Class of 2023
MS3 Class Meeting
Jim Woodruff, MD
Dean of Students

February 14, 2022
Shout Outs!

Tim and Amrita are the psychiatrists you want and need. They are the moment. 🙏

Ehi- one of the most down to earth classmates I have worked with so far. He constantly advocated for his patients, and he spent extra time really listening to patients even when things were really busy. He is hard working, kind, and just a really genuine person to be around. I would definitely trust him to be my physician in the future. Truly the GOAT.

Santi- A very bright, hardworking, and professional classmate who went out of his way to get to know patients and their families, and really advocate for them. I also appreciated all the work he put into making sure that the students around him on the rotation succeeded as well; he was a real team player. Can't wait to see all he accomplishes in the future as an oncologist!
November 15, 2021 (Winter Class Meeting)

- Focus on third year
- Don’t ask for LORs yet
- Meet with your advisor/noteworthy characteristics
- You will hear all this information again
- There is a team of people here to help
Agenda

Welcome

Financial Aid

Curriculum Updates

Break

Student Affairs & Wellness

4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors

MS3 Class Meeting
Financial Aid Update
Planning for Fourth Year

Planning

- FAFSA and Pritzker Application
- Residency Travel
Planning for Fourth Year

Debt Management Resources for Fourth Year

NSLDS
- Federal Loans

AAMC FIRST for Students
- https://www.aamc.org/
- Med Loan Organizer and Calculator
Questions?
Keep In Touch!

Contact Information

- Richard Wilson
  Email: rtwilson@bsd.uchicago.edu

- Bethany Shephard
  Email: bshephard1@bsd.uchicago.edu
Agenda

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Student Committee Reps - Updates

• Clinical Curriculum Review Committee (CCRC)
• Identity & Inclusion Steering Committee (i2i)
• Wellness Committee
• Dean’s Council
Wellness & Professional Development

MS3 Class Meeting
Wei Wei Lee, MD MPH
Associate Dean of Students and Professional Development
February 14, 2022
Taking Care of Business

- What kind of doctor do I want to be?
- What will it take for me to get there?
- How do I use the available resources to advance my progress?

Growth Mindset
Mindset Matters…

Growth Mindset
• I like to challenge myself
• When I fail, I learn
• My effort and attitude determine everything
• My growth is the most important thing

Performance Mindset
• Challenges make me anxious
• Avoid failure at all costs
• My abilities determine everything
• My performance is the most important thing

MS3 Class Meeting
Health
Your Health on the Clinical Clerkships

- Effectively addressing your health is one aspect of finding work life balance
- Communication is essential
- Emergencies: Notify your team and get attention
- Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled
- Needlestick/Exposure
  - Clean the area
  - Call Hotline – 188-9900
  - Communicate with supervisor
Most students* have access to a robust array of student support services at the University, including healthcare.

* College students and most registered graduate students
Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service – “Medical Services”
- Student Counseling Service – “Mental Health Services”
- USHIP
  For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care
- Immunization Records
  Log into my.WellnessPortal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231
UChicago Student Wellness Center
Corner of 59th Street and Maryland Avenue, facing the Midway
Access SHS through MyChart

- Once you use a provider in SHS you can sign up for MyChart

- Most appointments can be scheduled directly through MyChart
Working in the Health Care Environment

Needlesticks/Exposure at UCM
- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Pritzker is responsible for these expenses. Send bills to Candi Gard in BSLC 104.

Needlesticks/Exposure Offsite
- NorthShore: Go to NS Occupational Medicine
- Other Location: Follow protocol at that location
Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:
Help you work through steps to take if you are experiencing a health care emergency or challenge.

Dr. Woodruff: 773-251-5231
Dr. Lee: 646-483-9327

help.uchicago.edu
If there is only one website you can easily remember to get guidance, please use help.uchicago.edu. This will bring you easily to information on “Health & Medical Resources”.
Safety, Parking & Transportation
Campus Safety & Parking for MS3

- Corridors of enhanced security
- Security guards / escort
- Monthly Parking Program – “Garage A” (Maryland)
- Daily Parking Voucher Program
- Early Morning Transportation Program (Uber/Lyft)
- UChicago Lyft Ride Smart Program
- UChicago Safe App
Parking & Transportation

- Monthly Parking Program
- Daily Parking Validation Program
- Early Morning Transportation Program (Uber/Lyft)
- Clerkship Travel Reimbursement

Check your email!
Reminders emailed at the start of each month & quarter.
Lyft Ride Smart at UChicago

- Students can take up to 10 free standard Lyft rides per month.

