Residency Application Overview

MS4 Class Meeting #1
June 1, 2022
Your Questions and Concerns

Things you are excited about…

• “Interviewing and talking about how excited I am to go into my field”

• “Learning about programs across the country, meeting future colleagues, having a virtual format”

Things you may be worried about…

• “Figuring out my competitiveness compared to other applicants applying in my field”

• “That programs will focus more on my metrics instead of the work and activities I’ve engaged in over the past year”

What you would like to know more about…

• “How to figure out how many programs to apply to”

• “More information about how to talk about research years in applications and interviews”
Applying to Residency: Summer into Fall

Agenda

• Timeline
• Deciding where to apply
• Components of your application
• Words of Wisdom
Timelines and Deadlines
Important Dates & Deadlines

• 9/7/2022: ERAS opening to certify and submit applications to residency programs
• 9/1/2022: San Francisco Match (ophthalmology) application deadline
• 9/15/2022: NRMP registration opens
• 9/14/2022: LORs submitted
• 9/28/2022: Residency Programs may begin application and MSPE review
• Jan 2023: AUA (urology) rank list deadline (TBD date)
• 1/31/2023: NRMP applicant registration deadline
• 1/20/2023: San Francisco Match (ophthalmology) rank list deadline
• Feb.2023: AUA (urology) match results released (date tbd; usually early in month)
• 2/1/2023: Ophthalmology match results released
• 3/1/2023: NRMP rank order list certification deadline
• 3/17/2023: MATCH DAY
Timeline: June - August

June
- Register for ERAS (tokens emailed to you in June)
- Organize CV (follow template) & send updates to Tyler
- Ask for Letters of Recommendation
- Sign up for your ERAS/Graduation photo (June 16 & 27 – Talk to Tyler)

July – August
- Write your Personal Statement
- Send a draft to your career and specialty advisors for review
- Edit your ERAS application to near completion
- MSPE review

*This timeline is designed for students applying through the regular match.*
## Timeline: September

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>Continue to edit your ERAS application</td>
</tr>
<tr>
<td></td>
<td>LORs uploaded (9/14)</td>
</tr>
<tr>
<td>September 7</td>
<td>Applicants may begin submitting applications to programs</td>
</tr>
<tr>
<td>September 14</td>
<td>Pritzker Internal Deadline for completing applications</td>
</tr>
<tr>
<td>September 15</td>
<td>NRMP Registration opens</td>
</tr>
<tr>
<td></td>
<td>(You must register for both ERAS and the NRMP)</td>
</tr>
<tr>
<td>September 28</td>
<td>ERAS Applications and MSPEs released to programs</td>
</tr>
</tbody>
</table>
Residency Process Book

- Advising calendar and deadlines
  - Please check the website for up to date timelines
- Career Advisor contact info
- Checklists
- Sample CV
- Sample ERAS application
- Sample MSPE and MSPE appendices
- Sample personal statement
- Specialty-specific guidance
Residency Resources

AAMC Updates
- Information from AAMC
- ERAS - Electronic Residency Application Service
- Specialty Guidance for the 2023 Match

“Updates will be added as they become available”
- AAMC Interview Guidance for the 2022-2023 Residency Cycle
- Obstetrics & Gynecology
- Orthopaedic Surgery
- 2023 Supplemental ERAS Application

Residency Resources
- Class of 2023 Calendar
- Process and Data
- Match Websites
- Sample CV, MSPE, and LoR Request Information
Where to Apply
Resources for Researching Residencies

• Pritzker Faculty
• Current Residents
• Pritzker Alumni + Alumni Ambassador Program
• FREIDA Online
Choosing a Program

Considerations:

- Family
- Geography
- Your own qualifications and abilities
- Quality of the program
- Preliminary program requirements
- Breadth and depth of list

Your Specialty and Career Advisors can be instrumental in helping you create a list.
Do I need to apply for a prelim year?

**Categorical**
- Begins in PGY-1 and offers full residency training required for board certification in that specialty

**Advanced**
- Begins in PGY-2 and are in specialty programs that require completion of 1 year of preliminary training

**Preliminary**
- Begins in PGY-1 and offers 1 year of training prior to entry into advanced specialty

**Transitional**
- PGY-1 year that is similar to a “rotating” internship
Specialties that **may** require a preliminary year

- Anesthesiology
- Dermatology
- Neurology
- Ophthalmology
- PMR
- Radiation-Oncology
- Radiology
Selecting Programs and Maximizing Your Odds

Think like an investor:
Create a diverse application portfolio to mitigate risk and maximize your ROI!

