Class of 2022
Spring Class Meeting
Jim Woodruff, MD
Dean of Students

March 8, 2021
Shout Outs!

**Mac, Kayla, Alyssa, Saam, and Afia** were AMAZING psychiatry co-students. I was so moved by the compassion and wisdom they demonstrated every day.

**Itzel** is the BEST co-student ever. Her energy is incredible and contagious, she's always looking for ways to learn and teach, and she is always thinking about others. Her ability to connect with patients who others may write off as lazy is inspiring. She's amazing at listening and validating, and I'm so glad I've been lucky enough to work with her. She's transformed my surgery experience!

**Brie Farley** is best co-student.
Shout Outs!

I loved working with Erin on heme-onc. It was evident that she truly cared about her patients' long term outcomes, not just acutely getting them out of the hospital. Throughout our weeks on heme onc, she spent a significant amount of time every day coordinating care for our patient to make sure his records were up to date, and that we were sending him out with as much set up for success as possible. Also it was just wonderful to be together with Erin for two weeks :) <3 <3

Shout out to Shay for pushing me to pursue my intellectual betterment outside of med school! (brushing up on a new language - she's my own personal real life duolingo owl)

To my New Girl-swooning, banana flavored donut-loving, bar spitting co-student of 4 weeks—you are the best. You know who you are!
Shout Outs!

This past December, I happened to pass by Akosua just before 6am in front of the hospital. I learned that she had come across a patient who had been discharged and was walking around in the cold without appropriate clothing. Akosua talked with the ED security officers about getting the patient a ride through the hospital Lyft program, however the patient was no longer eligible as she had just gotten out of the vehicle that the hospital ordered. Upon learning this, Akosua personally arranged an Uber to take the patient to the shelter where she was staying. Akosua strongly advocates for patients and is a great role model to us all.

Christine Mozer is the most thoughtful, smart, and compassionate co-student. She exudes care and understanding for both her patients and her co-workers. It was a pleasure to spend a rotation with you!
Focus on third year
Don’t ask for LORs yet
Meet with your advisor/noteworthy characteristics
You will hear all this information again
There is a team of people here to help
Agenda

Welcome

Financial Aid

Curriculum Updates

Break

Student Affairs & Wellness

4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors
Financial Aid Update
Planning for Fourth Year

Planning

- FAFSA and Pritzker Application
- Residency Travel
Planning for Fourth Year

Debt Management Resources for Fourth Year

NSLDS

- Federal Loans

AAMC FIRST for Students

- https://www.aamc.org/
- Med Loan Organizer and Calculator
Questions?
Keep In Touch!

Contact Information

- Richard Wilson
  Email: rtwilson@bsd.uchicago.edu

- Bethany Shephard
  Email: bshephard1@bsd.uchicago.edu
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Taking Care of Business

• What kind of doctor do I want to be?
• What will it take for me to get there?
• How do I use the available resources to advance my progress?

Growth Mindset
Mindset Matters…

Growth Mindset
• I like to challenge myself
• When I fail, I learn
• My effort and attitude determine everything
• My growth is the most important thing

Performance Mindset
• Challenges make me anxious
• Avoid failure at all costs
• My abilities determine everything
• My performance is the most important thing

MS3 Spring Class Meeting
Student Affairs Updates & Wellness

Nuts & Bolts

• Health
• Service
• Career Planning and Remote Learning

Personal & Professional Development
The Gifts of Practice

• The Wonder of Learning
• The “Ecstasy of Deeds”
• The Honor of Bearing Witness
• The Pride and Affection of Camaraderie
Your Health on the Clinical Clerkships

• Effectively addressing your health is one aspect of finding work life balance

• Communication is essential

• Emergencies: Notify your team and get attention

• Scheduled appointments: Notify your clerkship director as soon as possible, preferably before the clerkship experience is scheduled

• Needlestick/Exposure
  - Clean the area
  - Call Hotline – 188-9900
  - Communicate with supervisor
Most students* have access to a robust array of student support services at the University, including healthcare.