- Available 7 evenings per week, from 5pm until 4am (through the end of the 2021-22 academic year)

- Rides must start and end within the UGo NightRide Shuttle Service area.

- For more information: safety-security.uchicago.edu/services/lyft_ride_smart_at_uchicago/
Safety Reminders

• Don’t walk alone in the dark
• Wait for shuttle *(bring something to read)*
• Be aware of your surroundings – **Do not be distracted by your phone when walking**
• Don’t cut through alleys
• Use call boxes
• Always lock your doors, close your windows when you leave home. *(laptops, etc. out of view)*
• Do not leave items visible in your locked car
• If you see or hear something concerning, call UC Police for questions about personal safety. *(If you are concerned, you don’t need to wait for an alert)*
UChicago Safe App

The app is easy to download and free.
Some of the provided services are:

- Direct calling capabilities for the UCPD and CPD with the tap of an icon
- Mobile blue light sends your location and calls UCPD simultaneously
- Links to safety resources
- The ability to report a crime or speak to our dispatch center
- UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.
Discrimination, Harassment & Sexual Misconduct
Discrimination, Harassment & Sexual Misconduct

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person’s family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person’s wishes.

Sexual Assault

The University’s definition of sexual assault includes the State of Illinois Criminal Code’s current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State’s very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

- Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:
Summary

• No Statute of Limitations
• Confidential resources are available
• Other support (Dean of Students, Faculty)
UC Policy on Unlawful Discrimination & Sexual Misconduct

MS3 Class Meeting
Learning Climate/ Mistreatment
AAMC Mistreatment “Behaviors”

• Publicly Humiliated
• Threatened with Physical Harm/Physically Harmed
• Required to Perform Personal Services
• Sexism
  – Denied opportunities for training/rewards
  – Received lower evaluations
  – Subjected to offensive remarks
  – Subjected to unwanted sexual advances
• Race/Ethnicity
  – Denied opportunities for training/rewards
  – Received lower evaluations
  – Subjected to offensive remarks
• Sexual Orientation
  – Denied opportunities for training/rewards
  – Received lower evaluations
  – Subjected to offensive remarks
# Mistreatment Reporting (Winter 2022)

## Experienced Mistreatment by Clerkship

### Summer and Autumn Quarter 2021 - Preliminary

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<td>Subjected to negative behaviors based on your personal beliefs or personal characteristics, other than gender, race/ethnicity, or sexual orientation</td>
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<td>Subjected to racially or ethnically offensive remarks/names</td>
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<td>Received lower evaluations or grades solely because of gender</td>
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### Witnessed Mistreatment by Clerkship

### (Summer and Autumn Quarter 2021 - Preliminary)

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<td>Physically harmed</td>
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**MS3 Class Meeting**
**Bias by Clerkship**
*(Summer Quarter 2021 - Preliminary)*

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<td>National or Ethnic Origin</td>
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<td>Other</td>
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Experienced Mistreatment?
Please seek help:

Talk to someone about the situation (one, some or any of these people):

- Faculty Ombudspersons (Drs. Diane Altkorn & Steve Zangan)
- Peer Ombudspersons (Pritzker Chiefs)
- Clerkship director
- Student leaders
- Faculty
- Any of us in the deans office

WE WANT TO KNOW!
Error, Bias and Mistreatment Reporting in the Learning Organization

Extra badges can be found outside Student Affairs office - BSLC 104R (Candi’s Office)
Error, Bias and Mistreatment Reporting in the Learning Organization

Bad Performance

- Poor Teaching / Unprofessional Behavior / Microaggressions
  - Bias reporting system
  - Teaching evaluations
  - Deans, Chiefs, Clerkship Directors
  - Ombudspersons

Mistreatment

- Abuse & Bias with Malicious Intent
  - Mistreatment reporting system
  - Deans, Chiefs, Clerkship Directors
  - Ombudspersons

EDUCATION / FEEDBACK / MONITORING

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT

MS3 Class Meeting
NorthShore: Hotel Reservations

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.
- Remember to check out before 11:00am
- Lack of communication may result in you being charged for the reservation
NorthShore: Uber for Business

• In general, NorthShore Uber is only to be used as the last resort when no other transportation option is available.