Goal Programs
- Your dream program!

Realistic Programs
- You are relatively sure you will get an interview at this program.

Low-Risk Programs or Specialties
- Maximize your odds of matching by applying to back-up programs.
Components of the Application
Application Components

Your responsibilities
1. ERAS application + Supplemental Application (if applicable)
2. Personal Statement
3. Letters of Recommendation (LORs)
4. ERAS Photo
5. USMLE transmission (via ERAS)

Our responsibilities
6. MSPE
7. Pritzker transcript
Guidelines for Your CV

Formatting

• Refer to Pritzker template (on Residency Resources site and in Booklet)
• Multiple pages are OK
• Arrange lists in reverse chronological order (most recent first)
• Arrange publications in chronological order
• Arrange activities into categories

Content

• List relevant collegiate experiences
• List significant work experience between college and medical school
• Spell out acronyms
• Explain activities or experiences with short bulleted points
• Do not list activities from high school
Guidelines for Your Personal Statement

Purpose
• Introduce yourself and your voice
• Express interest in a specialty

Length
• One page
• 10-point font
• 1-inch margins
• Single-spaced

Things to Avoid
• Humor
• Obscure references
• Quotations
• Personal things you would not want to discuss in an interview

Review
• Review your Personal Statement with your Career and Specialty Advisors

Next PS Workshop: Wednesday, June 9 (Zoom)
Documents: LORs

Letters Of Recommendation  ERAS 2022 Season - Residency

Personal Statements
Letters of Recommendation
Additional Documents

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for EACH LoR that you intend to use during the application season:

1. Click Add New to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.

+ ADD NEW

Search by Name, Title/Dept., or Specialty

LoR Information

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Letter ID</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>H. Barrett Fromme, MD, MPHE - Professor of Pediatrics</td>
<td>Preliminary Programs</td>
<td>10DSL68C1E</td>
<td>Confirmed for Upload: 07/01/23</td>
</tr>
<tr>
<td>Keme Carter, MD - Associate Professor of Medicine</td>
<td>Preliminary Programs</td>
<td>10DSL68C1F</td>
<td>Confirmed for Upload: 07/01/23</td>
</tr>
</tbody>
</table>
Documents: LORs (continued)
Documents: LORs (continued) | CONFIRM YOUR LOR
Letters Of Recommendation  ERAS 2022 Season - Residency

Personal Statements
Letters of Recommendation
Additional Documents

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for each LoR that you intend to use during the application season:

1. Click Add New to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Letter ID</th>
<th>Status</th>
<th>Actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>D. MPH - Professor of Pediatrics</td>
<td>10DSL8BCE</td>
<td>Confirmed for Upload - 06/01/2021</td>
<td>Actions</td>
</tr>
<tr>
<td>Associate Professor of Medicine</td>
<td>10DSL8BDEF</td>
<td>Confirmed for Upload - 07/01/2021</td>
<td>Actions</td>
</tr>
<tr>
<td>Professor of Medicine</td>
<td>10DSL8BEG</td>
<td>Confirmed for Upload - 05/31/2021</td>
<td>Actions</td>
</tr>
</tbody>
</table>

Actions
- DOWNLOAD LETTER REQUEST
- EMAIL LETTER REQUEST
Documents: LORs (continued) | Email a Letter Request Form

Email Letter Request

1. Indicate if required field.
2. To send the letter request email, please complete the following steps:
   a. Review the LOR Information and Specialty for accuracy.
   b. Enter the LOR Author’s email address.
   c. Enter a LOR request message for the LOR Author or use the default message.
   d. Click Preview to view the email details the LOR Author will receive.

LOR Information

- Specialty: Internal Medicine
- James Woodruff, MD - Professor of Medicine
- LOR Author’s email address: woodruff@medicine.uuchicago.edu
- LOR Request Message

Hi Dr. Woodruff,

Thank you so much for agreeing to write me a letter of recommendation! I would appreciate it if you could upload your letter by September 7 so I can submit my application on time. This email is for my PRELIM letter. Here are the formal instructions.

550 characters left of 1,000

CANCEL PREVIEW
ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2022
ERAS Letter ID: 10DSL6SEE6G

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

ERAS Letter of Recommendation Portal (LoRP)

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs.

ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/282520/lor_portal.html.

- Review the information below. If any information is inaccurate, contact the applicant directly so they can make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

Applicant Details

Name: Lockman, Tyler
AAMC ID: 14340378
Preferred Phone Number: 7737023333
Letters of Recommendation: How many letters do I need?

