

## **Pritzker School** of Medicine



# Residency Application Overview

MS4 Class Meeting #1 June 1, 2023

## **Updates**

- Welcome back to Dual Degree and Research Year students!
- Financial Aid Updates Richard Wilson
- Health Equity, Diversity, & Inclusion Melissa Harrell Robinson
- Residency Process Announcements Tyler Lockman
- Career Advising Updates
- Class Updates Pritzker Chiefs
  - » Cody He
  - » Leslie McCauley
  - » Melinique Walls



## **Your Questions and Concerns**

#### Things you are excited about...

- "Excited for the interview process, learning more about a wide range of programs, and starting to shape the next phase of our careers" + "Fourth year rotations"
- "Having time off!"

#### Things you may be worried about...

- "I am a bit uneasy about signaling since it is such a new part of the process. Geographic signaling seems like that part that has the least clarity."
- "Poor sense of my standing & competitiveness for residency application + matching to same location as my significant other"

#### What you would like to know more about...

- "How the signaling process works" + "Using ERAS signaling"
- "How to learn about specific residency programs." & "What are the benefits of 'networking?"



## **Applying to Residency: Summer into Fall**

## <u>Agenda</u>

- Timeline
- Deciding where to apply
- Components of your application
- Words of Wisdom



## **Timelines and Deadlines**



## **Important Dates & Deadlines**

- 7/15/2023: Deadline to take Step 2
- 9/6/2023: ERAS opening to certify and submit applications to residency programs
- 9/1/2023: San Francisco Match (ophthalmology) application deadline
- 9/15/2023: NRMP registration opens
- 9/15/2023: LORs submitted
- 9/27/2023: Residency Programs may begin application and MSPE review
- Jan 2024: AUA (urology) rank list deadline (TBD date)
- 1/31/2024: NRMP applicant registration deadline
- 1/30/2024: San Francisco Match (ophthalmology) rank list deadline
- Feb.2024: AUA (urology) match results released (date tbd; usually early in month)
- 2/6/2024: Ophthalmology match results released
- ~3/1/2024: NRMP rank order list certification deadline
- 3/15/2024: MATCH DAY



## **Timeline: June - August**

**June** Register for ERAS (tokens emailed to you in June)

Organize CV (follow template) & send updates to Tyler

Ask for Letters of Recommendation

Have your ERAS/Graduation Photo taken

**July – August** Write your Personal Statement

Send a draft to your career and specialty advisors for review

Edit your ERAS application to near completion

MSPE review

This timeline is designed for students applying through the regular match.



## **Timeline: September**

September Continue to edit your ERAS application

LORs uploaded (9/15)

September 7 Applicants may begin submitting applications to programs

September 15 Pritzker Internal Deadline for completing applications

September 15 NRMP Registration opens

(You must register for <u>both</u> ERAS <u>and</u> the NRMP)

September 27 ERAS Applications and MSPEs released to programs



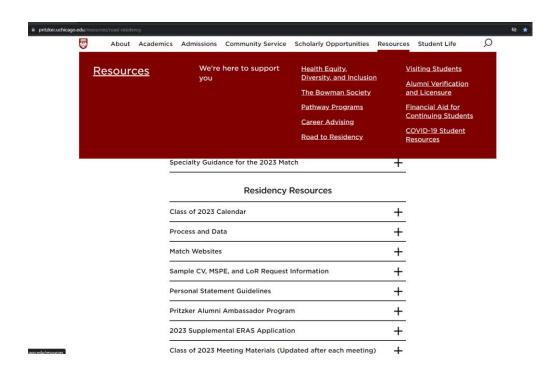
## **Residency Process Book**

- Advising calendar and deadlines
  - Please check the website for up to date timelines
- Career Advisor contact info
- Checklists
- Guidance on Signaling, Couples Match, etc.
- Sample CV
- Sample ERAS application
- Sample MSPE and MSPE appendices
- Sample personal statement
- Specialty-specific guidance

