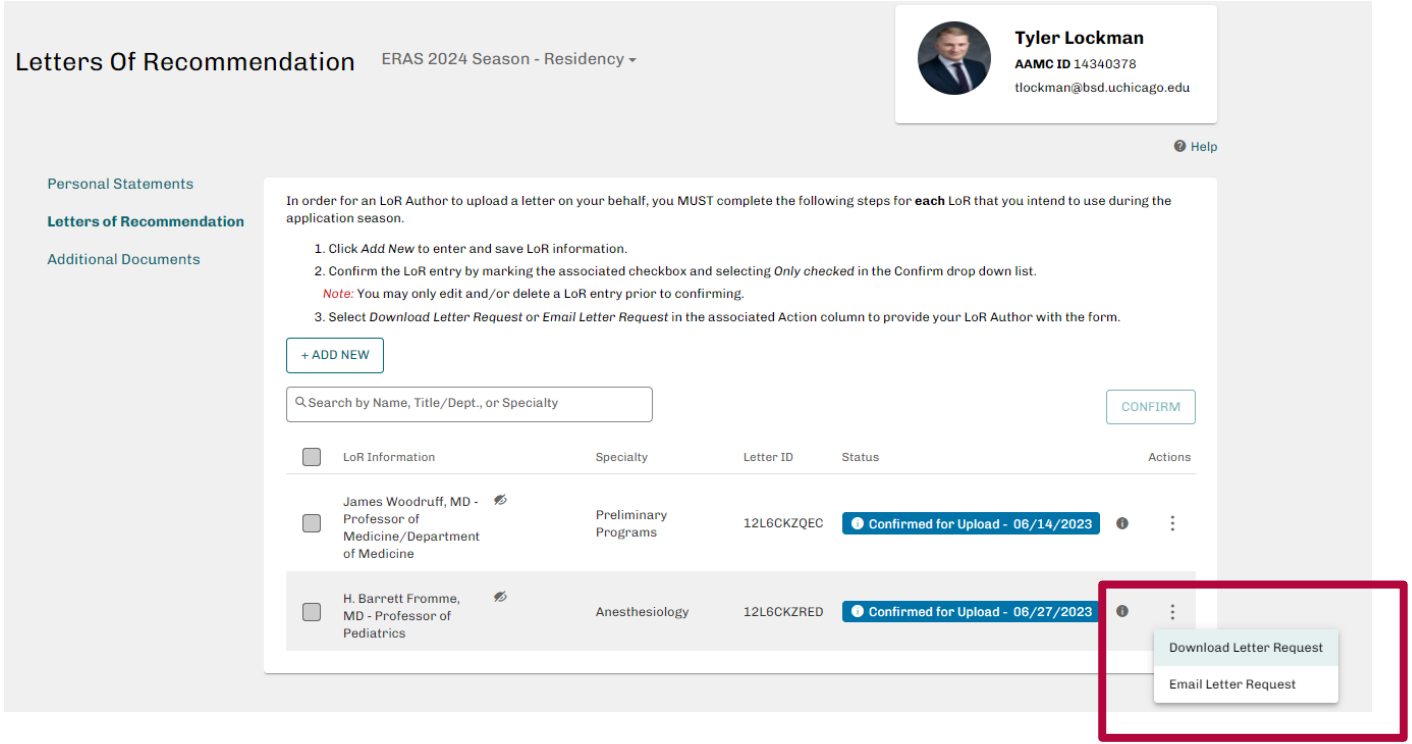
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select *Download Letter Request* or *Email Letter Request* in the associated Action column to provide your LoR Author with the form.



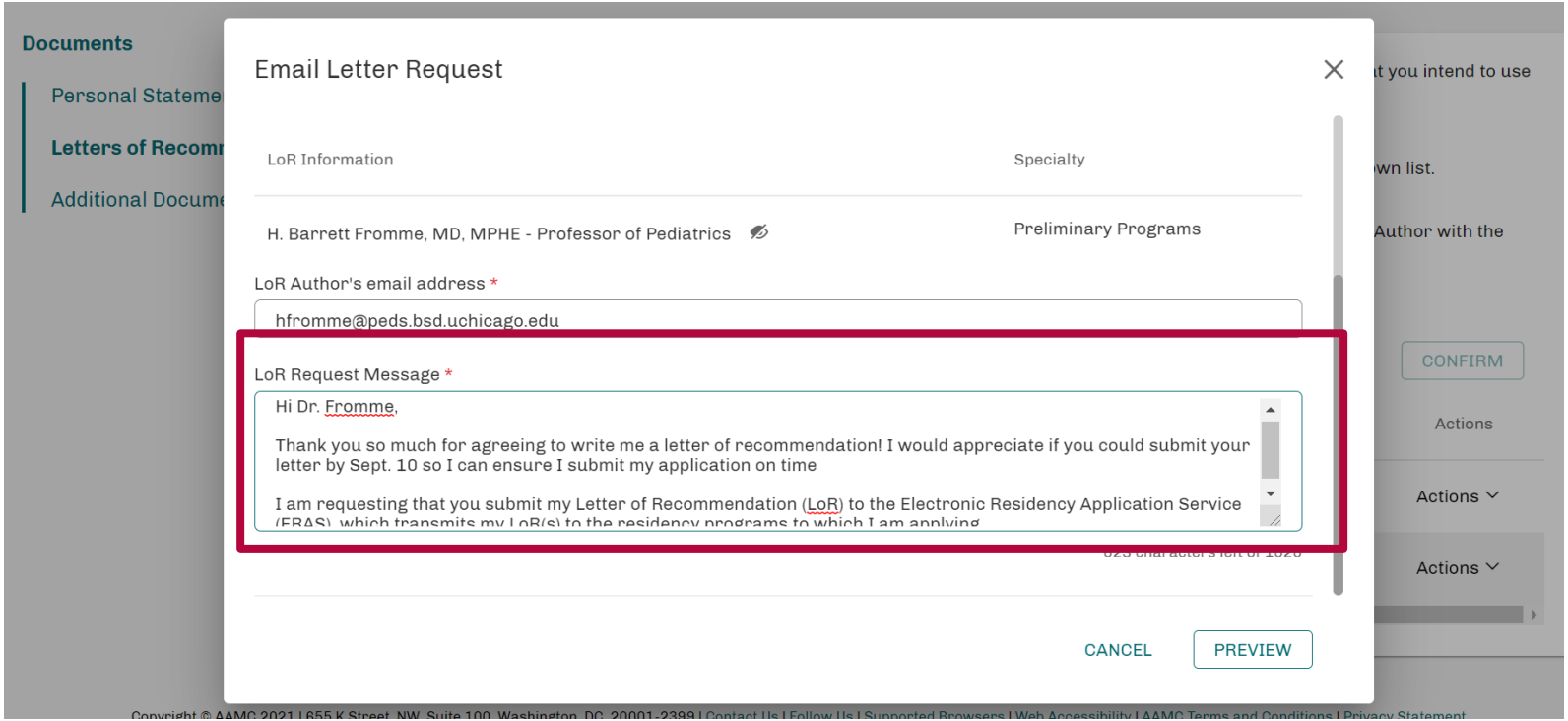
Documents: LORs (continued) | Confirm your LOR



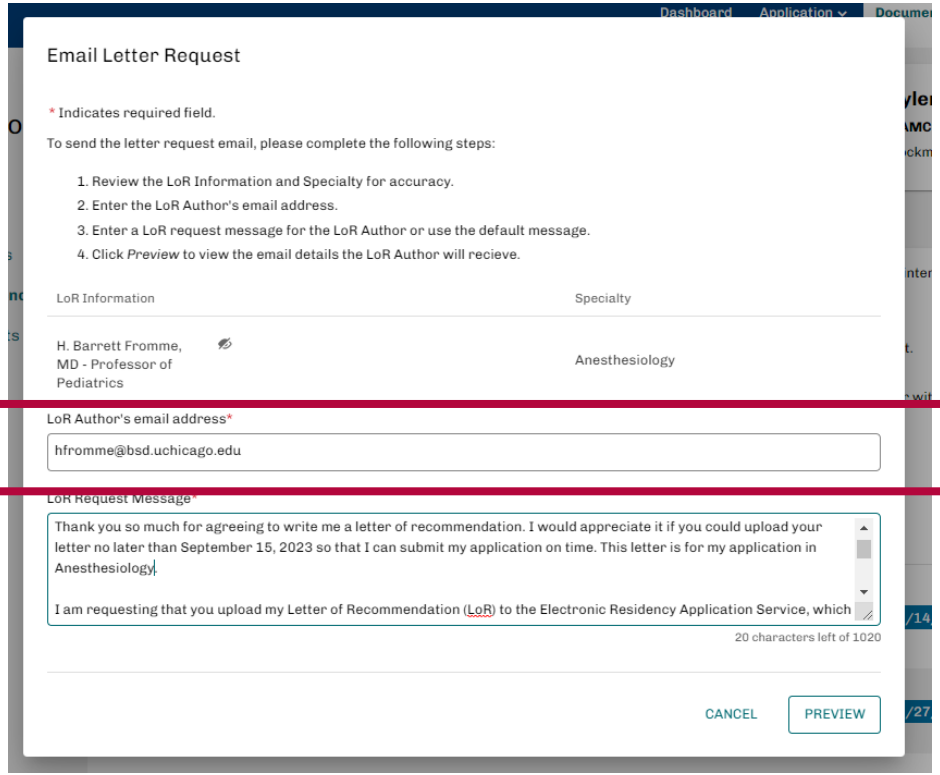
Documents: LORs (continued) | Generate Letter Request Form



