Class of 2024
MS3 Class Meeting
Jim Woodruff, MD
Dean of Students

February 13, 2023
Photos

MS3 Class Meeting
November 14, 2022 (Winter Class Meeting)

- Focus on third year
- Don’t ask for LORs yet
- Meet with your advisor/noteworthy characteristics
- You will hear all this information again
- There is a team of people here to help
Agenda

Welcome

HEDI/Financial Aid/Student Reps

Curriculum Updates

Break

Emergency Medicine Clerkship

Student Affairs & Wellness

4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors

MS3 Class Meeting
Financial Aid Update
Emergency Assistance Programs

Examples include:

• Unanticipated/extraordinary medical and health expenses
• Theft of Personal Items
• Urgent Travel/Transportation Needs
• Temporary Loss of Housing/Unanticipated Moving Expenses

All programs may be applied for at my.UChicago > Finances > Account > Emergency Assistance.
Personal Budget Meeting

• Schedule a personal budget meeting
Preparing for 2023 – 2024

- FAFSA now available
- Pritzker applications will become available in March 2023
- Award notices will be released beginning May 12th, 2023
Questions?
Agenda

Welcome
HEDI/Financial Aid/Student Reps
Curriculum Updates
Break
Emergency Medicine Clerkship
Student Affairs & Wellness
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors

MS3 Class Meeting
Student Committee Reps - Updates

• Clinical Curriculum Review Committee (CCRC)
• Identity & Inclusion Steering Committee (i2i)
• Wellness Committee
• Dean’s Council
Planning your Fourth Year

Jason Poston, MD
Director of Fourth-Year Studies
What is the purpose of the fourth year of medical school?
Goals of Fourth Year

• Enhance skills of clinical practice
• Round out clinical education
• Continue scholarly work
• Consolidate medical and scientific knowledge
• Prepare for internship and residency
• Explore, decide medical specialty choice
• Match successfully with training program
How is Fourth Year Different?

Transition from student to physician

Focused
Prescribed
Knowledge-based
Standardized

Expansive
Self-directed
Competency-based
Individualized
Fourth-year Requirements

1350 units required for graduation

Sub-internship 150 units
Emergency Medicine clerkship 150 units
Add’l sub-I or clinical elective 150 units
Scientific Basis of Medical Practice 150 units
Scholarship & Discovery 100 units
USMLE Examination (Step 2CK) 700 units
How to earn 650 remaining credits?

- Clinical electives
- Non-clinical electives
- PE experiences
- Research
- Completion of dual-degree programs
Sub-Internship

• Assume primary responsibility and ownership for patient care at the level of an intern in that specialty

• Organize and prioritize the work inherent to managing an inpatient service

• Participate in cross-cover duties and transitions of care

• Full month in length with full-time, rigorous schedule
Instructions for Senior Lottery

Michael McGinty
Registrar
Login Instructions:

1. Enter your University of Chicago CNet ID and password.
2. Click "Login" to log into the Lottery application.
3. You may return to the Lottery site and change your selections until this phase of the lottery closes. The opening and closing dates are noted on the main screen after you login.

Note: The Lottery System will be closed for maintenance each day from 10:00am - 11:00am CDT. Please do not log into the lottery system during this maintenance period.

Please enter your CNetID:

Please enter your CNet password:

Log in
Welcome to the 2024 Senior Class Lottery. If your name or class designation is incorrect, please stop.

1. You have now successfully logged into the system.
2. The list at the bottom of the page indicates the areas to be addressed in the current phase.
3. Please review your eligibility for your requirements. If you notice an error, notify Michael McGinty immediately.
   Note: Your session will be terminated if it is idle for more than 20 minutes. You will have to re-login to return to this screen. Any changes you have not applied will not be saved.
4. Please logout when you are finished by clicking the Logout button at the top of the page.

Current phase: Phase I
Current phase dates: February 12, 2023 thru February 14, 2023

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Eligible?</th>
<th># Ranked</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Science</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Emergency Medicine</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Family Medicine</td>
<td>No</td>
<td>NA</td>
<td>N/A</td>
</tr>
<tr>
<td>Inpatient</td>
<td>Yes</td>
<td>0 ranked</td>
<td>View Ranked Courses</td>
</tr>
<tr>
<td>Neurology</td>
<td>No</td>
<td>NA</td>
<td>N/A</td>
</tr>
</tbody>
</table>
Basic Science

Instructions:

1. A total of 150 credits of selective in the Scientific Basis of Medical Practice is a senior requirement.
2. Choose the areas of Basic Science in which you would like to take courses, then click the "Select Courses" button at the bottom of the page.
3. The next page will allow you to rank the courses in the areas you have selected.
4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
5. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will have a chance to change your rankings.

Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.

6. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
7. For help, click on the "Help" button at the top of the page.

DEPARTMENT: (ANCC) Anesthesia/Critical Care

- Neuroscience of Pain and Opioids
- Evidence or Inferential: How do we read the medical literature to change our understanding?

DEPARTMENT: (HGEN) Human Genetics

- Application of Scientific Advancements to Disease Detection and Management

DEPARTMENT: (MEDC) Medicine

- Topics in data analysis in biomedical research: Big data
- The ASAP (Ask-Search-Appraise-Perform) Library Service Curriculum
- Mechanism and Management of Cardiac Disorders
- Diabetes Mellitus: Scientific Basis of Medical Practice
- Critical Appraisal of Landmark Medical Literature
- Overview of Medical Informatics
- Topics in Human Immunodeficiency Virus Infection
- Vignettes in Physiology
- Sleep Physiology and Clinical Considerations
- Advanced Clinical Pharmacology and Therapeutics

DEPARTMENT: (PSCR) Psychiatry

- What Is Psychiatry? Advanced Topics
**Basic Science Rank**

Instructions:
1. Listed below are the courses you have selected.
2. Rank the section(s) you are interested in.
3. If you would prefer not to rank a course you have selected, give it a rank of "0" (zero).
4. You may use each rank number only once. That is, if you have given one course a rank of "1," you may not give a "1" ranking to any other course on this page.
5. After you have ranked your courses, select the "Confirm Rankings" button at the bottom of the screen where you will have a chance to change your rankings. Note: your course selections are not logged into the database until you have clicked "Accept" on the next screen.
6. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.
7. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.
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### Critical Appraisal of Landmark Medical Literature

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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<tbody>
<tr>
<td>1</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
<td>75</td>
</tr>
</tbody>
</table>

### Diabetes Mellitus: Scientific Basis of Medical Practice

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>2</td>
<td>May 1, 2021</td>
<td>Feb 28, 2022</td>
<td>75</td>
</tr>
</tbody>
</table>

### Mechanism and Management of Cardiac Disorders

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>3</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
<td>75</td>
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</table>

### Neuroscience of Pain and Optic Nerves

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Start Date</th>
<th>End Date</th>
<th>Units</th>
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<tr>
<td>3</td>
<td>Jan 1, 2022</td>
<td>Jan 31, 2022</td>
<td>50</td>
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</table>
Review
Basic Science Review

Instructions:
1. Listed below are the courses you have ranked.

