Updates

• Welcome back to Dual Degree and Research Year students!
• Financial Aid Updates – Richard Wilson
• Health Equity, Diversity, & Inclusion – Melissa Harrell Robinson
• Residency Process Announcements – Tyler Lockman
• Career Advising Updates
• Class Updates – Pritzker Chiefs
  » Cody He
  » Leslie McCauley
  » Melinique Walls
Your Questions and Concerns

Things you are excited about…

• “Excited for the interview process, learning more about a wide range of programs, and starting to shape the next phase of our careers” + “Fourth year rotations”

• “Having time off!”

Things you may be worried about…

• “I am a bit uneasy about signaling since it is such a new part of the process. Geographic signaling seems like that part that has the least clarity.”

• “Poor sense of my standing & competitiveness for residency application + matching to same location as my significant other”

What you would like to know more about…

• “How the signaling process works” + “Using ERAS signaling”

• “How to learn about specific residency programs.” & “What are the benefits of ‘networking?’”
Applying to Residency: Summer into Fall

Agenda

• Timeline
• Deciding where to apply
• Components of your application
• Words of Wisdom
Timelines and Deadlines
Important Dates & Deadlines

- 7/15/2023: Deadline to take Step 2
- 9/6/2023: ERAS opening to certify and submit applications to residency programs
- 9/1/2023: San Francisco Match (ophthalmology) application deadline
- 9/15/2023: NRMP registration opens
- 9/15/2023: LORs submitted
- 9/27/2023: Residency Programs may begin application and MSPE review
- Jan 2024: AUA (urology) rank list deadline (TBD date)
- 1/31/2024: NRMP applicant registration deadline
- 1/30/2024: San Francisco Match (ophthalmology) rank list deadline
- Feb.2024: AUA (urology) match results released (date tbd; usually early in month)
- 2/6/2024: Ophthalmology match results released
- ~3/1/2024: NRMP rank order list certification deadline
- 3/15/2024: MATCH DAY
# Timeline: June - August

### June
- Register for ERAS (tokens emailed to you in June)
- Organize CV (follow template) & send updates to Tyler
- Ask for Letters of Recommendation
- Have your ERAS/Graduation Photo taken

### July – August
- Write your Personal Statement
- Send a draft to your career and specialty advisors for review
- Edit your ERAS application to near completion
- MSPE review

*This timeline is designed for students applying through the regular match.*
## Timeline: September

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>September</td>
<td>Continue to edit your ERAS application</td>
</tr>
<tr>
<td></td>
<td>LORs uploaded (9/15)</td>
</tr>
<tr>
<td>September 7</td>
<td>Applicants may begin submitting applications to programs</td>
</tr>
<tr>
<td>September 15</td>
<td>Pritzker Internal Deadline for completing applications</td>
</tr>
<tr>
<td>September 15</td>
<td>NRMP Registration opens</td>
</tr>
<tr>
<td></td>
<td>(You must register for <em>both</em> ERAS <em>and</em> the NRMP)</td>
</tr>
<tr>
<td>September 27</td>
<td>ERAS Applications and MSPEs released to programs</td>
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Residency Process Book

- Advising calendar and deadlines
  - *Please check the website for up to date timelines*
- Career Advisor contact info
- Checklists
- Guidance on Signaling, Couples Match, etc.
- Sample CV
- Sample ERAS application
- Sample MSPE and MSPE appendices
- Sample personal statement
- Specialty-specific guidance
Residency Resources

Resources

We're here to support you

Health Equity, Diversity, and Inclusion
The Bowman Society
Pathway Programs
Career Advising
Road to Residency

Specialty Guidance for the 2023 Match

Residency Resources

Class of 2023 Calendar
Process and Data
Match Websites
Sample CV, MSPE, and LoR Request Information
Personal Statement Guidelines
Pritzker Alumni Ambassador Program
2023 Supplemental ERAS Application
Class of 2023 Meeting Materials (Updated after each meeting)
Residency Resources

The AAMC has implemented a few important changes for the 2023-2024 ERAS season, including elimination of a separate Supplemental ERAS Application, new limitations on the number of activities that may be listed, and new activity categories. Refer to the 2023-2024 Residency Process Book for further guidance on these changes.

Integration of Supplemental Application into MyERAS

Application components previously included in the separate Supplemental ERAS Application will be integrated into the primary MyERAS application. This includes geographic preference signals, program signals, and additional space to describe activities.