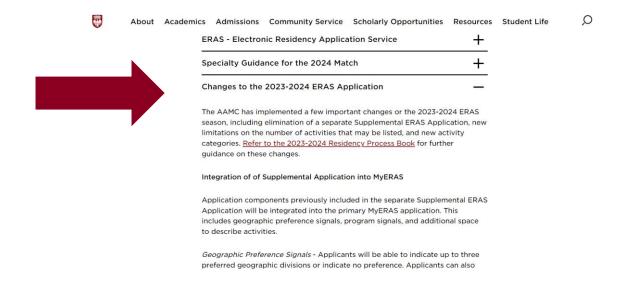




## **Residency Resources**



## **Residency Resources**



# Where to Apply



## **Resources for Researching Residencies**

- Pritzker Faculty
- Current Residents
- Pritzker Alumni + Alumni Ambassador Program
- FREIDA Online

## Pritzker Alumni Ambassador Program How to Sign-Up/Login

- 1. Visit <u>uchicago.wisr.io/signup</u>
- 2. Select "Pritzker School of Medicine Student" as your membership type
- 3. Request to join the **Pritzker Alumni Ambassador program** community (The UChicago MBSAA will grant you access within one business day)
- 4. Watch this short video tutorial to help get you started



## **Choosing a Program**

#### Considerations:

- Family
- Geography
- Your own qualifications and abilities
- Quality of the program
- Preliminary program requirements
- Breadth and depth of list

Your Specialty and Career Advisors can be instrumental in helping you create a list.



## Do I need to apply for a prelim year?

#### Categorical

 Begins in PGY-1 and offers full residency training required for board certification in that specialty

#### **Advanced**

 Begins in PGY-2 and are in specialty programs that require completion of 1 year of preliminary training

#### **Preliminary**

Begins in PGY-1 and offers 1 year of training prior to entry into advanced specialty

#### **Transitional**

PGY-1 year that is similar to a "rotating" internship



## Specialties that <u>may</u> require a preliminary year

- Anesthesiology
- Dermatology
- Neurology
- Ophthalmology
- PMR
- Radiation-Oncology
- Radiology

## **Selecting Programs and Maximizing Your Odds**

#### Think like an investor:

Create a diverse application portfolio to mitigate risk and maximize your ROI!

#### **Goal Programs**

Your dream program!

#### **Realistic Programs**

You are relatively sure you will get an interview at this program.

#### **Low-Risk Programs or Specialties**

Maximize your odds of matching by applying to back-up programs.



# Components of the Application



## **Application Components**

#### Your responsibilities

- 1. ERAS application
- 2. Personal Statement
- 3. Letters of Recommendation (LORs)
- 4. ERAS Photo
- 5. USMLE transmission (via ERAS)

#### Our responsibilities

- 6. MSPE Letter
- 7. Pritzker transcript



## Changes to ERAS for 2023-2024

- Integration of Supplemental Application into MyERAS Application
  - Geographic Preference Signaling
  - Program Signals
    - Anesthesiology (15)
    - Dermatology (28)
    - Diagnostic Radiology (12)

      Francisco Madiciae (7)
    - Emergency Medicine (7)
    - Family Medicine (5)
    - General Surgery (5)
       Internal Medicine (7)
    - Internal Medicine/Psych (2)

- Interventional Radiology (12)
- Neurological Surgery (25)
- Neurology Adult (3)
   Neurology Child (3)
- Neurology Child (3)OB/GYN (18)
- Orthopaedic Surgery (30)
- Otolaryngology (25)
- Pathology (5)

- Pediatrics (5)
   PM&R (5)
- Public Health & Preventive Med (3)
- Psychiatry (5)
- Thoracic Surgery (5)

# Special Program Signaling Info Session & Q&A

June 14 at 5 p.m.