* College students and most registered graduate students
Your Health on the Clinical Clerkships

- wellness.uchicago.edu
- Student Health Service – “Medical Services”
- Student Counseling Service – “Mental Health Services”
- USHIP
  For non-emergencies, students with USHIP rotating at off-campus locations (inc. NorthShore) should contact SHS for care
- Immunization Records
  Log into my.WellnessPortal using your Cnet ID and password

Dr. Woodruff has made himself available to you to help you work through what steps you may need to take if you are experiencing a health care emergency or challenge. O:773-795-1051; C: 773-251-5231
New Student Wellness Center to Feature Integrated, Student-Centered Care

The University of Chicago is nearing completion of its new Student Wellness Center, with the medical service within the integrated, student-focused facility set to open in April and the entire center scheduled to open in October.
Access SHS through MyChart

• Once you use a provider in SHS you can sign up for MyChart.

• Most appointments can be scheduled directly through MyChart.
Working in the Health Care Environment

Needlesticks/Exposure at UCM
- Clean/decontaminate
- Call Hotline: 188-9990
- Notify supervisor

Needlesticks/Exposure Offsite
- NorthShore: Go to NS Occupational Medicine
- Other Location: Follow protocol at that location

Pritzker is responsible for these expenses. Send bills to Candi Gard in BSLC 104.
Your Health: Take Home Points

Contact Dr. Woodruff or Dr. Lee:
Help you work through steps to take if you are experiencing a healthcare emergency or challenge.

Dr. Woodruff: 773-251-5231
Dr. Lee: 646-483-9327

help.uchicago.edu
If there is only one website you can easily remember to get guidance, please use help.uchicago.edu. This will bring you easily to information on “Health & Medical Resources”.

MS3 Winter Class Meeting
Safety, Parking & Transportation
Campus Safety & Parking for MS3

- Corridors of enhanced security
- Security guards / escort
- Monthly Parking Program – “Garage A” (Maryland)
- Daily Parking Voucher Program
- Early Morning Transportation Program (Uber/Lyft)
- UChicago Safe App
Parking & Transportation

Monthly Parking Program
Daily Parking Validation Program
Early Morning Transportation Program (Uber/Lyft)
Clerkship Travel Reimbursement

Check your email!
Reminders emailed at the start of each month & quarter.
Safety Reminders

• Don’t walk alone in the dark
• Don’t cut through alleys
• Be aware of your surroundings
• Use blue light call boxes
• Do not leave items visible in your locked car
• Wait for shuttle (bring something to read)
• Always lock your doors, close your windows when you leave home. (laptops, etc. out of view)
• If you see or hear something concerning, call UC Police for questions about personal safety (If you are concerned, you don’t need to wait for an alert)
UChicago Safe App

The app is easy to download and free. Some of the provided services are:

• Direct calling capabilities for the UCPD and CPD with the tap of an icon
• Mobile blue light sends your location and calls UCPD simultaneously
• Links to safety resources
• The ability to report a crime or speak to our dispatch center
• UChicago Safe will provide information for emergencies and what to do in case of an emergency. Access to transportation information can be accessed on the app as well.
Discrimination, Harassment & Sexual Misconduct
Discrimination, Harassment & Sexual Misconduct

Discrimination, including harassment, sexual assault, and other types of sexual misconduct, compromises the integrity of the University. Sexual misconduct may violate the law, does violate the standards of our community, and is unacceptable at the University of Chicago. Sexual misconduct can be devastating to the person who experiences it directly and can be traumatic to the person’s family, friends, and the larger community as well. In instances of sexual misconduct, special resources are available to help students and other members of the University community. Every effort is made to preserve privacy and respect a person’s wishes.

Sexual Assault

The University’s definition of sexual assault includes the State of Illinois Criminal Code’s current terminology and definitions of both sexual assault (frequently referred to as rape) and sexual abuse. The University incorporates the State’s very explicit definitions of several important terms and recognizes that sexual assault is not a gender-specific crime.