2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a lower ranking, click "Move Down".

3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.

   **Note: your choices will not be logged in the database unless you click "Accept".**

4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the Welcome screen.

5. You may return to the Lottery and change your rankings until this phase of the lottery closes. The opening and closing dates are on the Welcome screen.

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<table>
<thead>
<tr>
<th>Rank</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Start Date</th>
<th>End Date</th>
<th>Action</th>
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<tr>
<td>2</td>
<td>MEDC-55500-42</td>
<td>Diabetes Mellitus: Scientific Basis of Medical Practice</td>
<td>May 1, 2021</td>
<td>Feb 28, 2022</td>
<td>Move Up Move Down</td>
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<tr>
<td>3</td>
<td>ANCC-43001-30</td>
<td>Neuroscience of Pain and Opioids</td>
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<td>Move Up Move Down</td>
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<tr>
<td>4</td>
<td>MEDC-52400-32</td>
<td>Mechanism and Management of Cardiac Disorders</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
<td>Move Up</td>
</tr>
</tbody>
</table>
**Emergency Medicine**

**Rank all 23 options**

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**Emergency Medicine Clerkship** is a 150 credit senior requirement.

1. You must rank all 20 sections in Emergency Medicine.

3. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the beginning of the ranking.

4. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where you will request this ranking.

**Note:** Your course selections are not logged into the database until you have clicked "Accept" on the next screen.

<table>
<thead>
<tr>
<th>Ranking</th>
<th>Course Name</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
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<tr>
<td>2</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
</tr>
<tr>
<td>3</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Jun 1, 2021</td>
<td>Jun 30, 2021</td>
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<td>4</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Jun 1, 2021</td>
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<tr>
<td>5</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Jul 1, 2021</td>
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<td>6</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Jul 1, 2021</td>
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<td>7</td>
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<td>Aug 31, 2021</td>
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<tr>
<td>8</td>
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<tr>
<td>9</td>
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<td>10</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Sep 1, 2021</td>
<td>Sep 30, 2021</td>
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<tr>
<td>13</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Nov 1, 2021</td>
<td>Nov 30, 2021</td>
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<tr>
<td>14</td>
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<td>Nov 1, 2021</td>
<td>Nov 30, 2021</td>
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<td>15</td>
<td>Emergency Medicine Clerkship - UCMC</td>
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<td>Jan 31, 2022</td>
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<tr>
<td>18</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
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<tr>
<td>19</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Feb 1, 2022</td>
<td>Feb 28, 2022</td>
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<tr>
<td>20</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>Mar 1, 2022</td>
<td>Mar 31, 2022</td>
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<tr>
<td>21</td>
<td>Emergency Medicine Clerkship - North Shore</td>
<td>Mar 1, 2022</td>
<td>Mar 31, 2022</td>
</tr>
</tbody>
</table>
Review

Emergency Medicine Review

Instructions:
1. Listed below are the courses you have ranked.
2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your courses a lower ranking, click "Move Down".
3. If you are satisfied with these choices, click on the "Accept" button at the bottom of the screen.
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<th>Start Date</th>
<th>End Date</th>
<th>Action</th>
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<tbody>
<tr>
<td>1</td>
<td>EMED-31200-42</td>
<td>Emergency Medicine Clerkship - UCMC</td>
<td>May 1, 2021</td>
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<td>Move Down</td>
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<tr>
<td>2</td>
<td>EMED-84700-42</td>
<td>Emergency Medicine Clerkship - NorthShore</td>
<td>May 1, 2021</td>
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<td>Move Up Move Down</td>
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<td>6</td>
<td>EMED-31200-10</td>
<td>Emergency Medicine Clerkship - UCMC</td>
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<td>Move Up Move Down</td>
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<td>9</td>
<td>EMED-84700-14</td>
<td>Emergency Medicine Clerkship - NorthShore</td>
<td>Sep 1, 2021</td>
<td>Sep 30, 2021</td>
<td>Move Up Move Down</td>
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</tbody>
</table>
Inpatient/Sub-I

Instructions:

1. A total of 150 credits of Inpatient/Sub-I is a senior requirement.
2. Choose the areas of Inpatient/Sub-I in which you would like to take courses, then click the "Select Courses" button.
3. The next page will allow you to rank the courses in the areas you have selected.
4. Do not use your browser's "Back" button. Clicking the "Cancel" button will discard your selections and return you to the previous page.
5. After you have ranked your choices, select the "Review Rankings" button at the bottom of the screen where your rankings will be reviewed.

DEPARTMENT: (ANCC) Anesthesiology/Critical Care
- [ ] Sub-Internship in Cardiopulmonary Intensive Care
- [ ] Sub-Internship in Surgical and Burn Intensive Care

DEPARTMENT: (FMED) Family Medicine
- [ ] Sub-Internship in Family Medicine/ NorthShore

DEPARTMENT: (MEDC) Medicine
- ✔ Sub-Internship in Clinical Cardiology
- ✔ Sub-Internship in Medicine Clinical Rotation - NorthShore
- ✔ Sub-Internship in General Internal Medicine
- [ ] Hospital Medicine Sub-Internship
- ✔ Sub-Internship in Medical Intensive Care
- ✔ Sub-Internship in Critical Care/ NorthShore

DEPARTMENT: (NL) Neurology
- [ ] Neurology Sub-Internship
- [ ] Sub-Internship in Neurosciences Intensive Care

DEPARTMENT: (OBGYN) Obstetrics/Gynecology
- [ ] Sub-Internship in Maternal-Fetal Medicine/Endorphins
- [ ] Sub-Internship in Maternal-Fetal Medicine - NorthShore
- [ ] Sub-Internship in Gynecology Oncology Service
- [ ] Urogynecology and MISG Sub-Internship
- [ ] Sub-Internship in Urogynecology and Benign Gynecologic Surgery

DEPARTMENT: (PEDS) Pediatrics
- [ ] Pediatric Critical Care Medicine Sub-Internship
- [ ] Pediatric Critical Care Elective
- [ ] Sub-Internship in Neonatology
- [ ] Sub-Internship in Neonatology - NorthShore
Only rank the months you want for the Sub-Internships