- Changes to MyERAS Activities
  - New limit of 10 total activities (inclusive of service, leadership, research, teaching, work, etc.)
  - "Most Meaningful Experiences" (3)
  - "Impactful Experiences" (significant challenges or hardships)



## **Guidelines for Your Personal Statement**

#### **Purpose**

- Introduce yourself and your voice
- Express interest in a specialty

#### Length

- One page
- 10-point font
- 1-inch margins
- Single-spaced

#### Things to Avoid

- Humor
- Obscure references
- Quotations
- Personal things you would not want to discuss in an interview

#### **Review**

Review your Personal Statement with your Career and Specialty Advisors

# THE UNIVERSITY OF CHICAGO Pritzker School of Medicine

## Next PS Workshop:

Thursday, June 8, 5 p.m. (Zoom)

## Letters of Recommendation: How many letters do I need?

#### **Categorical Programs: 3-4 total letters**

- 3 clinical letters
- 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

#### **Advanced Programs: 6-7 total letters**

- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters

1 research letter (if appropriate)

Note: Letter writers can use the same letter for both applications, as long as they are generic in specialty.

(ie. "I recommend John Doe for your residency program" instead of "I recommend John Doe for your Pediatric residency program")



### Letters of Recommendation: Do I need a Chair's Letter?

- Anesthesiology
- Medicine\*
- Medicine-Pediatrics\*
- Preliminary Medicine\*
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

**Emergency Medicine** and **Ob/Gyn** utilize a "Standardized Letter of Evaluation", and Plastic Surgery is starting to do the same. Check with your program.

If you are applying in **both Preliminary Medicine and transitional programs**, you could use the letters for both if they are generic in specialty.

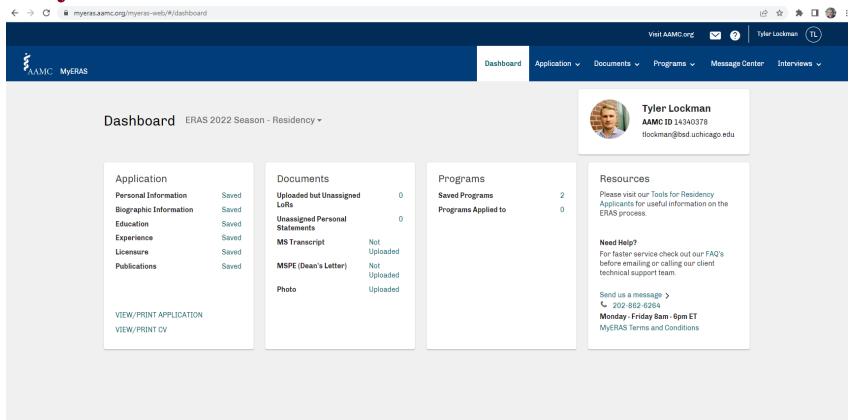


<sup>\*</sup>Another faculty member writes the letter in conjunction with the Chair.

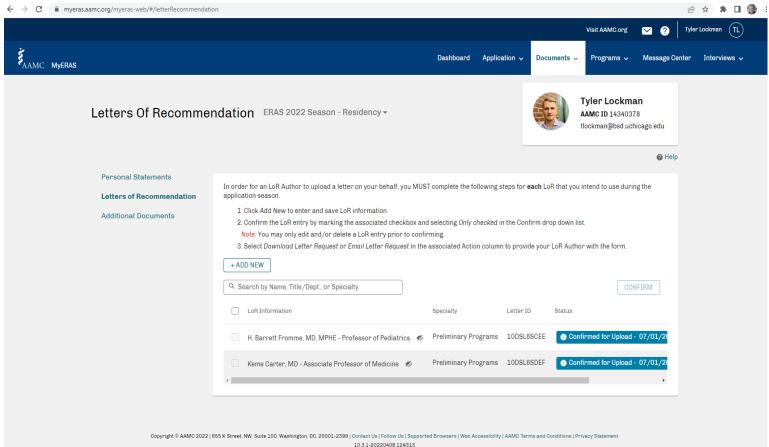
## **Letters of Recommendation: Timeline**