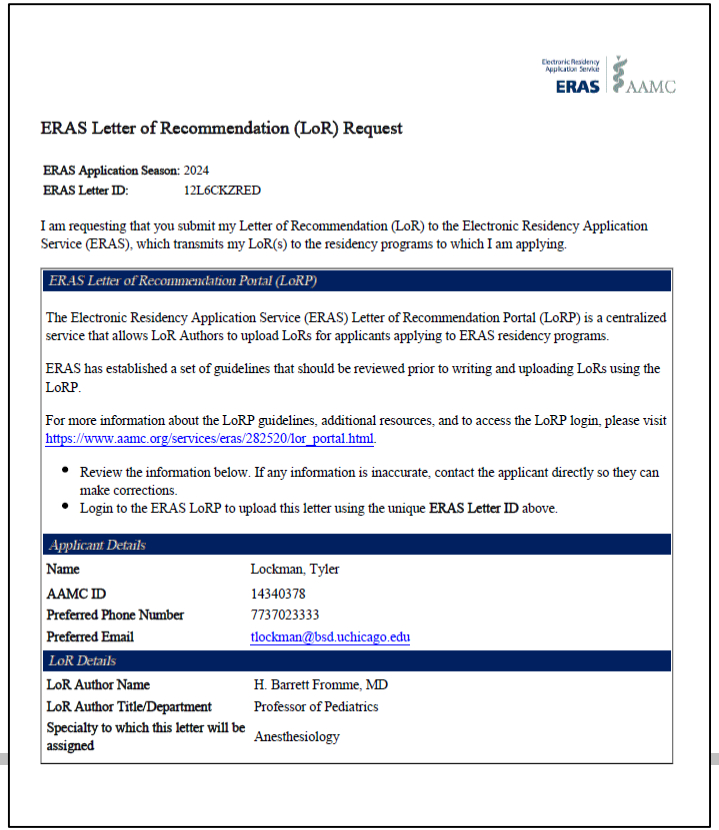
Documents: LORs (continued) | Email a Letter Request Form



Documents: LORs (continued) | Email a Letter Request Form



Documents: LORs (continued) | Generate a PDF Letter Request Form



Electronic Residency Application Service ERAS | AAMC

ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2024
ERAS Letter ID: 12L6CKZRED

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/282520/lor_portal.html.

- Review the information below. If any information is inaccurate, contact the applicant directly so they can make corrections.
- Login to the ERAS LoRP to upload this letter using the unique **ERAS Letter ID** above.

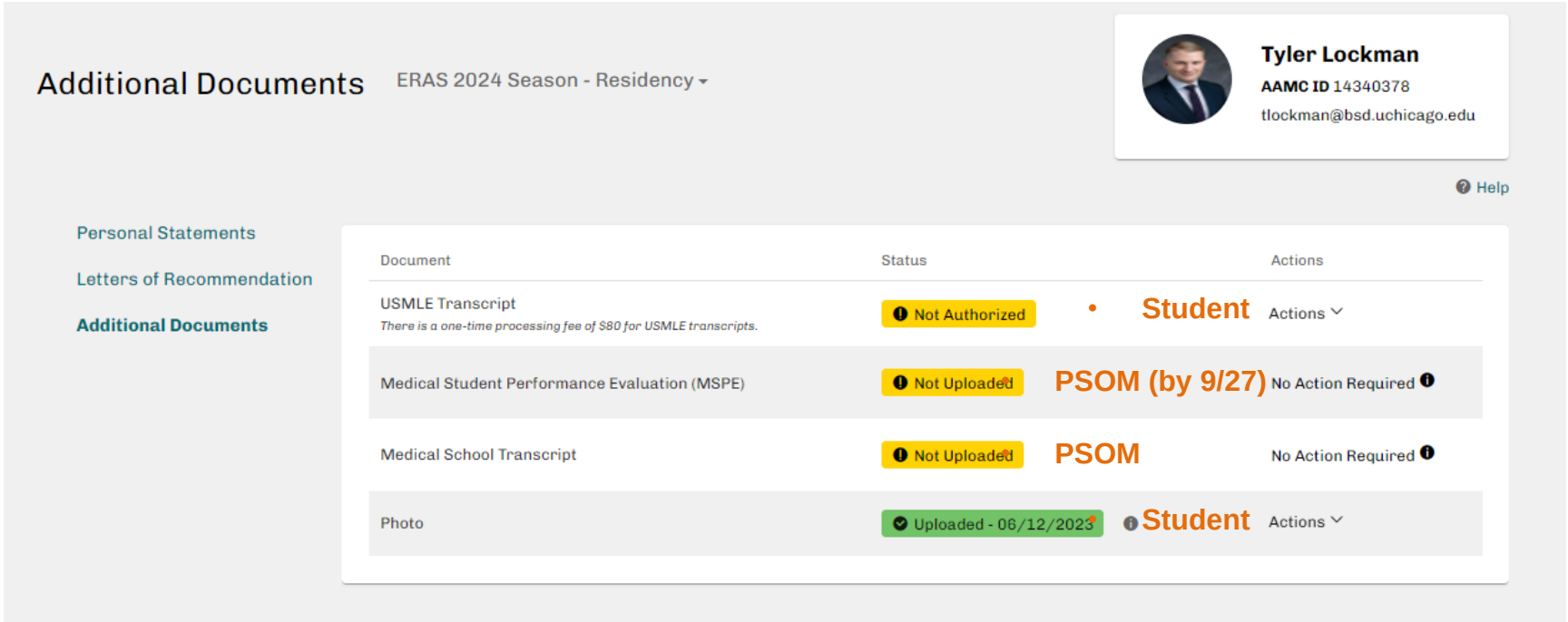
Applicant Details

Name	Lockman, Tyler
AAMC ID	14340378
Preferred Phone Number	7737023333
Preferred Email	tlockman@bsd.uchicago.edu

LoR Details

LoR Author Name	H. Barrett Fromme, MD
LoR Author Title/Department	Professor of Pediatrics
Specialty to which this letter will be assigned	Anesthesiology

Additional Documents



USMLE Transcripts

Three steps to releasing your scores:

1. Authorize release through ERAS to sync current scores
2. Assign the USMLE score to a specific program (under the Programs section)
3. If you receive updated Step 2 scores after submitting, go back into MyERAS and retransmit your scores

Programs

AAMC Apply Smart

Home / Applying to Residency / Apply Smart for Residency

Apply Smart for Residency

Applying to residency involves a complicated set of steps and decisions. The AAMC is committed to providing information to help you apply smarter for residency. We have curated a series of resources that explain the process and ensure that the residency program you select is the right fit for you.

Understanding the Application Process

Get answers to your questions about the residency application process. This section features the timeline that will guide you through the process and distills key information, including what is required for each step in the process.

Researching Residency Programs and Building an Application Strategy

The AAMC provides tools and data to help residency applicants build an effective application strategy.

Sign In To MyERAS

Sign In To Residency Explorer™ Tool

Supporting the Transition to Residency

The transition to residency is a time of critical importance in a medical student's journey to become a physician. The AAMC is developing tools and information to better support students, their advisors, and program directors during this phase.

LEARN MORE

Advisors: Advise Smart

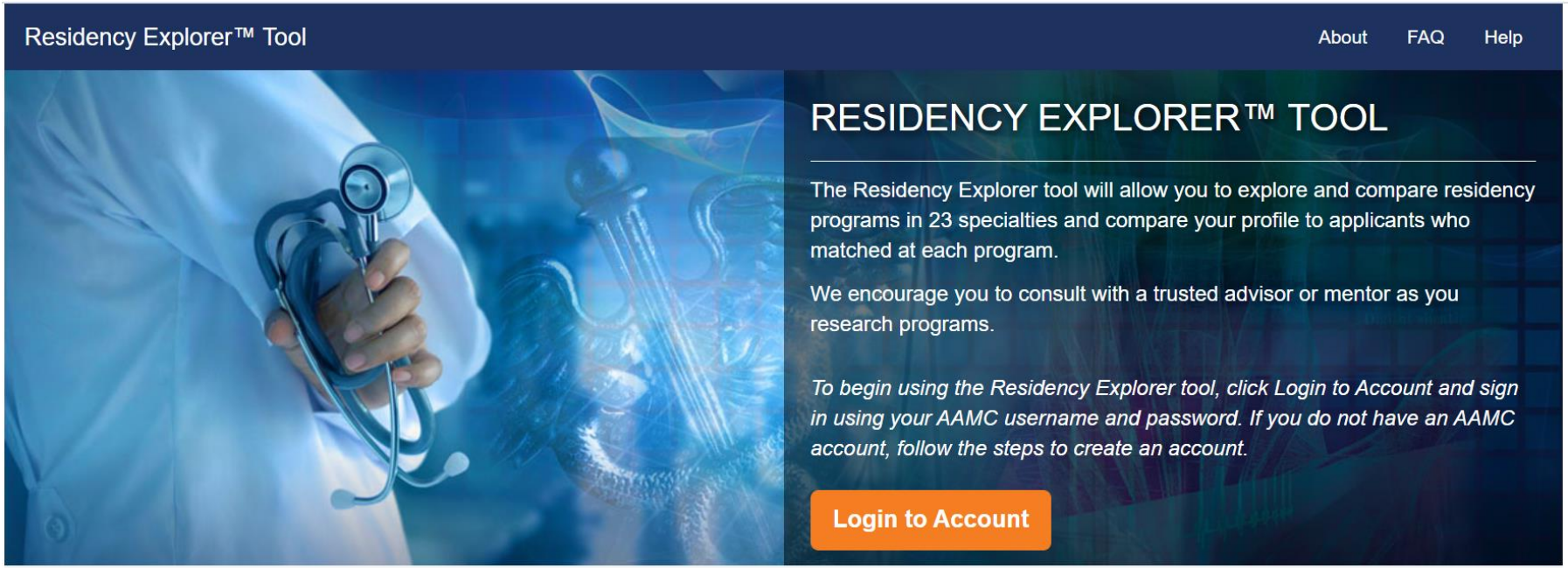
Login to Careers in Medicine to view key resources for your students.