- Consent

Find more information on University policies and resources relating to sexual harassment and misconduct:

Important Phone Numbers

University Police
From a campus phone: 123
From any phone: 773.702.8181

Safety and Emergency Resources
Dean-on-Call: 773.834.HELP
Sexual Assault Dean-on-Call: 773.834.HELP
Bias Education & Support Team: 773.834.HELP

Medical Resources
Student Health Service (SHS): 773.702.4156
Nurse Advice Line (after SHS business hours): 773.702.4156
Mitchell Hospital ER: 773.702.6250

Contact Information

Student Support Overview
Safety & Security Resources
Academic Resources
Area Dean of Students
Bias Education & Support Team (BEST)
Dean-on-Call Program
Disciplinary & Legal Options
Resources & Confidentiality
Resources for Sexual Violence Prevention
Health & Medical Resources
Medical Resources
Mental Health & Counseling
Insurance
Title IX
unameter.uchicago.edu
Summary

- No Statute of Limitations
- Confidential resources are available
- Other support (Dean of Students, Faculty)
UC Policy on Unlawful Discrimination & Sexual Misconduct
Learning Climate/ Mistreatment
AAMC Mistreatment “Behaviors”

- Publicly Humiliated
- Threatened with Physical Harm/Physically Harmed
- Required to Perform Personal Services
- Sexism
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
  - Subjected to unwanted sexual advances
- Race/Ethnicity
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
- Sexual Orientation
  - Denied opportunities for training/rewards
  - Received lower evaluations
  - Subjected to offensive remarks
# Mistreatment Data

## Experienced Mistreatment by Clerkship

(August 2020-February 2021)

<table>
<thead>
<tr>
<th>Mistreatment Type</th>
<th>SURG</th>
<th>OBGY</th>
<th>MEDC</th>
<th>EMED</th>
<th>FMED</th>
<th>NURL</th>
<th>Peds</th>
<th>PSCR</th>
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<tbody>
<tr>
<td>Publicly embarrassed or humiliated</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>2</td>
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<tr>
<td>Physically harmed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Required to perform personal services</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SubJECTED to offensive sexist remarks</td>
<td></td>
<td>1</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
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<tr>
<td>Subjected to racially or ethnically offensive remarks/names</td>
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<tr>
<td>Subjected to negative or offensive behavior(s) not described above</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>2</strong></td>
<td><strong>3</strong></td>
<td><strong>4</strong></td>
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<td><strong>6</strong></td>
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MS3 Spring Class Meeting
Experienced Mistreatment?
Please seek help:
Talk to someone about the situation (one, some or any of these people):

- Faculty Ombudspersons (Drs. Diane Altkorn & Steve Zangan)
- Peer Ombudspersons (Pritzker Chiefs)
- Clerkship director
- Student leaders
- Faculty
- Any of us in the deans office

WE WANT TO KNOW!
Dear students,

At the conclusion of each of your rotations this year you will receive a survey asking about mistreatment you may have experienced or witnessed on the clerkship. We ask that you please complete this survey even if you have NOT experienced any of the behaviors listed in the survey. You have the opportunity at the beginning of the form (link below) to indicate whether or not you were mistreated. The survey will adapt to your responses.

End of Clerkship Mistreatment Reporting Instrument

We greatly value your feedback on mistreatment behaviors during your clerkship experience.

Because this survey is anonymous, the data you provide cannot be attributed to you. If you desire personal support or advice, please consider contacting the Clerkship Director, Faculty Ombudsmen, Peer Ombudsmen, or Faculty Deans. If you wish to receive an update on any actions taken in response to your specific feedback, please consider speaking to those same individuals or state your wish in the appropriate checkbox in the survey.

-Mike
Bias and Mistreatment Reporting in the Learning Organization

Unintentional Bias

Unprofessional Behavior / Microaggressions

- Bias reporting system
- Teaching evaluations
- Deans, Chiefs, Clerkship Directors,
- Ombudspersons

Mistreatment

Abuse & Bias with Malicious Intent

- Mistreatment reporting system
- Deans, Chiefs, Clerkship Directors,
  Ombudspersons

