

Class of 2024 MS3 Class Meeting

Jim Woodruff, MD

Dean of Students

February 13, 2023

Photos





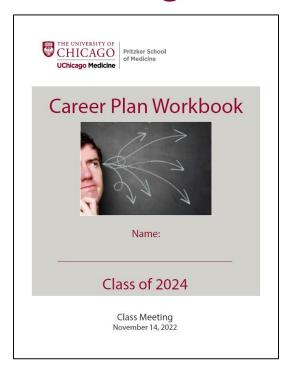






November 14, 2022 (Winter Class Meeting)

- Focus on third year
- Don't ask for LORs yet
- Meet with your advisor/noteworthy characteristics
- You will hear all this information again
- There is a team of people here to help





Agenda

Welcome

HEDI/Financial Aid/Student Reps

Curriculum Updates

Break

Emergency Medicine Clerkship

Student Affairs & Wellness

4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors

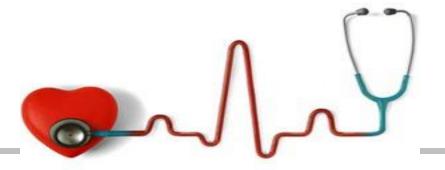


HEDI





Financial Aid Update



Emergency Assistance Programs

Examples include:

- Unanticipated/extraordinary medical and health expenses
- Theft of Personal Items
- Urgent Travel/Transportation Needs
- Temporary Loss of Housing/Unanticipated Moving Expenses

All programs may be applied for at <u>my.UChicago</u> > Finances > Account > Emergency Assistance.

Personal Budget Meeting

Schedule a personal budget meeting



<u>Preparing for 2023 – 2024</u>

- FAFSA now available
- Pritzker applications will become available in March 2023
- Award notices will be released beginning May 12th, 2023



Questions?



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Student Committee Reps - Updates

- Clinical Curriculum Review Committee (CCRC)
- Identity & Inclusion Steering Committee (i2i)
- Wellness Committee
- Dean's Council





Planning your Fourth Year

Jason Poston, MD

Director of Fourth-Year Studies

What is the purpose of the fourth year of medical school?



Goals of Fourth Year

- Enhance skills of clinical practice
- Round out clinical education
- Continue scholarly work
- Consolidate medical and scientific knowledge
- Prepare for internship and residency
- Explore, decide medical specialty choice
- Match successfully with training program



How is Fourth Year Different?

Transition from student to physician

Focused
Prescribed
Knowledge-based
Standardized



Expansive
Self-directed
Competency-based
Individualized

Fourth-year Requirements

1350 units required for graduation

Sub-internship	150 units
Emergency Medicine clerkship	150 units
Add'l sub-I or clinical elective	150 units
Scientific Basis of Medical Practice	150 units
Scholarship & Discovery	100 units
USMLE Examination (Step 2CK)	
	700 units



How to earn 650 remaining credits?

- Clinical electives
- Non-clinical electives
- PE experiences
- Research
- Completion of dual-degree programs



Sub-Internship

- Assume primary responsibility and ownership for patient care at the level of an intern in that specialty
- Organize and prioritize the work inherent to managing an inpatient service
- Participate in cross-cover duties and transitions of care
- Full month in length with full-time, rigorous schedule



Instructions for Senior Lottery

Michael McGinty Registrar

Link for the Lottery will be sent – Login with CNET ID



Pritzker School of Medicine

Help Logout

Home

Login Page

Instruction

MS3 2023\24 Lottery Introduction

MS4 2023\24 Lottery Introduction

Advancing MS4 Students

View the MS4 Course Offering

Login Instructions:

- 1 Enter your University of Chicago CNet ID and password.
- 2 Click "Login" to log into the Lottery application.
- 3 You may return to this Lottery site and change your selections until this phase of the lottery closes. The opening and closing dates are noted on the main screen after you login.

Note: The Lottery System will be closed for maintenance each day from 10:00am - 11:00am CDT. Please do not log into the lottery system during this maintenance period.

Please enter your CNetID:	
Please enter your CNet password:	

Log in

Phase I – Basic Science, Emergency Medicine and Sub-Internships



Pritzker School of Medicine

Help Logout

MS4 Lottery

Home

View the MS4 Lottery Results

Welcome

Welcome, Michael McGinty to the 2024 Senior Class Lottery. If your name or class designation is incorrect, please **stop**

- 1. You have now successfully logged into the system.
- 2. The list at the bottom of the page indicates the areas to be addressed in the current phase.
- Please review your eligibility for your requirements. If you notice an error, notify Michael McGinty immediately.
 Note: Your session will be terminated if it is idle for more than 20 minutes. You will have to re-login to return to this screen. Any changes you have not applied will not be saved.
- 4. Please logout when you are finished by clicking the Logout button at the top of the page.

Current phase: Phase I

Current phase dates: February 12, 2023 thru February 14, 2023

Requirement	Eligible?	# Ranked	Action
Basic Science	Yes	0 ranked	View Ranked Courses
Emergency Medicine	Yes	0 ranked	View Ranked Courses
Family Medicine	No	NA	N/A
Inpatient	Yes	0 ranked	View Ranked Courses
Neurology	No	NA	N/A

Basic Science

Instructions:

- 1 A total of 150 credits of selectives in the Scientific Basis of Medical Practice is a senior requirement.
- 2 Choose the areas of Basic Science in which you would like to take courses, then click the "Select Courses" button at the bottom of the page.
- 3 The next page will allow you to rank the courses in the areas you have selected.
- 4 Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
- 5 After you have ranked your choices, select the **"Review Rankings"** button at the bottom of the screen where you will have a chance to change your rankings.

Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.

- 6 You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
- 7 For help, click on the **"Help"** button at the top of the page.

DEPARTMENT: (ANCC) Anesthesla/Crit.Care
□ Neuroscience of Pain and Opioids □ Evidence or Inference: How do we read the medical literature to change our understanding? DEPARTMENT: (HGEN) Human Genetics
Application of Scientific Advancements to Disease Detection and Management DEPARTMENT: (MEDC) Medicine
Topics in data analysis in biomedical research: Big data ☐ The ASAP (Ask-Search-Appraise-Perform) Library Service Curriculum ☐ Mechanism and Management of Cardiac Disorders ☑ Diabetes Mellitus: Scientific Basis of Medical Practice ☐ Critical Appraisal of Landmark Medical Literature ☐ Overview of Medical Informatics ☐ Topics in Human Immunodeficiency Virus Infection ☑ Vignettes in Physiology ☐ Sleep Physiology and Clinical Considerations ☐ Advanced Clinical Pharmacology and Therapeutics DEPARTMENT: (PSCR) Psychiatry
What Is Psychlatry? Advanced Topics

Basic Science Rank

Instructions:

- 1. L1sted below are the courses you have selected.
- 2. Rank the section(s) you are interested in.
 - 3. If you would prefer not to rank a course you have selected, give it a rank of "0" (zero).
 - 4. You may use each rank number only once. That is, if you have given one course a rank of "\," you may not give a "\" ranking to any other course on this page.
 - 5. After you have ranked your courses, select the "Confirm Rankings" button at the bottom of the screen where you will have a chance to change your rankings.

 Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.
 - 6. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
 - 7. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
 - 8. For help, click on the **"Help"** button at the top of the page.