LEARN MORE

Program Directors: Select Smart

https://students-residents.aamc.org/apply-smart-residency

NRMP Residency Explorer



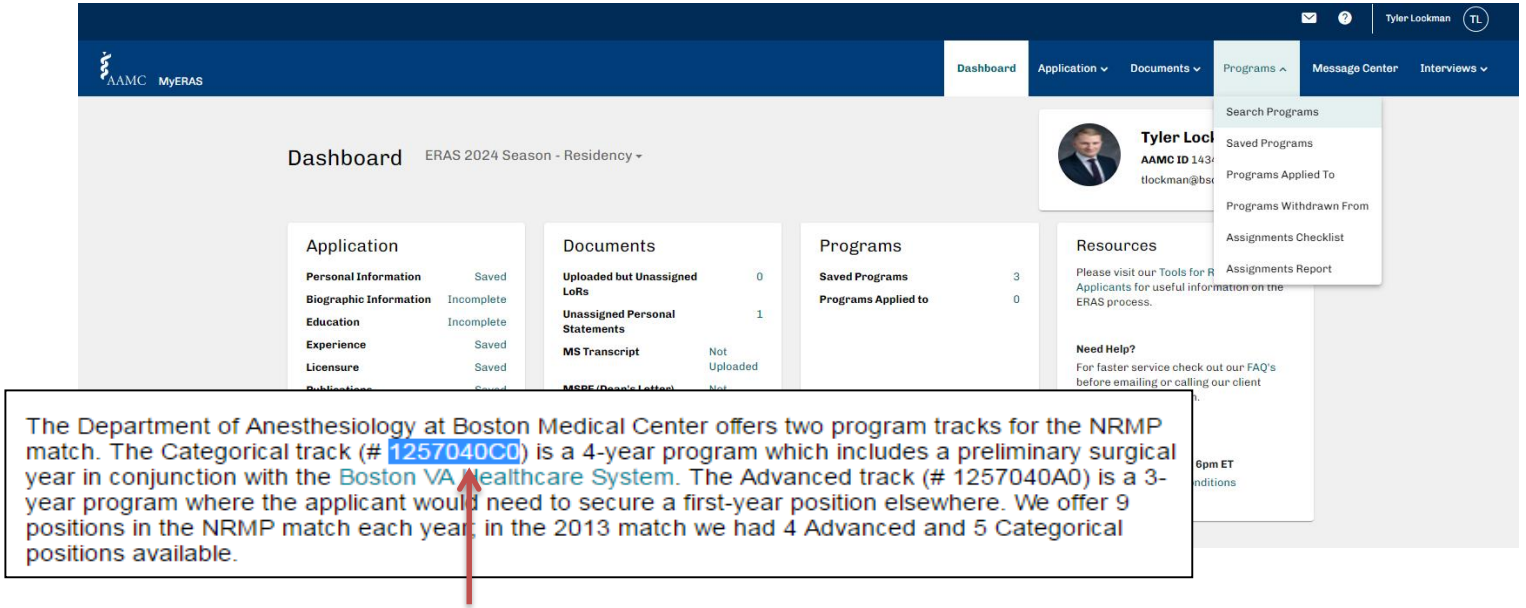
The Residency Explorer tool delivers insights about residency programs based on original-source, verified data.

https://www.residencyexplorer.org/

When using the Apply Smart data, remember…

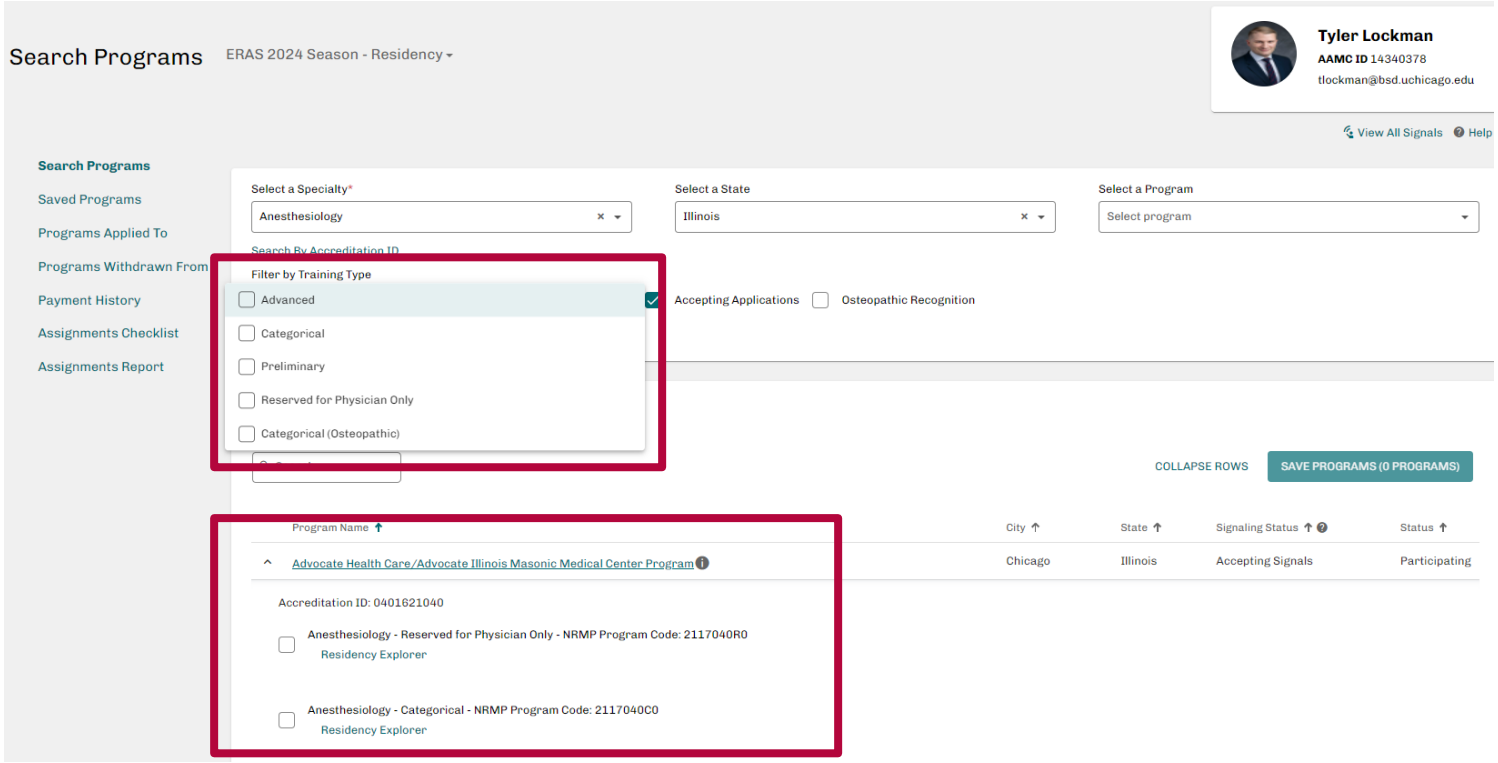
- No advice is one-size-fits-all.
- You may receive different advice from different advisors or mentors.
  - This is a complex process with multiple possible approaches and a high degree of uncertainty.
  - This happens all the time in life, not just in residency advising!
- Use all data and advice at your disposal to make the best decisions for you.

Programs (searching by number)

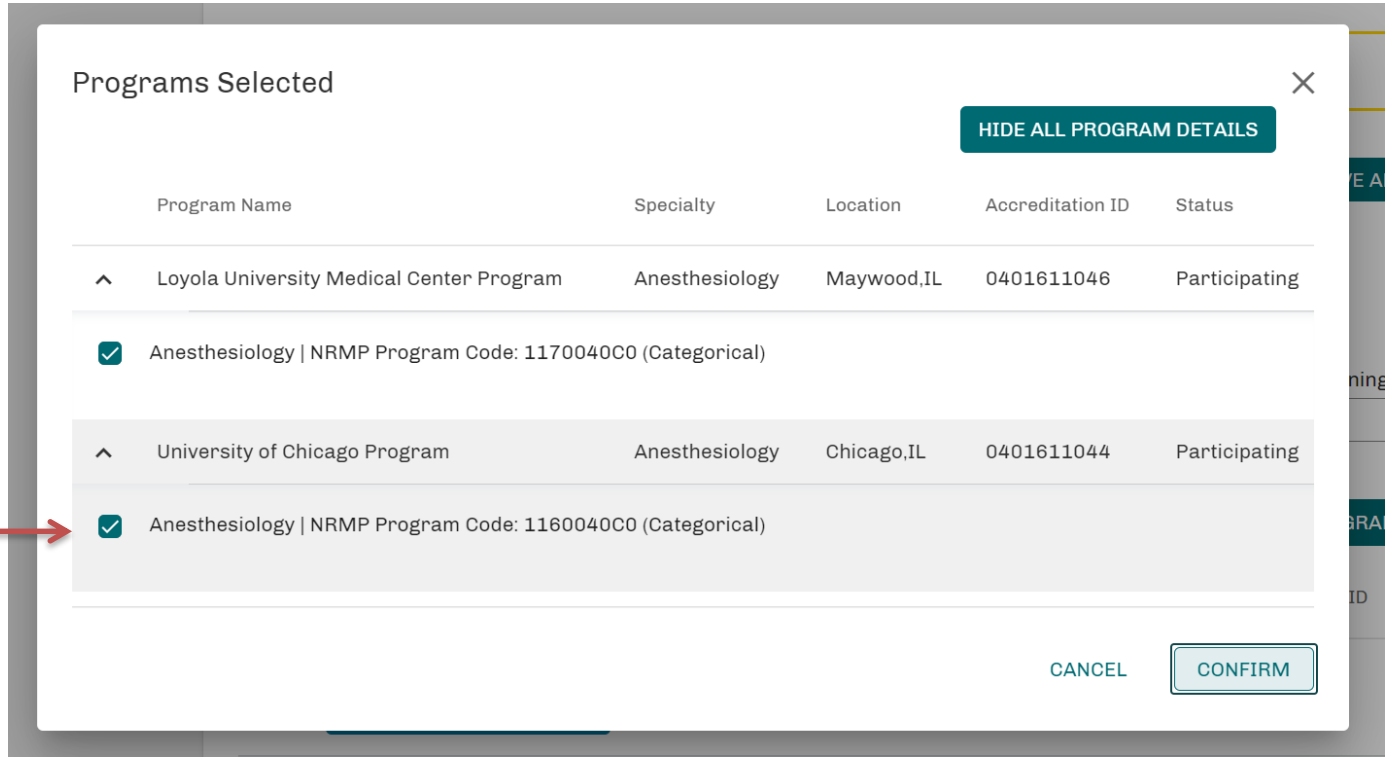


This is an NRMP ID, *not* an Accreditation ID. If you are looking up a program by number and not finding it, it's likely to be an NRMP ID. We recommend searching by specialty instead.