IMPROVEMENT / FEEDBACK / MONITORING

CESSATION OF BEHAVIOR / REMOVAL FROM ENVIRONMENT
NEW Reporting System

- Accessible on smart phones, tablets, desktops in real time
- Uses Maxient system owned by the University
- Case management and database functions
- Information / alerts pushed to school gatekeepers for review and assignment
- Gatekeeper goal is to review all reports within 72 hours
- Concerns requiring immediate assistance handled outside of reporting system
- Maxient Form
NorthShore: Hotel Reservations

Hotel accommodations are available to students who live more than 12 miles from Evanston Hospital. (Exceptions may be considered by NS)

- Please notify NS if plans change or there is a need to cancel reservations altogether.
- Remember to check out before 11:00am
- Lack of communication may result in you being charged for the reservation
NorthShore: Uber for Business

- In general, NorthShore Uber is only to be used as **the last resort** when no other transportation option is available.

- NorthShore’s current guidelines are included in the “Uber Statement of Accountability” form that you signed during the Clinical Biennium.

- Usage will continue to be audited by NS accounting and NS Academic Affairs. If they contact you, please promptly follow-up.

- If you aren’t sure if your circumstance is reimbursable, check with NorthShore IN ADVANCE.
Preparing for your MS4 Year

• Schedule USMLE Step 2 CK
  – Deadline to take both is December 1, 2021

• OSHA Requirements for MS4
  Schedule an appointment at SHS for mask fit

• ERAS Photo
  Watch your email for dates in April & May

• MS4 Class Meetings
  There are 4 class meetings to help you navigate the residency application process.
  Meeting #1: Residency Application Overview (June 8, 2021 at 5:00pm)
Odds & Ends

- **Locker, ID, EPIC or Scrub Access Problems**
  Contact Candi Gard or Sheena Brown

- **EPIC**
  At UCM, if you do not access EPIC for 90 days, you will lose access.

- **Transcript**
  Go to my.uchicago.edu (no charge)

- **Letter of Good Standing**
  Fill out request form on Pritzker Website

- **Copies of your Immunization Records**
  my.WellnessPortal
A Word about MS4 Honors & Awards

Honor Societies

- **Alpha Omega Alpha Honor Medical Society**
  - Students identified in August/September
  - Clerkship performance, volunteerism, leadership, institutional service, research/scholarship, peer assessment by third year peers
  - Selected cohort of students who will graduate in 2022

- **Gold Humanism Honor Society**
  - Students identified in August/September
  - Peer nomination by third year peers
  - Selected cohort of students may graduate in 2022 or 2023
Wellness & Professional Development

MS3 Spring Class Meeting
Wei Wei Lee, MD MPH
Assistant Dean of Students
Director of Wellness
March 8, 2021
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4th Year Leadership Opportunities

Residency Application Process

Specialty Session with Residency Program Directors
Fourth Year Leadership Opportunities

- Pritzker Chiefs
- PMAP (Peer Mentoring at Pritzker)
- Society Leaders
- Senior Skit
- Social Rounds
- Clinical Biennium Planning
- Admissions Committee
MS4 Leadership Opportunities

- **Pritzker Chiefs**
  - Candidates interviewing in April
  - Announcement of 2021-2022 Chiefs in May!

- **PMAP**
  - Responsibilities:
    - Host mentoring activities throughout the year, including group and individual mentorship
    - Organizing mentorship resources
    - Assisting with MS2 and MS3 transitions/career planning process
    - New initiatives you want to pursue!
  - Application information will come in early May after Chiefs are announced!
  - Current leaders contact info: Beverly Kyalwazi, Nichole Smith, & Katherine Tran
MS4 Leadership Opportunities Cont.