• NorthShore’s current guidelines are included in the “Uber Statement of Accountability” form that you signed during the Clinical Biennium.

• Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.

• If you aren’t sure if your circumstance is reimbursable, check with NorthShore in advance.

MS3 Class Meeting
Preparing for your MS4 Year

• **Schedule USMLE Step 2 CK**
  – Deadline to take both is **December 1, 2022**
  – If you have not taken Step 1 yet, **July 31, 2022**

• **OSHA Requirements for MS4**
  Schedule an appointment at SHS for mask fit

• **ERAS Photo**
  Watch your email for dates in April & May

• **MS4 Class Meetings**
  There are 4 class meetings to help you navigate the residency application process.
  Meeting #1:  Residency Application Overview (**May 31, 2022 - 5:00pm**)
Odds & Ends

I need help with.....

- Hospital or BSLC Access
- Lost ID
- Locker Access
- Scrub Access
- EPIC Access

Email the Student Affairs team!
pritzkerstudentaffairs@bsd.uchicago.edu

How do I request.....

- Transcripts
  my.uchicago.edu (no charge)

- Letter of Good Standing
  Email Jill Kelly or Mike McGinty to request a letter

- Copies of my Immunization Records
  my.WellnessPortal (or wellness.uchicago.edu)
Agenda

Welcome
Financial Aid
Curriculum Updates
Break
Student Affairs & Wellness
4th Year Leadership Opportunities
Residency Application Process
Specialty Session with Residency Program Directors

MS3 Class Meeting
Fourth Year Leadership Opportunities

- Pritzker Chiefs
- PMAP (Peer Mentoring at Pritzker)
- Society Leaders
- Senior Skit
- Social Rounds
- Clinical Biennium Planning
- Admissions Committee
MS4 Leadership Opportunities

- **Pritzker Chiefs**
  - Candidates interviewing in April
  - Announcement of 2022-2023 Chiefs in April!

- **PMAP**
  - Responsibilities:
    - Host mentoring activities throughout the year, including group and individual mentorship
    - Organizing mentorship resources
    - Assisting with MS2 and MS3 transitions/career planning process
    - New initiatives you want to pursue!
  - Application information will come in early May after Chiefs are announced!

- **Current leaders contact info:** Tony Da Lomba, Brie Farley, Susan Feldt, Cody Sain
MS4 Leadership Opportunities

• **Senior Skit**
  – Responsibilities
    • Managing production, advertisement, and showing of the Senior Skit
    • Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
    – The new Chiefs will reach out for interest after they are selected

• **Social Rounds**
  – Watch for an email from this year’s Social Rounds leadership on the application process for next year.
Clinical Biennium Planning Committee

- Student Planning Committee
  - Guide to 3rd Year
  - Panels
  - Tours

- Clinical Biennium Dates: Mornings of June 7, 8, & 9

- Planning Committee Meeting – Watch inbox for details
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4th Year Leadership Opportunities

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Specialty Session with Residency Program Directors
Applying to Residency: The Year Ahead

MS3 Spring Class Meeting
February 14, 2022

Jim Woodruff, MD
Dean of Students
MATCH DAY!

MATCH DAY 2021

I MATCHED!
Internal Medicine

I MATCHED!
Emergency Medicine

I MATCHED!
Penn Medicine

I MATCHED!
Well Cornell

I MATCHED!
Texas Children's

MS3 Class Meeting
Our Goal for You: A Fulfilling, Satisfying Career
Applying to Residency

Strategy and Scheduling for the Year Ahead
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Career Selection Factors to Consider

• Is the specialty a good fit?
• Do your skills, interests, and values match the specialty?
• Long term career goals
• Long term personal goals
• Are you a good fit?
• Consider your entire record and review with your Career and Specialty Advisors
Be Realistic

• When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.