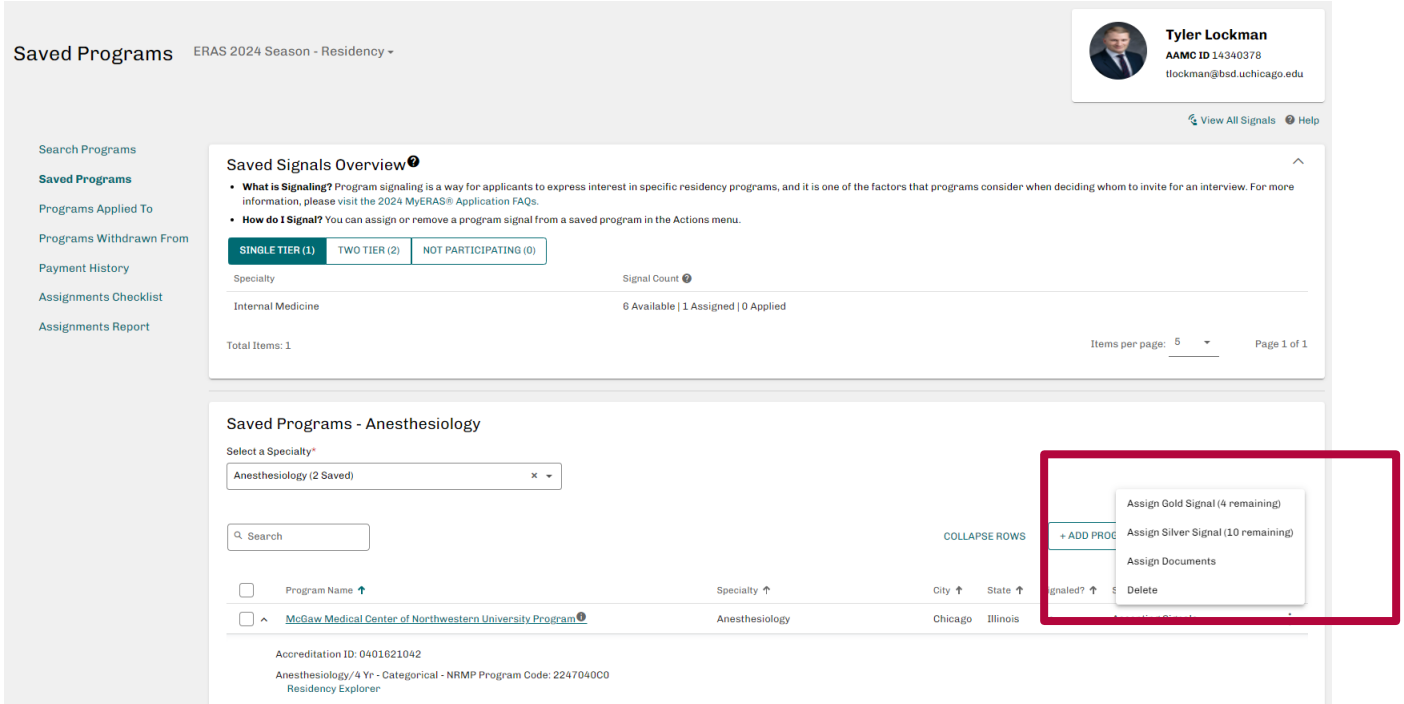
Programs (searching by specialty)



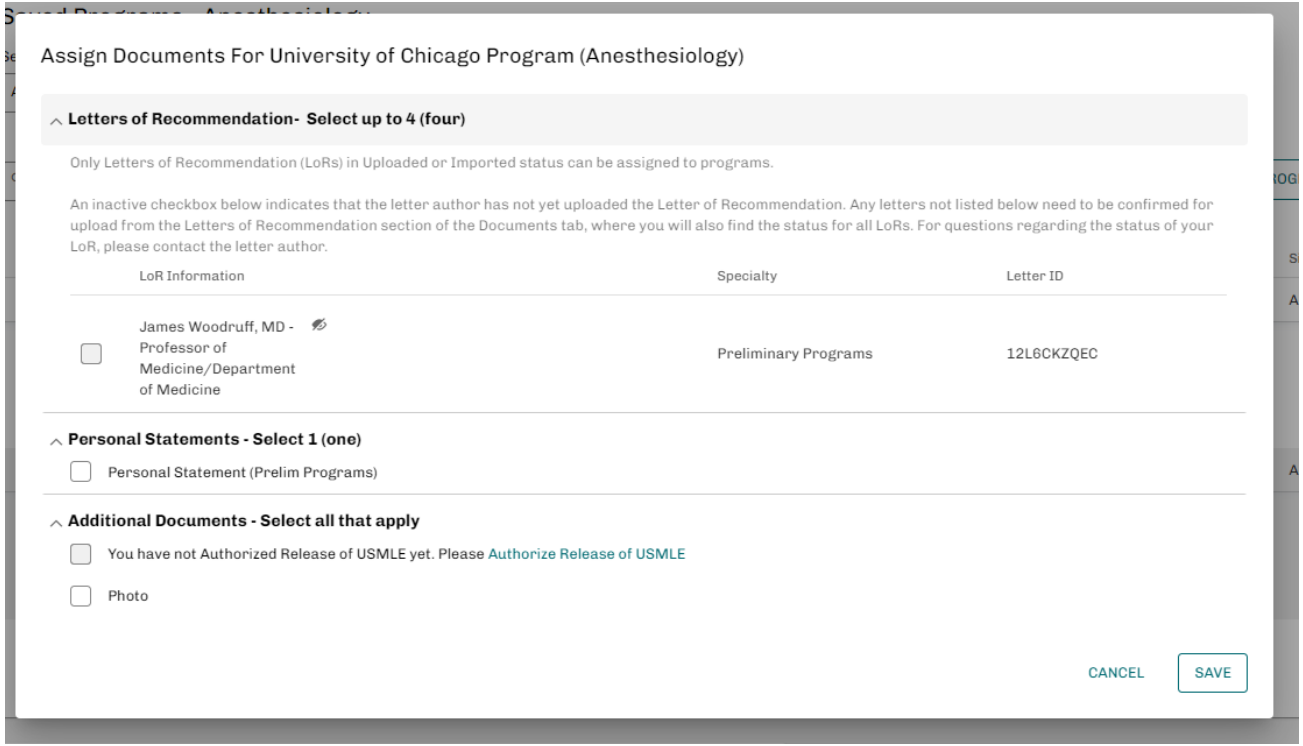
Saving Programs



Assigning Documents in “Saved Programs”