Critical Appraisal of Landmark Medical Literature

Ranking	Start Date	End Date	Units
1	Feb 1, 2022	Feb 28, 2022	75

Diabetes Mellitus: Scientific Basis of Medical Practice

Ranking	Start Date	End Date	Units
2	May 1, 2021	Feb 28, 2022	75

Mechanism and Management of Cardiac Disorders

Ranking	Start Date	End Date	Units	
4	Feb 1, 2022	Feb 28, 2022	75	

Neuroscience of Pain and Opioids

Ranking	Start Date	End Date	Units
3	Jan 1, 2022	Jan 31, 2022	50

1.	Listed be	low are the courses	you have ranked.					
2.	2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices click "Move Down".							
3.	•		choices, click on the "Accept" button at th pe logged in the database unless you cl		screen.			
4.	Do not us	se your browser's "E	Rack" button. Clicking the "Cancel" button	will discard you	r selections and i	eturn you to the Welcome scr	een.	
5.	You may	return to the Lottery	and change your rankings until this phase	e of the lottery cl	oses. The openir	ng and closing dates are on th	e Welcome	
6.	For help,	click on the "Help" t	outton at the top of the page.					
	Rank	Course Number	Course Name	Start Date	End Date	Action		
	1	MEDC-60302-32	Critical Appraisal of Landmark Medical Literature	Feb 1, 2022	Feb 28, 2022	Move Down		
	2	MED C-55500-42	Diabetes Mellitus: Scientific Basis of Medical Practice	May 1, 2021	Feb 28, 2022	Move Up Move Down		

Mechanism and Management of Cardiac Feb 1, 2022 Feb 28, 2022 Move Up

Jan 1, 2022 Jan 31, 2022 Move Up Move Down

ANCC-43001-30 Neuroscience of Pain and Opioids

Cancel

Disorders

Accept

MED C-52400-32

Review

Instructions:

Basic Science Review

Emergency Medicine

Rank all 23 options

Emergency Medicine

Instructions:

- 1. Emergency Medicine Clerkship is a 150 credit senior requirement.
- 2. You must rank all 20 sections in Emergency Medicine.
- $\textbf{3. Do not use your browser's \textbf{"Back"}} \ \textbf{button.} \ \textbf{Clicking the \textbf{"Cancel"}} \ \textbf{button will discard your selections and return you to} \\$
- 4. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will Note: Your course selections are not logged into the database until you have clicked "Accept" on the next screen start Data.

 Start Data.

Ranking	CourseName	Start Date	End Date
1	Emergency Medicine Clerkship - UCMC	May 1, 2021	May 31, 2021
2	Emergency Medicine Clerkship - NorthShore	May 1, 2021	May 31, 2021
3	Emergency Medicine Clerkship - NorthShore	Jun 1, 2021	Jun 30, 2021
4	Emergency Medicine Clerkship - UCMC	Jun 1, 2021	Jun 30, 2021
5	Emergency Medicine Clerkship - NorthShore	Jul 1, 2021	Jul 31, 2021
6	Emergency Medicine Clerkship - UCMC	Jul 1, 2021	Jul 31, 2021
7	Emergency Medicine Clerkship - UCMC	Aug 1, 2021	Aug 31, 2021
8	Emergency Medicine Clerkship - NorthShore	Aug 1, 2021	Aug 31, 2021
9	Emergency Medicine Clerkship - NorthShore	Sep 1, 2021	Sep 30, 2021
10	Emergency Medicine Clerkship - UCMC	Sep 1, 2021	Sep 30, 2021
11	Emergency Medicine Clerkship - UCMC	Oct 1, 2021	Oct 31, 2021
12	Emergency Medicine Clerkship - NorthShore	Oct 1, 2021	Oct 31, 2021
13	Emergency Medicine Clerkship - NorthShore	Nov 1, 2021	Nov 30, 2021
14	Emergency Medicine Clerkship - UCMC	Nov 1, 2021	Nov 30, 2021
15	Emergency Medicine Clerkship - UCMC	Dec 1, 2021	Dec 31, 2021
16	Emergency Medicine Clerkship - UCMC	Jan 1, 2022	Jan 31, 2022
17	Emergency Medicine Clerkship - NorthShore	Jan 1, 2022	Jan 31, 2022
18	Emergency Medicine Clerkship - NorthShore	Feb 1, 2022	Feb 28, 2022
19	Emergency Medicine Clerkship - UCMC	Feb 1, 2022	Feb 28, 2022
20	Emergency Medicine Clerkship - UCMC	Mar 1, 2022	Mar 31, 2022
21	Emergency Medicine Clerkship - NorthShore	Mar 1, 2022	Mar 31, 2022

Review Emerge Instruction	ncy Medicine Review	1				
1. Listed b	elow are the course	s you have ranked.				
	vant to give one of yo love Down".	our choices a higher ranking, click o	n the "Move Up"	hyperlink next to	that course. If you want to g	ve one of you
· ′		e choices, click on the "Accept" butt t be logged in the database unless				
4. Do not	use your browser's •	"Back" button. Clicking the "Cancel"	button will discar	d your selection	s and return you to the Welco	me screen.
5. You ma	y return to the Lotter	ry and change your rankings until th	ls phase of the lot	tery closes. The	opening and closing dates a	re on the Wel
6. For help	o, click on the "Help"	button at the top of the page.				
Rank	Course Number	Course Name	Start Date	End Date	Action	
1	EMED-31200-42	Emergency Medicine Clerkship - UCMC	May 1, 2021	May 31, 2021	Move Down	
2	EMED-84700-42	Emergency Medicine Clerkship - NorthShore	May 1, 2021	May 31, 2021	Move Up Move Down	
3	EMED-84700-44	Emergency Medicine Clerkship - NorthShore	Jun 1, 2021	Jun 30, 2021	Move Up Move Down	
4	EMED-31200-44	Emergency Medicine Clerkship - UCMC	Jun 1, 2021	Jun 30, 2021	Move Up Move Down	
5	EMED-84700-10	Emergency Medicine Clerkship - NorthShore	Jul 1, 2021	Jul 31, 2021	Move Up Move Down	
6	EMED-31200-10	Emergency Medicine Clerkship - UCMC	Jul 1, 2021	Jul 31, 2021	Move Up Move Down	
7	EMED-31200-12	Emergency Medicine Clerkship - UCMC	Aug 1, 2021	Aug 31, 2021	Move Up Move Down	
8	EMED-84700-12	Emergency Medicine Clerkship - NorthShore	Aug 1, 2021	Aug 31, 2021	Move Up Move Down	
9	EMED-84700-14	Emergency Medicine Clerkship - NorthShore	Sep 1, 2021	Sep 30, 2021	Move Up Move Down	

Sub-Internship

Rank those in your area of interest

Inpatlent/Sub-I

Instructions:

- 1. A total of 150 credits of Inpatient/Sub-I is a senior requirement.
- 2. Choose the areas of Inpatient/Sub-I in which you would like to take courses, then click the "Select Courses" by
- 3. The next page will allow you to rank the courses in the areas you have selected.
- 4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return
- $\textbf{5. After you have ranked your choices, select the \textbf{"Review Rankings"}} \ \text{button at the bottom of the screen where your choices}.$

DEPARTMENT: (ANCC) Anesthesia/Crit.Care

Sub-Internship in Cardiothoracic Intensive Care

Sub-Internship in Surgical and Burn Intensive Care

DEPARTMENT: (FMED) Family Medicine

☐ Sub-Internship in Family Medicine NorthShore
DEPARTMENT: (MEDC) Medicine

☑ Sub-Internship in Clinical Cardiology

☑ Sub-Internship: Medicine Clinical Rotation - NorthShore

☑ Sub-Internship in General Internal Medicine

☐ Hospital Medicine Subinternship

Sub-Internship in Medical Intensive Care

Sub-Internship Critical Care: Northshore

DEPARTMENT: (NURL) Neurology

☐ Neurology Sub-Internship

☐ Sub-Internship in Neurosciences Intensive Care
DEPARTMENT: (OBGY) Obstetric/Gynecology

Sub-Internship Maternal Fetal Medicine/Birthrooms

Sub-Internship Maternal Fetal Medicine/Birthrooms

Sub-Internship in Maternal-Fetal Medicine - NorthShore

Sub-Internship in Material retail Medicine Revolution

Urogynecology and MIGS Sub-Internship

Sub-Intership in Urogynecology and Benign Gynecologic Surgery

DEPARTMENT: (PEDS) Ped latrics

Pediatric Critical Care Medicine Sub-Internship

Pediatric Critical Care Elective

☐ Sub-Internship: Externship in Neonatology
☐ Sub-Internship: Neonatology - NorthShore

Only rank the months you want for the Sub-Internships

If it's a popular dept (Medicine), rank a few

If you don't rank enough, you may not get a Sub-I

Jul 31, 2021	150
Aug 31, 2021	150
Sep 30, 2021	150
Oct 31, 2021	150
Nov 30, 2021	150
Dec 31, 2021	150
Jan 31, 2022	150
Feb 28, 2022	150
Mar 31, 2022	150
Apr 30, 2022	150

Sub-Internship: Medicine Clinical Rotation - NorthShore

Jul 1, 2021

Aug 1, 2021

Sep 1, 2021

Oct 1, 2021 Nov 1, 2021

Dec 1, 2021

Jan 1, 2022

Feb 1, 2022

Mar 1, 2022 Apr 1, 2022

Ranking	Start Date	End Date	Units
3	May 1, 2021	May 31, 2021	150
0	Jul 1, 2021	Jul 31, 2021	150
0	Aug 1, 2021	Aug 31, 2021	150
0	Sep 1, 2021	Sep 30, 2021	150
0	Oct 1, 2021	Oct 31, 2021	150
0	Nov 1, 2021	Nov 30, 2021	150
0	Feb 1, 2022	Feb 28, 2022	150
0	Mar 1, 2022	Mar 31, 2022	150
0	Apr 1, 2022	Apr 30, 2022	150