If it’s a popular dept (Medicine), rank a few

If you don’t rank enough, you may not get a Sub-I

<table>
<thead>
<tr>
<th>Sub-Internship: Medicine Clinical Rotation - NorthShore</th>
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</thead>
<tbody>
<tr>
<td>Ranking</td>
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<tr>
<td>---------</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Sub-Internship: In General Internal Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ranking</td>
</tr>
<tr>
<td>---------</td>
</tr>
<tr>
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<tr>
<td>2</td>
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<tr>
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</tbody>
</table>
Review
Inpatient/Sub-I Review
Instructions:
1. Listed below are the courses you have ranked.
2. If you want to give one of your choices a higher ranking, click on the "Move Up" hyperlink next to that course. If you want to give one of your choices a lower ranking, click "Move Down".
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<th>Start Date</th>
<th>End Date</th>
<th>Action</th>
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<tbody>
<tr>
<td>1</td>
<td>MEDC-58000-42</td>
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<td>Move Down</td>
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<tr>
<td>2</td>
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<td>Sub-Internship in General Internal Medicine</td>
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<td>Move Up, Move Down</td>
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<tr>
<td>3</td>
<td>MEDC-58901-42</td>
<td>Sub-Internship: Medicine Clinical Rotation - NorthShore</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
<td>Move Up, Move Down</td>
</tr>
<tr>
<td>4</td>
<td>MEDC-50000-42</td>
<td>Sub-Internship: Clinical Cardiology</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
<td>Move Up, Move Down</td>
</tr>
<tr>
<td>5</td>
<td>MEDC-68501-42</td>
<td>Sub-Internship: Critical Care: Northshore</td>
<td>May 1, 2021</td>
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<td>Move Up, Move Down</td>
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<tr>
<td>6</td>
<td>MEDC-68300-42</td>
<td>Sub-Internship in Medical Intensive Care</td>
<td>May 1, 2021</td>
<td>May 31, 2021</td>
<td>Move Up</td>
</tr>
</tbody>
</table>

[Accept Cancel]
Requirements for Graduation

• Completion of Step 2 CK

• 150 Units of Basic Science selectives

• 150 Units of Sub-Internship (1 month)

• 150 Units of Clinical Electives (1 month total)

• 150 Units of Emergency Medicine (1 month)

• 100 Units of Research (1 month, 2-3 months recommended)

• 650 Units of General Elective courses
  
  – Non-clinical electives, extra clinical time, extra sub-IIs, away rotations, senior scientific
Peer Educator Opportunities

Adam Eickmeyer, MPH
Director of Medical School Education
M4 PE opportunities

- Some similar, some different from previous years

- Similar: all M2 courses (pharmacology, neurobiology, CPP&T, Clinical Skills)

- Different: Phase 1 M1 courses in the new curriculum
  - We are currently working through how PEs will be involved in the new curriculum, but don’t have the specifics for you quite yet
PE application timeline

• Some history…
  – Pre-2022, PE apps happened after the senior lottery
  – In 2021, M4s advocated for moving the PE application earlier, which we did in 2022
  – In 2022, M4s advocated for moving the PE application later, so we will return to that for 2023!

• This year, applications will happen in phases:
  – First phase – late March / early April once you know your lottery results
    • Anatomy small group PEs (interest gauging in Feb/March)
    • Autumn M2 courses – pharmacology, neurobiology
    • Potentially some phase 1 courses
  – CPP&T – invitations to apply will be sent out by the CPP&T team
Scholarship & Discovery
A message from Dr. Wolfson

https://uchicago.box.com/s/v83k09yg3uo7g04cbx2jx334kosjyp5i

You will receive a handout with written information later this week

Questions? Email Scholarshipanddiscovery@bsd.uchicago.edu
Emergency Medicine Clerkship

- 4 week clerkship
- Either UChicago or NorthShore
- Everyone does simulation lab at NorthShore
Scientific Basis of Medical Practice

• Explore scientific underpinnings through clinical lens
• “Mix and match” in areas of interest
• Designated courses
• Half (75 units) of requirement may be satisfied with peer educator role in basic science courses
• In rare cases, may create independent study
• Research does not fulfill requirement
Scholarship & Discovery

• Minimum of 100 units during senior year
• Maximum of 300 units (3 months)
• Work on scholarly project
• Non-clinical elective related to scholarly goals

• Presentation at Senior Scientific Session encouraged
  – May 2023, worth 100 units
Electives

• Clinical or non-clinical

• Balance specialty and general knowledge
  – Necessary to prepare you
  – Seize opportunities outside your chosen specialty!

• Home or away
  – Up to 2 away rotations can be completed for credit
  – Additional rotations may be completed with PSOM approval, but not for credit
  – Not necessary/advised for all students
Other Experiences

• Peer educator
• Leadership roles at Pritzker
• Interviewing for residency
• Preparing (logistically) for what’s next
How Individualized?

- Twenty-three different specialties
- Sub-specialties (17 for medicine, 13 for peds, …)
- Clinical v. Research v. Education v. Other
- Life events
- Life priorities
- Luck of the draw (The Lottery)
Fourth-Year Interface (FYI)

PSOM Courses
Courses FYI Admin Contact
Log Out Brian Patterson

FYI - My Mock Schedule

Objectives
Click here for more information about each objective. The colors represent the amount of exposure with regard to each objective. We recommend that you build a schedule that allows for sufficient exposure in all areas.
- Red: Very limited exposure
- Yellow: Limited exposure
- Green: Sufficient exposure (recommended)

Requirements
Your graduation requirements are on the left. Please note the following:
- FYI is just a workbook, and not necessarily an accurate accounting of 4th year units and requirements for graduation.
- No more than 25 units of FYI credit can be used for basic science selective credit.
Your other requirements are displayed on the right. Check off each requirement when it has been met.

Note: This is a mock schedule and may not reflect the actual courses offered.
Welcome
HEDI/Financial Aid/Student Reps
Curriculum Updates
Break
Emergency Medicine Clerkship
Student Affairs & Wellness
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Agenda

Welcome
HEDI/Financial Aid/Student Reps
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Emergency Medicine Clerkship
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4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Emergency Medicine Clerkship

Co-Clerkship Director
• Keme Carter, MD

Co-Clerkship Director
• Alejandro Palma, MD

Clerkship Administrator
• Latiffany Connelly

NorthShore Site Director
• Joanna Davidson, MD

NorthShore Administrator
• Tabitha Rosca
Why Emergency Medicine?