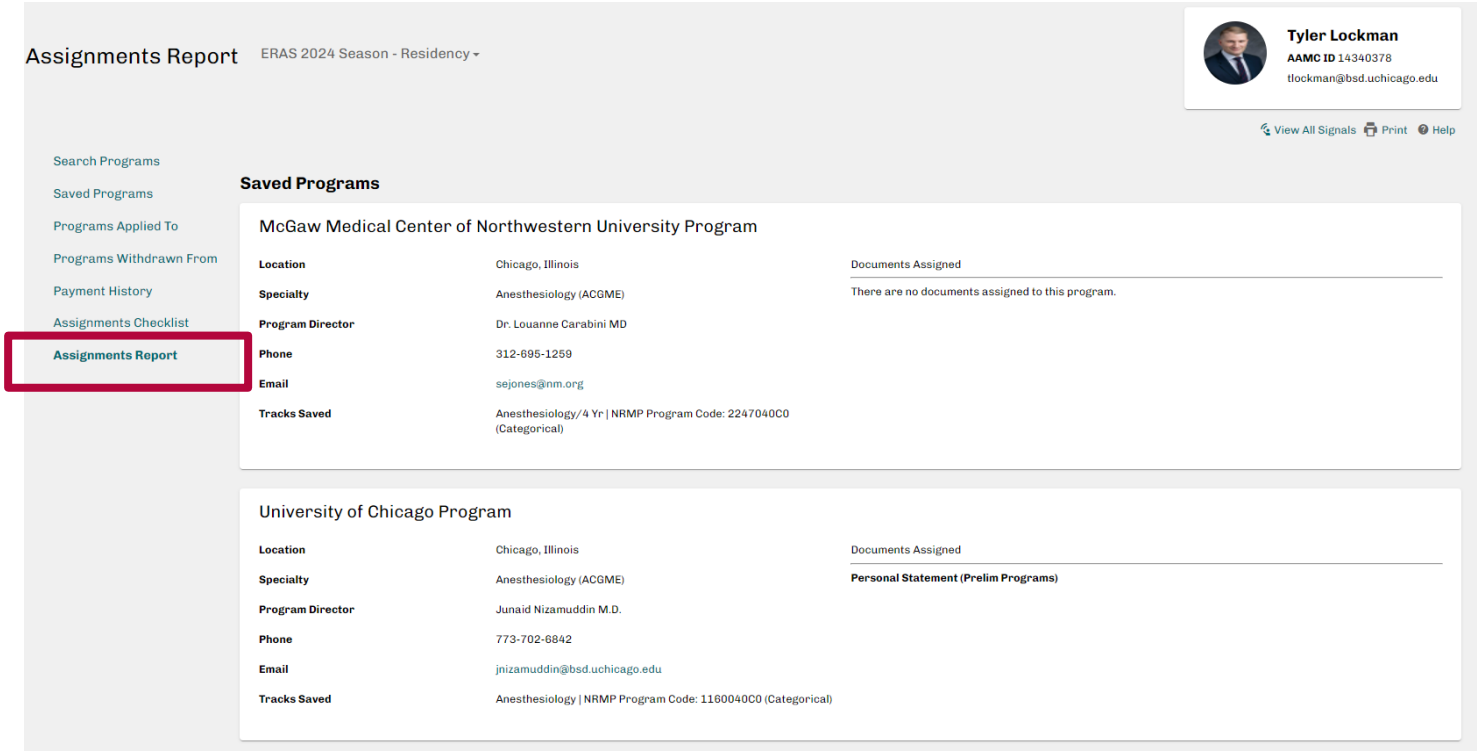
Assigning Documents



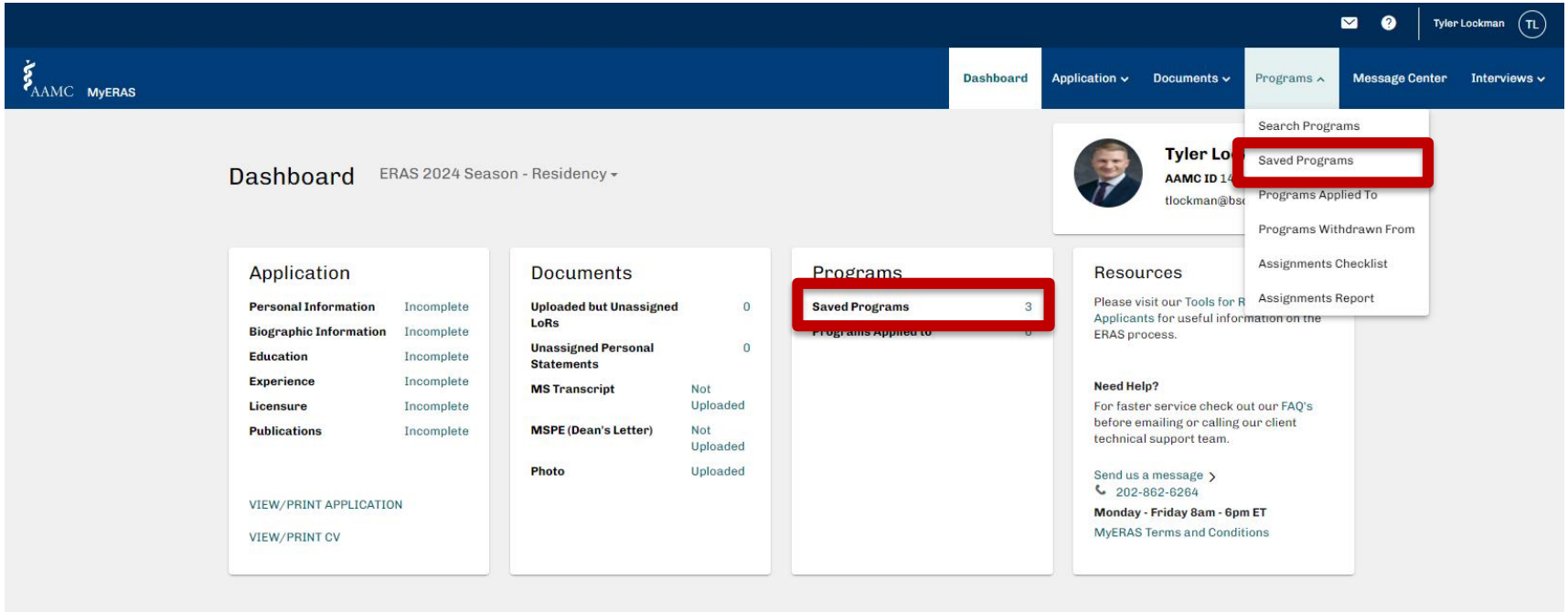
Assigning Documents

- If you do not see an LOR listed, you probably did not “confirm” it in the LOR section.
- You cannot assign an LOR until it has been uploaded.
- Only YOU can see how you’ve titled the LORs, so make sure they are clearly labeled.

Assignment Report



Using Program Signaling in ERAS



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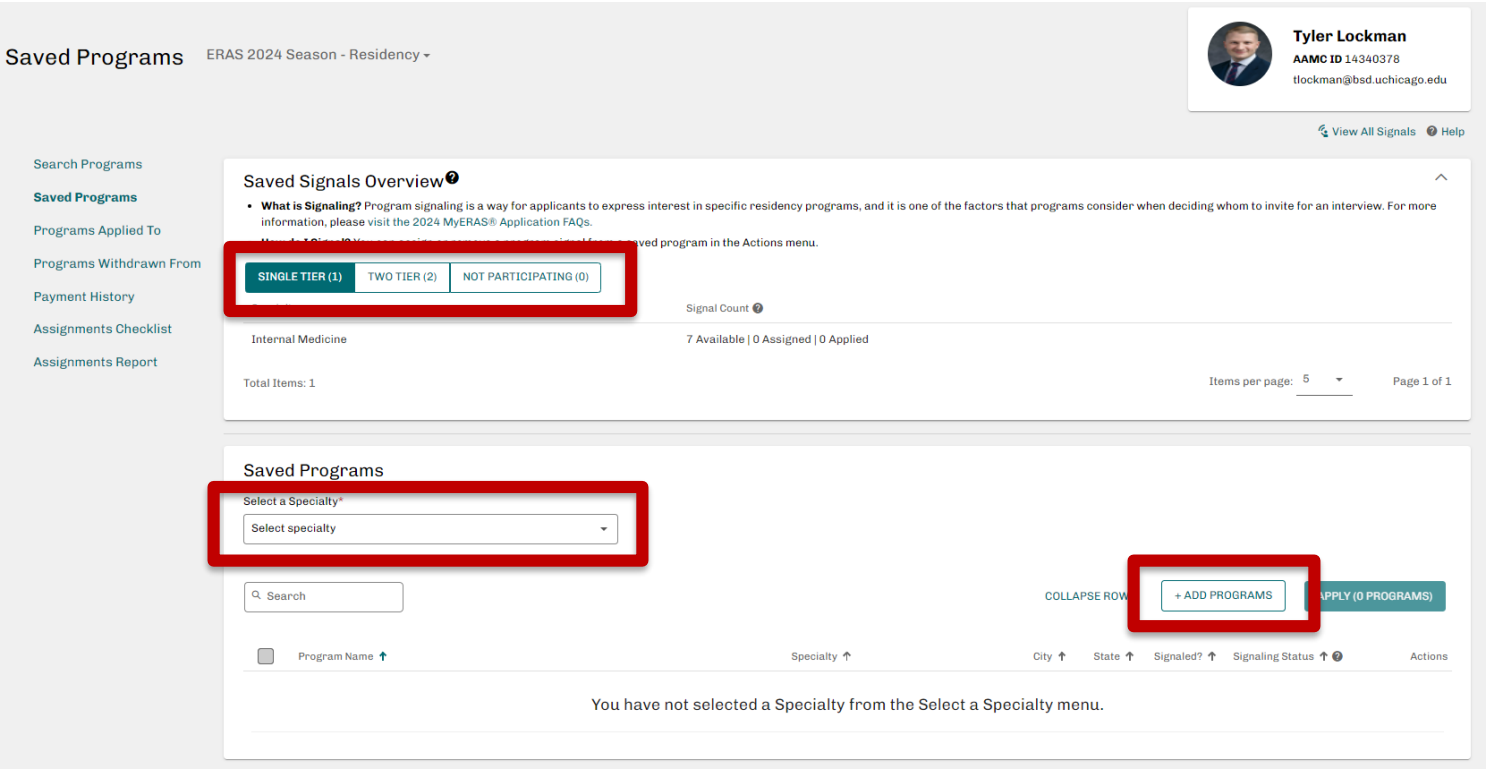
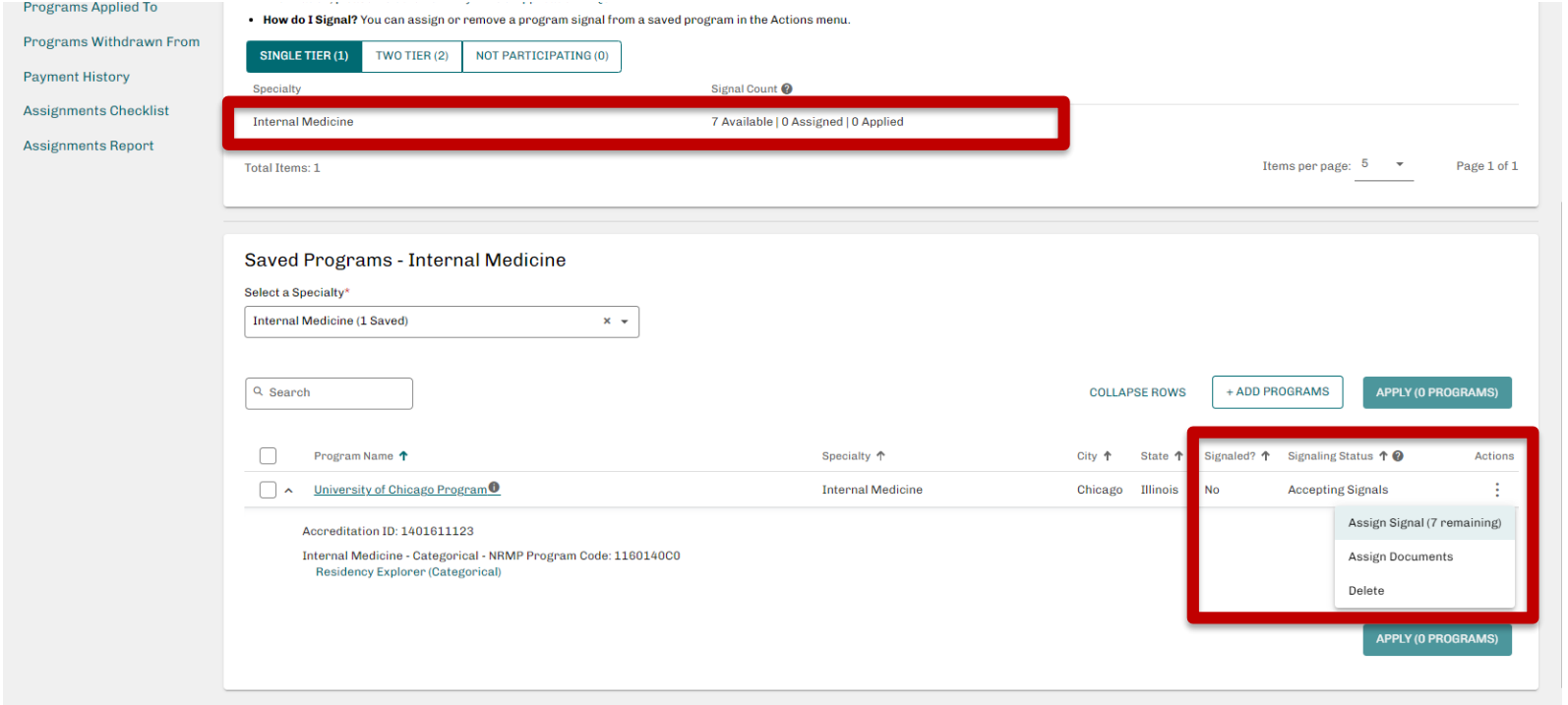
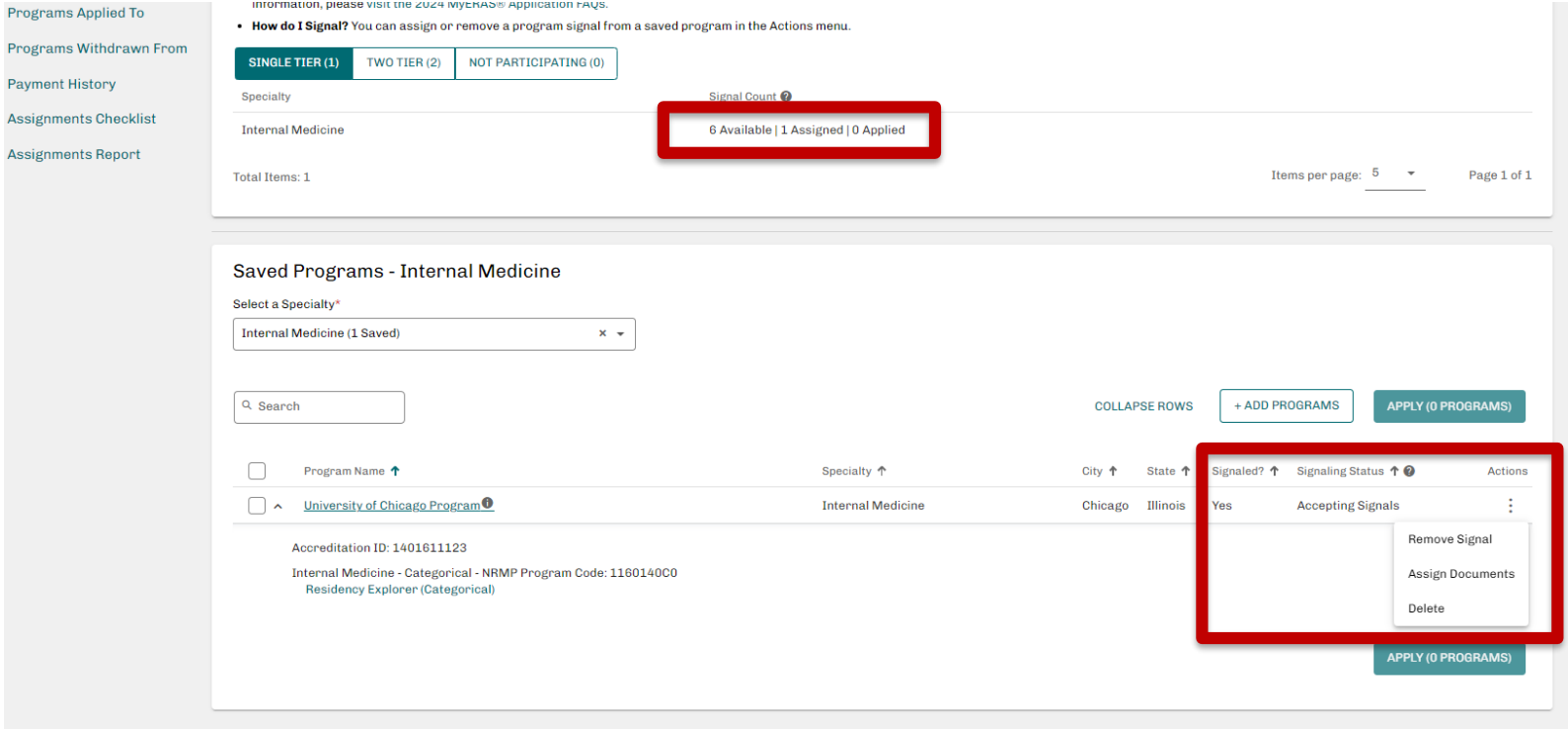