Sub-Internship in General Internal Medicine

Ranking	Start Date	End Date	Units	
1	May 1, 2021	May 31, 2021	150	
2	Jun 1, 2021	Jun 30, 2021	150	
0	Jul 1, 2021	Jul 31, 2021	150	
0	Aug 1, 2021	Aug 31, 2021	150	

	Sub-I Review						
Instruction Listed be	is: low are the courses y	you have ranked.					
. If you wa	·	r choices a higher ranking, click on the "Mo	ve Up" hyperlini	k next to that cou	irse. If you want to give one of		
	If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen. Note: your choices will not be logged in the database unless you click "Accept".						
Do not us	se your browser's "B	ack" button. Clicking the "Cancel" button w	ıllı discard your s	selections and ref	urn you to the Welcome scree		
You may	return to the Lottery	and change your rankings until this phase o	of the lottery clos	ses. The opening	and closing dates are on the		
. For help,	click on the "Help" b	utton at the top of the page.					
Rank	Course Number	Course Name	Start Date	End Date	Action		
1	MEDC-59000-42	Sub-Internship in General Internal Medicine	May 1, 2021	May 31, 2021	Move Down		
2	MEDC-59000-44	Sub-Internship in General Internal Medicine	Jun 1, 2021	Jun 30, 2021	Move Up Move Down		
3	MED C-58901-42	Sub-Internship: Medicine Clinical Rotation - NorthShore	May 1, 2021	May 31, 2021	Move Up Move Down		
4	MEDC-50000-42	Sub-Internship in Clinical Cardiology	May 1, 2021	May 31, 2021	Move Up Move Down		
5	MED C-68501-42	Sub-Internship Critical Care: Northshore	May 1, 2021	May 31, 2021	Move Up Move Down		
6	MEDC-68300-42	Sub-Internship in Medical Intensive Care	May 1, 2021	May 31, 2021	Move Up		
		Accept Cancel					

Requirements for Graduation

- Completion of Step 2 CK
- 150 Units of Basic Science selectives
- 150 Units of Sub-Internship (1 month)
- 150 Units of Clinical Electives (1 month total)
- 150 Units of Emergency Medicine (1 month)
- 100 Units of Research (1 month, 2-3 months recommended)
- 650 Units of General Elective courses
 - Non-clinical electives, extra clinical time, extra sub-ls, away rotations, senior scientific



Peer Educator Opportunities

Adam Eickmeyer, MPH
Director of Medical School Education

M4 PE opportunities

- Some similar, some different from previous years
- Similar: all M2 courses (pharmacology, neurobiology, CPP&T, Clinical Skills)
- Different: Phase 1 M1 courses in the new curriculum
 - We are currently working through how PEs will be involved in the new curriculum, but don't have the specifics for you quite yet

PE application timeline

- Some history...
 - Pre-2022, PE apps happened after the senior lottery
 - In 2021, M4s advocated for moving the PE application earlier, which we did in 2022
 - In 2022, M4s advocated for moving the PE application later, so we will return to that for 2023!
- This year, applications will happen in phases:
 - First phase late March / early April once you know your lottery results
 - Anatomy small group PEs (interest gauging in Feb/March)
 - Autumn M2 courses pharmacology, neurobiology
 - Potentially some phase 1 courses
 - CPP&T invitations to apply will be sent out by the CPP&T team



Scholarship & Discovery

A message from Dr. Wolfson

https://uchicago.box.com/s/v83k09yg3uo7g04cbx2jx334kosjyp5i

You will receive a handout with written information later this week

Questions? Email <u>Scholarshipanddiscovery@bsd.uchicago.edu</u>

Emergency Medicine Clerkship

- 4 week clerkship
- Either UChicago or NorthShore
- Everyone does simulation lab at NorthShore

Scientific Basis of Medical Practice

- Explore scientific underpinnings through clinical lens
- "Mix and match" in areas of interest
- Designated courses
- Half (75 units) of requirement may be satisfied with peer educator role in basic science courses
- In rare cases, may create independent study
- Research does not fulfill requirement

Scholarship & Discovery

- Minimum of 100 units during senior year
- Maximum of 300 units (3 months)
- Work on scholarly project
- Non-clinical elective related to scholarly goals

- Presentation at Senior Scientific Session encouraged
 - May 2023, worth 100 units



Electives

Clinical or non-clinical

- Balance specialty and general knowledge
 - Necessary to prepare you
 - Seize opportunities outside your chosen specialty!
- Home or away
 - Up to 2 away rotations can be completed for credit
 - Additional rotations may be completed with PSOM approval, but not for credit
 - Not necessary/advised for all students



Other Experiences

- Peer educator
- Leadership roles at Pritzker
- Interviewing for residency
- Preparing (logistically) for what's next

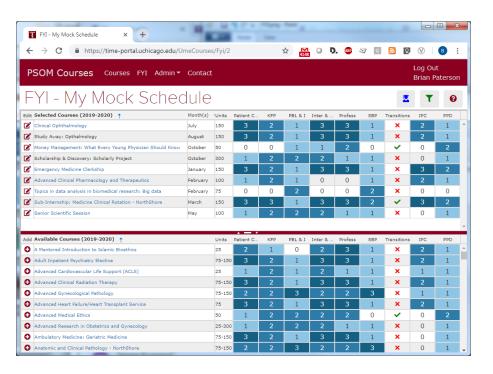


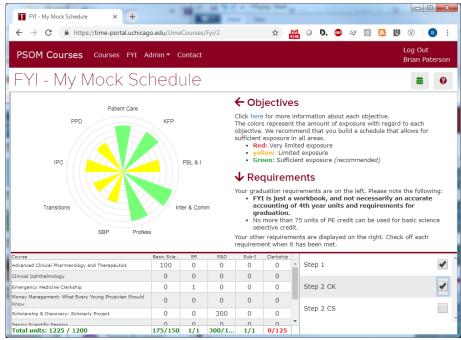
How Individualized?

- Twenty-three different specialties
- Sub-specialties (17 for medicine, 13 for peds, ...)
- Clinical v. Research v. Education v. Other
- Life events
- Life priorities
- Luck of the draw (The Lottery)



Fourth-Year Interface (FYI)







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Emergency Medicine Clerkship

Co-Clerkship Director

Keme Carter, MD

Co-Clerkship Director

Alejandro Palma, MD

Clerkship Administrator

Latiffany Connelly

NorthShore Site Director

· Joanna Davidson, MD

NorthShore Administrator

Tabitha Rosca



Why Emergency Medicine?

- Understand how to evaluate the acutely ill, undifferentiated patient
- Ability to exercise acute care decision making
- Unique opportunity to practice many fundamental skills you have learned in the last year
- Ability to practice and master technical/ procedural skills



Clerkship Requirements

- Orientation Day attendance
- Completion of 16 shifts
- Attendance at all simulation/didactic sessions
- Case presentation
- Passing grade on final exam



Orientation Day

- Attendance prior to starting your first shift is mandatory
 No exceptions!
- Orientation is on the first working day each month from 8:00am -3:00pm
- Conflict with the date of Orientation?
 - Option 1- Attend the orientation of another month prior to the start of your clerkship
 - Option 2- Switch your clerkship to another month



Shift Requirements

- Each student will complete 16 shifts
- Schedules will be chosen from a template sent out 1 month in advance
- No clinical shifts the night before didactic day
- Must comply with duty work hours
- No schedule changes unless approved by clerkship director or site director
- Excessive requests for days off will not be granted



Didactics and Simulation



- Must attend all simulation and didactic sessions
 No exceptions!
- Takes place on Wednesdays in the NorthShore simulation lab- 7:30am



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- Identity & Inclusion Steering Committee (i2i)
- Wellness Committee
- Dean's Council



Taking Care of Business

- What kind of doctor do I want to be?
- What will it take for me to get there?
- How do I use the available resources to advance my progress?

Growth Mindset

Mindset Matters...