• Understand how to evaluate the acutely ill, undifferentiated patient

• Ability to exercise acute care decision making

• Unique opportunity to practice many fundamental skills you have learned in the last year

• Ability to practice and master technical/procedural skills
Clerkship Requirements

• Orientation Day attendance

• Completion of 16 shifts

• Attendance at all simulation/didactic sessions

• Case presentation

• Passing grade on final exam
Orientation Day

• Attendance prior to starting your first shift is mandatory **No exceptions!**

• Orientation is on the first working day each month from 8:00am - 3:00pm

• Conflict with the date of Orientation?
  • Option 1- Attend the orientation of another month prior to the start of your clerkship
  • Option 2- Switch your clerkship to another month
Shift Requirements

• Each student will complete 16 shifts

• Schedules will be chosen from a template sent out 1 month in advance

• No clinical shifts the night before didactic day

• Must comply with duty work hours

• No schedule changes unless approved by clerkship director or site director

• Excessive requests for days off will not be granted
Didactics and Simulation

- Must attend all simulation and didactic sessions
  No exceptions!

- Takes place on Wednesdays in the NorthShore simulation lab- 7:30am
Agenda

Welcome
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Specialty Session with Residency Program Directors
Student Committee Reps - Updates

• Clinical Curriculum Review Committee (CCRC)
• Identity & Inclusion Steering Committee (i2i)
• Wellness Committee
• Dean’s Council

MS3 Class Meeting
Taking Care of Business

• What kind of doctor do I want to be?
• What will it take for me to get there?
• How do I use the available resources to advance my progress?

Growth Mindset
Mindset Matters…

**Growth Mindset**
- I like to challenge myself
- When I fail, I learn
- My effort and attitude determine everything
- My growth is the most important thing

**Performance Mindset**
- Challenges make me anxious
- Avoid failure at all costs
- My abilities determine everything
- My performance is the most important thing
Your Health on the Clinical Clerkships

• Effectively addressing your health is one aspect of finding work life balance
• Communication is essential
• Emergencies: Notify your team and get attention
• Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled
• Needlestick/Exposure
  ➢ Clean the area
  ➢ Call Hotline – 188-9900
  ➢ Communicate with supervisor
Access to Campus Services
UChicago Student Wellness

Most students* have access to a robust array of student support services at the University, including healthcare.

Eligible Students*

- Counseling & Psychiatry Services
- Medical Services
- Health Promotion

* College students and most registered graduate students
Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service – “Medical Services”
- Student Counseling Service – “Mental Health Services”
- USHIP
  For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care
- Immunization Records
  Log into my.WellnessPortal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231
Working in the Health Care Environment

Needlesticks/Exposure at **UCM**
- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Needlesticks/Exposure **Offsite**
- NorthShore: Go to NS Occupational Medicine
- Other Location: Follow protocol at that location

Pritzker is responsible for these expenses. Send bills to Candi Gard in BSLC 104.
Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:
Help you work through steps to take if you are experiencing a health care emergency or challenge.

Dr. Woodruff: 773-251-5231
Dr. Lee: 646-483-9327

help.uchicago.edu
If there is only one website you can easily remember to get guidance, please use help.uchicago.edu. This will bring you easily to information on “Health & Medical Resources”.
Parking & Transportation

- Monthly Parking Program
- Daily Parking Validation Program
- Early Morning Transportation Program (Uber/Lyft)
- Clerkship Travel Reimbursement

Check your email!
Reminders emailed at the start of each month & quarter.
Clerkship Reimbursement – Process Update

The Why / Goals for Improvements:
- Student Feedback + Addressing common issues with old process
- Timestamped submissions (for 15-day window)
- Streamlined for both types of reimbursements (Personal Car / CTA, and Early Morning)
- Improved tracking for requests that have already been processed.

NEW Two-Step Process Active Now - Website updated + email sent out today!

**Step 1:** Download and complete the Clerkship Travel Reimbursement Form (excel doc - Tab 1 Personal Car + CTA Transportation, Tab 2 – Early Morning Transportation) form UChicago BOX.

**Step 2:** Complete the Clerkship Travel Reimbursement Request google form. This form will require the excel doc from Step 1 is uploaded. (Early Moring will also require the receipts from Uber/Lyft).

Thank you to the students that tested out the new process!

https://pritzker.uchicago.edu/student-life/student-reimbursement-process
Lyft Ride Smart

- Students can take up to 10 free standard Lyft rides per month (up to $15 off per ride)
- 5pm-4am - Seven nights a week
- The rides must begin and end within the campus service area
- On September 27, 2022 current students were sent an invitation to enroll
- https://safety-security.uchicago.edu/services/lyft_ride_smart_at_uchicago/

Metra 10-Ride

- Beginning October 1, students were able to receive a free 10-ride Metra Electric pass through my.uchicago.edu
- Good for Metra Electric trains across all zones.
- Students are eligible for one 10-ride pass per year and must sign up for a Ventra account before claiming a pass.
Safety Reminders

• Don’t walk alone in the dark
• Wait for shuttle (*bring something to read*)
• Be aware of your surroundings – Do not be distracted by your phone when walking
• Don’t cut through alleys
• Use call boxes
• Always lock your doors, close your windows when you leave home. (*laptops, etc. out of view*)
• Do not leave items visible in your locked car
• If you see or hear something concerning, call UC Police for questions about personal safety (*If you are concerned, you don’t need to wait for an alert*)
UChicago Safe App

The app is easy to download and free.
Some of the provided services are:

• Direct calling capabilities for the UCPD and CPD with the tap of an icon
• Mobile blue light sends your location and calls UCPD simultaneously
• Links to safety resources
• The ability to report a crime or speak to our dispatch center
• UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.
Discrimination, Harassment & Sexual Misconduct
Discrimination, Harassment & Sexual Misconduct

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person’s family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person’s wishes.

Sexual Assault

The University’s definition of sexual assault includes the State of Illinois Criminal Code’s current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State’s very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

- Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:
UC Policy on Unlawful Discrimination & Sexual Misconduct
Summary

- No Statute of Limitations
- Confidential resources are available
- Other support (Dean of Students, Faculty)
Learning Climate/ Mistreatment
AAMC Mistreatment “Behaviors”

- Publicly Humiliated
- Threatened with Physical Harm/Physically Harmed
- Required to Perform Personal Services
- Sexism
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
  - Subjected to unwanted sexual advances
- Race/Ethnicity
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
- Sexual Orientation
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
# Mistreatment Reporting (Summer-Winter 2023)

## Experienced Mistreatment by Clerkship

(Summer – Winter Quarter 2022-23 - Preliminary)

<table>
<thead>
<tr>
<th>Category</th>
<th>EMED</th>
<th>FMED</th>
<th>MEDC</th>
<th>NURL</th>
<th>OBGY</th>
<th>Peds</th>
<th>PSCR</th>
<th>SURG</th>
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</thead>
<tbody>
<tr>
<td>Public humiliation</td>
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<tr>
<td>Subjected to unwanted sexual advances</td>
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<td></td>
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<td>1</td>
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<tr>
<td>Subjected to racially or ethnically offensive remarks/names</td>
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<tr>
<td>Subjected to negative or offensive behavior not otherwise described</td>
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<td>0</td>
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</table>