Geographic Preference Signals - Applicants will be able to indicate up to three preferred geographic divisions or indicate no preference. Applicants can also
Where to Apply
Resources for Researching Residencies

- Pritzker Faculty
- Current Residents
- Pritzker Alumni + Alumni Ambassador Program
- FREIDA Online
Pritzker Alumni Ambassador Program
How to Sign-Up/Login

1. Visit [uchicago.wisr.io/signup](uchicago.wisr.io/signup)

2. Select “Pritzker School of Medicine Student” as your membership type

3. Request to join the Pritzker Alumni Ambassador program community
   *(The UChicago MBSAA will grant you access within one business day)*

4. Watch this [short video tutorial](#) to help get you started
Choosing a Program

Considerations:

- Family
- Geography
- Your own qualifications and abilities
- Quality of the program
- Preliminary program requirements
- Breadth and depth of list

Your Specialty and Career Advisors can be instrumental in helping you create a list.
Do I need to apply for a prelim year?

Categorical
• Begins in PGY-1 and offers full residency training required for board certification in that specialty

Advanced
• Begins in PGY-2 and are in specialty programs that require completion of 1 year of preliminary training

Preliminary
• Begins in PGY-1 and offers 1 year of training prior to entry into advanced specialty

Transitional
• PGY-1 year that is similar to a “rotating” internship
Specialties that **may** require a preliminary year

- Anesthesiology
- Dermatology
- Neurology
- Ophthalmology
- PMR
- Radiation-Oncology
- Radiology
Selecting Programs and Maximizing Your Odds

Think like an investor:
Create a diverse application portfolio to mitigate risk and maximize your ROI!

Goal Programs
• Your dream program!

Realistic Programs
• You are relatively sure you will get an interview at this program.

Low-Risk Programs or Specialties
• Maximize your odds of matching by applying to back-up programs.
Components of the Application
Application Components

Your responsibilities
1. ERAS application
2. Personal Statement
3. Letters of Recommendation (LORs)
4. ERAS Photo
5. USMLE transmission (via ERAS)

Our responsibilities
6. MSPE Letter
7. Pritzker transcript
Changes to ERAS for 2023-2024

• Integration of Supplemental Application into MyERAS Application
  – Geographic Preference Signaling
  – Program Signals
    - Anesthesiology (15)
    - Dermatology (28)
    - Diagnostic Radiology (12)
    - Emergency Medicine (7)
    - Family Medicine (5)
    - General Surgery (5)
    - Internal Medicine (7)
    - Internal Medicine/Psych (2)
    - Interventional Radiology (12)
    - Neurological Surgery (25)
    - Neurology – Adult (3)
    - Neurology – Child (3)
    - OB/GYN (18)
    - Orthopaedic Surgery (30)
    - Otolaryngology (25)
    - Pathology (5)
    - Pediatrics (5)
    - PM&R (5)
    - Public Health & Preventive Med (3)
    - Psychiatry (5)
    - Thoracic Surgery (5)

• Changes to MyERAS Activities
  – New limit of 10 total activities (inclusive of service, leadership, research, teaching, work, etc.)
  – “Most Meaningful Experiences” (3)
  – “Impactful Experiences” (significant challenges or hardships)

Special Program
Signaling Info
Session & Q&A
June 14 at 5 p.m.
Guidelines for Your Personal Statement

Purpose
• Introduce yourself and your voice
• Express interest in a specialty

Length
• One page
• 10-point font
• 1-inch margins
• Single-spaced

Things to Avoid
• Humor
• Obscure references
• Quotations
• Personal things you would not want to discuss in an interview

Review
• Review your Personal Statement with your Career and Specialty Advisors

Next PS Workshop:
Thursday, June 8, 5 p.m. (Zoom)
Letters of Recommendation: How many letters do I need?

Categorical Programs: 3-4 total letters
- 3 clinical letters
- 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

Advanced Programs: 6-7 total letters
- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters
- 1 research letter (if appropriate)

Note: Letter writers can use the same letter for both applications, as long as they are generic in specialty.

(i.e. “I recommend John Doe for your residency program” instead of “I recommend John Doe for your Pediatric residency program”)
Letters of Recommendation: Do I need a Chair’s Letter?

- Anesthesiology
- Medicine*
- Medicine-Pediatrics*
- Preliminary Medicine*
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

*Another faculty member writes the letter in conjunction with the Chair.

Emergency Medicine and Ob/Gyn utilize a “Standardized Letter of Evaluation”, and Plastic Surgery is starting to do the same. Check with your program.

If you are applying in both Preliminary Medicine and transitional programs, you could use the letters for both if they are generic in specialty.
Letters of Recommendation: Timeline

• Give letter-writers at least 4-6 weeks’ notice

• Letters in by September 15 (i.e., ask before July 31!)

