



IB DEIA Committee Newsletter

March 2021

What you'll find in this month's newsletter:

Committee News, OBA DEIA Seminar Series, Spotlight: Welcome Joe!, DEIA Events around the BSD and Beyond

Committee News

This month's **office hours**: 3/29 from 3 – 4 PM via this [Recurring Zoom Link](#). There will be a waiting room for OH, so we can listen to comments and suggestions one at a time.

(We understand that not everyone can make this timeslot, so if you cannot make it but want to chat with us, just send us an email at ib-deia@lists.uchicago.edu and we can find another time to meet)

OBA-all* Meeting: Monday, March 22nd at 11 AM – the Zoom link can be found [here](#), and the agenda will be distributed via email prior to the meeting.

(*Non-IB trainees in IB trainer labs are more than welcome to attend if interested.)

OBA DEIA Seminar Series

Next week, on **Tuesday, March 9th at 10 am (CST)**, we are overjoyed to be hosting [Angela Saini](#),

author of *Superior: The Return of Race Science*, for a future installment of the seminar series. This event is graciously sponsored by The Morris Fishbein Center for the History of Science and Medicine and the University of Chicago Graduate Council.

This will be a Q+A style event, but feel free to come and simply listen. For those looking to engage with this subject before the event, we recommend reading her book *Superior*. The book can be found at the [Seminary Co-op](#), on [Amazon](#), from [Barnes and Noble](#), and wherever else books are sold!

Please pre-register for the seminar [here](#). If you have any questions about the event or will require accommodations, please email ib-deia@lists.uchicago.edu.

Please contact [Vish](#), [Kelsey](#), and [Rossy](#) with any speaker recommendations for upcoming events.

Spotlight: Welcome Joe!

We are happy to officially welcome OBA's new Executive Assistant, Joe Bernstein (*pronouns: he/him/his or they/them/theirs*) to the Integrative Biology community! After getting the chance to meet Joe at our last committee meeting, we are greatly looking forward to the positive changes we can cultivate in the community with Joe as a great ally. That being said, we wanted to give Joe the chance to "say hi" and introduce himself to everyone:

Joe has a long relationship with the University of Chicago, and loves the rigorous academic culture, outstanding people, and integrative, cutting-edge research found in the department of Organismal Biology & Anatomy.

Joe received an AB in Physics and MBA from the University of Chicago and PhD in Astronomy & Astrophysics from the University of Michigan. Additionally, Joe undertook postdoctoral research projects in cosmology and high-performance computing at Argonne National Laboratory.

Joe's MBA specialization is in Managerial & Organizational Behavior, General Management, and Entrepreneurship.

Academically and professionally, Joe has more than 20 years of experience in scientific research, science communications, student advising, financial planning, financial and grant management, committee service, and board governance. Joe also co-founded a company focused on professional development for higher education students, postdocs, and faculty.

Personally, Joe is happily married to a professionally passionate spouse and together they have a deeply inquisitive child plus a relatively smart beagle-mix dog. Joe is also actively involved in mentoring UChicago staff and Chicagoland high school students and serves as a UChicago volunteer facilitator for the Hearing One Another, Inclusion in Practice, and Safe Space DEI Initiatives.

DEIA Events around the BSD and Beyond

Below you'll find flyers and information for the various DEIA related events happening (virtually) around campus:

Becoming A Resilient Scientist Series

Part III: Emotions and Emotional Intelligence in the Workplace

Webinar: March 8th from 1 – 3 PM (or watch later)

th

Group Meeting: March 17 from 11:00 – 12:30 PM

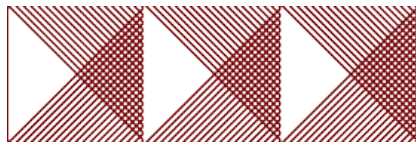
“Emotions can play a critical role in how we communicate, navigate relationships, and manage conflict. In this webinar we will discuss Emotional Intelligence and emotions and how they influence our resilience as scientists.”

“Navigating research training, the career exploration process, research environments, and the stress of life can seem overwhelming and lead us to doubt ourselves just when we need confidence the most. The goal of this series is to help you develop the resilience you need to navigate challenging situations in school, work and life. The series will consist of six webinars, each followed by a small group discussion the following week. The webinars will highlight emotional intelligence competencies needed for academic success and for thriving in research careers. We will discuss the cultivation of skills to help you realize resilience and identify and deal with obstacles that get in your way. While you may participate in any of the webinars, it is best to participate in the entire series as the material relates and concepts will be developed throughout the series. *Webinars will be led by the NIH Office of Intramural Training & Education, while group meetings will be led by local UChicago facilitators and attended by only UChicago trainees.*”

If you missed Part 1: An Introduction to Resilience or Part 2: Understanding Cognitive Distortions, Imposter Fears, and Stereotype Threat, you can watch the recordings [here](#) (you’ll need to register before watching).

Information about the full series including [future dates and all registration links can be found here](#).