Growth Mindset

- I like to challenge myself
- When I fail, I learn
- My effort and attitude determine everything
- My growth is the most important thing

Performance Mindset

- Challenges make me anxious
- Avoid failure at all costs
- My abilities determine everything
- My performance is the most important thing

Health



Your Health on the Clinical Clerkships

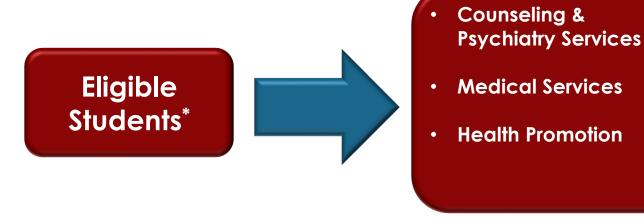
- Effectively addressing your health is one aspect of finding work life balance
- Communication is essential
- Emergencies: Notify your team and get attention
- Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled
- Needlestick/Exposure
 - Clean the area
 - ➤ Call Hotline 188-9900
 - ➤ Communicate with supervisor





Access to Campus Services UChicago Student Wellness

Most students* have access to a robust array of student support services at the University, including healthcare.



* College students and most registered graduate students

Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service "Medical Services"
- Student Counseling Service "Mental Health Services"
- USHIP

For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care

Immunization Records

Log into my. Wellness Portal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231



Working in the Health Care Environment

Needlesticks/Exposure at <u>UCM</u>

- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Pritzker is responsible for these expenses.

Send bills to Candi Gard in BSLC 104.

Needlesticks/Exposure Offsite

NorthShore: Go to NS Occupational Medicine

Other Location: Follow protocol at that location



Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:

Help you work through steps to take if you are experiencing a health care emergency or challenge.

Dr. Woodruff: 773-251-5231

Dr. Lee: 646-483-9327

help.uchicago.edu

If there is only one website you can easily remember to get guidance, please use help.uchicago.edu. This will bring you easily to information on "Health & Medical Resources".

Safety, Parking & Transportation



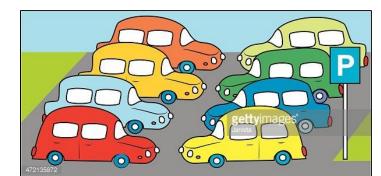
Parking & Transportation

- ➤ Monthly Parking Program
- Daily Parking Validation Program
- Early Morning Transportation Program (Uber/Lyft)
- ➤ Clerkship Travel Reimbursement

Check your email!

Reminders emailed at the start of each month & quarter.





Clerkship Reimbursement – Process Update

The Why / Goals for Improvements:

- Student Feedback + Addressing common issues with old process
- Timestamped submissions (for 15-day window)
- Streamlined for both types of reimbursements (Personal Car / CTA, and Early Morning)
- Improved tracking for requests that have already been processed.

NEW Two-Step Process Active Now - <u>Website updated</u> + email sent out today!

<u>Step 1:</u> Download and complete the <u>Clerkship Travel Reimbursement</u> <u>Form</u> (excel doc - Tab 1 Personal Car + CTA Transportation, Tab 2 - Early Morning Transportation) form UChicago BOX.

<u>Step 2:</u> Complete the <u>Clerkship Travel Reimbursement Request google</u> <u>form</u>. This form will require the excel doc from Step 1 is uploaded. (Early Moring will also require the receipts from Uber/Lyft).

Thank you to the students that tested out the new process!

Reimbursement Timeline Pritzker Form To make Payroll's DUE @11:59pm on: biweekly Payday of: 1/18/2023 1/27/2023 *Allow for 1-2 days 2/1/2023 2/10/2023 after the Payday for Direct Deposit 2/15/2023 2/24/2023 via Workday. 3/10/2023 3/1/2023 3/15/2023 3/24/2023 4/7/2023 3/29/2023 4/12/2023 4/21/2023 4/26/2023 5/5/2023 *If the Pritzker form is missing required 5/10/2023 5/19/2023 information, it will delay the 5/24/2023 6/2/2023 processing time AND payday. 6/7/2023 6/16/2023 6/21/2023 6/30/2023

https://pritzker.uchicago.edu/student-life/student-reimbursement-process



Lyft Ride Smart



- Students can take up to 10 free standard Lyft rides per month (up to \$15 off per ride)
- 5pm-4am Seven nights a week
- The rides must begin and end within the campus service area
- On September 27, 2022 current students were sent an invitation to enroll
- https://safetysecurity.uchicago.edu/services/lyft_ride_smart_at_uchicago/

Metra 10-Ride



- Beginning October 1, students were able to receive a free 10-ride <u>Metra Electric</u> pass through <u>my.uchicago.edu</u>
- Good for Metra Electric trains across all zones.
- Students are eligible for one 10-ride pass per year and must sign up for a <u>Ventra</u> account before claiming a pass.

Safety Reminders

- Don't walk alone in the dark
- Wait for shuttle (bring something to read)
- Be aware of your surroundings Do not be distracted by your phone when walking
- Don't cut through alleys
- Use call boxes
- Always lock your doors, close your windows when you leave home.
 (laptops, etc. out of view)
- Do not leave items visible in your locked car
- If you see or hear something concerning, call UC Police for questions about personal safety (If you are concerned, you don't need to wait for an alert)



UChicago Safe App

The app is easy to download and free. Some of the provided services are:

- Direct calling capabilities for the UCPD and CPD with the tap of an icon
- Mobile blue light sends your location and calls UCPD simultaneously
- Links to safety resources
- The ability to report a crime or speak to our dispatch center
- UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.



Discrimination, Harassment & Sexual Misconduct







About Us

Get Involved

Get Help

Resources

Diversity & Inclusion

Discrimination, Harassment & Sexual Misconduct

Student Support Overview

Safety & Security Resources

Academic Resources

Area Dean of Students

Bias Education & Support Team (BEST)

Dean-on-Call Program

Dean-on-Call Program Applications for University Staff

Discrimination, Harassment & Sexual Misconduct

Sexual Assault Dean-on-Call Program

Disciplinary & Legal Options

Resources & Confidentiality

Resources for Sexual Violence Prevention

Health & Medical Resources

Medical Resources

Mental Health & Counseling

Insurance

Title IX

umatter.uchicago.edu

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person's family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person's wishes.

Sexual Assault

The University's definition of sexual assault includes the State of Illinois Criminal Code's current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State's very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:



Important Phone Numbers

University Police

From a campus phone: 123
From any phone: 773,702.8181

Safety and Emergency Resources

 Dean-on-Call:
 773.834.HELP

 Sexual Assault Dean-on-Call:
 773.834.HELP

 Bias Education & Support Team:
 773.834.HELP

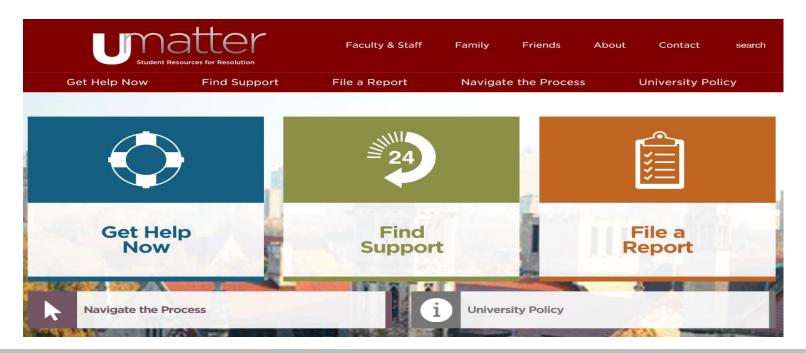
Medical Resources

Student Health Service (SHS): 773.702.4156

Nurse Advice Line

(after SHS business hours): 773.702.4156
Mitchell Hospital FR: 773.702.6250

UC Policy on Unlawful Discrimination & Sexual Misconduct



Summary

- No Statute of Limitations
- Confidential resources are available
- Other support (Dean of Students, Faculty)

Learning Climate/ Mistreatment



AAMC Mistreatment "Behaviors"

- Publicly Humiliated
- Threatened with Physical Harm/Physically Harmed
- Required to Perform Personal Services
- Sexism
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks
 - Subjected to unwanted sexual advances
- Race/Ethnicity
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks
- Sexual Orientation
 - Denied opportunities for training/rewards
 - Received lower evaluations
 - Subjected to offensive remarks