## Witnessed Mistreatment by Clerkship

(Summer – Winter Quarter 2022-23 - Preliminary)

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<th>PSCR</th>
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<tr>
<td>Public embarrassment</td>
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<td></td>
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<tr>
<td>Subjected to offensive sexist remarks</td>
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<td></td>
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<tr>
<td>Subjected to negative or offensive behavior not otherwise described</td>
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</table>
## Bias by Clerkship

#### (Summer-Winter 2022-23 - Preliminary)

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<th>MEDC</th>
<th>NURL</th>
<th>OBGY</th>
<th>PEDS</th>
<th>PSCR</th>
<th>SURG</th>
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</thead>
<tbody>
<tr>
<td>Gender identity</td>
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<td>1</td>
<td>0</td>
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<td>1</td>
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<td>National or Ethnic Origin</td>
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<td>0</td>
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<td>0</td>
<td>0</td>
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<tr>
<td>Disability</td>
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<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
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<tr>
<td>Other</td>
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<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
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<tr>
<td><strong>Total</strong></td>
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<td>0</td>
<td>4</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>
Experienced Mistreatment?
Please seek help:

Talk to someone about the situation (one, some or any of these people):

- Faculty Ombudspersons (Drs. Diane Altkorn & Steve Zangan)
- Peer Ombudspersons (Pritzker Chiefs)
- Clerkship director
- Student leaders
- Faculty
- Any of us in the deans office

WE WANT TO KNOW!
Error, Bias and Mistreatment Reporting in the Learning Organization

Student Treatment

Statement of Policy

The Pritzker School of Medicine at the University of Chicago is committed to maintaining an academic and clinical environment in which faculty, fellows, residents, students, nurses, and other medical staff work together freely to further education and research and provide the highest level of patient care, whether in the classroom, the laboratory, or the hospital, and clinics. The school’s goal is to educate future physicians to meet high standards of professional behavior as outlined in the Pritzker School of Medicine’s Guidelines of Professionalism and to practice in a learning environment where effective, humane, and compassionate patient care is demanded and expected.

Examples of Misreatment

Reporting Mistreatment

University Grievance Procedures

In extraordinary circumstances, students may request that a grievance case be handled by the Office of the Provost. If a student wishes to submit a grievance case to be handled by the Provost’s Office, they must provide supporting rationale for why their case cannot be fairly heard within the Pritzker School of Medicine. Using reasoned judgment, requests will be reviewed by the Office of the Provost to determine if the case is appropriate for University review. Decisions by the Office of the Provost are final and unreviewable.

Bias & Mistreatment Reporting Instrument 2022-23

The Pritzker School of Medicine is committed to ongoing improvement in teaching, clinical care and the training environment. Concerns reported through this website will be used in efforts to improve student education and patient care.

A submission of this form constitutes an initial report to the Pritzker School of Medicine. Please use this form to report individual incidents. If you have multiple concerns, please select “Make Another Report” at the end of the survey. You can submit this report anonymously. Required fields are labeled.

While we hope to use this information to provide real time feedback to members of our learning community, students submitting the information can control how this information will be used (timing, anonymity, for feedback or simply leadership review).

Student Treatment

M Malicious Intent
I Intimidation on Purpose
S Sexual Harassment
T Threatening Verbal or Physical Behavior
R Racism or Excessive Discrimination
E Excessive or Unrealistic Expectations
A Abusive Favor
T Trading Grades

For more information about student treatment and how you can report mistreatment, scan here

MEDICAL STUDENT

MS3 Class Meeting
Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

- Poor Teaching / Unprofessional Behavior / Microaggressions
  - Bias reporting system
  - Teaching evaluations
  - Deans, Chiefs, Clerkship Directors
  - Ombudspersons

EDUCATION / FEEDBACK / MONITORING

Mistreatment

- Abuse & Bias with Malicious Intent
  - Mistreatment reporting system
  - Deans, Chiefs, Clerkship Directors
  - Ombudspersons

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT

MS3 Class Meeting
NorthShore: Hotel Reservations

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.
- Remember to check out before 11:00am
- Lack of communication may result in you being charged for the reservation
NorthShore: Uber for Business

- In general, NorthShore Uber is only to be used as the last resort when no other transportation option is available.

- NorthShore’s current guidelines are included in the “Uber Statement of Accountability” form that you signed during the Clinical Biennium.

- Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.

- If you aren’t sure if your circumstance is reimbursable, check with NorthShore IN ADVANCE.
Preparing for your MS4 Year

• **Schedule USMLE Step 2 CK**
  – Deadline to take Step 2 is **July 15, 2023**

• **OSHA Requirements for MS4**
  Schedule an appointment at SHS for mask fit

• **ERAS Photo**
  Watch your email for dates in April & May

• **MS4 Class Meetings**
  There are 4 class meetings to help you navigate the residency application process.
  Meeting #1: Residency Application Overview (**June 1, 2023** - **5:00pm**)
Odds & Ends

I need help with…..

- Hospital or BSLC Access
- Lost ID
- Locker Access
- Scrub Access
- EPIC Access

Email the Student Affairs team!
pritzkerstudentaffairs@bsd.uchicago.edu

How do I request…..

- Transcripts
  my.uchicago.edu (no charge)

- Letter of Good Standing
  Email Mike McGinty to request a letter

- Copies of my Immunization Records
  my.WellnessPortal (or
  wellness.uchicago.edu)
Agenda

Welcome
HEDI/Financial Aid/Student Reps
Curriculum Updates
Break
Emergency Medicine Clerkship
Student Affairs
4th Year Leadership Opportunities
Wellness
Residency Application Process
Specialty Session with Residency Program Directors
Fourth Year Leadership Opportunities

• Pritzker Chiefs
• PMAP (Peer Mentoring at Pritzker)
• Society Leaders
• Senior Skit
• Social Rounds
• Clinical Biennium Planning
• Admissions Committee
MS4 Leadership Opportunities

• Pritzker Chiefs
  – Candidates interviewing in April
  – Announcement of 2023-2024 Chiefs in April!

• PMAP
  – Responsibilities:
    • Host mentoring activities throughout the year, including group and individual mentorship
    • Organizing mentorship resources
    • Assisting with MS2 and MS3 transitions/career planning process
    • New initiatives you want to pursue!
  – Application information will come in early May after Chiefs are announced!