• **Senior Skit**
  – Responsibilities
    • Managing production, advertisement, and showing of the Senior Skit
    • Reserve viewing space, write/direct the show (which may involve video, audio, on-stage acting, and/or live music), recruit classmates to participate in the show!
  – The new Chiefs will reach out for interest after they are selected

• **Social Rounds**
  – Watch for an email from this year’s Social Rounds leadership on the application process for next year.
Clinical Biennium Planning Committee

• If you are interested in helping orient rising MS3s during the Introduction to the Clinical Biennium in June, please check your email for a survey to sign up from Candi Gard.
  (June 8, 9, & 11)
  – Guide to 3rd Year
  – Panel
  – Tours

• Zoom Planning Meeting- Date tbd
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Applying to Residency: The Year Ahead

MS3 Spring Class Meeting
March 8, 2021

Jim Woodruff, MD
Dean of Students
Our Goal for You: A Fulfilling, Satisfying Career

MS3 Spring Class Meeting
Applying to Residency

Strategy and Scheduling for the Year Ahead

MS3 Spring Class Meeting
The Year Ahead

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<th>JULY</th>
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<td>TAKE STEP 2 CK</td>
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<td>MATCH DAY!</td>
<td>COMPLETE MEDICAL SCHOOL COURSES</td>
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Career Selection Factors to Consider

• Is the specialty a good fit?
• Do your skills, interests, and values match the specialty?
• Long term career goals
• Long term personal goals
• Are you a good fit?
• Consider your entire record and review with your Career and Specialty Advisors
Be Realistic

• When considering a specialty, consider the competitiveness of the specialty and your competitiveness as an applicant.

• Look at your entire portfolio
  – Clerkship designators reported on the MSPE
  – Awards
  – USMLE scores
  – Research & publications
  – Joint degree
  – Extracurricular activities

• Consider subjective personal wishes and specialty features
Career Selection Resources

• Career Advisors

• AAMC Careers in Medicine website
  – Medical Specialty Preference Inventory (150 questions, 30 minutes)
  – Physician Values in Practice Scale (60 questions, 10 minutes)
  – Specialty Pages

• FREIDA: AMA online database of residency programs

• Your MS4 peers!
Fourth Year Schedule

• **Regular Match:**
  October – January flexible for interviews

• **Early Match (Military, Ophthalmology, Urology):**
  September – December flexible for interviews

• **Smaller Specialties / Surgical Subspecialties:**
  November– February flexible for interviews
  - Dermatology
  - Neurosurgery
  - Orthopaedic Surgery
  - Otolaryngology
  - Plastic Surgery
  - Radiation-Oncology

See “The Residency Process” book for sample schedules
Fourth Year Schedule

- Build flexibility for residency interviews into your fourth year schedule
- Having an interview is not an excuse to miss days in a Sub-I or a fourth year rotation

“I have a residency interview so I have to miss a day on my Sub-I”
Away Rotations

• Refer to the Residency Process Book for specialty-specific information
• The Away Rotation page on our website has a full list of resources
Away Rotations IN THE COVID ERA

Maximum of 1 away rotation (AAMC)

A fourth-year student may spend a maximum of three months during the fourth year on off-campus rotations. Students choose to do away rotations as a way to learn more about a particular program or specialty. Most programs do not require fourth year off-campus rotations; however, some specialties expect medical students to participate in away rotations prior to applying for residency. These specialties include Cardiothoracic Surgery, Dermatology, Emergency Medicine, Neurosurgery, Obstetrics-Gynecology, Ophthalmology, Orthopaedic Surgery, Otolaryngology, Pathology, Plastic Surgery, PMR, Radiation Oncology, Interventional Radiology, Urology, and Vascular Surgery. Away rotations should not be taken lightly. Prior to applying for away rotations, students should discuss their options with their career advisor.

Click here for the AAMC COVID-19 Response to Away Rotations for the 2020–21 Academic Year

If you have any questions or concerns about Away Rotations please contact Dr. Woodruff or your Career Advisor.
The Year Ahead

- **APR**: Decide on a career
- **JUNE**: Complete medical school courses
- **JULY**: Take Step 2 CK
- **AUG**: Apply to residency
- **SEP**: Interview
- **OCT**: RANK LIST DUE
- **NOV**: MATCH DAY!
- **DEC**: MS3 Spring Class Meeting
USMLE Step 2

• Must take Step 1 and Step 2 CK in order to graduate

• May register up to 6 months before the date of the exam

• Early sign-up is recommended to get the date/location you prefer

• For optimal use of Step 2 during the ranking process, take it between the middle of July and the end of the first week of September
  – Increase in PDs using Step 2 scores during ranking process (Dec./Jan.)
  – Increase in Step 2 failures across the country

• PSOM deadline: **December 1, 2021**
Why do I have to take Step 2 by December 1?