• Look at your entire portfolio
  – Clerkship designators reported on the MSPE
  – Awards
  – USMLE scores
  – Research & publications
  – Joint degree
  – Extracurricular activities

• Consider subjective personal wishes and specialty features
Career Selection Resources

• Career Advisors

• AAMC Careers in Medicine website
  – Medical Specialty Preference Inventory (150 questions, 30 minutes)
  – Physician Values in Practice Scale (60 questions, 10 minutes)
  – Specialty Pages

• FREIDA: AMA online database of residency programs

• Your MS4 peers!
Fourth Year Schedule

• **Regular Match:**
  
  October – January flexibile for interviews

• **Early Match (Military, Ophthalmology, Urology):**

  September – December flexible for interviews

• **Smaller Specialties / Surgical Subspecialties:**

  November– February flexible for interviews
  
  - Dermatology
  - Neurosurgery
  - Orthopaedic Surgery
  - Otolaryngology
  - Plastic Surgery
  - Radiation-Oncology

See “The Residency Process” book for sample schedules
Fourth Year Schedule

• Build flexibility for residency interviews into your fourth year schedule

• Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation

“I have a residency interview so I have to miss a day on my Sub-I”
Away Rotations

- Refer to the Residency Process Book for specialty-specific information
- The Away Rotation page on our website has a full list of resources

Students choose to do away rotations as a way to learn more about a particular program or specialty. Most programs do not require fourth year off-campus rotations, however, some specialties expect medical students to participate in away rotations prior to applying for residency. These specialties include Cardiothoracic Surgery, Dermatology, Emergency Medicine, Neurosurgery, Obstetrics-Gynecology, Ophthalmology, Orthopaedic Surgery, Otolaryngology, Pathology, Plastic Surgery, PMR, Radiation Oncology, Interventional.
# The Year Ahead

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USMLE Step 2

• Must take Step 1 and Step 2 CK in order to graduate

• May register up to 6 months before the date of the exam

• Early sign-up is recommended to get the date/location you prefer

• For optimal use of Step 2 during the ranking process, take it between the middle of July and the end of the first week of September
  – Increase in PDs using Step 2 scores during ranking process (Dec./Jan.)
  – Increase in Step 2 failures across the country

• PSOM deadline: **December 1, 2022** – numeric
  **July 31, 2022** – pass/fail score
Why do I have to take Step 2 by December 1?

- Some residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK
- 50% of our program directors say they use Step 2 CK to rank applicants
- Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by December ensures you will be able to graduate!
- Students tend to do better on Step 2 when they complete the tests immediately following their clerkships
The Year Ahead

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- **Decide on a Career**
- **Apply to Residency**
- **Interview**
- **Take Step 2 CK**
- **Complete Medical School Courses**
- **Rank List Due**
- **Match Day!**

MS3 Class Meeting
Applying to Residency

Key Vocabulary
Applying to Residency: Key Vocabulary

• **Electronic Residency Application Service (ERAS)**
  
  – A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
  
  – [https://www.aamc.org/students/medstudents/eras/](https://www.aamc.org/students/medstudents/eras/)
Applying to Residency: Key Vocabulary

- **National Resident Matching Program (NRMP)**
  - Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
  - The NRMP is an applicant-favoring process
Applying to Residency: Key Vocabulary

- **Main Match**: offers PGY-1 and PGY-2 level residency training positions in most specialties.

- **Early Match**: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)

- **Couples’ Match**: couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.

- **Military Match**: match held by the US Armed Services.
Applying to Residency: Key Vocabulary

- **Military Match**: Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS

- **SF Match**: Apply through SF Match and match through SF Match for Ophthalmology ([http://www.sfmatch.org/](http://www.sfmatch.org/))

- **Urology**: Apply through ERAS & match through the AUA ([http://www.auanet.org/education/residency.cfm](http://www.auanet.org/education/residency.cfm))
Applying to Residency: Key Vocabulary

• Medical Student Performance Evaluation (MSPE)
  – A letter of evaluation that describes a student’s performance in medical school
  – Not a letter of recommendation
  – Released to programs on September 29, simultaneously with your ERAS application
Couples’ Match

Anyone interested in couple matching **must**:

- Notify your career advisor & Tyler Lockman
- Schedule a meeting with Dr. Woodruff in the early summer
Applying to Residency

Putting together your application...

and the people who will help you do it
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
The Career Advising Team

**Dean of Students:** Jim Woodruff, MD

**Coggeshall Career Advisors**
- Brian Callender, MD’04, AM’98
- Alan Schurle, MD ‘14

**DeLee Career Advisors**
- Chelsea Dorsey, MD’10
- Tipu Puri, MD, PhD

**MSPE Director**
- Barrett Fromme, MD, MHPE

**Huggins Career Advisors**
- Arlene Roman, MD
- Ross Milner, MD

**Rowley Career Advisors**
- Wei Wei Lee, MD, MPH
- Jason Poston, MD’02

**Support Staff**
- Kate Blythe
- Tyler Lockman

MS3 Class Meeting
Career and Specialty Advisors

A Career Advisor provides primary care:
- Counseling & navigation of the entire match process
- Honest assessment of your overall competitiveness, strengths and weakness
  - Assigned to you