• Current leaders contact info: Reem Hamoda, Willa Li, Akosua Oppong, Rachel Pacyna
MS4 Leadership Opportunities

• Senior Skit
  – Responsibilities
    • Managing production, advertisement, and showing of the Senior Skit
    • Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
    – The new Chiefs will reach out for interest after they are selected

• Social Rounds
  – Watch for an email from this year’s Social Rounds leadership on the application process for next year.
Clinical Biennium Planning Committee

- Student Planning Committee
  - Guide to 3rd Year
  - Panels
  - Tours

- Clinical Biennium Dates: Week of June 5th

- Planning Committee Meeting – Watch inbox for details
Wellness

MS3 Class Meeting
Wei Wei Lee, MD MPH
Associate Dean of Students
Important decisions ahead
Pritzker Career Planning

• When do students make the final decision about which specialty to apply in?
  – 50% Winter MS3
  – Additional 25%: Spring MS3
  – Additional 25%: Start of MS4
Critical Event Coaching

• Critical Event
  – CART or patient death
  – Tension with team
  – Family meetings
  – Conflict with support staff

• Important to reflect and debrief immediately

Email or Text Drs. Lee or Woodruff to meet with you within 24-48 hours
Support Resources

• PMAP
• Wellness Reps
• Research Mentor
• Course Directors
• PCRC Reps
• Deans Council Reps
• I2I Reps
• Pritzker Sibs

Hello Pritzker! Rachel, Akosua, Willa, and Reem (RAWR) here. We are excited to share this space with you all! This upcoming academic year, we hope to reflect on past experiences, share thoughts, and amplify voices within the Pritzker student community.
UChicago Student Wellness: Mental Health Services

- 24/7 Mental Health Support: call (773) 702-3625
- Make an Appointment:
  - Call (773) 834-WELL [9355] to schedule
- Drop-in Counseling: Let’s Talk
  https://wellness.uchicago.edu/mental-health/lets-talk/

Visit the Website for more details:
https://wellness.uchicago.edu/mental-health/
2022-2023 Wellness Committee

M1 Reps

M2 Reps

M3 Reps

M4 Reps
2022-2023 Goals

- Reducing Stigma
- Increase the connection of student’s to UChicago Wellness Resources and other mental health providers
- Examine longitudinal care and URM students to improve access to mental health resources
  - Includes developing partnerships with Affinity Groups

Initiatives & Events:

- Peer Mental Health Resource Sheet (Check the TWAP!)
- **Pritzker, I Screwed Up (Photos from 1/31 Event) ----- >>>**
- Humans of Pritzker Series (coming soon!)
- Narrative Medicine Event & Process Groups (M3s)
- FAQ videos on accessing Mental Health Care (Instagram)
- And more — stay tuned!
Ongoing Wellness Committee Events

M3s Take 10

We want to recognize the moments you connected with patients (in a non-medical way) this year while on the wards!

Whether you took 10 minutes or 10 seconds to connect with a patient, tell us about it here:

Each submission will be an entry for a $10 egift card! The form will remain open through the end of February.

Link to form: https://forms.gle/xSJ7Uc2teX7DEkVi9
The submission form is still open! The Wellness Committee would love to involve as many students as possible in various ways, including:

- Word Cloud
- Art Submissions (Photos)
- Recipes
- Pet Parents (Photos)
- Shoutouts to your Peers
- Anonymous Wellness Section
- Writing Pieces
- Memes
- And more!

Access the submission form here
Funding Support for Wellness Initiatives

Apply for a Wellness Grant!
• Up to $100 for a wellness event

Pritzker Sibs Voucher Program
• Up to $25/person

Past Grants
• Midnights Listening Party
• Northshore Halloween Party
• Fall-ing In Love with Art
• Gingerbread House
• Latin Dance Night
• Mario Kart Tournament
• And more!

Upcoming Grants
• Valentines Day Goodie Bag Making (2/14/23)
• Self-Care Movie Night (2/23/23)

https://pritzker.uchicago.edu/student-life/wellness-initiative-grant

https://pritzker.uchicago.edu/student-life/pritzker-sibs
Stay Connected!
Follow @pritzker_wellness on Instagram, and check out our website

https://pritzker.uchicago.edu/student-life/wellness-pritzker-2020
Dr. Lee’s Office Hours

Wednesdays
12:00 – 1:00pm

Email to set up an appointment or stop by!

✓ Academic Issues
✓ Health & Wellness
✓ Personal Issues
✓ Career Planning
✓ Other Concerns

Or Just Stop by to Chat!

MS1 Class Winter Meeting
THANK YOU!
Agenda

Welcome
HEDI/Financial Aid/Student Reps
Curriculum Updates
Break
Emergency Medicine Clerkship
Student Affairs & Wellness
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors
Applying to Residency: The Year Ahead

MS3 Spring Class Meeting
February 13, 2023

Jim Woodruff, MD
Dean of Students
MATCH DAY!

MS3 Class Meeting
Our Goal for You: A Fulfilling, Satisfying Career
Applying to Residency

Strategy and Scheduling for the Year Ahead

MS3 Class Meeting
The Year Ahead

<table>
<thead>
<tr>
<th>APR</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUG</th>
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</table>

- **Decide on a Career**
- **Apply to Residency**
- **Interview**
- **Take Step 2 CK**
- **Complete Medical School Courses**
- **Rank List Due**
- **Match Day!**

MS3 Class Meeting
Career Selection Factors to Consider

- Is the specialty a good fit?
- Do your skills, interests, and values match the specialty?
- Long term career goals
- Long term personal goals
- Are you a good fit?
- Consider your entire record and review with your Career and Specialty Advisors
Be Realistic

- When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.

- Look at your entire portfolio
  - Clerkship designators reported on the MSPE
  - Awards
  - USMLE scores
  - Research & publications
  - Joint degree
  - Extracurricular activities

- Consider subjective personal wishes and specialty features
Career Selection Resources

• Career Advisors

• AAMC Careers in Medicine website
  – Medical Specialty Preference Inventory (150 questions, 30 minutes)
  – Physician Values in Practice Scale (60 questions, 10 minutes)
  – Specialty Pages

• FREIDA: AMA online database of residency programs

• Your MS4 peers! (ex. PMAP)
Fourth Year Schedule

• Regular Match:
  October – January flexible for interviews

• Early Match (Military, Ophthalmology, Urology):
  September – December flexible for interviews

• Smaller Specialties / Surgical Subspecialties:
  November– February flexible for interviews
  Dermatology
  Neurosurgery
  Orthopaedic Surgery
  Otolaryngology
  Plastic Surgery
  Radiation-Oncology

See “The Residency Process” book for sample schedules
Fourth Year Schedule

• Build flexibility for residency interviews into your fourth year schedule

• Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation

“I have a residency interview so I have to miss a day on my Sub-I”
Away Rotations

• Refer to the Residency Process Book for specialty-specific information

• The Away Rotation page on our website has a full list of resources
The Year Ahead

Decide on a Career

Apply to Residency

Interview

Take Step 2 CK

Complete Medical School Courses

Rank List Due

Match Day!
USMLE Step 2

- Must take Step 1 and Step 2 CK in order to graduate
- May register up to 6 months before the date of the exam
- Early sign-up is recommended to get the date/location you prefer
- For optimal use of Step 2 during the interview offer process, take it by mid-July to ensure you have a Step 2 score when you apply to residency programs in September
  - Increase in PDs using Step 2 scores during interview offer process (Oct-Nov)
  - Increase in Step 2 failures across the country
- PSOM deadline: **July 15, 2023**
Why do I have to take Step 2 by July 15?