- Some residency programs will not rank applicants unless they can see evidence that you have passed Step 2 CK
- 64% of our program directors say they use Step 2 CK to rank applicants
- Test sites/times fill up at least 3-4 months in advance. Scheduling to take your exam by December ensures you will be able to graduate!
- Students tend to do better on Step 2 when they complete the tests immediately following their clerkships
The Year Ahead

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Applying to Residency

Key Vocabulary
Applying to Residency: Key Vocabulary

- **Electronic Residency Application Service (ERAS)**
  - A service that transmits residency applications, letters of recommendation, MSPEs, transcripts, and other supporting credentials from medical schools to residency program directors via the internet.
  - [https://www.aamc.org/students/medstudents/eras/](https://www.aamc.org/students/medstudents/eras/)
Applying to Residency: Key Vocabulary

- **National Resident Matching Program (NRMP)**
  - Matches applicants to programs according to the preferences expressed by both parties (applicants and programs)
  - The NRMP is an applicant-favoring process
Applying to Residency: Key Vocabulary

- **Main Match**: offers PGY-1 and PGY-2 level residency training positions in most specialties.

- **Early Match**: collection of specialties that operate outside the main match, earlier match process (ophthalmology, urology)

- **Couples’ Match**: couples can link their program choices together so that they can be matched into a combination of programs suited to their needs.

- **Military Match**: match held by the US Armed Services.
Applying to Residency: Key Vocabulary

- **Military Match:** Varies by branch: some apply through ERAS & match through the Military Match; some apply outside of ERAS

- **SF Match:** Apply through SF Match and match through SF Match for Ophthalmology ([http://www.sfmatch.org/](http://www.sfmatch.org/))

- **Urology:** Apply through ERAS & match through the AUA ([http://www.auanet.org/education/residency.cfm](http://www.auanet.org/education/residency.cfm))
Applying to Residency: Key Vocabulary

• Medical Student Performance Evaluation (MSPE)
  – A letter of evaluation that describes a student’s performance in medical school
  – Not a letter of recommendation
  – Released on October 1, 2 weeks after residency applications are submitted
Couples’ Match

Anyone interested in couple matching must:

- Notify your career advisor & Kate Blythe
- Schedule a meeting with Dr. Woodruff in the early summer
Applying to Residency

Putting together your application...

and the people who will help you do it
Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
The Career Advising Team

**Dean of Students:** Jim Woodruff, MD

**Coggeshall Career Advisors**
- Brian Callender, MD’04, AM’98
- Alan Schurle, MD ‘14

**DeLee Career Advisors**
- Chelsea Dorsey, MD’10
- Tipu Puri, MD, PhD

**MSPE Director**
- Barrett Fromme, MD, MHPE

**Huggins Career Advisors**
- Arlene Roman, MD
- Ross Milner, MD

**Rowley Career Advisors**
- Wei Wei Lee, MD, MPH
- Jason Poston, MD’02

**Support Staff**
- Kate Blythe
- Tyler Lockman
Career and Specialty Advisors

A Career Advisor provides primary care:
• Counseling & navigation of the entire match process
• Honest assessment of your overall competitiveness, strengths and weakness
• Assigned to you

A Specialty Advisor provides specialty care:
• Advice on individual programs & potential letter writers
• Understands nuances of specialty application process
• Chosen by you
Career Advisor Limitations

• Never worked in specialty
  – May have excellent observations about specialty, but no direct experience

• May miss application nuances
  – Each specialty has their own style
Specialty Advisor Limitations

• Specialty Loyalty
  – May not be able to assess your relative competitiveness
  – May not understand nuances of today’s application requirements