- Give letter-writers <u>at least</u> 4-6 weeks' notice
- Letters in by September 15 (i.e., ask <u>before</u> July 31!)
- Track which letters have arrived by using ERAS
  - Gently remind letter writers on Sept. 1 if a letter is not in
- Do not wait for your letters to submit your ERAS application
- Send a friendly reminder email if it has been 6 weeks and your letter has not been uploaded

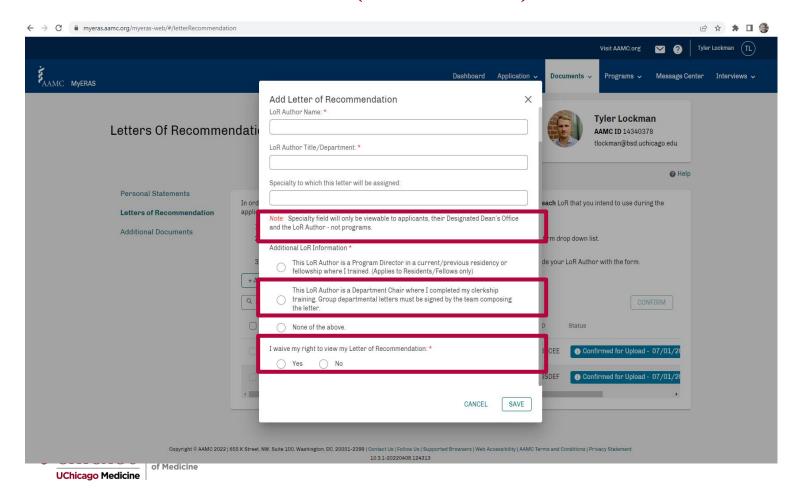
## **MyERAS Dashboard**



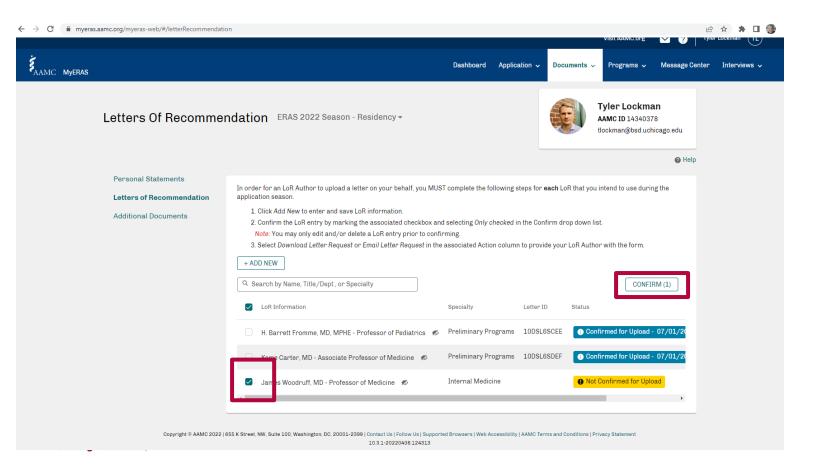
## **Documents: LORs**



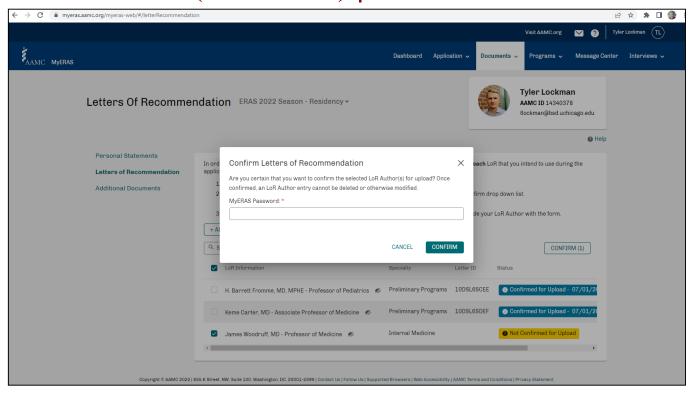
## **Documents: LORs (continued)**



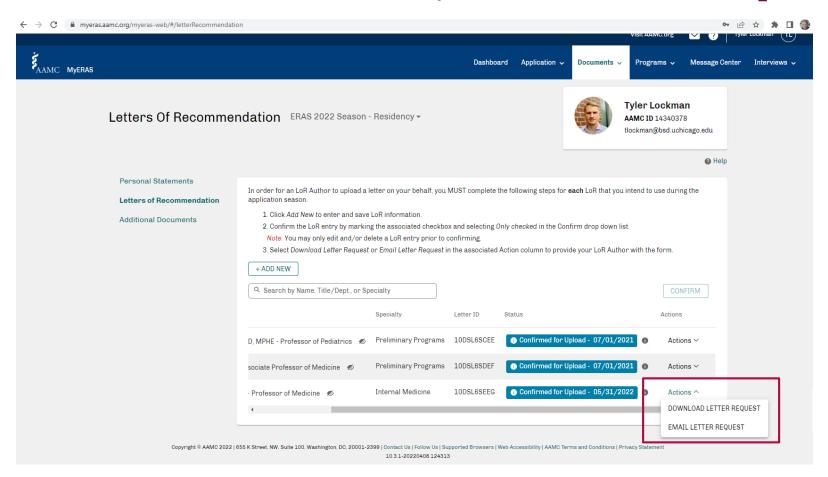
## **Documents: LORs (continued)**



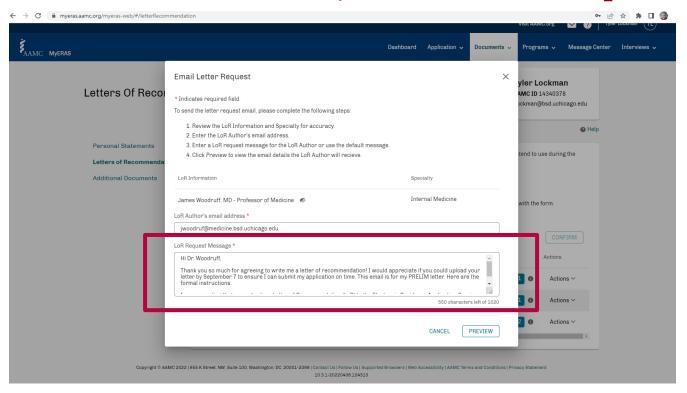
## **Documents: LORs (continued) | CONFIRM YOUR LOR**



## **Documents: LORs (continued) | Email/Print Letter Request Form**



## **Documents: LORs (continued) | Email a Letter Request Form**





## **Documents: LORs (continued) | Letter Request Form**



#### ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2023

ERAS Letter ID: 11H72S47ED