Mistreatment Reporting (Summer-Winter 2023) reports submitted thru 02/02/23

Experienced Mistreatment by Clerkship								
(Summer –Winter Quarter 2022-23 - Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public humiliation								
Subjected to unwanted sexual advances				1				
Subjected to racially or ethnically offensive remarks/names								
Subjected to negative or offensive behavior not otherwise described					1		1	
Total	0	0	0	1	1	0	1	0
Witnessed Mistreatment by Clerkship								
(Summer – Winter Quarter 2022-23 - Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Public embarrassment								
Subjected to offensive sexist remarks								
Subjected to negative or offensive behavior not otherwise described				1				
Total	0	0	0	1	0	0	0	0



Bias Reporting (Summer - Winter 2023) reports submitted thru 02/02/23

Bias by Clerkship								
(Summer- Winter 2022-23 - Preliminary)								
	EMED	FMED	MEDC	NURL	OBGY	PEDS	PSCR	SURG
Gender identity	0	0	1	0	0	1	0	1
National or Ethnic Origin	0	0	2	0	0	1	0	0
Disability	0	0	1	0	1	0	0	0
Other	0	0	0	0	1	0	0	0
Total	0	0	4	0	2	1	0	1

Experienced Mistreatment? Please seek help:

Talk to someone about the situation (one, some or any of these people):

- Faculty Ombudspersons (Drs. Diane Altkorn & Steve Zangan)
- Peer Ombudspersons (Pritzker Chiefs)
- Clerkship director
- Student leaders
- Faculty
- Any of us in the deans office

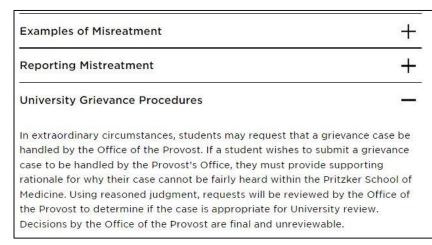
WE WANT TO KNOW!

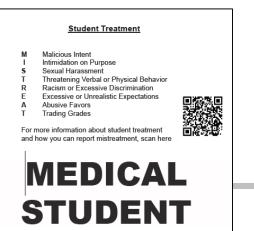


Error, Bias and Mistreatment Reporting in the Learning Organization









MS3 Class Meeting

Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

Mistreatment

Poor Teaching / Unprofessional Behavior / Microagressions

- Bias reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

EDUCATION / FEEDBACK / MONITORING

Abuse & Bias with Malicious Intent

- Mistreatment reporting system
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT

NorthShore



NorthShore: Hotel Reservations

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.
- Remember to check out before 11:00am
- Lack of communication may result in <u>you</u> being charged for the reservation

NorthShore: Uber for Business

- In general, NorthShore Uber is only to be used as **the last resort** when no other transportation option is available
- NorthShore's current guidelines are included in the "Uber Statement of Accountability" form that you signed during the Clinical Biennium.
- Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.
- If you aren't sure if your circumstance is reimbursable, check with NorthShore IN ADVANCE.

Preparing for your MS4 Year

- Schedule USMLE Step 2 CK
 - Deadline to take Step 2 is July 15, 2023
- OSHA Requirements for MS4

Schedule an appointment at SHS for mask fit

ERAS Photo

Watch your email for dates in April & May

MS4 Class Meetings

There are 4 class meetings to help you navigate the residency application process.

Meeting #1: Residency Application Overview (June 1, 2023 - 5:00pm)



Odds & Ends

I need help with.....

- ➤ Hospital or BSLC Access
- ➤ Lost ID
- ➤ Locker Access
- > Scrub Access
- > EPIC Access

Email the Student Affairs team! pritzkerstudentaffairs@bsd.uchicago.edu

How do I request....

- Transcripts
 my.uchicago.edu (no charge)
- ➤ Letter of Good Standing
 Email Mike McGinty to request a
 letter
- Copies of my Immunization Records my.WellnessPortal (or wellness.uchicago.edu)

Agenda

Welcome

HEDI/Financial Aid/Student Reps

Curriculum Updates

Break

Emergency Medicine Clerkship

Student Affairs

4th Year Leadership Opportunities

Wellness

Residency Application Process

Specialty Session with Residency Program Directors



Fourth Year Leadership Opportunities

- Pritzker Chiefs
- PMAP (Peer Mentoring at Pritzker)
- Society Leaders
- Senior Skit
- Social Rounds
- Clinical Biennium Planning
- Admissions Committee

MS4 Leadership Opportunities

- Pritzker Chiefs
 - Candidates interviewing in April
 - Announcement of 2023-2024 Chiefs in April!
- PMAP
 - Responsibilities:
 - Host mentoring activities throughout the year, including group and individual mentorship
 - Organizing mentorship resources
 - Assisting with MS2 and MS3 transitions/career planning process
 - New initiatives you want to pursue!
 - Application information will come in early May after Chiefs are announced!
- Current leaders contact info: Reem Hamoda, Willa Li, Akosua Oppong, Rachel Pacyna



MS4 Leadership Opportunities

Senior Skit

- Responsibilities
 - Managing production, advertisement, and showing of the Senior Skit
 - Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
- The new Chiefs will reach out for interest after they are selected

Social Rounds

 Watch for an email from this year's Social Rounds leadership on the application process for next year.

Clinical Biennium Planning Committee

- Student Planning Committee
 - Guide to 3rd Year
 - Panels
 - Tours
- Clinical Biennium Dates: Week of June 5th
- Planning Committee Meeting Watch inbox for details





Wellness

MS3 Class Meeting
Wei Wei Lee, MD MPH
Associate Dean of Students













Important decisions ahead







Pritzker Career Planning

- When do students make the final decision about which specialty to apply in?
 - 50% Winter MS3
 - Additional 25%: Spring MS3
 - Additional 25%: Start of MS4

Critical Event Coaching



- Critical Event
 - CART or patient death
 - Tension with team
 - Family meetings
 - Conflict with support staff



Important to reflect and debrief immediately

Email or Text Drs. Lee or Woodruff to meet with you within 24-48 hours

Support Resources





- PMAP
- Wellness Reps
- Research Mentor
- Course Directors
- PCRC Reps
- Deans Council Reps
- I2I Reps
- Pritzker Sibs







Hello Pritzkerl Rachel, Akosua, Willa, and Reem (RAWR) here. We are excited to share this space with you all! This upcoming academic year, we hope to reflect on past experiences, share thoughts, and amplify voices within the Pritzker student companying.



UChicago Student Wellness: Mental Health Services

- 24/7 Mental Health Support: call (773) 702-3625
- Make an Appointment:
 - > Call (773) 834-WELL [9355] to schedule
- Drop-in Counseling: Let's Talk

https://wellness.uchicago.edu/mental-health/lets-talk/

Visit the Website for more details:

https://wellness.uchicago.edu/mental-health/



Let's Talk About Therapy - Resources

UChicago Resources

Student Wellness

health/lets-talk

Therapists: counselors

or psychologists that

provide talk therapy.

Psychiatrists: medical

prescribe medications.

doctors who can

Initial appointment: 773-834-9355

Therapist on Call: 773-702-3625

Let's Talk – drop-in counseling; Mondays, 1-2 pm + Fridays, 3-4 pm

wellness.uchicago.edu/mental-

Options outside of UChicago

Psychology Today

Search engine for providers with filters for specialties, accepted insurances, languages, and more https://www.psychologytoday.com

Peer Provider Recommendations

Included in each week's TWAP.

TimelyCare

Access via uchicago.edu email

On-demand and scheduled appointments

Non-UChicago therapists and psychiatrists

timelycare.com/uchicago App/Google Store: TimelyCare



academic year trists

Students get 12

free sessions per

Top Tips

- Come to your initial appointment with questions for the therapist. For example:
 - What should I expect from a typical session?
 - Do you provide online and in-person appointments?
 - Can I contact you for support outside of our scheduled appointments?
- Finding a therapist is like dating chemistry is important. Are the vibes off? Move on to the next person!
- 3. It is valid to look for a therapist who shares identities with you.
 - If you are looking for long-term therapy, a community provider is the best option because the UChicago options (including TimelyCare) have a yearly cap on therapy appointments.
 - Watch M3 Wellness Rep Meera's interviews with mental health providers at Student Wellness. Find them on Instagram at pritzker_wellness.