• Recruiter Mentality
  – Promote their favorite programs
# Assembling your Team

<table>
<thead>
<tr>
<th>Period</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. – June</td>
<td><strong># 1 Career Advisor Check-in: Career Selection</strong></td>
</tr>
<tr>
<td>May – June</td>
<td>Complete Online Residency Application Survey</td>
</tr>
<tr>
<td>May – June</td>
<td>Specialty Advisor Appt.</td>
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<tr>
<td></td>
<td>Bring to the meeting:</td>
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<tr>
<td></td>
<td>• A draft of your personal statement</td>
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<tr>
<td></td>
<td>• A draft of your CV</td>
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<tr>
<td>May – July</td>
<td>MSPE Appt.</td>
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<tr>
<td></td>
<td>Prior to the meeting:</td>
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<tr>
<td></td>
<td>• Send CV draft</td>
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<tr>
<td></td>
<td>• Residency Application Survey MUST be completed</td>
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<tr>
<td>June – Aug.</td>
<td><strong># 2 Career Advisor Check-in: Application</strong></td>
</tr>
<tr>
<td>July – Aug.</td>
<td>MSPE Review</td>
</tr>
<tr>
<td>Aug. – Sept.</td>
<td><strong># 3 Career Advisor Check-in: Interview</strong></td>
</tr>
<tr>
<td>Jan. – Early Feb.</td>
<td><strong># 4 Career Advisor Check-in: Rank list</strong></td>
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</table>
Components of an Application

- Application (ERAS, SF Match, etc.)
- USMLE Scores
- Letters of Recommendation
- Personal Statement
- Medical Student Performance Evaluation (MSPE)
- Pritzker Transcript
- ERAS Photo
Letters of Recommendation

- 4 letters allowed per program
  - 3 clinical letters (1 may need to be a Chair’s letter)
  - 1 research letter (only if appropriate)
- Provide letter writers with the following:
  - ERAS Letter Request Form
  - Draft of CV
- Give faculty at least 6 weeks notice
  - September 1st deadline

See “The Residency Process” book for specialty-specific information
Personal Statement

Thinking about and drafting your Personal Statement early in the process…

• Helps you:
  – Figure out your career/specialty choice
  – Articulate what you like about the specialty, which will be beneficial during interviews!

• Helps your letter writers:
  – Have a more meaningful conversation with you when you ask for a LOR
  – Understand what points about you to highlight in the LOR

• The personal statement is probably the hardest piece of your application – start early for the best results!

See “The Residency Process” book for strong examples
Personal Statement Workshop

To be scheduled in May
Steps in Applying to Residency

- Get to know the career advising team
- Select a specialty advisor
- Understand the components of an application
- Begin MSPE process
What is the MSPE?

**Medical Student Performance Evaluation**

- Review of student’s medical school experiences and noteworthy characteristics
- Academic history
  - Pritzker Honors and Awards
  - Summary evaluation from Clinical Skills
  - Summary evaluations from all required clerkships
- Overall summary
- Appendices
What is the role of the MSPE director?

- Meets with each student to discuss the residency application process and gather information for the Medical Student Performance Evaluation (MSPE)
- Works with staff on MSPE construction
- Reviews MSPE with student

*Sign up via the link on website*
What is in the MSPE?

- Clerkship summaries are the bulk of the MSPE
- Professionalism comments are highlighted
- Summary statement based on holistic evaluation of performance in curriculum, scholarship, and service

See “The Residency Process” book for an example of an MSPE
What we need to complete your MSPE

• Complete biographical data on Residency Application Survey (link on website)

• A scheduled MSPE meeting with Dr. Fromme in spring/summer
  – MSPE written in order of survey completion/MSPE meeting

• A draft CV (template online, or generate from SMS)

• Your noteworthy characteristics sheet

• Clinical Clerkship Grades

• A second MSPE review with Dr. Fromme in late summer

Let us know immediately if you are doing an away rotation
Residency Application Survey—Used to Construct MSPE
ERAS/Graduation Photos

• You **must** submit a photo with your ERAS application

• 4 dates will be available in April and May when you can get your photo taken on campus

• Even if you already have a professional photo, you still need to get one taken because we use them for the graduation composite
Residency Resources Webpage

The University of Chicago
Pritzker School of Medicine

Resources:
The Road to Residency
Everything you need to make your Match

Residency Resources

- Process and Data
- Match Websites
- Sample CV and MSPE Information
- Personal Statement Guidelines
- Class of 2020 Meeting Materials (Updated after each meeting)

