





SATURDAY AUGUST 3RD ORIENTATION WELLNESS EVENTS

Take some time for yourself during
Orientation with Pritzker Wellness! Come to
the BSLC from 11am-1pm for activities and
workshops in some of our favorite campus
wellness spaces. Then join us from 1pm-3pm
for a lakeside BBQ at "The Point," where
friends, family, and pets are welcome too!
Look for more details soon!

Picnic at the Point!

Play music in the Wellness Lounge and ping pong in the Student Lounge

Relax with guided meditation and learn to create affirmations

Help out future you by learning meal planning basics

Take a tour of wellness spaces and beautiful places on campus