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

#### ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit <a href="https://www.aamc.org/services/eras/282520/lor\_portal.html">https://www.aamc.org/services/eras/282520/lor\_portal.html</a>.

- Review the information below. If any information is inaccurate, contact the applicant directly so they can
  make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

#### Applicant Details

Name Lockman, Tyler

**AAMC ID** 14340378 **Preferred Phone Number** 7737023333

Preferred Email tlockman@bsd.uchicago.edu

#### LoR Details

LoR Author Name Michael Jones, MD

LoR Author Title/Department Professor of Medicine

Specialty to which this letter will be assigned Internal Medicine

## Letters of Recommendation: FAQ

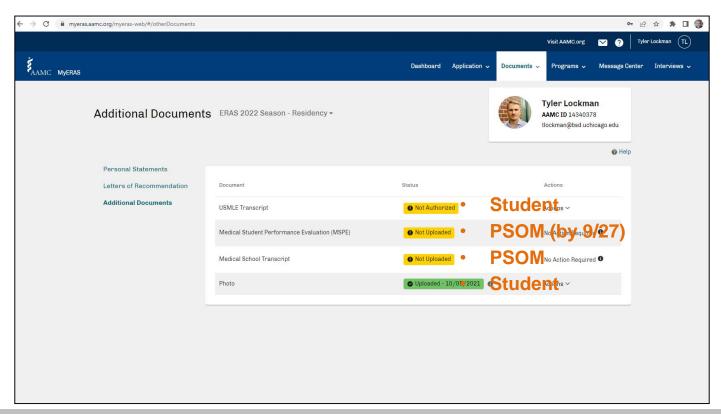
- 1. Who reads my Letters of Recommendation?
- 2. Do you have tips for making sure my faculty members deliver their letters on time?
- 3. If my letter has not been received, and it is after the 4-6 week period, what do I do?