A Specialty Advisor provides specialty care:
- Advice on individual programs & potential letter writers
- Understands nuances of specialty application process
  - Chosen by you

MS3 Class Meeting
Career Advisor Limitations

- Never worked in specialty
  - May have excellent observations about specialty, but no direct experience

- May miss application nuances
  - Each specialty has their own style
Specialty Advisor Limitations

- **Specialty Loyalty**
  - May not be able to assess your relative competitiveness
  - May not understand nuances of today’s application requirements

- ** Recruiter Mentality**
  - Promote their favorite programs
## Assembling your Team

<table>
<thead>
<tr>
<th>Time Frame</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>April – June</td>
<td># 1 Career Advisor Check-in: Career Selection</td>
</tr>
<tr>
<td>April – June</td>
<td>Complete Online Residency Application Survey</td>
</tr>
</tbody>
</table>
| May – June | Specialty Advisor Appt.  
Bring to the meeting:  
• A draft of your personal statement  
• A draft of your CV |
| April – July | MSPE Appt.  
Prior to the meeting:  
• Send CV draft to Tyler for review/revision  
• Residency Application Survey MUST be completed |
| June – Aug. | # 2 Career Advisor Check-in: Application |
| July – Aug. | MSPE Review |
| Aug. – Sept. | # 3 Career Advisor Check-in: Interview |
| Jan. – Early Feb. | # 4 Career Advisor Check-in: Rank list |

MS3 Class Meeting
Components of an Application

- Application (ERAS, SF Match, etc.)
- USMLE Scores
- Letters of Recommendation
- Personal Statement
- Medical Student Performance Evaluation (MSPE)
- Pritzker Transcript
- ERAS Photo
Letters of Recommendation

• 4 letters allowed per program
  – 3 clinical letters (1 may need to be a Chair’s letter)
  – 1 research letter (only if appropriate)

• Provide letter writers with the following:
  – ERAS Letter Request Form
  – Draft of CV

• Give faculty at least 6 weeks notice
  – September 15 deadline

See “The Residency Process” book for specialty-specific information
Personal Statement

Thinking about and drafting your Personal Statement early in the process…

• Helps you:
  – Figure out your career/specialty choice
  – Articulate what you like about the specialty, which will be beneficial during interviews!

• Helps your letter writers:
  – Have a more meaningful conversation with you when you ask for a LOR
  – Understand what points about you to highlight in the LOR

• The personal statement is probably the hardest piece of your application – start early for the best results!

See “The Residency Process” book for strong examples
Personal Statement Workshop

To be scheduled in May and June
Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
What is the MSPE?

Medical Student Performance Evaluation

• Review of student’s medical school experiences and noteworthy characteristics

• Academic history
  – Pritzker Honors and Awards
  – Summary evaluation from Clinical Skills
  – Summary evaluations from all required clerkships

• Overall summary

• Appendices
What is the role of the MSPE director?

- Meets with each student to discuss the residency application process and gather information for the Medical Student Performance Evaluation (MSPE)
- Works with staff on MSPE construction
- Reviews MSPE with student

*Sign up instructions to come in March*
What is in the MSPE?

• Clerkship summaries are the bulk of the MSPE
• Professionalism comments are highlighted
• Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See “The Residency Process” book for an example of an MSPE
What we need to complete your MSPE

• Complete biographical data on **MSPE Survey** (link on website)

• A scheduled MSPE meeting with Dr. Fromme in spring/summer
  – MSPE written in order of survey completion/MSPE meeting

• A draft CV (template online, or generate from SMS)

• Your noteworthy characteristics (submitted in MSPE survey)

• Clinical Clerkship Grades

• A second MSPE review with Dr. Fromme in late summer

**Let us know immediately if you are doing an away rotation**
Residency Application Survey—Used to Construct MSPE
ERAS/Graduation Photos

- You **must** submit a photo with your ERAS application
- 3-4 dates will be available in April and May when you can get your photo taken on campus
- Even if you already have a professional photo, you still need to get one taken because we use them for the graduation composite
Residency Resources Webpage