- Some residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK
- Increasing number of program directors say they use Step 2 CK to select students for interview
- Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by mid July ensures you will have a score for residency application and be able to graduate!
- Students tend to do better on Step 2 when they complete the tests immediately following their clerkships
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<th>APR</th>
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<th>DEC</th>
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<td>DECIDE ON A CAREER</td>
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<tr>
<td>COMPLETE MEDICAL SCHOOL COURSES</td>
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</table>

- **Decide on a Career**
- **Apply to Residency**
- **Interview**
- **Rank List Due**
- **Match Day!**

MS3 Class Meeting
Applying to Residency

Key Vocabulary
Applying to Residency: Key Vocabulary

- **Electronic Residency Application Service (ERAS)**
  - A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
  - [https://www.aamc.org/students/medstudents/eras/](https://www.aamc.org/students/medstudents/eras/)
Applying to Residency: Key Vocabulary

• National Resident Matching Program (NRMP)
  – Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
  – The NRMP is an applicant-favoring process
  – http://www.nrmp.org/
Applying to Residency: Key Vocabulary

- **Main Match**: offers PGY-1 and PGY-2 level residency training positions in most specialties.

- **Early Match**: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)

- **Couples’ Match**: couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.

- **Military Match**: match held by the US Armed Services.
Applying to Residency: Key Vocabulary

- **Military Match**: Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS

- **SF Match**: Apply through SF Match and match through SF Match for Ophthalmology ([http://www.sfmatch.org/](http://www.sfmatch.org/))

- **Urology**: Apply through ERAS & match through the AUA ([http://www.auanet.org/education/residency.cfm](http://www.auanet.org/education/residency.cfm))
Applying to Residency: Key Vocabulary

• **Medical Student Performance Evaluation (MSPE)**
  
  – A letter of evaluation that describes a student’s performance in medical school
  – Not a letter of recommendation
  – Released to programs on September 27, simultaneously with your ERAS application
Couples’ Match

- Anyone interested in couple matching must:
  - Notify your Career Advisor & Tyler Lockman
  - Schedule a meeting with Dr. Woodruff no later than early Spring
Applying to Residency

Putting together your application...

and the people who will help you do it
Steps in Applying to Residency

• Get to know the career advising team
• Select a Specialty Advisor
• Understand the components of an application
The Career Advising Team

**Dean of Students:** Jim Woodruff, MD

**Coggeshall Career Advisors**
- Brian Callender, MD’04, AM’98
- Maureen Beederman, MD’14

**Lewis Career Advisors**
- Victoria Barbosa, MD, MPH
- Tipu Puri, MD, PhD

**MSPE Director**
- Barrett Fromme, MD, MHPE

**Huggins Career Advisors**
- Arlene Roman, MD
- Nicola Orlov, MD’08

**Rowley Career Advisors**
- Wei Wei Lee, MD, MPH
- Jason Poston, MD’02

**Support Staff**
- Kate Blythe
- Tyler Lockman
Career and Specialty Advisors

A Career Advisor provides primary care:

• Counseling & navigation of the entire match process
• Honest assessment of your overall competitiveness, strengths and weakness
• Assigned to you

A Specialty Advisor provides specialty care:

• Advice on individual programs & potential letter writers
• Understands nuances of specialty application process
• Chosen by you
Career Advisor Limitations

• Never worked in specialty
  – May have excellent observations about specialty, but no direct experience

• May miss application nuances
  – Each specialty has their own style
Specialty Advisor Limitations

- Specialty Loyalty
  - May not be able to assess your relative competitiveness
  - May not understand nuances of today’s application requirements

- Recruiter Mentality
  - Promote their favorite programs
# Assembling your Team

<table>
<thead>
<tr>
<th>Period</th>
<th>Event</th>
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<tbody>
<tr>
<td>Jan. – Feb.</td>
<td># 1 Career Advisor Check-in: Career Selection</td>
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<tr>
<td>April – June</td>
<td>Complete Online Residency Application Survey</td>
</tr>
<tr>
<td>May – June</td>
<td>Specialty Advisor Appt.</td>
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<td>Bring to the meeting:</td>
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<td></td>
<td>• A draft of your personal statement</td>
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<tr>
<td></td>
<td>• A draft of your CV</td>
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<tr>
<td>April – July</td>
<td>MSPE Appt.</td>
</tr>
<tr>
<td></td>
<td>Prior to the meeting:</td>
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<td>• Send CV draft to Tyler for review/revision</td>
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<td></td>
<td>• Noteworthy Characteristics finalized (by April 1)</td>
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<td></td>
<td>• MSPE Survey MUST be completed</td>
</tr>
<tr>
<td>June – Aug.</td>
<td># 2 Career Advisor Check-in: Application</td>
</tr>
<tr>
<td>July – Aug.</td>
<td>MSPE Review</td>
</tr>
<tr>
<td>Aug. – Sept.</td>
<td># 3 Career Advisor Check-in: Interview</td>
</tr>
<tr>
<td>Jan. – Early Feb. 2024</td>
<td># 4 Career Advisor Check-in: Rank list</td>
</tr>
</tbody>
</table>

MS3 Class Meeting
Components of an Application

- Application (ERAS, SF Match, etc.)
- USMLE Scores
- Letters of Recommendation
- Personal Statement
- Medical Student Performance Evaluation (MSPE)
- Pritzker Transcript
- ERAS Photo
- Program Signals
Letters of Recommendation

• 4 letters allowed per program
  – 3 clinical letters (1 may need to be a Chair’s letter)
  – 1 research letter (only if appropriate)

• Provide letter writers with the following:
  – ERAS Letter Request Form
  – Draft of CV

• Give faculty at least 6 weeks notice
  – September 15 deadline

See “The Residency Process” book for specialty-specific information
Personal Statement

Thinking about and drafting your Personal Statement early in the process…

• Helps you:
  – Figure out your career/specialty choice
  – Articulate what you like about the specialty, which will be beneficial during interviews!