Timeline for Regular Match

- April-May
- May-June
- July-August
- August-October
- September-15
- October-1

- Digital copy of Residency Process Book
- CV Template
- MSPE Survey link
- ERAS Photo link
- MSPE Meeting sign-up link

MS3 Spring Class Meeting
# Complete your Application

- **June-August**
  - Ask for letters of recommendation
- **Organize your CV (use the template)**
- **Complete your personal statement**
- **June**
  - Receive your token & register for ERAS
- **June-September**
  - Complete the MyERAS application
- **September 15**
  - Review MyERAS application carefully and submit
- **Late September**
  - Register with the NRMP
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
Choosing Programs to Send Applications

• Considerations:
  – Your list should have breadth and depth – give yourself plenty of options from the start!
  – Is there a preliminary program requirement?
  – Anesthesiology, Dermatology, Neurology, Ophthalmology, PMR, Rad-Onc, Radiology
  – Competitiveness
  – Quality of the program
  – Your own qualifications
  – Geography
  – Family

Your specialty advisor is instrumental in creating this list
Uncertainty and the Match

ESTIMATED Program Competitiveness

ESTIMATED Student Competitiveness

Y = X
Uncertainty and the Match

ESTIMATED Student Competitiveness

ESTIMATED Program Competitiveness

High

Low

Low

High

\[ Y \approx X \]
Uncertainty and the Match

ESTIMATED Program Competitiveness

High

Low

ESTIMATED Student Competitiveness

Low

High

Y ≈ X

Probability

MS3 Spring Class Meeting
Uncertainty and Patient Care

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Uncertainty and the Match

• Working with Uncertainty:
  – Do your homework (minimize uncertainty)
  – Account for less than total control (manage uncertainty)
Doing your Homework (Minimizing Uncertainty)

• Timely completion of application
• Careful attention to your personal statement
• Careful selection and management of your letters of recommendation
• Research target programs
• Access advice from advisors to refine all documents and the program list
Account for Uncertainty

Estimated Candidate Competitiveness

≈

Estimated Program Competitiveness

High

Candidate

Low

Program

MS3 Spring Class Meeting
Account for Uncertainty

Estimated Candidate Competitiveness

High

Estimated Program Competitiveness

Program

Low

Candidate

MS3 Spring Class Meeting
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
Steps in Applying to Residency

• Get to know the career advising team
• Select a specialty advisor
• Understand the components of an application
• Begin MSPE process
• Select programs for application
• Apply!
• Interview
• Rank your programs
• Graduate
The Career Advising Team...

Is available to help at any point in the process
Has your best interest at heart
Believes in you and will be your advocate
Spring Quarter To-Do List

- Participate in the Lottery
- Complete annual OSHA requirements
- Fill out Careers in Medicine Medical Specialty Preference Inventory (MSPI) and Personal Values in Practice (PVIPS) scales
- Schedule meeting with your career advisor sometime this quarter (April-June)
- Review the Residency Process Book
- Fill out the Residency Application survey (May-June)
- Sign up for ERAS/Graduation photo
- Start putting together your CV
- Start drafting your personal statement
- Meet with Dr. Fromme for MSPE Meeting (May-July)
- Mark your calendar: June 8, MS4 Class Meeting #1!
MS4 Class Meetings

Tuesday, June 8\textsuperscript{th} at 5:00pm
MS Class Meeting #1: Residency Application Overview

Tuesday, July 6\textsuperscript{th} at 5:00pm
MS4 Class Meeting #2: ERAS Overview

Tuesday, September 21\textsuperscript{st} at 5:00pm
MS4 Class Meeting #3: Interviewing for Residency

Tuesday, January 18\textsuperscript{th} at 5:00pm
MS4 Class Meeting #4: Preparing Your Rank List
Question and Answer
Specialty Sessions with Residency Program Directors

Breakout Rooms - Zoom

Purpose:

Meet with UCM program directors and learn the “nuts and bolts” of applying to residency programs.

- 5:00-6:00pm Session