## **USMLE Transcript**

- Requested by you through ERAS
- Transmitted 3-5 days following your request



## **Additional Documents**



# **USMLE Transcripts**

#### Three steps to releasing your scores:

- 1. Authorize release through ERAS to sync current scores
- 2. Assign the USMLE score to a specific program (under the Programs section)
- 3. If you do not have a Step 2 score at the time of submission, go back into MyERAS and retransmit your scores

# **Important Staff**

**Strategy** Career Advisor

**Specialty Advisor** 

Dr. Woodruff

**Personal Statement** Career Advisor

**Specialty Advisor** 

MSPE/Grade Concerns Dr. Fromme

**Couples' Matching** Career Advisor

Dr. Woodruff

**CV/ERAS/NRMP Logistics** Tyler Lockman

**LOR Status ERAS** or SF Match



# Words of Wisdom



# Be a Smart Applicant!

- Apply broadly to give yourself the best possible odds
  - You can always narrow your list during interview season
- Listen to Career Advisor feedback about your strategy
- Realize that there is more than one program where you can be happy

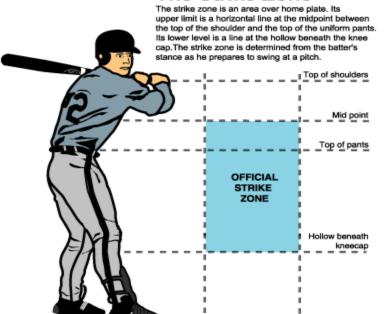
Don't put all of your eggs in one basket...

Diversify your application portfolio to maximize your odds!



#### The Gut Check/Strike Zone

#### The Strike Zone



- Careers are long—find something you love to do
- Listen to yourself, not to others telling you what you should do
- Don't be confused by a great—or lousy—experience on a rotation

#### Make a Plan and Focus

- Focus on what you can do something about: your Personal Statement, letters, and interview preparation
- Get the pieces together and assemble them
- Refer to your Residency Process Booklet
- Know what job you are applying for
  - Program Directors want smart, dependable, functional team players who will take excellent care of their patients
- Take it one step at a time

#### You will get through it!



#### You are NOT alone!

- You have a good support team
- You are not behind
- This is a long process with multiple parts

The Career Advising team's doors are always open!



# **MS4 Class Meetings**

June 14, 2023 Special Session: Program Signaling

**June 27, 2023** #2: ERAS Overview

September 18, 2023 MS4 Class Meeting: Interviewing for Residency

January 22, 2024 MS4 Class Meeting: Constructing your Rank List

# **Match Day: March 15, 2024!**





#### Error, Bias and Mistreatment Reporting in the Learning Organization

#### **Bad Performance**

# Poor Teaching / Unprofessional Behavior / Microagressions Abuse & Bias with Malicious Intent

- Bias reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

- Mistreatment reporting system
- Deans, Chiefs, Clerkship Directors

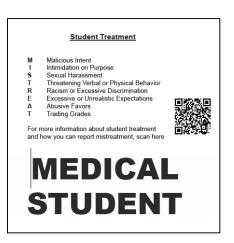
Mistreatment

Ombudspersons

EDUCATION / FEEDBACK / MONITORING

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT

#### Error, Bias and Mistreatment Reporting in the Learning Organization



Extra badges can be found outside Student Affairs office - BSLC 104R (Candi's Office)





# **Away Rotations**

If you are still having difficulty securing an away rotation, reach out to your career advisor or Dr. Woodruff.