Using Program Signaling in ERAS



Using Program Signaling in ERAS



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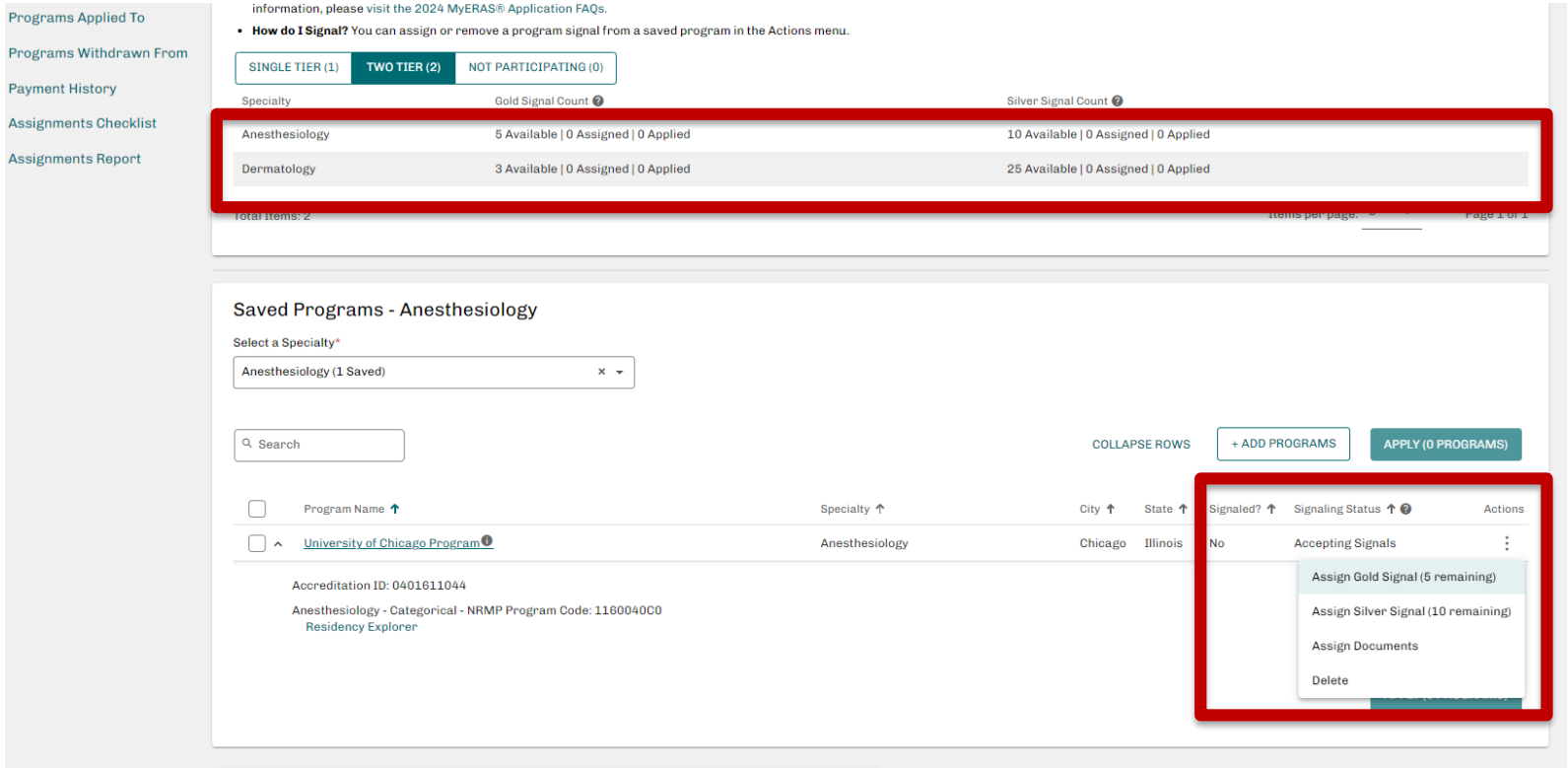
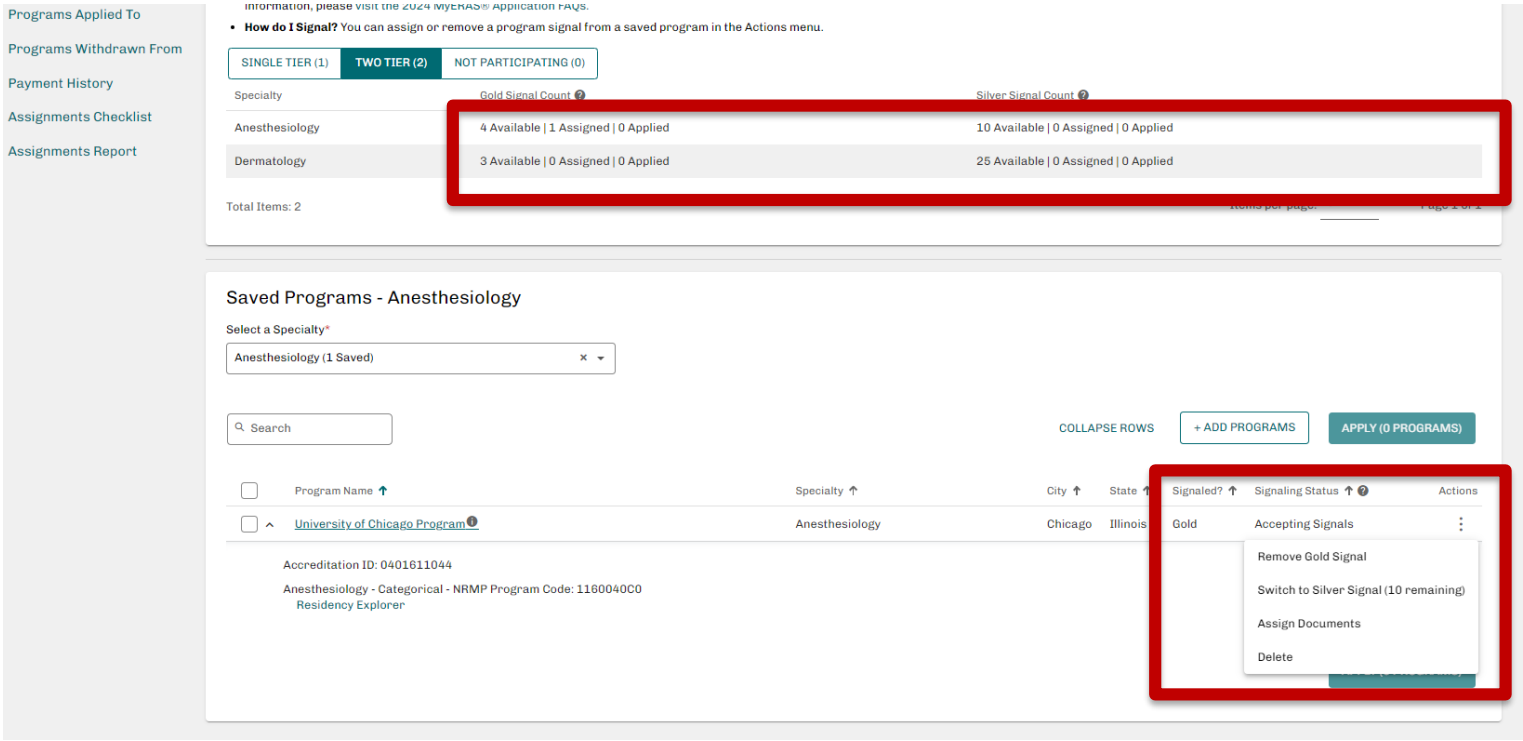
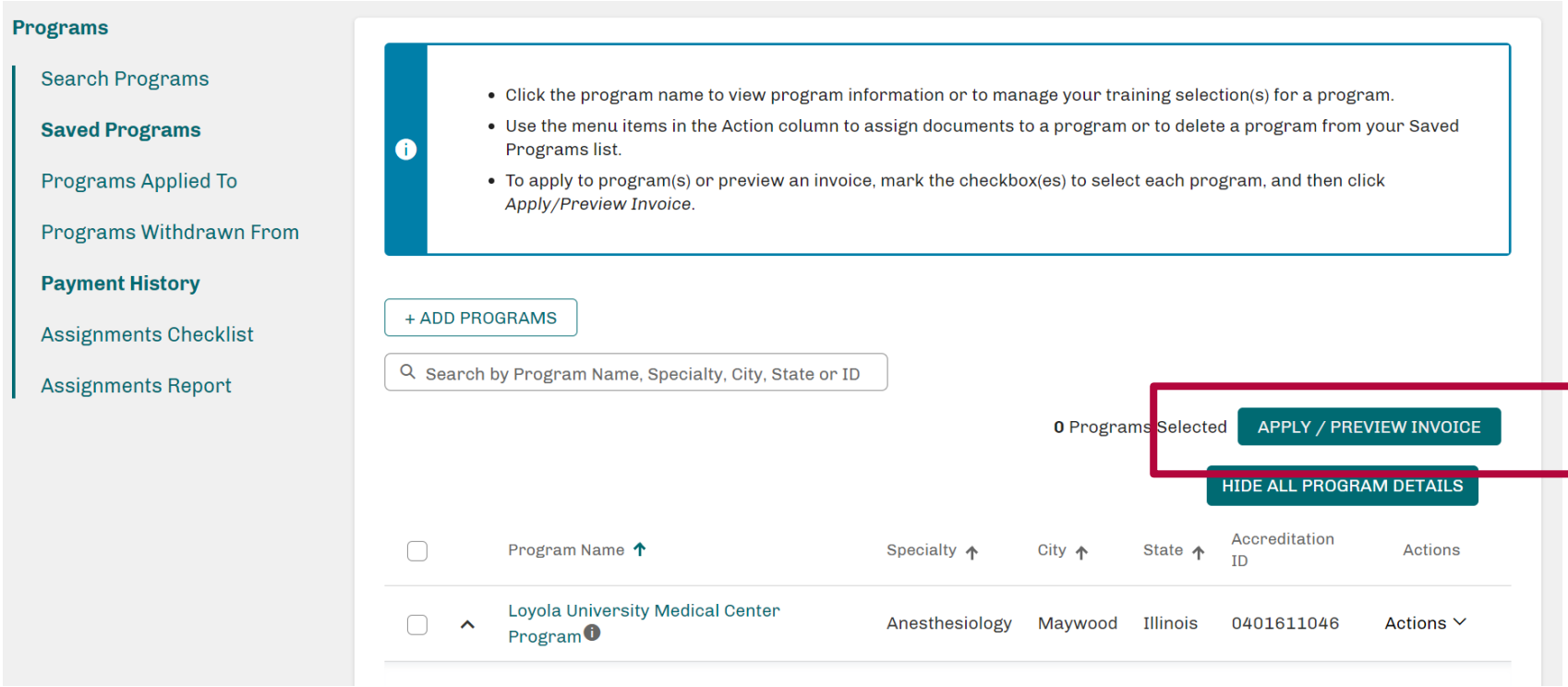