2022-2023 Wellness Commit











2022-2023 Goals

- Reducing Stigma
- Increase the connection of student's to UChicago
 Wellness Resources and other mental health providers
- Examine longitudinal care and URM students to improve access to mental health resources
 - Includes developing partnerships with Affinity Groups

Initiatives & Events:

- Peer Mental Health Resource Sheet (Check the TWAP!)
- Pritzker, I Screwed Up (Photos from 1/31 Event) ----- >>>
- Humans of Pritzker Series (coming soon!)
- Narrative Medicine Event& Process Groups (M3s)
- FAQ wideos on accessing Mental Health Care (Instagram)
- And more—stay tuned ine



Ongoing Wellness Committee Events



M3s Take 10

We want to recognize the moments you connected with patients (in a non-medical way) this year while on the wards!



Whether you took 10 minutes or 10 seconds to connect with a patient, tell us about it here:



Each submission will be an entry for a \$10 egift card! The form will remain open through the end of February.

Link to form: https://forms.gle/xSJ7Uc2teX7DEkVi9



form here

The submission form is still open! The Wellness Committee would love to involve as many students as possible in various ways, including:



- Word Cloud
- Art Submissions (Photos)
- Recipes
- Pet Parents (Photos)
- Shoutouts to your Peers
- Anonymous Wellness Section
- Writing Pieces
- Memes
- And more!



Funding Support for Wellness Initiatives



Apply for a Wellness Grant!

• Up to \$100 for a wellness event

Past Grants	Upcoming Grants
 Midnights Listening Party Northshore Halloween Party Fall-ing In Love with Art Gingerbread House Latin Dance Night Mario Kart Tournament And more! 	 Valentines Day Goodie Bag Making (2/14/23) Self-Care Movie Night (2/23/23)

Pritzker Sibs Voucher Program

• Up to \$25/person















Apply HERE





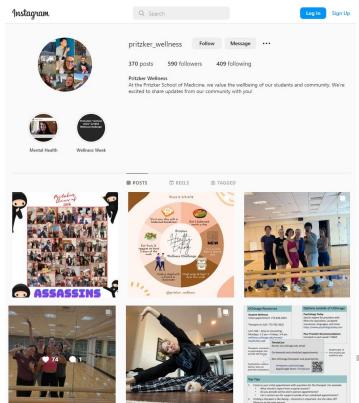


https://b/fitikeq.ucmicigo.edu/student-life/wellness-initiative-grant

https://pritzker.uchicago.edu/student-life/pritzker-sibs

Stay Connected!

Follow @pritzker_wellness on Instagram, and check out our website ---->>>>





Pritzker School of Medicine

0

About Academics Admissions Community Service Scholarly Opportunities Resources Student Life

Apply Contact Give Learn

STUDENT LIFE

Wellness at Pritzker



Mission: The Pritzker Wellness Program strives to to equip students with life-long skills to enhance their health and well-being by creating a culture that promotes reflection, compassion and the pursuit of joy on their path to personal and professional growth.

Vision: The Pritzker School of Medicine embraces wellness as a core value and is committed to helping students thrive in medical school through tailored programming to enhance physical, emotional, social and spiritual well-being.

Resources

Mental Health Resources

Wellness Committee

Apply for Wellness Grant

Pritzker Wellness Newsletters

https://pritzker.uchicago.edu/student-life/wellness-pritzker-2020

Dr. Lee's Office Hours

Wednesdays 12:00 – 1:00pm

Email to set up an appointment or stop by!

- ✓ Academic Issues
- ✓ Health & Wellness
 - ✓ Personal Issues
- ✓ Career Planning
- ✓ Other Concerns





Or Just Stop by to Chat!

THANK YOU!



Agenda

Welcome

HEDI/Financial Aid/Student Reps

Curriculum Updates

Break

Emergency Medicine Clerkship

Student Affairs & Wellness

4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors



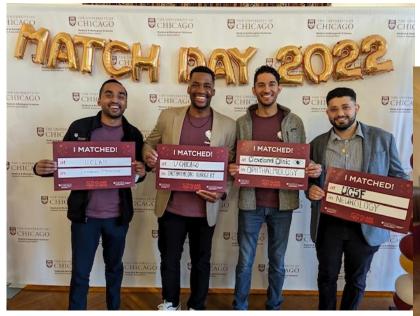


Applying to Residency: The Year Ahead

MS3 Spring Class Meeting February 13, 2023

Jim Woodruff, MD Dean of Students

MATCH DAY!





Our Goal for You: A Fulfilling, Satisfying Career

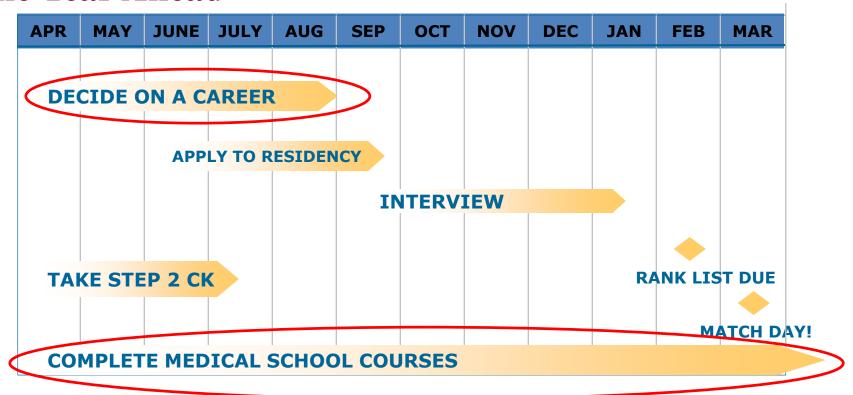




Applying to Residency

Strategy and Scheduling for the Year Ahead

The Year Ahead





Career Selection Factors to Consider

- Is the specialty a good fit?
- Do your skills, interests, and values match the specialty?
- Long term career goals
- Long term personal goals
- Are you a good fit?
- Consider your entire record and review with your Career and Specialty Advisors

Be Realistic

- When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.
- Look at your entire portfolio
 - Clerkship designators reported on the MSPE
 - Awards
 - USMLE scores
 - Research & publications
 - Joint degree
 - Extracurricular activities
- Consider subjective personal wishes and specialty features



Career Selection Resources

- Career Advisors
- AAMC Careers in Medicine website
 - Medical Specialty Preference Inventory (150 questions, 30 minutes)
 - Physician Values in Practice Scale (60 questions, 10 minutes)
 - Specialty Pages
- FREIDA: AMA online database of residency programs
- Your MS4 peers! (ex. PMAP)



Fourth Year Schedule

Regular Match:

October – January flexible for interviews

Early Match (Military, Ophthalmology, Urology):

September – December flexible for interviews

Smaller Specialties / Surgical Subspecialties:

November – February flexible for interviews

Dermatology

Neurosurgery

Orthopaedic Surgery

Otolaryngology

Plastic Surgery

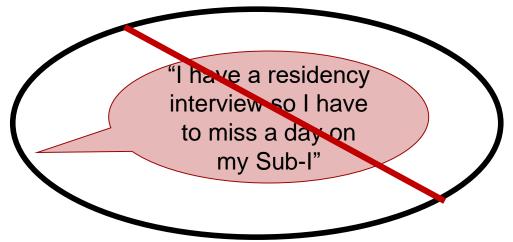
Radiation-Oncology

See "The Residency Process" book for sample schedules



Fourth Year Schedule

- Build flexibility for residency interviews into your fourth year schedule
- Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation



Away Rotations

- Refer to the Residency Process Book for specialty-specific information
- The Away Rotation page on our website has a full list of resources





The Year Ahead





USMLE Step 2

- Must take Step 1 and Step 2 CK in order to graduate
- May register up to 6 months before the date of the exam
- Early sign-up is recommended to get the date/location you prefer
- For optimal use of Step 2 during the interview offer process, take it by mid-July to ensure you have a Step 2 score when you apply to residency programs in September
 - Increase in PDs using Step 2 scores during interview offer process (Oct-Nov)
 - Increase in Step 2 failures across the country
- PSOM deadline: July 15, 2023



Why do I have to take Step 2 by July 15?

- Some residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK
- Increasing number of program directors say they use Step 2 CK to select students for interview
- Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by mid July ensures you will have a score for residency application and be able to graduate!
- Students tend to do better on Step 2 when they complete the tests immediately following their clerkships



The Year Ahead





Applying to Residency

Key Vocabulary



Electronic Residency Application Service (ERAS)

- A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
- https://www.aamc.org/students/medstudents/eras/



National Resident Matching Program (NRMP)

- Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
- The NRMP is an applicant-favoring process
- http://www.nrmp.org/

- Main Match: offers PGY-1 and PGY-2 level residency training positions in most specialties.
- Early Match: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)
- Couples' Match: couples can link their program choices together so that they
 can be matched into a combination of programs suited to their needs.
- Military Match: match held by the US Armed Services.