<table>
<thead>
<tr>
<th>Residency Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>Process and Data</td>
</tr>
<tr>
<td>Match Websites</td>
</tr>
<tr>
<td>Sample CV and MSPE Information</td>
</tr>
<tr>
<td>Personal Statement Guidelines</td>
</tr>
<tr>
<td>Class of 2020 Meeting Materials (Updated after each meeting)</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>Timeline for Regular Match</th>
</tr>
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<tbody>
<tr>
<td>April-May</td>
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<tr>
<td>May-June</td>
</tr>
<tr>
<td>July-August</td>
</tr>
<tr>
<td>August-October</td>
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<tr>
<td>September-15</td>
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<tr>
<td>October-1</td>
</tr>
</tbody>
</table>

- Digital copy of Residency Process Book
- CV Template
- MSPE Survey link
- ERAS Photo link
- Class Meeting Materials

MS3 Class Meeting
## Complete your Application

<table>
<thead>
<tr>
<th>Time Frame</th>
<th>Task Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>June-July</td>
<td>Ask for letters of recommendation</td>
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<tr>
<td></td>
<td>Organize your CV (use the template)</td>
</tr>
<tr>
<td></td>
<td>Complete your personal statement</td>
</tr>
<tr>
<td>June</td>
<td>Receive your token &amp; register for ERAS</td>
</tr>
<tr>
<td>June-September</td>
<td>Complete the MyERAS application</td>
</tr>
<tr>
<td>September 1-28</td>
<td>Review MyERAS application carefully and submit</td>
</tr>
<tr>
<td>Mid September</td>
<td>Register with the NRMP</td>
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</tbody>
</table>
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
Choosing Programs to Send Applications

• Considerations:
  – Your list should have breadth and depth – give yourself plenty of options from the start!
  – Is there a preliminary program requirement?
  – Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
  – Competitiveness
  – Quality of the program
  – Your own qualifications
  – Geography
  – Family

Your specialty advisor is instrumental in creating this list
Pritzker Alumni Ambassador Program

MS3 Class Meeting
How to Sign Up/ Login

1. Visit uchicago.wisr.io/signup

2. Select “Pritzker School of Medicine Student” as your membership type

3. Request to join the Pritzker Alumni Ambassador Program community
   (The UChicago MBSAA will grant you access within one business day)

4. Watch a short video tutorial to help you get started (linked on our Road to Residency page under “Residency Resources”)
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

Y = X
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

Y ≅ X

High

Low

Low

High

MS3 Class Meeting
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

High

Low

Y \approx X

Probability

MS3 Class Meeting
Uncertainty and Patient Care

- Working with Uncertainty:
  - Do your homework (minimize uncertainty)
  - Account for less than total control (manage uncertainty)
Uncertainty and the Match

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Doing your Homework (Minimizing Uncertainty)

- Timely completion of application
- Careful attention to your personal statement
- Careful selection and management of your letters of recommendation
- Research target programs
- Access advice from advisors to refine all documents and the program list
Account for Uncertainty

Estimated Candidate Competitiveness

High

Low

Estimated Program Competitiveness

Candidate

Program

MS3 Class Meeting
Account for Uncertainty

Estimated Candidate Competitiveness ≅ Estimated Program Competitiveness

High

Low

Candidate

Program

MS3 Class Meeting
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
• Interview
• Rank your programs
• Graduate
The Career Advising Team…

Is available to help at any point in the process

Has your best interest at heart

Believes in you and will be your advocate
Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- Review the Residency Process Book
- Fill out the MSPE survey (April-June)
- Sign up for ERAS/Graduation photo
- Start putting together your CV
- Start drafting your personal statement
- Meet with Dr. Fromme for MSPE Meeting (April-July)
- Mark your calendar: May 31, MS4 Class Meeting #1!
MS4 Class Meetings

**Tuesday, May 31st at 5:00pm**  
MS4 Class Meeting #1: Residency Application Overview

**Tuesday, June 28th at 5:00pm**  
MS4 Class Meeting #2: ERAS Overview

**Monday, September 19th at 5:00pm**  
MS4 Class Meeting #3: Interviewing for Residency

**Monday, January 23rd at 5:00pm**  
MS4 Class Meeting #4: Preparing Your Rank List
Match Day: March 17, 2023!

MS3 Class Meeting
Question and Answer
Specialty Sessions with Residency Program Directors

Breakout Rooms - Zoom

Purpose:
Meet with UCM program directors and learn the “nuts and bolts” of applying to residency programs.

- 5:00-6:00pm Session