Using Program Signaling in ERAS



Fees


Programs
Search Programs
Saved Programs
Programs Applied To
Programs Withdrawn From
Payment History
Assignments Checklist
Assignments Report
Click the program name to view program information or to manage your training selection(s) for a program.
Use the menu items in the Action column to assign documents to a program or to delete a program from your Saved Programs list.
To apply to program(s) or preview an invoice, mark the checkbox(es) to select each program, and then click Apply/Preview Invoice.
+ ADD PROGRAMS
Search by Program Name, Specialty, City, State or ID
0 Programs Selected
APPLY / PREVIEW INVOICE
HIDE ALL PROGRAM DETAILS
Program Name
Specialty
City
State
Accreditation ID
Actions
Loyola University Medical Center Program
Anesthesiology
Maywood
Illinois
0401611046
Actions

2023-24 ERAS Fees

Base Fee, 1-10 applications	$99
Applications 11-20	$19 each
Applications 21-30	$23 each
Applications > 31	$27 each
USMLE Transcript Fee	$80

- Example 1
  - ***30 Emergency Medicine programs:*** *[$99.00 + (10 x $19.00) + (10 x $23.00)] =* ***$519***
- Example 2
  - ***20 OB/GYN programs*** *[$99.00 + (10 X $19.00)]* ***+ 10 Family Medicine programs*** *[$99.00]* ***= $388***

2023-24 NRMP Match Fees

Base Fee	$70 for 20 ranks
Late registration fee	$50 if you register after January 31
Couples	$45 per partner (+additional stepped fees over 100 ranks)
Additional Programs	$30 for every program ranked above 20 ranks

From the NRMP: *The NRMP also has capped at 300 the number of ranks allowed for individual applicants and applicants participating in the Match as a couple. In addition… there will be a new Length of Rank Order List Fee. Lists with 100 or more ranks will incur stepped fees, up to a maximum of $200 until the 300 rank cap is reached. These changes are being made to prevent applicants from entering over-long ROLs, some of which have exceeded 700 ranks without any apparent benefit to the applicants' Match outcome.*

Pritzker 2022-23 Data

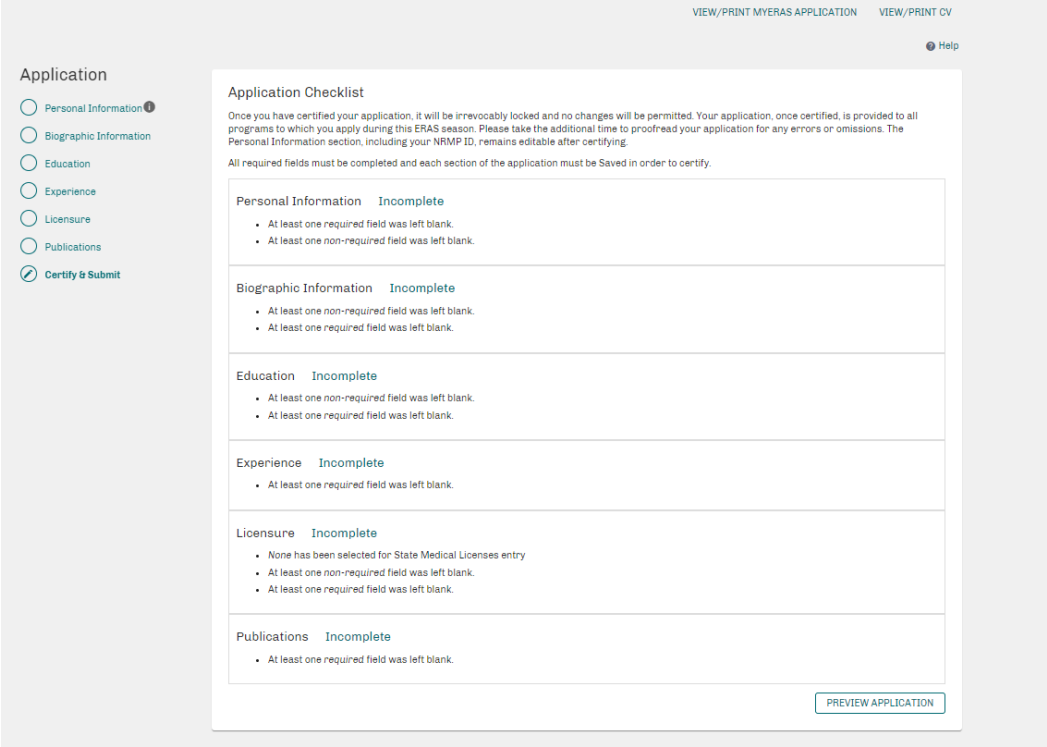
Data from our annual post-Match survey

9. How much money do you estimate that you spent applying and interviewing during the residency application season (including application, travel, and hotel costs)? Please round to the nearest $50.