- Military Match: Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS
- SF Match: Apply through SF Match and match through SF Match for Ophthalmology (http://www.sfmatch.org/)
- Urology: Apply through ERAS & match through the AUA (http://www.auanet.org/education/residency.cfm)



Medical Student Performance Evaluation (MSPE)

- A letter of evaluation that describes a student's performance in medical school
- Not a letter of recommendation
- Released to programs on September 27, simultaneously with your ERAS application

Couples' Match

- Anyone interested in couple matching must:
 - Notify your Career Advisor & Tyler Lockman
 - Schedule a meeting with Dr. Woodruff no later than early Spring

Applying to Residency

Putting together your application...

and the people who will help you do it



Steps in Applying to Residency

- Get to know the career advising team
- Select a Specialty Advisor
- Understand the components of an application

The Career Advising Team

Dean of Students: Jim Woodruff, MD

Coggeshall Career Advisors

- Brian Callender, MD'04, AM'98
- Maureen Beederman, MD'14

Lewis Career Advisors

- Victoria Barbosa, MD, MPH
- Tipu Puri, MD, PhD

MSPE Director

Barrett Fromme, MD, MHPE

Huggins Career Advisors

- Arlene Roman, MD
- Nicola Orlov, MD'08

Rowley Career Advisors

- Wei Wei Lee, MD, MPH
- Jason Poston, MD'02

Support Staff

- Kate Blythe
- Tyler Lockman



Career and Specialty Advisors

A Career Advisor provides primary care:

- Counseling & navigation of the entire match process
- Honest assessment of your overall competitiveness, strengths and weakness
- Assigned to you

A Specialty Advisor provides specialty care:

- Advice on individual programs & potential letter writers
- Understands nuances of specialty application process
- Chosen by you



Career Advisor Limitations

- Never worked in specialty
 - May have excellent observations about specialty, but no direct experience

- May miss application nuances
 - Each specialty has their own style



Specialty Advisor Limitations

- Specialty Loyalty
 - May not be able to assess your relative competitiveness
 - May not understand nuances of today's application requirements
- Recruiter Mentality
 - Promote their favorite programs

Assembling your Team

Jan. – Feb.	# 1 Career Advisor Check-in: Career Selection
April – June	Complete Online Residency Application Survey
May – June	Specialty Advisor Appt.
	Bring to the meeting:
	 A draft of your personal statement
	A draft of your CV
April – July	MSPE Appt.
	Prior to the meeting:
	 Send CV draft to Tyler for review/revision
	 Noteworthy Characteristics finalized (by April 1)
	 MSPE Survey MUST be completed
June – Aug.	# 2 Career Advisor Check-in: Application
July – Aug.	MSPE Review
Aug. – Sept.	# 3 Career Advisor Check-in: Interview
Jan. – Early Feb. 2024	# 4 Career Advisor Check-in: Rank list



Components of an Application

- Application (ERAS, SF Match, etc.)
- USMLE Scores
- Letters of Recommendation
- Personal Statement
- Medical Student Performance Evaluation (MSPE)
- Pritzker Transcript
- ERAS Photo
- Program Signals



Letters of Recommendation

- 4 letters allowed per program
 - 3 clinical letters (1 may need to be a Chair's letter)
 - 1 research letter (only if appropriate)
- Provide letter writers with the following:
 - ERAS Letter Request Form
 - Draft of CV
- Give faculty at least 6 weeks notice
 - September 15 deadline

See "The Residency Process" book for specialty-specific information



Personal Statement

Thinking about and drafting your Personal Statement early in the process...

- Helps you:
 - Figure out your career/specialty choice
 - Articulate what you like about the specialty, which will be beneficial during interviews!
- Helps your letter writers:
 - Have a more meaningful conversation with you when you ask for a LOR
 - Understand what points about you to highlight in the LOR
- The personal statement is probably the hardest piece of your application start early for the best results!

See "The Residency Process" book for strong examples



Personal Statement Workshop

May 22, 2023

&

June 8, 2023



Program Signals

- Now used by at least 20 specialties to help determine interview offers; integrated in the **ERAS Application**
- Number of signals varies by specialty
- Some specialties and programs advise to signal home program + away rotation site; others advise *not* to. Be sure you know what to do!
- Be honest and diversify your signal distribution

Anesthesiology Dermatology Radiology (Diag & Int) **Emergency Medicine** Family Medicine

General Surgery Internal Medicine Internal Medicine/Psychiatry **Neurological Surgery** Neurology (Adult & Child)

OB/GYN Orthopaedic Surgery Otolaryngology (ENT) Pathology **Pediatrics**

Physical Medicine & Rehabilitation **Psychiatry** Public Health and Preventive

Medicine



^{*}more specialties may decide to participate by the spring*

Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process

What is the MSPE?

Medical Student Performance Evaluation

- Review of student's medical school experiences and noteworthy characteristics
- Academic history
 - Pritzker Honors and Awards
 - Summary evaluation from Clinical Skills
 - Summary evaluations from all required clerkships
- Overall summary
- Appendices



What is the role of the MSPE director?

- Meets with each student to discuss the residency application process and gather information for the Medical Student Performance Evaluation (MSPE)
- Works with staff on MSPE construction
- Reviews MSPE with student

Sign up instructions to come in March



What is in the MSPE?

- Clerkship summaries are the bulk of the MSPE
- Professionalism comments are highlighted
- Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See "The Residency Process" book for an example of an MSPE

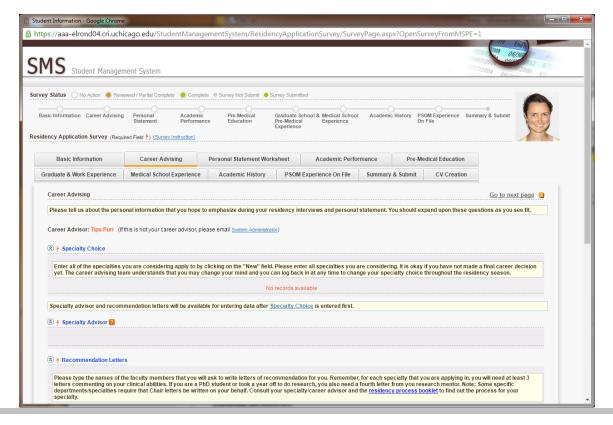
What we need to complete your MSPE

- Complete biographical data on MSPE Survey (link on website)
- A scheduled MSPE meeting with Dr. Fromme in spring/summer
 - MSPE written in order of survey completion/MSPE meeting
- A draft CV (template online, or generate from SMS)
- Your noteworthy characteristics (submitted in MSPE survey)
- Clinical Clerkship Grades
- A second MSPE review with Dr. Fromme in late summer

Let us know immediately if you are doing an away rotation



Residency Application Survey—Used to Construct MSPE





ERAS/Graduation Photos

- You must submit a photo with your ERAS application
- 3-4 dates will be available in April and May when you can get your photo taken on campus for free
- Even if you already have a professional photo, you still need to get one taken because we use them for the graduation composite

Residency Resources Webpage



Pritzker School of Medicine



Apply Contact Give Learn Go

About Academics Admissions Community Service Scholarly Opportunities

Resources

Student Life



Residency Resources	
Process and Data	+
Match Websites	+
Sample CV and MSPE Information	+
Personal Statement Guidelines	+
Class of 2020 Meeting Materials (Updated after each meeting)	+
Timeline for Regular Match	
April-May	+
May-June	+
July-August	+
August-October	Ŧ
September 15	+
October 1	+

- Digital copy of Residency Process Book
- CV Template
- MSPE Survey link
- **ERAS Photo link**
- Class Meeting Materials

Complete your Application

June-July	Ask for letters of recommendation	
	Organize your CV (use the template)	
	Complete your personal statement	
June	Receive your token & register for ERAS	
June-September	Complete the MyERAS application	
September 6-27	Review MyERAS application carefully and submit	
Mid September	Register with the NRMP	



Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application

Choosing Programs to Send Applications

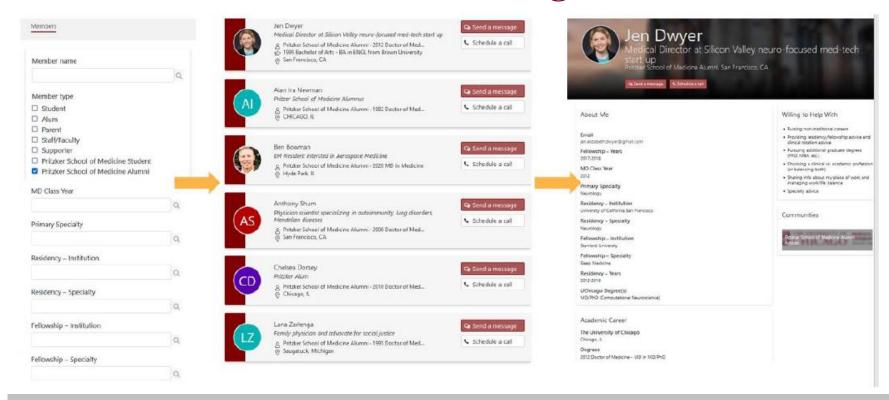
Considerations:

- Your list should have breadth and depth give yourself plenty of options from the start!
- Is there a preliminary program requirement?
- Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
- Competitiveness
- Quality of the program
- Your own qualifications
- Geography
- Family

Your specialty advisor is instrumental in creating this list



Pritzker Alumni Ambassador Program

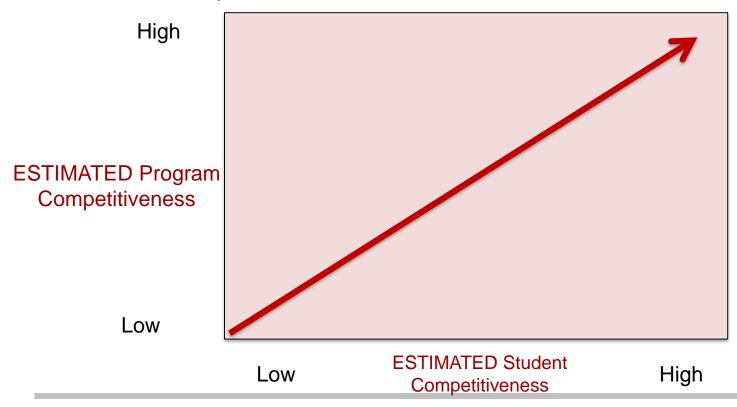




How to Sign Up/ Login

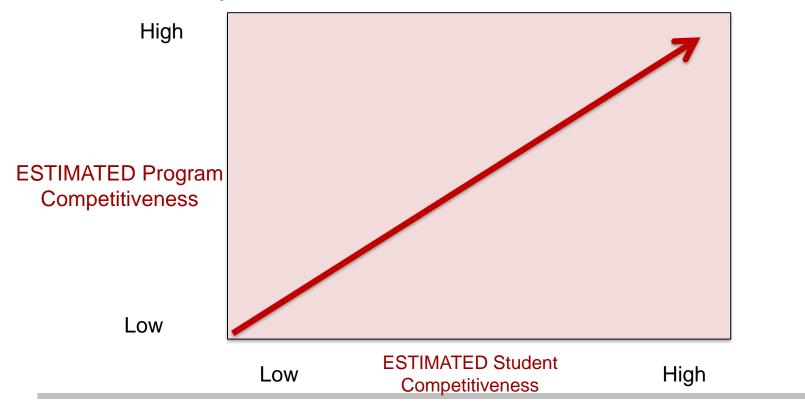
- 1. Visit <u>uchicago.wisr.io/signup</u>
- 2. Select "Pritzker School of Medicine Student" as your membership type
- 3. Request to join the **Pritzker Alumni Ambassador Program** community (The UChicago MBSAA will grant you access within one business day)
- Watch a short video tutorial to help you get started (linked on our Road to Residency page under "Residency Resources")





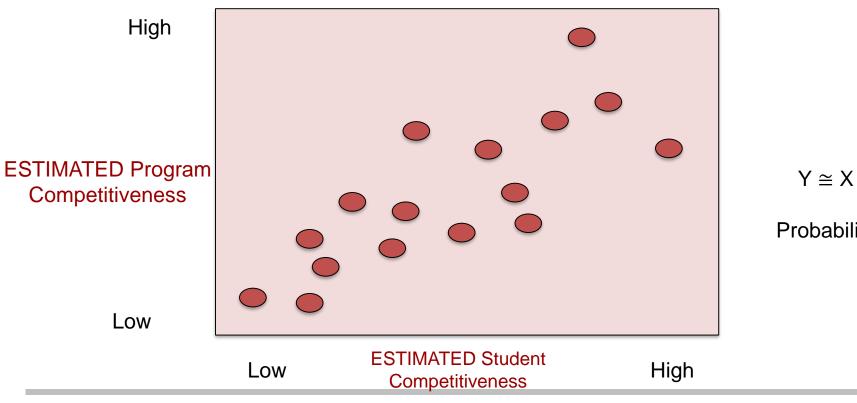
Y = X











Probability

Uncertainty and Patient Care

- Working with Uncertainty:
 - Do your homework (minimize uncertainty)
 - Account for less than total control (manage uncertainty)

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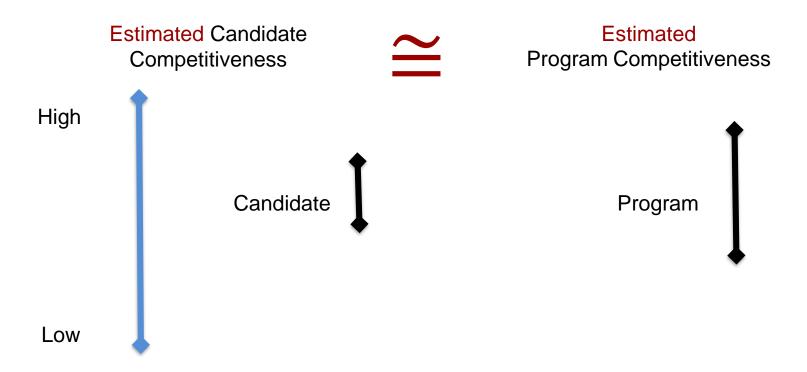


Doing your Homework (Minimizing Uncertainty)

- Timely completion of application
- Careful attention to your personal statement
- Careful selection and management of your letters of recommendation
- Research target programs
- Access advice from advisors to refine all documents and the program list

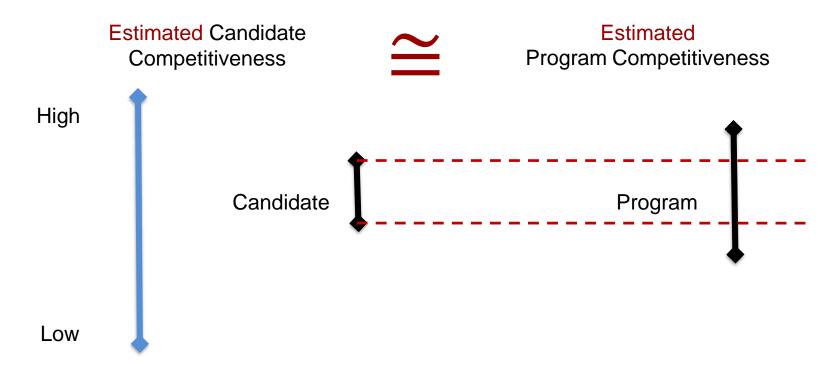


Account for Uncertainty





Account for Uncertainty





Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application
- Apply!

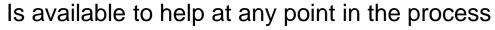
Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
- Select programs for application
- Apply!
- Interview
- Rank your programs
- Graduate



The Career Advising Team...









Has your best interest at heart
Believes in you and will be your advocate















Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- ☐ Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- ☐ Review the Residency Process Book
- Fill out the MSPE survey (April-June)
- ☐ Sign up for ERAS/Graduation photo
- Start putting together your CV
- ☐ Start drafting your personal statement
- Meet with Dr. Fromme for MSPE Meeting (April-July)
- ☐ Mark your calendar: June 1, MS4 Class Meeting #1!



MS4 Class Meetings

Thursday, June 1st at 5:00pm

MS4 Class Meeting #1: Residency Application Overview

Tuesday, June 27th at 5:00pm

MS4 Class Meeting #2: ERAS Overview

Monday, September 18th at 5:00pm

MS4 Class Meeting #3: Interviewing for Residency

Monday, January 22nd at 5:00pm

MS4 Class Meeting #4: Preparing Your Rank List



Match Day: March 15, 2024!