Black Sound Listening Lab: Afro-Asian Island Intimacies – March 9th at 5 PM



NEUBAUER
COLLEGIUM
FOR CULTURE AND SOCIETY

“The Caribbean islands are marked by what Lisa Lowe calls the “intimacies of four continents,” a nexus of settler colonization and dispossession, enslavement and indenture, migration and diaspora, which has entangled the histories of the Americas, Asia, Africa and Europe. In the second listening lab, we will explore how threads of these knotted histories have shaped the Caribbean’s sonic landscape. How can we attune ourselves to the influences of Chinese migrants on quintessentially ‘Black’ sounds like country, mento, calypso, dancehall, reggae, reggaeton, and hip hop? Literary theorist, Cultural historian and DJ Tao Leigh Goffe will be in conversation with Ethnomusicologist Jessica Baker as we listen to strains of Afro-Asian sonic intimacies in the Caribbean.”

[Register here!](#)

All-staff Diversity and Inclusion Meeting – March 10th from 10:00 – 11:15 AM

“Staff members at UChicago are contributing their ideas and energy to address issues of diversity and inclusion across campus and in their local units. We invite staff to meet one another, learn about each

other's contributions, and help advance discussions about the state of campus diversity and inclusion.

This meeting will feature an update from Cicely Anderson, HR Project Coordinator, on University Resource Groups. We will also hear from Michelle Hoereth, Assistant Dean for Diversity and Inclusion at Harris Public Policy, on the development of the Harris Diversity and Inclusion Roadmap.

Representatives from the College will share the inspiration behind Winterfest, a new program of collaborative, arts-focused activities to foster community and connection for undergraduate students. Attendees will also have a chance to connect with one another for small-group conversation."

Register [here](#), and please share!

-

Darwinian Mental Health Check-in – March 10th from 1-2 PM

Join Sophia and Katie with a cup of tea (or other hot beverage) for a nice chat! The Mental Health Check-ins happen every other Wednesday during winter quarter and you can join by clicking on the recurring Zoom link below.

Link: <https://uchicago.zoom.us/j/96792210815?pwd=NXZLSTMveDRQbyt1UTA0Y1VSdXhPUT09>

-

Diversity, Equity, and Inclusion: Pushing the needle on university campuses – March 15th from 11:00 – 12:30 PM

Come join in on the latest installment of myCHOICE's "What can I do with my PhD" career exposure seminar series with a webinar panel discussion on DE&I initiatives on campus.

[Register here!](#)

Conflict Resolution Workshop – April 9th at noon



“How do you manage conflict in a way that strengthens morale and improves relationships with your colleagues and superiors? GRIT and SACNAS are offering a workshop on conflict management in which you will gain skills to manage internal responses to conflict, discuss how communication can lead to conflict, and examine the impact of unresolved conflict on relationships.

Hosted by the Chicago Center for Conflict Resolution, this workshop will focus on customized scenarios reflective of typical disputes seen in workplaces like those encountered by graduate students and postdocs in the sciences. The event will be highly interactive, giving participants a chance to practice skills in various scenarios. The workshop will address topics including:

- Impacts of unresolved conflict
- Contextualizing skills already in use
- Two-step approach to dealing with conflict
- Identifying individual conflict styles and their impact on conflict situations
- Causes of conflict
- Interest-based bargaining
- Asking effective questions”

Register [here](#), and please reach out with any further questions to ucgrit@gmail.com and ucsacnas@gmail.com.

¡Evolución y Español! – Thursdays at noon

“In the past, Darwinian students informally gathered together in the CEB conference room for weekly chats in Spanish. It was a fun way for both native and non-native speakers to practice speaking and comprehension in Spanish, but has since fallen through during the pandemic. In an effort to revive this event and widen its scope, Darwinian GRIT reps thought it would be fun to make this a weekly lunch event where students and professors can gather to listen and speak Spanish. ALL levels would be

welcome, from native speakers to beginners. (Personal testimonial: I joined as a rusty French speaker, realized I understood more than I thought, have since taken two Spanish classes for fun, and now enjoy carrying on conversations with fellow students). We hope this will be an opportunity for meeting new people, building community, and expanding language and cultural interests for those interested!”

Keep an eye out for this week’s link!

Contact the Darwinian GRIT Reps with any questions about this event ([Caroline Abbott](#), [Megan Kennedy](#), and [Isaac Magallanes](#))

UChicago Student Wellness Support Spaces in March

For International Students: “Sponsored by UChicago Student Wellness, this support space is for international students to stay connected during these uncertain times. Through theme-based discussion, participants will have opportunities to reflect together on their needs and goals and learn to approach challenges with a growth mindset.”

Dates: March 12th, Staying Connected during the Pandemic (9 AM)

For LGBTQ+ Students: “Offered by UChicago Student Wellness, this is a semi-structured space for LGBTQ+ students to receive support from one another during the pandemic and when navigating family dynamics, community, and living arrangements. Join us to learn coping strategies and find ways to navigate circumstances that can be challenging during these uncertain times.”

Dates: March 5th from 12:00 – 1:00 PM

UChicago Student Wellness also offers a plethora of other weekly workshops that can be found, alongside the registration form for the support spaces, [here](#)!

Do you know of an event you would like us to share with the community? Send us an email and let us know!

Contact Us: ib-deia@lists.uchicago.edu

(All committee members receive the emails sent to this address)