• Helps your letter writers:
  – Have a more meaningful conversation with you when you ask for a LOR
  – Understand what points about you to highlight in the LOR

• The personal statement is probably the hardest piece of your application – start early for the best results!

See “The Residency Process” book for strong examples
Personal Statement Workshop

May 22, 2023

&

June 8, 2023
Program Signals

• Now used by at least 20 specialties to help determine interview offers; integrated in the ERAS Application

• Number of signals varies by specialty

• Some specialties and programs advise to signal home program + away rotation site; others advise *not* to. Be sure you know what to do!

• Be honest and diversify your signal distribution

<table>
<thead>
<tr>
<th>Anesthesiology</th>
<th>General Surgery</th>
<th>OB/GYN</th>
<th>Physical Medicine &amp; Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dermatology</td>
<td>Internal Medicine</td>
<td>Orthopaedic Surgery</td>
<td>Psychiatry</td>
</tr>
<tr>
<td>Radiology (Diag &amp; Int)</td>
<td>Internal Medicine/Psychiatry</td>
<td>Otolaryngology (ENT)</td>
<td>Psychiatry</td>
</tr>
<tr>
<td>Emergency Medicine</td>
<td>Neurological Surgery</td>
<td>Pathology</td>
<td>Public Health and Preventive Medicine</td>
</tr>
<tr>
<td>Family Medicine</td>
<td>Neurology (Adult &amp; Child)</td>
<td>Pediatrics</td>
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</tbody>
</table>

*more specialties may decide to participate by the spring*
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
What *is* the MSPE?

Medical Student Performance Evaluation

- Review of student’s medical school experiences and noteworthy characteristics
- Academic history
  - Pritzker Honors and Awards
  - Summary evaluation from Clinical Skills
  - Summary evaluations from all required clerkships
- Overall summary
- Appendices
What is the role of the MSPE director?

- Meets with each student to discuss the residency application process and gather information for the Medical Student Performance Evaluation (MSPE)
- Works with staff on MSPE construction
- Reviews MSPE with student

*Sign up instructions to come in March*
What is in the MSPE?

- Clerkship summaries are the bulk of the MSPE
- Professionalism comments are highlighted
- Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See “The Residency Process” book for an example of an MSPE
What we need to complete your MSPE

- Complete biographical data on **MSPE Survey** (link on website)
- A scheduled MSPE meeting with Dr. Fromme in spring/summer
  - MSPE written in order of survey completion/MSPE meeting
- A draft CV (template online, or generate from SMS)
- Your noteworthy characteristics (submitted in MSPE survey)
- Clinical Clerkship Grades
- A second MSPE review with Dr. Fromme in late summer

**Let us know immediately if you are doing an away rotation**
Residency Application Survey—Used to Construct MSPE
ERAS/Graduation Photos

- You **must** submit a photo with your ERAS application
- 3-4 dates will be available in April and May when you can get your photo taken on campus for free
- Even if you already have a professional photo, you still **need** to get one taken because we use them for the graduation composite
Residency Resources Webpage

- Digital copy of Residency Process Book
- CV Template
- MSPE Survey link
- ERAS Photo link
- Class Meeting Materials
# Complete your Application

<table>
<thead>
<tr>
<th>June-July</th>
<th>Ask for letters of recommendation</th>
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<tbody>
<tr>
<td></td>
<td>Organize your CV (use the template)</td>
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<tr>
<td></td>
<td>Complete your personal statement</td>
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<tr>
<td>June</td>
<td>Receive your token &amp; register for ERAS</td>
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<tr>
<td>June-September</td>
<td>Complete the MyERAS application</td>
</tr>
<tr>
<td>September 6-27</td>
<td>Review MyERAS application carefully and submit</td>
</tr>
<tr>
<td>Mid September</td>
<td>Register with the NRMP</td>
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</table>

**MS3 Class Meeting**
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
Choosing Programs to Send Applications

Considerations:

- Your list should have breadth and depth – give yourself plenty of options from the start!
- Is there a preliminary program requirement?
- Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
- Competitiveness
- Quality of the program
- Your own qualifications
- Geography
- Family

Your specialty advisor is instrumental in creating this list
Pritzker Alumni Ambassador Program

MS3 Class Meeting
How to Sign Up/ Login

1. Visit [uchicago.wisr.io/signup](uchicago.wisr.io/signup)

2. Select “Pritzker School of Medicine Student” as your membership type

3. Request to join the Pritzker Alumni Ambassador Program community (The UChicago MBSAA will grant you access within one business day)

4. Watch a short video tutorial to help you get started (linked on our Road to Residency page under “Residency Resources”)

MS3 Class Meeting
Uncertainty and the Match

ESTIMATED Program Competitiveness

Low

High

ESTIMATED Student Competitiveness

Low

High

Y = X

MS3 Class Meeting
Uncertainty and the Match

ESTIMATED Program Competitiveness

Low

High

ESTIMATED Student Competitiveness

Low

High

Y \approx X
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

Y \approx X

Probability

MS3 Class Meeting
Uncertainty and Patient Care

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Uncertainty and the Match

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Doing your Homework (Minimizing Uncertainty)

- Timely completion of application
- Careful attention to your personal statement
- Careful selection and management of your letters of recommendation
- Research target programs
- Access advice from advisors to refine all documents and the program list
Account for Uncertainty

Estimated Candidate Competitiveness $\cong$ Estimated Program Competitiveness

- High
- Low

Candidate

Program

MS3 Class Meeting
Account for Uncertainty

Estimated Candidate Competitiveness ≅ Estimated Program Competitiveness

High

Candidate

Low

Program

MS3 Class Meeting
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
• Interview
• Rank your programs
• Graduate
The Career Advising Team…

Is available to help at any point in the process

Has your best interest at heart

Believes in you and will be your advocate
Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- Review the Residency Process Book
- Fill out the MSPE survey (April-June)
- Sign up for ERAS/Graduation photo
- Start putting together your CV
- Start drafting your personal statement
- Meet with Dr. Fromme for MSPE Meeting (April-July)
- Mark your calendar: June 1, MS4 Class Meeting #1!
MS4 Class Meetings

Thursday, June 1\textsuperscript{st} at 5:00pm
MS4 Class Meeting #1: Residency Application Overview

Tuesday, June 27\textsuperscript{th} at 5:00pm
MS4 Class Meeting #2: ERAS Overview

Monday, September 18\textsuperscript{th} at 5:00pm
MS4 Class Meeting #3: Interviewing for Residency

Monday, January 22\textsuperscript{nd} at 5:00pm
MS4 Class Meeting #4: Preparing Your Rank List