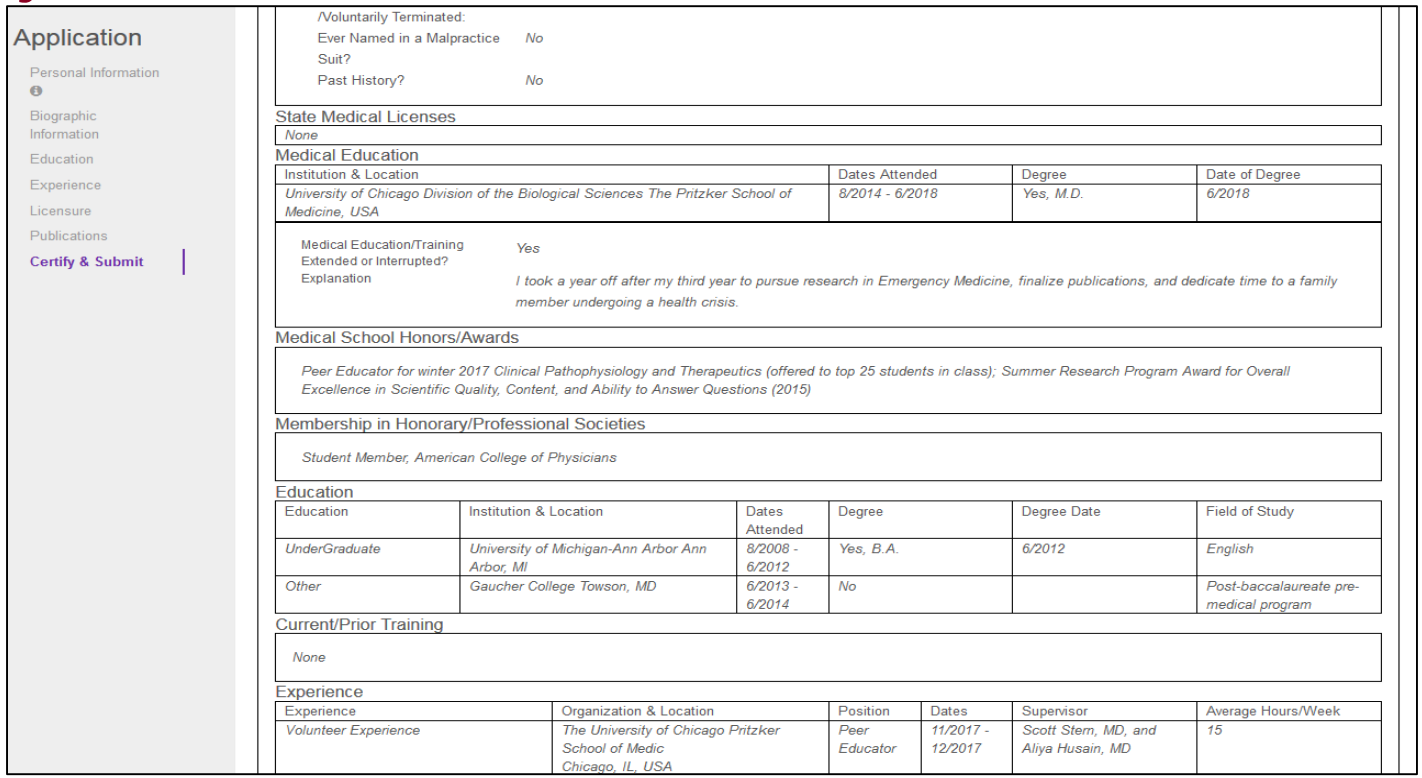
Statistic	Value
Mean	$1,872
Median	$1,225
Mode	$500
Standard Deviation	$1,859
Valid Responses	70
Total Responses	70

Richard in Financial Aid is here to work with you to help with these costs.
Also, look out for info on our free alumni hosting program when traveling for interviews!

Certify and Submit



Certify and Submit



Application

- Personal Information
- Biographic Information
- Education
- Experience
- Licensure
- Publications
- Certify & Submit

/Voluntarily Terminated:

Ever Named in a Malpractice Suit? *No*

Past History? *No*

State Medical Licenses

None

Medical Education

Institution & Location	Dates Attended	Degree	Date of Degree
University of Chicago Division of the Biological Sciences The Pritzker School of Medicine, USA	*8/2014 - 6/2018*	*Yes, M.D.*	*6/2018*

Medical Education/Training Extended or Interrupted? *Yes*

Explanation *I took a year off after my third year to pursue research in Emergency Medicine, finalize publications, and dedicate time to a family member undergoing a health crisis.*

Medical School Honors/Awards

Peer Educator for winter 2017 Clinical Pathophysiology and Therapeutics (offered to top 25 students in class); Summer Research Program Award for Overall Excellence in Scientific Quality, Content, and Ability to Answer Questions (2015)

Membership in Honorary/Professional Societies

Student Member, American College of Physicians

Education

Education	Institution & Location	Dates Attended	Degree	Degree Date	Field of Study
UnderGraduate	*University of Michigan-Ann Arbor Ann Arbor, MI*	*8/2008 - 6/2012*	*Yes, B.A.*	*6/2012*	*English*
Other	*Gaucher College Towson, MD*	*6/2013 - 6/2014*	*No*		*Post-baccalaureate pre-medical program*

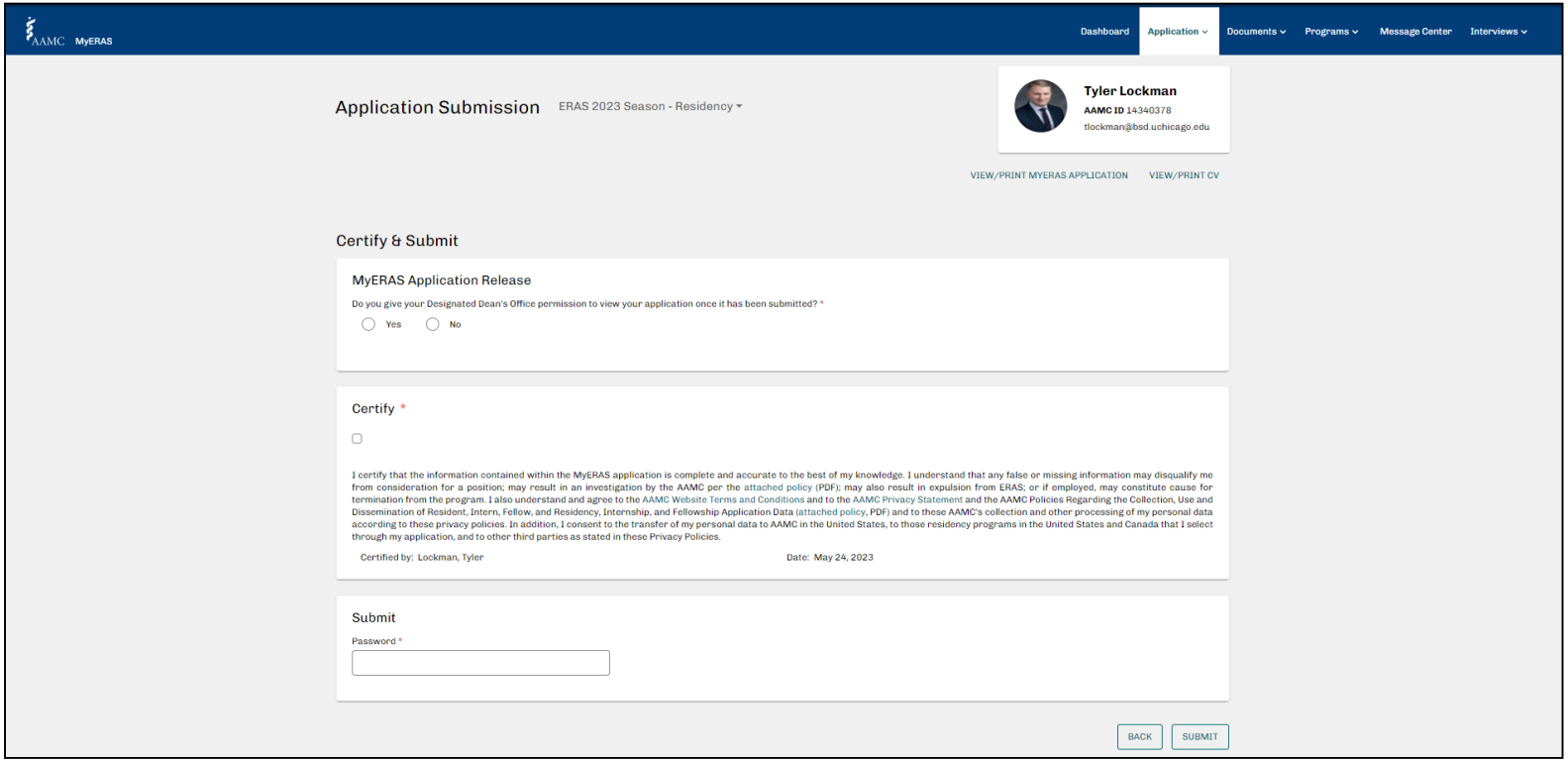
Current/Prior Training

None

Experience

Experience	Organization & Location	Position	Dates	Supervisor	Average Hours/Week
Volunteer Experience	*The University of Chicago Pritzker School of Medic Chicago, IL, USA*	*Peer Educator*	*11/2017 - 12/2017*	*Scott Stern, MD, and Aliya Husain, MD*	*15*

Certify & Submit



Adding Programs After September 6

You can add programs *after* you have submitted your ERAS application,

but you must re-assign your USMLE scores and photo

Top 5 ERAS Points

1. Hit “Save” all of the time, and proofread.
   - View your ERAS application in both CV and “application” formats
   - Print your Assignment Report and make sure you assigned all your documents
2. Remember to click the final “Certify and Submit” button between September 6-27, and have your credit card ready! (We will send a reminder. Many reminders.)
3. Be deliberate when naming and assigning your letters and personal statements.
4. Track the status of your LORs and assign LORs to programs once they arrive.
5. You can add programs after Sept. 6, but be sure to re-assign your documents and USMLE scores.

Upcoming Class Meetings

September 18	MS4 Class Meeting #3: Interviewing for Residency
January 22, 2024	MS4 Class Meeting #4: Preparing your Rank List
March 15, 2024	Match Day!