• Track which letters have arrived by using ERAS
  – Gently remind letter writers on Sept. 1 if a letter is not in

• Do not wait for your letters to submit your ERAS application

• Send a friendly reminder email if it has been 6 weeks and your letter has not been uploaded
Documents: LORs (continued)
Documents: LORs (continued) | CONFIRM YOUR LOR
In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for each LoR that you intend to use during the application season:

1. Click Add New to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list. 
   *Note:* You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.
ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2023
ERAS Letter ID: 11H72547ED

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/283320/lor_portal.html

- Review the information below. If any information is inaccurate, contact the applicant directly so they can make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

Applicant Details

Name: Lockman, Tyler
AAMC ID: 14340378
Preferred Phone Number: 7737023333
Preferred Email: tlockman@bsd.michigan.edu

LoR Details

LoR Author Name: Michael Jones, MD
LoR Author Title/Department: Professor of Medicine
Specialty to which this letter will be assigned: Internal Medicine
Letters of Recommendation: FAQ

1. Who reads my Letters of Recommendation?

2. Do you have tips for making sure my faculty members deliver their letters on time?

3. If my letter has not been received, and it is after the 4-6 week period, what do I do?
USMLE Transcript

• Requested by you through ERAS

• Transmitted 3-5 days following your request
Additional Documents

- Student
- PSOM (by 9/27)
- PSOM, Student
USMLE Transcripts

Three steps to releasing your scores:

1. Authorize release through ERAS to sync current scores
2. Assign the USMLE score to a specific program (under the Programs section)
3. If you do not have a Step 2 score at the time of submission, go back into MyERAS and retransmit your scores
## Important Staff

<table>
<thead>
<tr>
<th>Service</th>
<th>Career Advisor</th>
<th>Specialty Advisor</th>
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</thead>
<tbody>
<tr>
<td>Strategy</td>
<td>Dr. Woodruff</td>
<td></td>
</tr>
<tr>
<td>Personal Statement</td>
<td>Career Advisor</td>
<td>Specialty Advisor</td>
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<tr>
<td>MSPE/Grade Concerns</td>
<td>Dr. Fromme</td>
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<tr>
<td>Couples’ Matching</td>
<td>Career Advisor</td>
<td>Dr. Woodruff</td>
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<tr>
<td>CV/ERAS/NRMP Logistics</td>
<td>Tyler Lockman</td>
<td></td>
</tr>
<tr>
<td>LOR Status</td>
<td>ERAS or SF Match</td>
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Words of Wisdom
Be a Smart Applicant!

• Apply broadly to give yourself the best possible odds
  • You can always narrow your list during interview season
• Listen to Career Advisor feedback about your strategy
• Realize that there is more than one program where you can be happy

Don’t put all of your eggs in one basket…

Diversify your application portfolio to maximize your odds!
The Gut Check/Strike Zone

- Careers are long—find something you love to do
- Listen to yourself, not to others telling you what you should do
- Don’t be confused by a great—or lousy—experience on a rotation
Make a Plan and Focus

• Focus on what you can do something about: your Personal Statement, letters, and interview preparation

• Get the pieces together and assemble them

• Refer to your Residency Process Booklet

• Know what job you are applying for
  • Program Directors want smart, dependable, functional team players who will take excellent care of their patients

• Take it one step at a time

You will get through it!
You are NOT alone!

• You have a good support team
• You are not behind
• This is a long process with multiple parts

The Career Advising team’s doors are always open!
<table>
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>June 14, 2023</td>
<td>Special Session: Program Signaling</td>
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<tr>
<td>June 27, 2023</td>
<td>#2: ERAS Overview</td>
</tr>
<tr>
<td>September 18, 2023</td>
<td>MS4 Class Meeting: Interviewing for Residency</td>
</tr>
<tr>
<td>January 22, 2024</td>
<td>MS4 Class Meeting: Constructing your Rank List</td>
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Match Day: March 15, 2024!
Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

Poor Teaching / Unprofessional Behavior / Microaggressions

• Bias reporting system
• Teaching evaluations
• Deans, Chiefs, Clerkship Directors
• Ombudspersons

EDUCATION / FEEDBACK / MONITORING

Mistreatment

Abuse & Bias with Malicious Intent

• Mistreatment reporting system
• Deans, Chiefs, Clerkship Directors
• Ombudspersons

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT
Error, Bias and Mistreatment Reporting in the Learning Organization

Extra badges can be found outside Student Affairs office - BSLC 104R (Candi’s Office)
Away Rotations

If you are still having difficulty securing an away rotation, reach out to your career advisor or Dr. Woodruff.