Categorical Programs: 3-4 total letters

- 3 clinical letters
- 1 research letter (if appropriate)

Note: You cannot submit more than 4 letters to a single program.

Advanced Programs: 6-7 total letters

- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters
- 1 research letter (if appropriate)

Note: Letter writers can use the same letter for both applications, as long as they are generic in specialty.

(i.e. “I recommend John Doe for your residency program” instead of “I recommend John Doe for your Pediatric residency program”)
Letters of Recommendation: Do I need a Chair’s Letter?

- Anesthesiology
- Medicine*
- Medicine-Pediatrics*
- Preliminary Medicine*
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

*Another faculty member writes the letter in conjunction with the Chair.

Emergency Medicine and Ob/Gyn utilize a “Standardized Letter of Evaluation”, and Plastic Surgery is starting to do the same. Check with your program.

If you are applying in both Preliminary Medicine and transitional programs, you could use the letters for both if they are generic in specialty.
Letters of Recommendation: Timeline

• Give letter-writers at least 4-6 weeks’ notice

• Letters in by September 14 (i.e., ask before July 31!)

• Track which letters have arrived by using ERAS
  – Gently remind letter writers on Sept. 1 if a letter is not in

• Do not wait for your letters to submit your ERAS application

• Send a friendly reminder email if it has been 6 weeks and your letter has not been uploaded
Letters of Recommendation: FAQ

1. Who reads my Letters of Recommendation?

2. Do you have tips for making sure my faculty members deliver their letters on time?

3. If my letter has not been received, and it is after the 4-6 week period, what do I do?
USMLE Transcript

- Requested by you through ERAS
- Transmitted 3-5 days following your request
Additional Documents

- Student
- PSOM (by 9/28)
- PSOM
- Student
USMLE Transcripts

Three steps to releasing your scores:

1. Authorize release through ERAS to sync current scores
2. Assign the USMLE score to a specific program (under the Programs section)
3. Once you receive updated Step 2 scores, go back into MyERAS and retransmit your scores

   – Think strategically about when or whether you want to release your Step 2 scores—discuss this with your Career Advisor or Dr. Woodruff.
## Important Staff

<table>
<thead>
<tr>
<th>Component</th>
<th>Career Advisor</th>
<th>Specialty Advisor</th>
<th>Dr. Fromme</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Personal Statement</td>
<td>Career Advisor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MSPE/Grade Concerns</td>
<td>Dr. Fromme</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Couples’ Matching</td>
<td>Career Advisor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CV/ERAS Logistics</td>
<td>Tyler Lockman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LOR Status</td>
<td>ERAS or SF Match</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Words of Wisdom
Be a Smart Applicant!

• Apply broadly to give yourself the best possible odds
  • You can always narrow your list during interview season

• Listen to Career Advisor feedback about your strategy

• Realize that there is more than one program where you can be happy

Don’t put all of your eggs in one basket…

Diversify your application portfolio to maximize your odds!
The Gut Check/Strike Zone

- Careers are long—find something you love to do
- Listen to yourself, not to others telling you what you should do
- Don’t be confused by a great—or lousy—experience on a rotation
Make a Plan and Focus

• Focus on what you can do something about: your Personal Statement, letters, and interview preparation

• Get the pieces together and assemble them

• Refer to your Residency Process Booklet

• Know what job you are applying for
  • Program Directors want smart, dependable, functional team players who will take excellent care of their patients

• Take it one step at a time

You will get through it!
You are NOT alone!

• You have a good support team
• You are not behind
• This is a long process with multiple parts

The Career Advising team’s doors are always open!
MS4 Class Meetings

June 28, 2022
#2: ERAS Overview (+ Supplemental App)

September 19, 2022
MS4 Class Meeting: Interviewing for Residency

January 23, 2023
MS4 Class Meeting: Constructing your Rank List
Match Day: March 17, 2023!
Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

Poor Teaching / Unprofessional Behavior / Microaggressions

- Bias reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

EDUCATION / FEEDBACK / MONITORING

Mistreatment

Abuse & Bias with Malicious Intent

- Mistreatment reporting system
- Deans, Chiefs, Clerkship Directors
- Ombudspersons

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT
Error, Bias and Mistreatment Reporting in the Learning Organization

Extra badges can be found outside Student Affairs office - BSLC 104R (Candi’s Office)
Away Rotations

If you are still having difficulty securing an away rotation, reach out to your career advisor or Dr. Woodruff.